

Abstract

Current knowledge suggests a drought Indian monsoon (perhaps a severe one) when the El Nino Southern Oscillation and Pacific Decadal Oscillation each exhibit positive phases (a joint positive phase). For the monsoons, which are exceptions in this regard, we found northeast India often gets excess pre-monsoon rainfall. Further investigation reveals that this excess pre-monsoon rainfall is produced by the interaction of the large-scale circulation associated with the joint phase with the mountains in northeast India. We posit that a warmer troposphere, a consequence of excess rainfall over northeast India, drives a stronger monsoon circulation and enhances monsoon rainfall over central India. Hence, we argue that pre-monsoon rainfall over northeast India can be used for seasonal monsoon rainfall prediction over central India. Most importantly, its predictive value is at its peak when the Pacific Ocean exhibits a joint positive phase and the threat of extreme drought monsoon looms over India.

Plain Language Summary

Monsoon brings rain over India. But some years are droughts. These drought monsoon years are historically associated with warmer sea surface temperatures (SST) in the eastern Pacific and cooler SST in the northern Pacific. This motivated scientists to predict drought monsoons when we observe a warm eastern and cold northern Pacific Ocean. However, in some years, the monsoon is not drought despite the SST anomalies in the Pacific suggesting so. We find that, in such years, rainfall over northeastern India during pre-monsoon months is often excessive. So we argue that when the Pacific Ocean state suggests a drought monsoon over India (central region) but if pre-monsoon rainfall over northeastern India is excessive, then we can rely less on the drought signal of the Pacific Ocean.

1 Introduction

Indian Meteorology Department recently revised the normal seasonal Indian summer monsoon (ISM, or simply monsoon) mean rainfall amount. It was 880.6mm, and now it is 868.6mm (with effect from the monsoon season 2022 (“Updated Rainfall Normal based on data of 1971-2020”, 2022)). Perhaps it is the simplest information to indicate that the Indian monsoon rainfall has decreased in the last half a century. The latest Inter-governmental Panel on Climate Change (IPCC) report, however, projects monsoon rain-

43 fall to increase in the near future (Douville et al., 2021). Reportedly, these projections
44 are based upon the models that struggle to capture many critical aspects of the Indian
45 monsoon (Wang et al., 2020). Nonetheless, what has been recently observed and is also
46 widely expected and confidently projected to occur in the future, are severe droughts and
47 floods over India (Mujumdar et al., 2020). The Indian monsoon’s decreasing degree of
48 association with El Nino Southern Oscillation (Kumar et al., 1999) further underscores
49 the need to look for prior indicators of monsoon strength (Shahi et al., 2019; Takaya et
50 al., 2021; Saha et al., 2021). It is noteworthy that since 1871, nearly 50% of monsoon
51 flood and drought seasons did not follow large-scale signals from the Pacific (Singh et
52 al., 2019). A comprehensive understanding of drivers of seasonal rainfall over India is
53 hence much needed. A recent remarkable success was understanding such non El Nino
54 monsoon droughts (Borah et al., 2020). We report here one pre-monsoon indicator of
55 monsoon non-drought years, especially when it is expected, based on Pacific Ocean sea
56 surface temperature anomalies, to be a drought.

57 Indian Meteorology Department’s definition of normal seasonal monsoon rainfall
58 considers rainfall over all the regions of India. Most scientific studies on monsoon, how-
59 ever, consider the central Indian region (B. N. Goswami, 2005) (represented by the red
60 box in Fig. 1) to define the strength of the monsoon. It is because of the considerable
61 homogeneity of rainfall over the central region of India. The mountains of the north, west,
62 and northeast India, and the southern part of India, which experience the northeast mon-
63 soon, are intentionally avoided from this definition. In the rest of this paper, we shall
64 use the words flood and drought in the context of the central Indian region unless oth-
65 erwise mentioned. The Indian monsoon season typically starts in June and stays until
66 September. The northeastern region of India (represented by the blue box in Fig. 1) is
67 an exception (Fig. 1). While pre-monsoon rainfall over central India is merely 4.2% of
68 its monsoon rainfall, pre-monsoon rainfall over the northeastern region is 36.2% of its
69 monsoon rainfall (Supplementary Fig. S1). The daily mean pre-monsoon rainfall over
70 northeast India is 6.2 mm. The northeast Indian region is climatologically very wet (Parthasarathy,
71 1995) (one of the wettest globally). The pre-monsoon rainfall over India is dominantly
72 contributed by isolated afternoon convection. These rainy clouds are fueled by the heat-
73 ing from below by the pre-monsoon solar radiation, absorbed by the ground during the
74 day (Thomas et al., 2018). Consequently, pre-monsoon rainfall over India exhibits a promi-
75 nent preference for rainfall during the afternoon around 5:30 PM local time (Supplemen-

76 tary Fig. S2). Such a clear preference for rainfall timing during the day is absent over
 77 northeastern India during the pre-monsoon season. This behavior can be partially ex-
 78 plained by the complex terrain of northeastern India which may influence the local rain-
 79 fall via Katabatic winds (Ray et al., 2016). Another observation is that pre-monsoon rain-
 80 fall over northeastern India (NE) occurs in long spells of decent volumes of rain (Sup-
 81plementary Fig. S3), a feature commonly seen for monsoon rain over central India (CI).
 82 The rain spells over NE are much longer and more intense compared to the CI region
 83 during pre-monsoon season. These observations indicate a possibility of a large-scale driver
 84 of pre-monsoon rainfall over NE (NE_{premon}). A large-scale driver of NE_{premon} suggests
 85 a potential for seasonal prediction of monsoon rainfall over CI ($CI_{monsoon}$) if there ex-
 86 ists a statistical relationship between NE_{premon} and $CI_{monsoon}$. With this premise, we
 87 address two specific questions in the sections to follow:

- 88 1. Is there any statistical relationship between NE_{premon} and $CI_{monsoon}$?
- 89 2. If yes, what drives NE_{premon} ?

90 In the subsequent sections of the paper, Central India (CI) and Northeast India
 91 (NE) means the regions bounded by 18°N – 28°N , 75°E – 84°E , and 21.5°N – 30°N , 89°E – 98°E ,
 92 respectively (Indicated by the red and blue boxes, respectively, in Fig. 1). The notations
 93 NE_{premon} , and $NE_{monsoon}$ mean pre-monsoon (Mar-May) and monsoon (June-Sept)
 94 seasonal mean rainfall, respectively, over NE and the same over CI are denoted by CI_{premon} ,
 95 and $CI_{monsoon}$. The terms ‘drought’ and ‘flood’ are essentially defined over CI and not
 96 the whole of India, unless otherwise mentioned, for example, while carrying out the cal-
 97 culations for Supplementary Fig. S13). A joint positive PDO and ENSO phase is defined
 98 as more than one standard deviation of the pre-monsoon mean of PDO and ENSO mul-
 99 tiplied index. All the correlations depicted in the study are the estimates of Pearson cor-
 100 relation.

101 **2 Statistical relationship between NE_{premon} and $CI_{monsoon}$**

102 Historically, monsoon rainfall over northeast India ($NE_{monsoon}$) is known to be out
 103 of phase with $CI_{monsoon}$ (Choudhury et al., 2019). Considering the period between 1901-
 104 2018, the correlation between $CI_{monsoon}$ and $NE_{monsoon}$ is -0.058. A single correlation
 105 value might be incapable of conveying a complete picture since its strength exhibits pro-
 106 found multi-decadal variation and becoming more and more negatively strong in the last

107 70 years (Supplementary Fig. S4). A comprehensive understanding of this association
 108 between $CI_{monsoon}$ and $NE_{monsoon}$ warrants further research. Our focus here is the cor-
 109 relation between $CI_{monsoon}$ and NE_{premon} . For the period 1901-2018, $CI_{monsoon}$ is re-
 110 lated to pre-monsoon rainfall over NE India (NE_{premon}) with a correlation value of 0.105
 111 (noticeably, this correlation is stronger than the $NE_{monsoon}$ and $CI_{monsoon}$ correlation).
 112 Although statistically still insignificant, a relatively stronger correlation between $CI_{monsoon}$
 113 and NE_{premon} is intriguing.

114 $CI_{monsoon}$ is known to exhibit multi-decadal oscillations (L. Krishnamurthy & Kr-
 115 ishnamurthy, 2014)(Yellow line in Fig. 2). We find that NE_{premon} also exhibits simi-
 116 lar oscillatory behavior (Green line in Fig. 2). Since $CI_{monsoon}$ and NE_{premon} , both un-
 117 dergo multi-decadal oscillations, a running correlation may reveal more indicative insight
 118 about the relationship. Although not always, an 11-year running correlation is a logi-
 119 cal option to bring out decadal/inter-decadal monsoon oscillatory behaviour (V. Krish-
 120 namurthy & Goswami, 2000). The significance and general behavior of our results do
 121 not change for a change in the length of the running correlation window, for example,
 122 from 11 to 21 years (some studies use a 21-year window (Yun & Timmermann, 2018)).
 123 An 11-year running correlation reveals that $CI_{monsoon}$ and NE_{premon} association ex-
 124 hibits a prominent multi-decadal variation. In the decades centered around the years 1951
 125 and 1981 (marked by the red dotted lines in Fig. 2), the correlation is significantly pos-
 126 itive. A careful inspection of this multi-decadal variation of the correlation strength sug-
 127 gests its close association with NE_{premon} as indicated by a correlation of 0.43 between
 128 the thick-black and the green lines in Fig. 2. One might argue a comparison of running
 129 mean might be inconclusive. Here, a year-to-year inspection of NE_{premon} and $CI_{monsoon}$
 130 can shed important insight. Fig. 2 depicts that in the 118 years of IMD rainfall records
 131 analyzed, out of the 19 times NE_{premon} was excess (marked by blue circles in Fig. 2),
 132 15 times $CI_{monsoon}$ was non-drought (marked by red circles in Fig. 2). Conversely, out
 133 of the 19 $CI_{monsoon}$ floods, only on 6 occasions NE_{premon} was a drought (Supplemen-
 134 tary Fig. S5). During the specific periods of high correlation, indicated by the two el-
 135 lipses in Fig. 2, there was only one instance, out of 13 when a drought $CI_{monsoon}$ fol-
 136 lowed an excess NE_{premon} . Intuitively, on two-thirds of the occasions, an excess NE_{premon}
 137 suggests a non-drought $CI_{monsoon}$ to follow. It provides a potential for utilizing NE_{premon}
 138 to predict the state of $CI_{monsoon}$ during decades when their correlation is significantly

139 positive. This scope hinges on the answer to the second question that we had posed ear-
140 lier, "What drives NE_{premon} ?"

141 **3 Driver of NE_{premon} and causality**

142 A common practice, to identify large-scale drivers of local/regional rainfall, is to
143 compute the simultaneous correlation of rainfall with sea-surface temperature (SST) glob-
144 ally. We adopted the same approach and computed correlations of NE_{premon} with mean
145 pre-monsoon SST at every grid point of the globe for the period 1901-2018. The result-
146 ing spatial correlation map (Fig. 3) resembled fairly well a familiar SST pattern that,
147 in the context of the Indian monsoon, has been reported in several earlier studies with
148 the exception that all the previous studies focused on the monsoon season (L. Krishna-
149 murthy & Krishnamurthy, 2014; Choudhury et al., 2019). Earlier studies found this SST
150 pattern to be the joint warm (or positive) phases of the Pacific Decadal Oscillation (PDO)
151 and El Nino Southern Oscillation (ENSO).

152 A joint positive PDO and positive ENSO (i.e., El Nino) phase modulates the Walker
153 and monsoon Hadley cells in ways that enhance or suppress monsoon rainfall (L. Krish-
154 namurthy & Krishnamurthy, 2014). Reportedly, monsoon and PDO are negatively re-
155 lated, and a positive PDO phase is associated with deficit monsoon rainfall (Malik et al.,
156 2017). Monsoon rainfall during El Nino years, historically, more often than not, are deficit
157 (Singh et al., 2019). A positive PDO phase, which is similar to the El Nino SST anomaly
158 pattern, that is warm SST anomalies in the eastern equatorial Pacific and cold SST anoma-
159 lies in the northern Pacific, reinforces the El Nino impact on monsoon and is expected
160 to drive more intense droughts (L. Krishnamurthy & Krishnamurthy, 2014). It is intrigu-
161 ing because we find precursors of non-drought monsoons in terms of excess pre-monsoon
162 rainfall over northeastern India for years with global SST anomalies, that resemble a joint
163 positive PDO and ENSO phase, which otherwise signals a drought monsoon. While be-
164 cause of the low frequency of PDO, knowledge of the state of PDO provides a scope of
165 long-term predictability of seasonal monsoon rainfall, we find a seasonal signal for in-
166 stances of exception to a generally expected behavior of seasonal mean monsoon strength
167 under joint positive PDO and ENSO phases.

168 Previous research finds that PDO modulates monsoon rainfall over northeastern
169 India on multidecadal time-scales (Myers et al., 2015; Choudhury et al., 2019). Choudhury

170 et al. (2019)’s argument was they found stronger correlation between a 7-year running
 171 mean of $NE_{monsoon}$ and northern Pacific SST than their simultaneous interannual cor-
 172 relation. We also found a stronger correlation between a 7-year running mean of NE_{premon}
 173 and pre-monsoon mean northern Pacific SST (Supplementary Fig. S6). However, a mech-
 174 anistic understanding of this association is missing. How PDO affects the Indian mon-
 175 soon is better understood (L. Krishnamurthy & Krishnamurthy, 2014) via a seasonal foot-
 176 printing mechanism. Cold SST anomalies in the northern Pacific during a given winter
 177 season generate an SST footprint in the subtropics that persists into the next summer
 178 season and affects the equatorial trade winds and consequently affects the Walker and
 179 Hadley circulations impacting the Indian monsoon. This mechanism is not applicable
 180 in our study due to two reasons: 1) our results are about cases (that is, seasons) that
 181 are about non-drought years that are exceptions given cold north Pacific SST anoma-
 182 lies as per this mechanism; and 2) we find the maximum correlation for the current year
 183 and not with north-Pacific SST leading by one year (Supplementary Fig. S7 and S8).
 184 We shall argue that a mechanism unraveled by Sharma et al. (2023) very recently is rel-
 185 evant here.

186 We adopted a compositing approach to distill a possible mechanism. We compared
 187 a composite of 3 years of data when excess NE_{premon} was followed by above long-term
 188 average $CI_{monsoon}$ (years marked by red diamonds in Fig. 2: we call them TRUE cases)
 189 with the composite of 3 years of data when excess NE_{premon} was followed by $CI_{monsoon}$
 190 below its long-term average (years marked by red squares in Fig. 2: we call them FALSE
 191 cases). The 6 years of data considered, TRUE and FALSE cases combined, are within
 192 the envelope of strong positive correlation between NE_{premon} and $CI_{monsoon}$ (indicated
 193 by the right-hand side ellipse in Fig. 2). We did not pick the years enveloped by the left-
 194 hand side ellipse in Fig. 2 because of the non-availability of reliable data. Arguably, an
 195 analysis based on a comparison of 3-year composites is debatable. Nevertheless, the con-
 196 sistency of our results with the results of Sharma et al. (2023) is intriguing. Anomalous
 197 pre-monsoon SST field, especially the cold anomalies within 145-175W and 35-48N (Sup-
 198plementary Fig. S9), for TRUE composite, is expectedly similar to the correlation map
 199 depicted in Fig. 3. The associated circulation features, described below, unravel a pos-
 200 sible causal relation between a joint positive PDO-ENSO state, NE_{premon} and $CI_{monsoon}$.

201 Sharma et al. (2023) found that May rainfall over NE comes from the interaction
 202 of the large-scale circulation with the local orography. The extra-tropical low-frequency

203 waves drive a barotropic convergence interacting with the local orography. It is noteworthy that Sharma et al. (2023)'s finding of considerable contribution from lengthy rain
 204 spells to the total May rainfall over NE (their Supplementary Fig. S12) is consistent with
 205 our Supplementary Fig. S3. We note that TRUE cases exhibit a barotropic convergence
 206 over NE India (Fig. 4), consistent with what was reported by Sharma et al. (2023). The
 207 black geopotential contours in Fig. 4 depict topography (5000 m²/s² contour empha-
 208 sized in thick magenta contour). Convergence (shaded in red) at both low and high lev-
 209 els is apparent in the valley region sandwiched between the mountains of NE. The 850hPa
 210 convergence confined within the thick magenta contour over NE emphasizes it. Tighter
 211 convergence drives more intense convection and latent heating (Supplementary Fig. S10).
 212 Latent heating associated with monsoon rainfall is vital to sustaining the Indian mon-
 213 soon. If the latent heating associated with NE_{premon} is large enough, it can potentially
 214 impact the $CI_{monsoon}$. An indicator of this latent heating is the tropospheric temper-
 215 ature (Xavier et al., 2007). In the tropospheric temperature gradient definition of Xavier
 216 et al. (2007), ∇TT index, more heating associated with enhanced NE_{premon} means in-
 217 creased tropospheric temperature of the northern box and ∇TT may attain positive val-
 218 ues earlier. If this happened, we should see an earlier monsoon onset for the TRUE com-
 219 posite. Indeed, we see an earlier onset of $CI_{monsoon}$ for the TRUE composite (Supple-
 220 mentary Fig. S11), according to the monsoon onset definition based on ∇TT transition-
 221 ing from negative to positive values. We also note that for the TRUE composite, ∇TT
 222 total positive area-under-the-curve is more than that for the FALSE composite, consis-
 223 tent with a stronger monsoon. We suspect an early kick from the enhanced NE_{premon}
 224 helps sustain a stronger monsoon circulation. At this stage of our analysis, we do not
 225 have any conclusive evidence to prove it except a clue that for TRUE-composite we see
 226 positive rainfall anomalies over the central Indian region that migrates northeastwards
 227 relatively rapidly compared to the FALSE composite (Supplementary Fig. S12). Given
 228 the complex dynamics of the Indian monsoon with many remote and local drivers, our
 229 speculation needs further research, as does a marginally delayed monsoon withdrawal
 230 for TRUE composite (Supplementary Fig. S11).
 231

232 **4 Statistical evidence of predictive value of NE_{premon}**

233 A noticeable NE_{premon} and $CI_{monsoon}$ relation associated with a large-scale driver
 234 seeds scope of using NE_{premon} as a predictor of $CI_{monsoon}$. Indeed, in the recent 118

235 years of IMD rainfall records, 15 out of 19 times NE_{premon} was excess $CI_{monsoon}$ was
 236 non-drought. A toy multiple linear regression model also indicates that NE_{premon} does
 237 have some predictive values. DelSole and Shukla (2002) argued that monsoon seasonal
 238 rainfall is predictable using a linear multiple regression model that uses the ENSO and
 239 Northern Atlantic Oscillation (NAO) indices. They found none as good as the ENSO
 240 index for seasonal monsoon prediction in their regression model. In a similar spirit, we
 241 constructed a toy linear multiple regression model using NE_{premon} and pre-monsoon val-
 242 ues of PDO and ENSO indices. We trained this model on randomly chosen 80% of the
 243 data and tested on the remaining 20%. This regression model could explain 2.46% of $CI_{monsoon}$
 244 when NE_{premon} is included whereas the same model could explain 1.32% of the data with
 245 PDO and ENSO indices alone.

246 To assess the robustness of our finding, we also checked the statistics of how many
 247 normal $CI_{monsoon}$ years, occurring during joint PDO and ENSO positive phases, were
 248 preceded by normal or excess NE_{premon} . We defined an index as PDO*ENSO (for the
 249 months of March-April-May) to recognize concurrent phases of PDO and ENSO during
 250 the pre-monsoon season and marked more than one standard deviation of this index as
 251 a joint positive state. We identified 18 years with joint positive PDO and ENSO state.
 252 For readers reference, we computed the difference of composite pre-monsoon SST for NE_{premon}
 253 flood and drought years that occurred during these 18 years(Supplementary Fig. S13)
 254 and the results are consistent with the NE_{premon} and SST correlation map depicted in
 255 Fig. 3. Of these 18 years, 14 were normal or above $CI_{monsoon}$ years, and of these 14 years,
 256 12 were normal or above NE_{premon} years.

257 These statistics emphasize the potential of NE_{premon} as a reliable indicator of $CI_{monsoon}$.
 258 Most importantly, during the joint PDO-ENSO phases, when the threat of extreme drought
 259 monsoon looms over India (enveloped by the 2 ellipses in Figure 2), 92% (12 out of 13)
 260 of the time $CI_{monsoon}$ that followed an excess NE_{premon} was not a drought.

261 5 Conclusion and Discussions

262 Climatologically, the Indian monsoon brings about 80% of the total annual rain-
 263 fall over India. However, monsoon strength exhibits considerable interannual variabil-
 264 ity. Some monsoon years are considerably deficit of rainfall or simply droughts. These
 265 drought monsoon years are often associated with the positive phase of ENSO (a.k.a. El

266 Nino). Since the positive-PDO spatial pattern is similar to a positive-ENSO phase, a joint
267 PDO-ENSO positive phase is argued to drive severe drought monsoons (Krishnamurthy).
268 We found those monsoon years that are exceptions to this are often preceded by excess
269 pre-monsoon rainfall over NE India. A comparative analysis of composites of years with
270 excess NE_{premon} followed by versus not followed by $CI_{monsoon}$ revealed that excess NE_{premon}
271 are produced by the interaction of the large-scale circulation associated with a joint PDO-
272 ENSO positive phase with the complex NE India topography. Further in this compos-
273 ite analysis, a month-wise assessment of the evolution of positive rainfall anomalies over
274 India suggests that a warmer troposphere, a consequence of excess NE_{premon} , drives a
275 stronger monsoon circulation and enhances $CI_{monsoon}$.

276 We reported a signal that debunks a monsoon drought false alarm. However, we
277 could not elucidate why it is dominant in some years and not in others. The biggest ob-
278 stacle was to extract a signal for a small region like northeastern India for a multidecadal
279 time scale. Especially because we attempted to isolate northeastern India and central
280 India under this signal. Attempts to design atmospheric modeling experiments to test
281 this mechanism were clouded by the fact that similar initial oceanic forcing, that is, cold
282 sea surface temperature anomalies in the north Pacific, may drive two diverging final states,
283 viz., drought and non-drought monsoon. Systematic biases of climate models in the sim-
284 ulating accurate spatial distribution of Indian monsoon rainfall (Choudhury et al., 2021)
285 was also a restraining factor for conducting modeling experiments, given the small size
286 and geographical location of the northeast Indian region. In addition, current Global Cli-
287 mate Models (GCMs) have systematic biases in simulating diurnal cycles and Katabatic
288 winds. Models precipitate too early in the day (Christopoulos & Schneider, 2021). Coarse
289 spatial resolution and unresolved topography understandably limit climate models' fi-
290 delity in simulating the Katabatic winds. Hunt et al. (2022) reported that Katabatic winds
291 play a critical role in determining convective activity along mountain slopes. Finer res-
292 olution and improved understanding of physical processes represented in a model will
293 help design experiments to investigate the mechanism reported in this study further.

294 We presented compelling statistics establishing a definite connection between NE_{premon}
295 and $CI_{monsoon}$, emphasizing that this connection can be used to identify false alarms
296 of $CI_{monsoon}$ droughts. We also presented a convincing evidence unveiling a mechanism
297 and associated causality explaining this connection. Our finding of utilizing pre-monsoon
298 rainfall over northeastern India as a predictor of monsoon rainfall over central India would

299 offer critical assistance in the seasonal forecast of monsoon rainfall. Particularly, when
 300 the Pacific Ocean exhibits positive phases of PDO and ENSO, the monsoon is expected
 301 to be a drought. Such years would be more likely in the coming phase of the PDO (cur-
 302 rently, it is in its cold phase), which would expectedly be a warm phase with cold SST
 303 anomalies in the northern Pacific and with El Ninos projected to occur more frequently
 304 in a warmer climate (Cai et al., 2023).

305 6 Open Research

306 The observed rainfall data analyzed in this study are from the IMD (Pai et al., 2015),
 307 and Tropical Rainfall Measurement Mission (TRMM) Multi-Satellite Precipitation Anal-
 308 ysis (TMPA) 3B42 Version 7 product (Huffman et al., 2007), reanalysis data from 5th
 309 generation ECMWF reanalysis product (ERA5) (Hersbach et al., 2023), SST data from
 310 the HadISST1 dataset provided by the Met Office Hadley Centre (Rayner, 2003) is avail-
 311 able at <https://www.metoffice.gov.uk/hadobs/hadisst/>. The PDO and ENSO in-
 312 dices are taken from (<http://research.jisao.washington.edu/pdo/PDO.latest.txt>)
 313 and (<https://psl.noaa.gov/gcos.wgsp/Timeseries/Data/nino34.long.anom.data>),
 314 respectively. The linear regression model, that we constructed, is based on the Linear-
 315 Regression function from sklearn Python package; the python script for this regression
 316 analysis is available at (B. B. Goswami, 2023).

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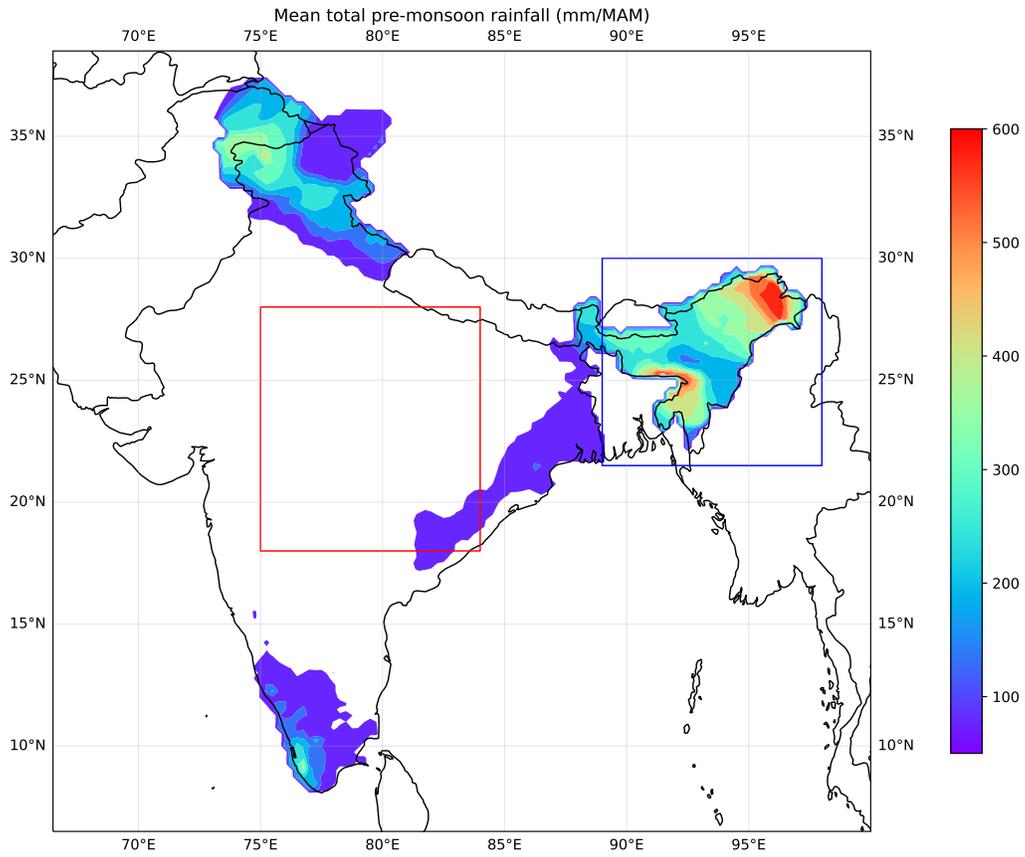


Figure 1. Mean pre-monsoon (Mar-May) total seasonal rainfall (mm season^{-1}). Central India (CI; indicated by the red box 18°N – 28°N , 75°E – 84°E). Northeastern India (NE; indicated by the blue box 21.5°N – 30°N , 89°E – 98°E). The rainfall data is from IMD (1901-2018).

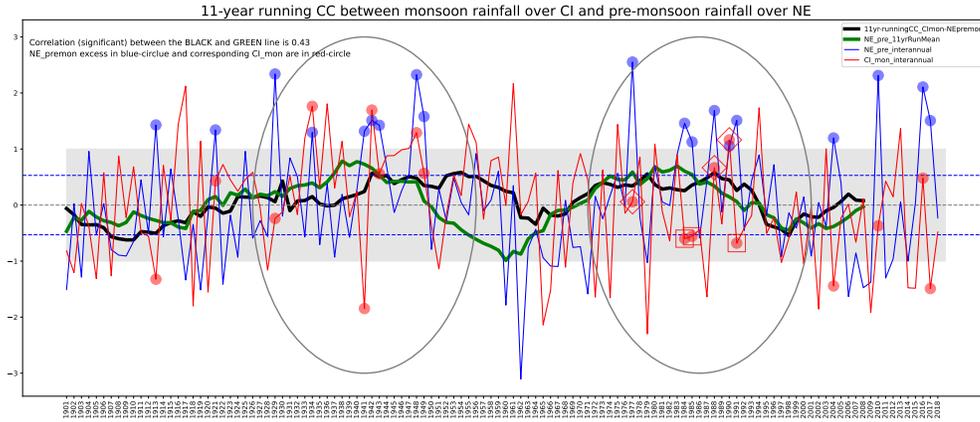


Figure 2. Running correlation and mean. The thick black line indicates 11 year running correlation between $CI_{monsoon}$ and NE_{premon} . The grey dotted line indicates 0 correlation and the blue dotted lines indicate the 90% significant correlation values for $N=11$. The two ellipses mark the two periods of high correlation between NE_{premon} and $CI_{monsoon}$. The blue and red lines indicate deviations of NE_{premon} and $CI_{monsoon}$, respectively, from their respective long term climatological seasonal means. The green thick line indicates 11-year running means of deviations of NE_{premon} (that is, the blue line). The blue circular markers indicate excess NE_{premon} (excess is defined as more than 1 standard deviation; indicated by the grey shading) and the red circular markers indicate corresponding $CI_{monsoon}$. The rainfall data is from IMD (1901-2018).

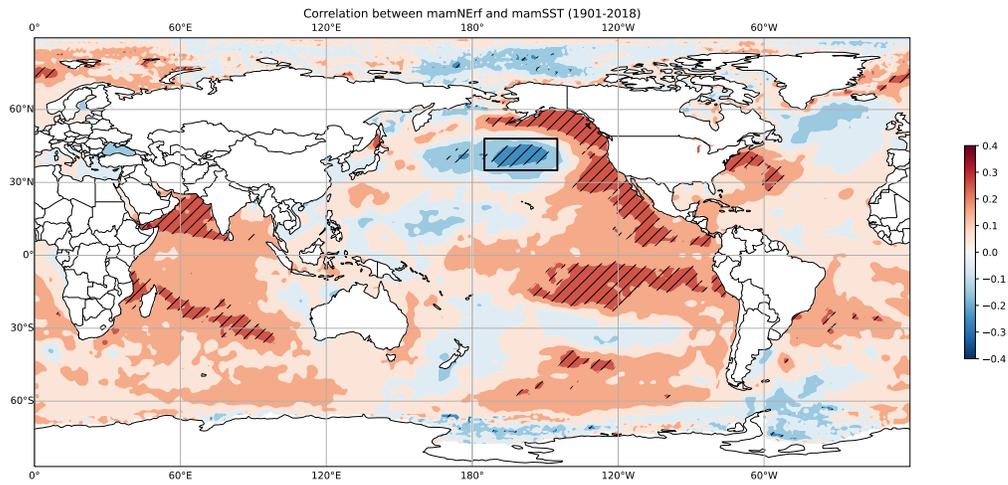


Figure 3. Correlation of NE_{premon} with global SST. Simultaneous correlation of pre-monsoon rainfall over northeastern India with mean SST for the same season. Correlation values above 95% significance level are hatched. The black box indicates region of maximum negative correlation that will be used to compute domain average SST to be used in the Extended Data Figure 6. The rainfall and SST data are from IMD and HadSST, respectively (1901-2018).

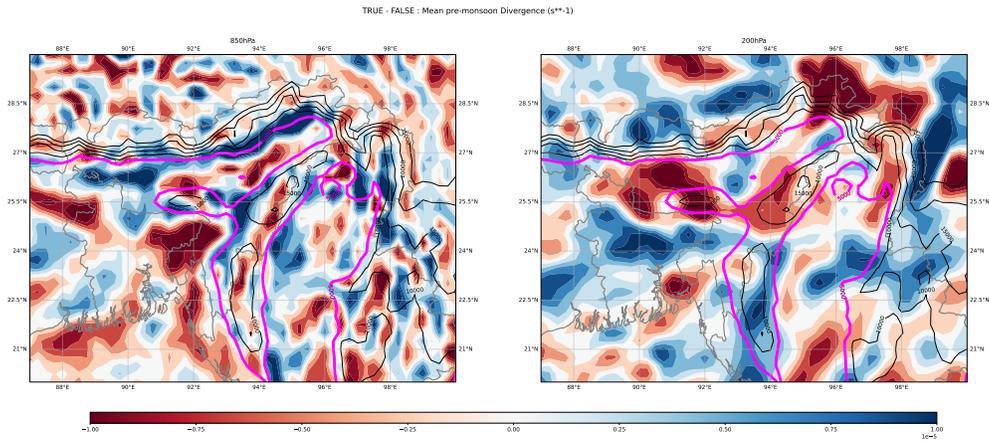


Figure 4. Mean pre-monsoon divergence field for TRUE minus FALSE composite at (a) 850hPa and (b) 200hPa; where TRUE composite is defined as the composite of 3 years (marked by red diamonds in Figure 2) when excess NE_{premon} was followed by above long-term average $CI_{monsoon}$ and FALSE composite is defined as the composite of 3 years (marked by red squares in Figure 2) when excess NE_{premon} was followed by $CI_{monsoon}$ below its long-term average. Black contours indicate geopotential (geopotential=5000 m^2/s^2 is emphasized in thick magenta contour)) Data source: ERA5.

Figure 1.

Mean total pre-monsoon rainfall (mm/MAM)

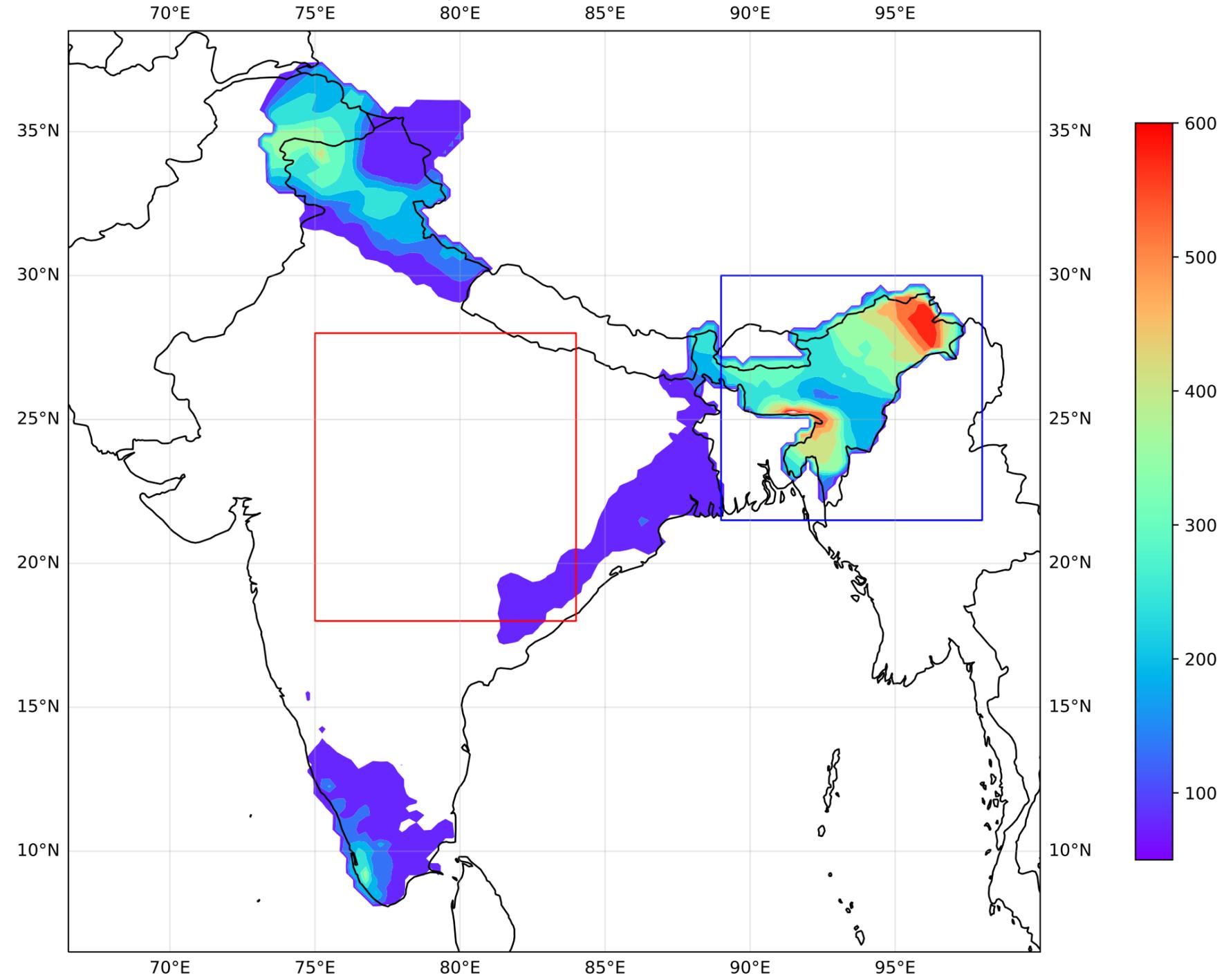


Figure 2.

11-year running CC between monsoon rainfall over CI and pre-monsoon rainfall over NE

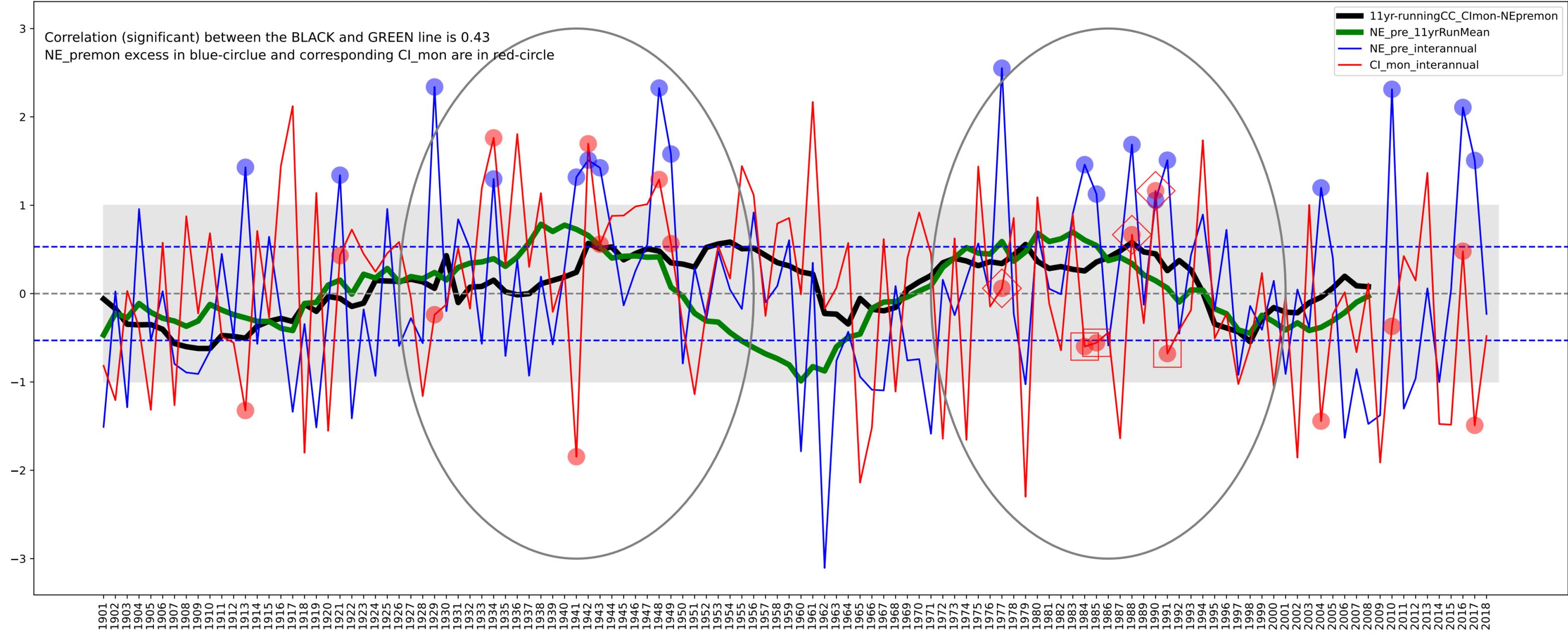


Figure 3.

Correlation between mamNErf and mamSST (1901-2018)

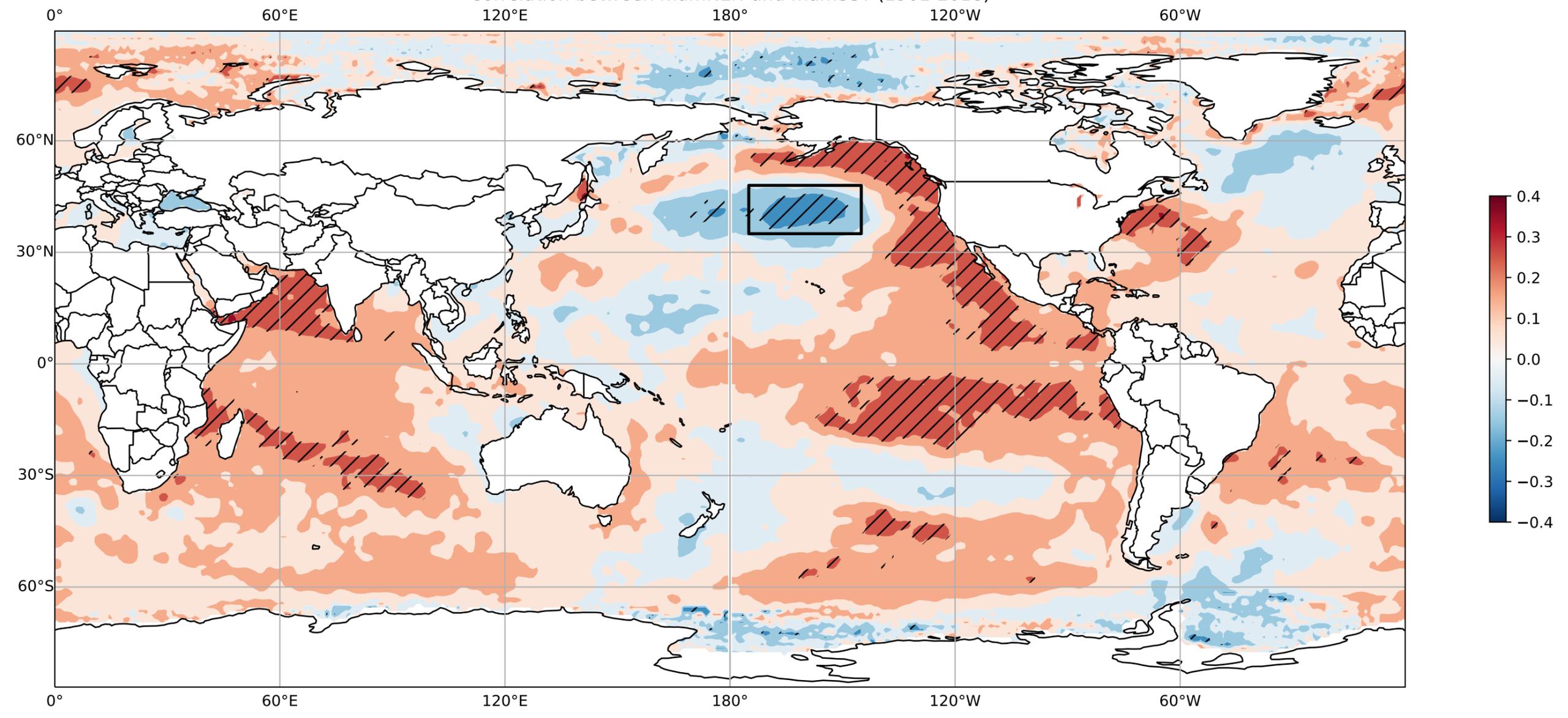


Figure 4.

TRUE - FALSE : Mean pre-monsoon Divergence (s^{-1})

