

Abstract

Geophysical observations indicate that temporal pore fluid pressure changes correlate with slow slip events (SSEs) occurring along the shallow portion of the Hikurangi margin and in different subduction zones. These fluctuations in pore fluid pressure are attributed to fluid migration before and during SSEs, which may modulate SSE occurrence. To examine the effect of pore fluid pressure changes on SSE generation, we develop numerical models in which periodic pore-pressure perturbations are applied to a stably sliding, rate-strengthening fault. By varying the physical characteristics of the pore-pressure perturbations (amplitude, characteristic length and period), we find models that reproduce shallow Hikurangi SSE properties (duration, magnitude, slip, recurrence) and SSE moments and durations from different subduction zones. The stress drops of modeled SSEs range from ~ 20 - 120 kPa while the amplitudes of pore-pressure perturbations is several MPa, broadly consistent with those inferred from observations. Our results indicate that large permeability values of $\sim 10^{-14}$ to 10^{-10} m² are needed to reproduce the observed SSE properties. Such high values could be due to transient and localized increases in fault zone permeability in the shear zone where SSEs occur. Our results suggest that SSEs may arise on faults in rate-strengthening frictional conditions subject to pore-pressure perturbations.

Plain Language Summary

Slow slip events (SSEs), with slower velocities and longer durations than regular earthquakes, have been detected at several subduction zones worldwide. Recent observations have led researchers to infer that pore fluid pressure—the pressure of fluids in the pore space of rocks—changes during SSEs that occur along the shallow (<15 km depth) portion of the Hikurangi subduction zone, where the Pacific Plate subducts beneath the Australian plate. Similar observations have been reported during SSEs in different subduction zones. However, how pore fluid pressure changes are linked to SSEs is poorly understood. To investigate this issue, we develop physics-based models in which periodic changes in pore fluid pressure are imposed on a fault governed by the expected frictional behavior of rocks derived from laboratory experiments. These pore fluid pressure changes induce SSEs, and the features of these events (duration, magnitude, peak velocity, recurrence interval) change with the characteristics of the pore fluid pressure change (size, amplitude, and period). After exploring different perturbation characteristics, we find models that capture the observed features of SSEs along the Hikurangi margin and in different subduction zones. This study suggests that pore fluid pressure changes may play an important role in SSE occurrence.

1 Introduction

Indirect geophysical observations have suggested that temporal variations in pore fluid pressure correlate with the occurrence of slow slip events (SSEs) in subduction zones such as Hikurangi (Warren-Smith et al., 2019), Cascadia (Gosselin et al., 2020), Nankai (Kita et al., 2021) and Sagami (Nakajima & Uchida, 2018). Such observations indicate that pore-pressure changes are cyclical, coinciding with SSE recurrence time, which suggests that they may play an important role in SSE occurrence. Pore-pressure cycling has been well characterized during SSEs occurring along the shallow (<15 km) portion of the northern Hikurangi margin (offshore Gisborne), where the Pacific plate subducts beneath the Australian plate. Taking measurements of earthquake focal mechanisms within the subducting Pacific slab during four of these SSEs, Warren-Smith et al. (2019) uncovered temporal changes in the relative magnitude of the principal stresses. These changes, used as a proxy for pore pressure, revealed a cycle that coincided with the timing of shallow Hikurangi SSEs. During this cycle, pore pressure increases before SSEs and drops at the onset of SSE slip (bottom inset in Figure 1a).

68 Pore-pressure cycling during SSEs has been explained through the fault valve model
 69 (Gosselin et al., 2020; Warren-Smith et al., 2019). In this model, episodes of fluid accu-
 70 mulation and drainage are driven by the feedback between fault slip, and healing and
 71 sealing processes, which modulate permeability changes along the plate interface (Sibson,
 72 1990, 1992). Fluids, derived from dehydration reactions of the subducting plate (e.g.,
 73 Hyndman & Peacock, 2003; van Keken et al., 2011), accumulate within the slab, trapped
 74 by the low permeability seal at the plate interface (Audet et al., 2009; Peacock et al.,
 75 2011). Continued fluid accumulation builds up overpressure, which in reaching near-lithostatic
 76 values breaks the low-permeability seal, inducing slip at the plate interface. The onset
 77 of slip opens fractures that act as pathways for fluid migration, which causes a drop in
 78 pore fluid pressure (Figure 1a). The cycle continues as mineral precipitation within newly-
 79 opened fractures re-establishes the low-permeability barrier. Tentative evidence of this
 80 process is documented in exhumed subduction zones, where so-called crack-seal veins sig-
 81 nal episodes of fracturing and sealing (e.g., Behr & Bürgmann, 2021; Condit & French,
 82 2022). Likewise, variations in seismic anisotropy has been attributed to fluid migration
 83 through such fractures (Zal et al., 2020; Wang et al., 2022). Notably, the inferred pore-
 84 pressure change in these cycles is of several MPa (Gosselin et al., 2020; Warren-Smith
 85 et al., 2019), while the stress drop of most SSEs ranges from 0.01 to 0.1 MPa (Gao et
 86 al., 2012). Such discrepancy is not intuitive and calls for an explanation.

87 Within the standard rate-and-state friction (RSF) framework (Dieterich, 1979), SSEs
 88 commonly require rate-weakening friction to nucleate, while different mechanisms (e.g.,
 89 transition to rate-strengthening friction, Shibazaki, 2003; dilatancy strengthening, Segall
 90 et al. 2010; transitional friction behavior, Liu and Rice, 2007) have been proposed to sta-
 91 bilize the growing unstable slip. These models, although successful in reproducing SSE
 92 characteristics (e.g., Liu & Rice, 2009; Li & Liu, 2016; Matsuzawa et al., 2013; Perez-
 93 Silva et al., 2021, 2022; Shibazaki et al., 2012, 2019; Dal Zilio et al., 2020), do not ac-
 94 count for the temporal variation in pore pressure nor the widespread occurrence of rate-
 95 strengthening materials in slow slip regions (e.g., Bürgmann, 2018; Ikari et al., 2013; Saf-
 96 fer & Wallace, 2015). An alternative modeling approach, proposed by Perfettini and Am-
 97 puero (2008), suggests that transient slip is induced in rate-strengthening conditions by
 98 external stress perturbations. This approach is consistent with recent numerical mod-
 99 els in which changes in pore pressure within rate-strengthening fault zones give rise to
 100 aseismic slip (e.g., Dublanchet, 2019; Heimisson et al., 2019; Mallick et al., 2021; Yang
 101 & Dunham, 2021).

102 Recent modeling efforts have focused on the relation between fluids and fault slip
 103 to explain different phenomena. In a model that coupled fluid flow, permeability and pore-
 104 pressure evolution with RSF, Zhu et al. (2020) found that fluid pressurization induced
 105 earthquake swarms and aseismic slip at different parts of the seismogenic zone. In an-
 106 other model, in which changes in permeability through fault valving modulated pore-
 107 pressure diffusion, Farge et al. (2021) captured realistic tremor-like patterns. Using a dif-
 108 ferent approach, Bernaudin and Gueydan (2018) explained episodic tremor and slip (ETS)
 109 characteristics by modeling a brittle-ductile material, governed by microfracturing, seal-
 110 ing and fluid pumping. Yet other models propose that traveling porosity waves carry-
 111 ing elevated pore-pressure (Skarbak & Rempel, 2016), and pore pressure waves (Cruz-
 112 Atienza et al., 2018) may control the periodicity of ETS, and the speed of rapid tremor
 113 migrations, respectively. All these studies have focused on describing the mechanism whereby
 114 pore pressure and fault slip are coupled. However, since they assume either 1-D or 2-D
 115 models, direct comparison to observations has been limited.

116 In this work, we explore the possibility that periodic pore-pressure perturbations
 117 in a rate-strengthening fault zone induce SSEs with source properties (duration, mag-
 118 nitude, peak velocity, recurrence interval, slip) comparable to observations. We assume
 119 a relatively simple modeling approach in which fault slip relates to pore-pressure changes
 120 through changes in effective stress —the difference between the lithostatic load and pore

121 fluid pressure. Our model targets shallow SSEs in the northern part of the Hikurangi
 122 margin (offshore Gisborne), as pore-pressure fluctuations during these events are well-
 123 characterized (Wang et al., 2022; Warren-Smith et al., 2019; Zal et al., 2020). In addi-
 124 tion, we investigate whether SSEs in other subduction zones can be explained using the
 125 same modeling approach.

126 2 Model Setup

127 2.1 Fault model

128 Our modeling approach is built upon the one developed by Lapusta and Liu (2009).
 129 Our model consists of a planar fault embedded in an elastic medium and loaded by a long-
 130 term plate rate at the upper and lower ends of the fault along depth (z). Fault slip is
 131 governed by the balance between the frictional strength and the shear stress on the fault
 132 (Text S1). The frictional strength, τ , is given by the following equation:

$$\tau(x, z; t) = f[\sigma - \Delta p_f(x, z; t)] \quad (1)$$

133 where f is the friction coefficient, σ is the background normal stress and Δp_f is the pore
 134 fluid pressure change. Pore-pressure perturbations are imposed by varying the effective
 135 normal stress ($\sigma - \Delta p_f$), where σ is constant and Δp_f evolves in time and space (Sec-
 136 tion 2.3). We assume pore-pressure changes and fault slip are related via changes in ef-
 137 fective normal stress (i.e., one-way coupling).

138 The evolution of the friction coefficient f is governed by the laboratory-derived rate-
 139 and-state friction laws (Dieterich, 1979; Ruina, 1983), that describe f as a logarithmic
 140 function of the slip rate V and a state variable θ :

$$f = f_0 + a \ln(V/V_0) + b \ln(V_0\theta/L) \quad (2)$$

141 where f_0 is the steady state friction coefficient at reference rate V_0 , d_c is the character-
 142 istic slip for state evolution, V is the slip rate, and a and b are the direct and evolution
 143 effect, respectively. The evolution of the state variable is assumed to follow the aging law
 144 (Marone, 1998; Dieterich, 1979):

$$\frac{d\theta}{dt} = 1 - \frac{V\theta}{d_c}. \quad (3)$$

145 2.2 Fault model parameters

146 Model parameters are given in Table 1. The fault is loaded by a uniform plate rate
 147 (V_{pl}) of 50 mm/yr, consistent with the estimated convergence rate offshore Gisborne, in
 148 the northern Hikurangi margin (Wallace et al., 2004). To account for the shallow depths
 149 of SSEs, we set the shear modulus (μ) to 10 GPa, which is within the range (6–14 GPa)
 150 inferred at the central Hikurangi margin using full-waveform inversion of controlled-source
 151 seismic data (Arnulf et al., 2021). The Poisson’s ratio is set to 0.25, corresponding to
 152 a Poisson solid.

153 We consider uniform friction properties on the fault, where $a = 0.005$ and $b =$
 154 0.004 ($a/b = 1.25$); these values are within the range (10^{-4} to 10^{-2}) obtained in friction
 155 experiments on incoming sediments to the Hikurangi margin (e.g., Boulton et al., 2019;
 156 Eijsink & Ikari, 2022; Ikari et al., 2020). These experiments show that frictional stabil-
 157 ity trends span rate-strengthening, rate-neutral, and rate-weakening behaviors. In this
 158 study, we focus exclusively on rate-strengthening friction. Unstable slip under rate-strengthening
 159 conditions can initiate due to external stress perturbations (Perfettini & Ampuero, 2008).
 160 In our model, the increase in pore pressure reduces fault strength, thus promoting slip.

161 The spatial discretization must resolve the characteristic size of the process zone
 162 $L_b = \mu d_c / b\sigma$ (Ampuero & Rubin, 2008; Perfettini & Ampuero, 2008), equivalent to 4.17 km

163 for all simulations presented. The grid spacing Δx is chosen as a fraction of L_b , typically
 164 $\Delta x = L_b/5$. Each simulation takes from 20 minutes up to 4 hrs on 64 physical cores
 165 of the New Zealand eScience Infrastructure’s Cray XC50 computer. To save computa-
 166 tional costs we set the background normal stress (σ) to 3 MPa, which is below the es-
 167 timated range (10-30 MPa) along the shallow Hikurangi margin (Arnulf et al., 2021). We
 168 could scale up σ by reducing the constitutive parameters a and b so that $a\sigma$ and $b\sigma$ re-
 169 main constant, and obtain the same results, as expected from Equations 1 and 2 (e.g.,
 170 Perez-Silva et al., 2022).

171 2.3 Models of pore-pressure cycling

172 To model the inferred pore-pressure cycling, we impose periodic perturbations in
 173 pore pressure on a rate-strengthening planar fault, as schematically shown in Figure 1b.
 174 We define two types of perturbations to describe the evolution of pore pressure in space
 175 and time, as explained in the following. Note that the recurrence interval of shallow Gis-
 176 borne SSEs is determined by the period of the pore-pressure cycle, as proposed by Warren-
 177 Smith et al. (2019). As shallow Gisborne SSEs recur every ~ 2 yrs (Wallace & Beavan,
 178 2010; Wallace, 2020), we set the perturbation period T_{per} to 2 yrs.

179 2.3.1 Type I perturbation: Sawtooth-like pore-pressure changes

180 Within the subducting slab, temporal pore-pressure changes were proposed to fol-
 181 low a ‘sawtooth’ pattern during shallow Hikurangi SSEs (bottom inset in Figure 1a, Warren-
 182 Smith et al., 2019). Following this study, we define the temporal evolution of pore pres-
 183 sure as shown in Figure 1c. For simplicity, the spatial pore-pressure change is defined
 184 as a gaussian distribution (Figure 1e). Even though we do not model fluid flow in this
 185 case, we envision that it is normal to the fault.

186 The evolution of pore pressure in space and time is given by:

$$\Delta p_f(r, t^*) = \Delta p_{\text{max}} \exp\left(\frac{r^2}{r^2 - R_0^2}\right) \left[\frac{t^*}{T} H(T - t^*) + e^{-C(t^* - T)} H(t^* - T)\right] \text{ for } r < R_0, \quad (4)$$

187 where Δp_f is the pore-pressure change in MPa, r is the radial distance from the fault cen-
 188 ter in km, t^* is the time since the start of the perturbation in yrs, Δp_{max} is the max-
 189 imum pore-pressure change in MPa, R_0 is the perturbation radius in km and T its du-
 190 ration in yrs. C represents the exponential decay rate of pore pressure, which we set to
 191 10 yr^{-1} to model the inferred rapid decrease in Δp_f (bottom inset in Figure 1a). $H(t)$
 192 is the Heaviside function; $H(t) = 0$ for $t < 0$ or $H(t) = 1$ for $t > 0$. Equation (4)
 193 shows that the size and amplitude of perturbations are controlled by R_0 and Δp_{max} . Fol-
 194 lowing Perfettini and Ampuero (2008), we express them in terms of non-dimensional pa-
 195 rameters R_0/L_b and $\Delta p_{\text{max}}/a\sigma$, respectively.

196 2.3.2 Type II perturbation: Along-fault fluid diffusion

197 The second type of perturbation is motivated by fluid injection experiments (Guglielmi
 198 et al., 2015; Cappa et al., 2019) and numerical models (Dublanche, 2019; Larochelle et
 199 al., 2021; Yang & Dunham, 2021; Zhu et al., 2020), in which aseismic slip is induced by
 200 the injection of fluids that diffuse into the fault zone. In this perturbation, fluid flow is
 201 driven by diffusion along the fault plane, while there is no flow in the fault-normal di-
 202 rection. We prescribe that fluids are injected into the fault plane from the wall of a cir-
 203 cular cylinder of radius r_0 , perpendicular to the fault plane. Fluid flow occurs only within
 204 the fault plane and is fault-parallel and axis-symmetry with respect to the axis of the
 205 circular cylinder (Sáez et al., 2022). Fluid is injected at a constant rate q_0 (in m/s) and

diffuses along the fault plane following the axis-symmetric fluid diffusion equation:

$$\frac{\partial p_f(r, t)}{\partial t} = D \left(\frac{\partial^2 p_f(r, t)}{\partial r^2} + \frac{1}{r} \frac{\partial p_f(r, t)}{\partial r} \right) \quad (5)$$

where r is the radial distance in km and D is the hydraulic diffusivity in m^2/s , which we assume is uniform on the fault plane. For simplicity, our model does not account for permeability and porosity evolution, which may also affect the fault response (Zhu et al., 2020; Yang & Dunham, 2021). In the time domain, the solution of Equation 5 can be expressed in the following functional form:

$$p_f(r, t) = \frac{q_0 r_0}{D \phi \beta} \Pi(r, t) \quad (6)$$

where ϕ is the porosity and β is the sum of the pore and fluid compressibility. Π is the dimensionless pore-pressure evolution given by (section 13.5, eq. 17, Carslaw & Jaeger, 1959):

$$\Pi(r, t) = -\frac{2}{\pi} \int_0^\infty \left(1 - e^{-Du^2t} \right) \frac{J_0(ur)Y_1(ur_0) - Y_0(ur)J_1(ur_0)}{u^2[J_1^2(ur_0) + Y_1^2(ur_0)]} du \quad (7)$$

where J_i and Y_i are respectively the Bessel function of the first and second kind of order i , where $i = 0$ or 1 . To model the pore-pressure perturbation, we use the exact solution of Equation 7 solved via numerical inversion of the Laplace transform (Stehfest, 1970; Cheng, 2016). We note that Equation 7 is valid for $r \geq r_0$.

The evolution of pore-pressure during the perturbation is given by:

$$\Delta p_f(r, t^*) = \frac{q_0 r_0}{\phi \beta} \left[\frac{1}{D} \Pi(r, t^*) H(t^*) - \frac{1}{D_b} \Pi(r, t^* - t_{\text{inj}}) H(t^* - t_{\text{inj}}) \right], \quad (8)$$

where t_{inj} is the time over which fluids flow into the fault plane, and D and D_b are the hydraulic diffusivity before t_{inj} and after t_{inj} , respectively. Equation 8 shows that fluids diffuse from the cylinder wall along the fault plane over time t_{inj} , thus increasing pore pressure. After t_{inj} , pore-pressure decreases as fluids diffuse away from the fault with diffusivity D_b , where $D_b > D$ (Figures 1d and 1f). This perturbation is characterized by t_{inj} , D , D_b , r_0 and $q_0/\phi\beta$, where the latter is treated as a free parameter.

Similar to type I case, the perturbation characteristics are its size and amplitude. The size of the perturbation is controlled by the diffusion length $\sqrt{Dt_{\text{inj}}}$, which represents the evolution of the pore-pressure front, while the maximum pore-pressure change Δp_{max} determines its amplitude. We define D , t_{inj} and Δp_{max} as input parameters. To obtain a given Δp_{max} , we solve for $q_0/\phi\beta$ using Equation 8. The normalized perturbation size and amplitude correspond to $\sqrt{Dt_{\text{inj}}}/L_b$ and $\Delta p_{\text{max}}/a\sigma$, respectively. We note that the characteristic length scale of the diffusion process is $\sqrt{Dt_{\text{inj}}}/r_0$. However, to account for the effect of the fault properties, we consider L_b instead of r_0 in the characteristic length of the perturbation ($\sqrt{Dt_{\text{inj}}}/L_b$), consistent with type I case (R_0/L_b). The length scale r_0 could be interpreted as the width of the fluid source. Unless otherwise noted, we assume $r_0 = 1$ km to ensure that r_0 is properly resolved by our simulations ($\Delta x_{\text{max}} = 0.78$ km, Table 1). In Section 5.1, we comment on the implications of different r_0 . Note that, since Equation 7 is valid for $r \geq r_0$, we simply assume a constant value $\Delta p_f(r_0, t^*)$ within $0 < r < r_0$.

3 Fault response to periodic pore-pressure perturbations

We find that periodic pore-pressure perturbations of type I and II can induce SSEs, whose recurrence interval is controlled by the period of the perturbation. We explore the controlling parameters of each perturbation type (size: R_0/L_b or $\sqrt{Dt_{\text{inj}}}/L_b$, and amplitude: $\Delta p_{\text{max}}/a\sigma$) and its effects on induced SSE properties in Section 4 (Table S1).

245 Based on the parameter exploration, we find two representative models (one for each per-
 246 turbation type) that induce SSEs with properties comparable to the those of shallow Gis-
 247 borne SSEs, which are duration of 6-34 days, M_w 6.2-6.5, maximum slip of 4-27 cm and
 248 recurrence of ~ 2 yrs (Ikari et al., 2020). The perturbation characteristics for each rep-
 249 resentative model are given in Table 2, while Table 3 compares modeled and observed
 250 Gisborne SSE properties. Note that the representative models are non-unique, as dif-
 251 ferent parameter combinations lead to SSEs with source properties comparable to the
 252 observed range. In the following, we describe the fault response for these two models.

253 3.1 Representative model for type I perturbation

254 We impose a pore-pressure perturbation every 2 yrs (red lines in Figure 2a) with
 255 $R_0 = 33.8$ km and $\Delta p_{\max} = 1.88$ MPa (Table 2). This perturbation induces SSEs char-
 256 acterized by the transient increase in the maximum slip velocity on the fault (V_{\max} , blue
 257 lines in Figure 2a).

258 To visualize the fault response during an induced SSE, we show snapshots of the
 259 slip velocity in Figures 2b to 2g (see also Movie S1 and Figure S1) and contours of the
 260 pore-pressure change ($\Delta p_f/\sigma$, solid lines). The slip rate evolution can be divided into
 261 four consecutive phases: (1) During the last stages of pore-pressure increase ($t^* > 1$ yr),
 262 the slip rate accelerates from the edges of the perturbation and propagates towards the
 263 center of the fault (Figure 2b to 2c). Meanwhile, the central fault patch, which starts
 264 off fully locked (Figure 2b), gradually unlocks as it shrinks down (Figure 2c). In this phase,
 265 the friction coefficient increases through rising slip rates to compensate for the decrease
 266 in effective normal stress (Equation 1). (2) Slip fronts coalesce at the fault center, ris-
 267 ing the slip rate to its peak value (Figure 2d). (3) Slip rate decelerates as slip fronts mi-
 268 grate away from the center (Figure 2e). (4) At the onset of depressurization, the slip ve-
 269 locity rapidly drops within the pressurized area (Figure 2f). In this case, the drop in slip
 270 rate balances the increasing effective normal stress; a response opposite to that in phase
 271 (1). At the end of the perturbation, the pressurized area is fully locked (Figure 2g). Like-
 272 wise, in the inter-SSE period the slip rate within the perturbed area is well below V_{pl}
 273 ($V/V_{pl} \sim 10^{-30}$, Figure S1). While these velocities are below the range of slip rates ap-
 274 plicable to RSF, there are no observational constraints to distinguish velocities below
 275 $\sim 10^{-11}$ m/s.

276 Interestingly, while the maximum pore-pressure change is of the order of MPa, the
 277 maximum stress change during an induced SSE is ~ 60 kPa (Figure 2h). This occurs be-
 278 cause the shear stress within the pressurized area decreases to a value close to the ini-
 279 tial frictional strength, $f_0(\sigma - \Delta p_f(r, t^*))$, after the first perturbation and does not re-
 280 turn to its original value in the inter-SSE period due to the relatively short perturba-
 281 tion interval (Figure 2i). In other words, periodic pore-pressure changes cause a redis-
 282 tribution of the shear stress, which then decreases within the pressurized region to com-
 283 pensate for its lower effective stress (or equivalently lower strength).

284 3.2 Representative model for type II perturbation

285 We apply a pore-pressure perturbation every 2 yrs (red lines in Figure 3a) with $\sqrt{Dt_{inj}}$
 286 ~ 8 km and $\Delta p_{\max} = 1.5$ MPa (Table 2). Similar to the previous model, V_{\max} transiently
 287 increases in response to the perturbation, signaling SSEs (blue lines in Figure 3a). In
 288 contrast to the previous case, SSEs arise shortly after the start of the perturbation. This
 289 difference could be attributed to the fact that pore pressure increases over a much shorter
 290 time ($t_{inj} = 30$ days) than for type I model ($T = 1.5$ yrs).

291 The slip rate evolution on the fault during an induced SSE is illustrated in Figures
 292 3b to 3g, where pore-pressure contours ($\Delta p_f/\sigma$, solid lines) are also drawn (see also Movie
 293 S2 and Figure S2). We can again divide the fault response into four consecutive phases.

294 (1) Slip acceleration localizes at the center of the fault, where the slip rate is maximum
 295 (Figure 3b). In this phase, the slip rate increases to balance the decrease in effective stress.
 296 (2) Slip acceleration transitions into crack expansion (Figures 3c to 3d), while the max-
 297 imum slip rate localizes at the crack tip. During this phase, the slow slip front migrates
 298 faster than the pore-pressure front; as seen in previous models of fluid-driven aseismic
 299 slip (Bhattacharya et al., 2017; Dublanche, 2019). (3) As pore-pressure decreases, start-
 300 ing from the injection point, two competing effects take place. Around the injection point
 301 slip rate decelerates below V_{pl} , whereas away from the injection point crack expansion
 302 continues (Figures 3e to 3f). (4) Ongoing depressurization causes deceleration to gain
 303 control over the fault response. The slip rate decreases across the fault while the central
 304 fault patch remains locked (Figures 3g). Just as for type I case, during depressur-
 305 ization, the slip rate decreases to balance the increasing effective stress (Equation 1). In
 306 the inter-SSE period, the fault is fully locked within the perturbed region ($V \ll V_{pl}$,
 307 Figure S2).

308 Similar to the previous model, shear stress decreases within the perturbed region
 309 to a value close to the frictional strength in response to periodic pore-pressure changes
 310 and does not recover in the period between perturbations (Figure 3i). The maximum stress
 311 change during an induced SSEs is again much lower (~ 35 kPa, Figure 3h) than the max-
 312 imum applied pore-pressure change (1.5 MPa, Table 2).

313 4 Reproducing shallow Gisborne SSEs

314 To find the parameter space that reproduced Gisborne SSE properties, we explore
 315 the perturbation amplitude and characteristic length, keeping the perturbation period
 316 constant ($T_{per} = 2$ yrs). A limited range of parameters are considered (Table S1), as the
 317 exploration targets only Gisborne SSE properties, where pore-pressure cycling has been
 318 inferred (Warren-Smith et al., 2019). For each simulation case, we calculate the average
 319 source properties of induced SSEs (i.e., duration, magnitude, maximum slip and peak
 320 velocity) as explained in the following.

321 4.1 Calculation of SSE properties

322 To calculate SSE properties, we first define a velocity threshold (V_{thr}). SSE dura-
 323 tion corresponds to the time over which the maximum slip rate on the fault exceeds V_{thr} .
 324 We calculate the corresponding SSE moment using the SSE area and the slip accumu-
 325 lated over the SSE duration. To calculate the accrued slip, we sum the slip over the cells
 326 with slip larger than the minimum slip, defined as $1.1 \times V_{pl} \times$ SSE duration. This def-
 327 inition ensures that the accumulated slip exceeds the slip accrued due to a given plate
 328 loading rate over the SSE duration, and hence is applicable for different subduction zones
 329 (Section 5).

330 The value of V_{thr} depends on the resolution of the instrumentation used to detect
 331 SSEs. In the case of shallow Hikurangi SSEs, as they occur offshore, GPS resolution is
 332 lower (~ 2 mm/day) than in other margins where SSEs occur beneath GPS networks (e.g.,
 333 ~ 0.25 to 0.5 mm/day, Wech & Bartlow, 2014). To compare our model results with ob-
 334 served SSE properties at Hikurangi (Table 3), we set $V_{thr} = 2$ mm/day. In the following
 335 section, $V_{thr} = 0.3$ mm/day, which is why SSE properties show longer duration and mag-
 336 nitudes than constrained by observations at Hikurangi. Setting a lower V_{thr} in this case,
 337 allows us to estimate the sensitivity of SSE source properties to the perturbation char-
 338 acteristics.

339 4.2 Exploration of perturbation characteristics

340 To investigate the effect of the perturbation amplitude on SSE properties, we ex-
 341 plore Δp_{max} from 0.375 MPa to 2.25 MPa ($0.125 < \Delta p_{max}/\sigma < 0.75$) for both pertur-

342 bation types. The perturbation size is explored within different ranges for each pertur-
 343 bation type (Table S1). For type I case, R_0 ranges from 11.25 km to 45 km, while for
 344 type II, $1.6 \text{ km} < \sqrt{Dt_{\text{inj}}} < 11.4 \text{ km}$. In the latter case, we explore D from 5 to 50 m^2/s
 345 and keep $t_{\text{inj}} = 30$ days, which is within the range of shallow Hikurangi SSE duration (~ 6 -
 346 34 days, Ikari et al., 2020).

347 Figure 4 summarizes the average SSE properties as a function of the perturbation
 348 length scale and amplitude for both type I (Figure 4a to 4f) and type II (Figure 4g to
 349 4l) perturbations. SSE properties increase with the perturbation size in both cases (Fig-
 350 ure 4a to 4c and Figure 4g to 4i). For a given size of the perturbation, SSE properties
 351 also increase with the perturbation amplitude for type II perturbation (Figure 4j to 4l).
 352 This is not the case for type I perturbation, where the perturbation amplitude has a rel-
 353 atively minor effect on SSE properties (Figure 4d to 4f). On the other hand, SSE max-
 354 imum slip is insensitive to changes in the perturbation characteristics and remains con-
 355 stant (~ 10 cm) for all simulation cases shown in Figure 4 (Figure S3).

356 In all simulations presented so far, we keep a constant $a/b = 1.25$ (Table 1). To
 357 investigate the sensitivity of SSE properties to changes in this parameter, we explore a/b
 358 from 1.1 to 2.5. We find that larger a/b (i.e., more strengthening conditions) negatively
 359 correlate with SSE peak velocity, duration and magnitude (Figure S4), as expected. Just
 360 as in Figure 4, the maximum slip remains ~ 10 cm (Figure S4). This occurs because the
 361 maximum slip mainly depends on the perturbation period and the plate rate, which are
 362 kept constant in this exploration.

363 In some simulation cases (not shown in Figure 4), SSE peak velocities alternate be-
 364 tween slow and fast values (e.g., Figure S5). We refer to this behavior ‘slip-rate doubling’.
 365 Since similar observations have not been made on observed SSEs, we describe this phe-
 366 nomenon in the supplementary information (Text S2).

367 5 Reproducing the source properties of SSEs in several subduction zones

368 To investigate whether our modeling approach could reproduce broader SSE prop-
 369 erties, we explore further the perturbation characteristics (i.e., perturbation size and pe-
 370 riod; amplitude was explored in Section 4.2). For this purpose, we select type II (along-
 371 fault fluid diffusion) perturbation. Model parameters are as given in Table 1, with the
 372 difference that $\mu = 30$ GPa and $\sigma = 9$ MPa to account for the fact that most SSEs oc-
 373 cur at deep depths (> 20 km).

374 5.1 Exploration of type-II perturbation characteristics

375 To explore a broad range of perturbation length scales, we vary D and t_{inj} over a
 376 few orders of magnitude, respectively 10^{-1} to 10^2 m^2/s and 10 to $10^{2.9}$ days (or 0.027
 377 to 2 yrs), so that $10^{-1.15} < \sqrt{Dt_{\text{inj}}}/L_b < 10^{1.15}$. To isolate the effect of $\sqrt{Dt_{\text{inj}}}/L_b$ on
 378 SSE properties, we set a constant $T_{\text{per}} = 5$ yrs, $\Delta p_{\text{max}}/\sigma = 0.5$ and $V_{\text{thr}} = 0.3$ mm/day.
 379 The perturbation characteristics for each simulation case are shown in Table S2. To cal-
 380 culate SSE properties, we use the same approach described in Section 4.1. We plot the
 381 average moment and duration of induced SSEs in each simulation in Figure 5a. Note that
 382 for a given simulation, emerging SSEs have the same properties. Induced SSEs cover a
 383 broad range of durations and moments, from short duration (~ 40 days) and low mag-
 384 nitudes ($\sim M_w 5.5$), to long duration (~ 1 yr) and large magnitude ($\sim M_w 8$). The change
 385 in SSE properties positively correlates with $\sqrt{Dt_{\text{inj}}}/L_b$ (Figure 5a).

386 As shown in Section 3, the period of the perturbation defines the recurrence inter-
 387 val of induced SSEs. Since observed SSE periodicity typically ranges from one to sev-
 388 eral years (Schwartz & Rokosky, 2007), we impose perturbations with periods ranging
 389 from 1 to 8 yrs. For simplicity, we keep $t_{\text{inj}} = 0.5$ yrs and vary D over the same range

shown in Figure 5a. We find that for a given $\sqrt{Dt_{\text{inj}}}/L_b$ (i.e., markers with same shape in Figure 5c), SSE duration and moment increase with the perturbation period. This could be explained by the fact that between perturbations, the fault is strongly locked despite the rate-strengthening condition. Thus, setting a longer perturbation period implies higher strain accumulation, which is released during pore-pressure increase, resulting in SSEs with longer duration and larger magnitude. We note that simulation cases with $D = 10$ or $100 \text{ m}^2/\text{s}$ and $T_{\text{per}} = 1$ or 2 yrs lead to slip-rate doubling (Text S2), and these results are not shown in Figure 5c.

Apart from the perturbation characteristics, the resolution of GPS networks also affects the estimated SSE duration and moment. In Figures 5a and 5c, we calculate SSE properties assuming $V_{\text{thr}} = 0.3 \text{ mm/day}$, which is a relatively low threshold (Section 4.1). For comparison in Figure 5b, we consider a higher threshold, $V_{\text{thr}} = 2 \text{ mm/day}$ and calculate SSE properties for the same simulation cases as in Figure 5a. As expected, SSEs have shorter durations and lower magnitudes than previously estimated (c.f. Figure 5a and 5b). Note that only three simulation cases with $D = 0.1 \text{ m}^2/\text{s}$ are shown in Figure 5b, as for the other two cases SSE peak velocities fall below V_{thr} .

As mentioned in Section 2.3.2, $r_0 = 1 \text{ km}$ in all simulation cases. Varying this parameter has a minor effect on the perturbation characteristics and induced SSE properties, as discussed in Text S3.

5.2 Comparison to observed SSE moment and duration

Using our modeling approach, we simulate the moment and duration of SSEs in different subduction zones as constrained by observations. We target short-term (i.e., short-duration, low magnitude) SSEs from Cascadia (Michel et al., 2019) and shallow Hikurangi (including SSEs along the whole margin, not only offshore Gisborne) subduction zones, and long-term (i.e., long-duration, large magnitude) SSEs from deep Hikurangi (Ikari et al., 2020; Wallace, 2020), Guerrero (Mexico) (Radiguet et al., 2012) and Nankai (Takagi et al., 2019) subduction zones (Figure 6a). While pore-pressure fluctuations have not been associated with deep Hikurangi SSEs nor long-term Nankai SSEs, we include them here to explore the possibility that these SSEs are also induced by perturbations in pore pressure.

To reproduce the observed SSE duration and moment, we tune the perturbation length scale, period and amplitude (Table S3), where the perturbation period corresponds to the approximate recurrence interval of observed SSEs. For each target SSE, we define V_{pl} and V_{thr} as shown in Table 4. We plot the average duration and moment of modeled SSEs in Figure 6b. Modeled SSEs broadly capture the observed SSE durations and moments (colored lines in Figure 6b). This agreement is remarkable, given that these models are relatively simple. However, the model fails to reproduce the shortest-duration (≤ 10 days) shallow Hikurangi SSEs. A broader parameter exploration may be needed to find models that capture SSEs with such properties. Note that even though we compare our results with individual SSEs, the models are more representative for repeating (i.e., with the same properties) SSEs.

The trends seen in Figure 5a to 5c can also be distinguished in Figure 6b. Guerrero SSEs, which exhibit the largest magnitudes and durations, arise in simulation cases with the largest perturbation size ($\log_{10} \sqrt{Dt_{\text{inj}}}/L_b = 0.78 - 0.93$). In contrast, lower-magnitude ($M_w < 6.8$) SSEs in Nankai, Cascadia and shallow Hikurangi require smaller perturbation sizes ($\log_{10} \sqrt{Dt_{\text{inj}}}/L_b < 0.44$). Interestingly, shallow Hikurangi SSEs, which exhibit the shortest durations, call for larger perturbations ($\log_{10} \sqrt{Dt_{\text{inj}}}/L_b = -0.15 - 0.44$) than Cascadia and Nankai SSEs ($\log_{10} \sqrt{Dt_{\text{inj}}}/L_b = -0.8 - 0.15$). This is consistent with the use of a higher V_{thr} (Table 4), which causes SSE duration and moment to be underestimated. Examining D and t_{inj} separately (Figure S10), we find that t_{inj} largely controls SSE duration. Long-duration SSE emerge in simulations with $t_{\text{inj}} > 6$

441 months, while $t_{\text{inj}} \leq 30$ days for short-duration SSEs (Figure S10). Similarly, the mag-
 442 nitude of SSEs of comparable durations increases with D (Figure S10).

443 To further constrain our results, we calculate the area and stress drop of modeled
 444 SSEs and compare them to available observations (Figures 6c and 6c; see also Figure S11).
 445 Modeled SSE areas partially overlap with those estimated by observations, excluding Cas-
 446 cadia SSEs (Figure 6c). The model does not capture Cascadia SSE areas because they
 447 are markedly elongated, while induced SSE areas are nearly circular. To calculate the
 448 stress drop of modeled SSEs, we follow the energy-based approach by Noda et al. (2013)
 449 (Text S4). Our results show that the stress drop ranges from ~ 20 to 120 kPa (Figure
 450 6d). Modeled SSE stress drops capture those constrained by observations of Nankai SSEs
 451 (Takagi et al., 2019). However, they only partially overlap those from shallow and deep
 452 Hikurangi SSEs (red lines in Figure 6d).

453 6 Discussion and conclusions

454 Our results show that periodic pore-pressure perturbations on a rate-strengthening
 455 fault zone induce SSEs broadly consistent with observations. The source properties of
 456 induced SSEs (duration, magnitude, slip rate, recurrence interval) vary with the pertur-
 457 bation characteristics (length scale, amplitude, and period, Figures 4 to 6). After explor-
 458 ing two types of pore-pressure perturbations that model either a simplified (type I) or
 459 along-fault (type II) fluid migration, we find models that induce SSEs with source prop-
 460 erties comparable to those of shallow Hikurangi SSEs (Table 3). The fact that both per-
 461 turbation types capture the characteristics of these events highlights the non-uniqueness
 462 of the model results. Using type II perturbation, we captured the observed moment and
 463 duration of SSEs in different subduction zones (Figure 6b). These results suggest that
 464 pore-pressure cycling may be a viable mechanism to generate SSEs on rate-strengthening
 465 faults.

466 Pore pressure evolution is markedly different between type I and II perturbations.
 467 In the former, the temporal pore pressure evolution has the same pattern inferred within
 468 the lower plate along the Hikurangi margin (Section 2.3.1), which implies that the lower
 469 plate and the interface shear zone are hydrologically coupled. For type II model, on the
 470 other hand, the plate interface is hydrologically decoupled from the subducting slab, as
 471 pore pressure evolution is markedly different from type I case. Given the non-uniqueness
 472 of the model results, we cannot distinguish between these two assumptions. Likewise,
 473 it is also unclear whether near-lithostatic pore pressure changes are required to induce
 474 SSEs. For both representative models of shallow Gisborne SSEs, sub-lithostatic pore pres-
 475 sure changes, $\Delta p_{\text{max}}/\sigma = 0.625$ (Type I) or 0.5 (Type II), induced SSEs comparable to
 476 observations (Table 2). For the hydrologically coupled case (type I), this implies that
 477 sub-lithostatic pore pressure changes may induce SSEs. However, this is not the case for
 478 the hydrologically decoupled case (type II), as we cannot rule out that near-lithostatic
 479 pore pressure changes are required to break the low-permeability seal at the plate inter-
 480 face (Figure 1a), as predicted by the fault valve model (Gosselin et al., 2020; Sibson, 1990,
 481 2013; Warren-Smith et al., 2019). We compare $\Delta p_{\text{max}}/\sigma$ with inferred pore pressure changes
 482 during SSEs by scaling σ to reasonable values for shallow Hikurangi SSEs (10-30 MPa;
 483 Arnulf et al., 2021), which gives a Δp_{max} of 6.25-18.75 MPa (Type I) or 5-15 MPa (Type
 484 II). Both ranges are comparable to or slightly larger than the estimated change in pore
 485 pressure during SSEs (~ 1 -10 MPa; Gosselin et al., 2020). Thus, we cannot distinguish
 486 between these two scenarios based on the estimated Δp_{max} . Observational constraints
 487 on the hydrological coupling between the lower plate and the plate interface are needed
 488 to validate these models.

489 Our model results indicate that hydraulic diffusivity values in the range of 0.1 to
 490 $100 \text{ m}^2/\text{s}$ are required to generate SSEs comparable to observations (Table S3). These
 491 values are several orders of magnitude larger than laboratory and in-situ measurements

492 in the fault zone —the highest in-situ value reported inside a fault zone being $0.024 \text{ m}^2/\text{s}$
 493 (Xue et al., 2013). These anomalously high values may be explained by transient and
 494 localized changes in fault zone properties before and during slow slip, which may be in-
 495 duced by fractures during slip (Miller, 2015), hydrofracturing (Muñoz-Montecinos et al.,
 496 2021) or porosity waves (Skarbek & Rempel, 2016). Indirect observations of fluid migra-
 497 tion during slow slip have estimated transient increases in fault zone permeability dur-
 498 ing SSEs in Mexico (10^{-12} m^2 , Frank et al., 2015) and Tokai region (10^{-15} m^2 , Tanaka
 499 et al., 2010). For comparison, we estimated permeability through the relation $k = D\eta\beta\phi$,
 500 where the permeability (k) depends on fluid viscosity (η), porosity (ϕ), the sum of pore
 501 and fluid compressibility (β) and the hydraulic diffusivity (D); the latter which we take
 502 from our model results (Table S3). Assuming average values for these parameters at sub-
 503 duction zones, the estimated permeability ranges from 5×10^{-14} to $5 \times 10^{-11} \text{ m}^2$ (Ta-
 504 ble S4). In situ measurements of hydraulic properties within the slow slip fault zone will
 505 be required to constrain these results.

506 The stress drop of modeled target SSEs ranges from ~ 20 to 120 kPa (Figure 6d),
 507 which is broadly consistent with the range estimated in a worldwide compilation of SSE
 508 source parameters (10 kPa to 1000 kPa ; Gao et al., 2012). These results are intriguing
 509 as these values are only a fraction (<0.03) of the maximum applied pore-pressure change
 510 (1.5 MPa to 4.5 MPa , Table S3), which is consistent with observations in that inferred
 511 pore pressure change ($\sim 1\text{-}10 \text{ MPa}$; Gosselin et al., 2020) is larger than typical SSE stress
 512 drop. In our model, this occurs because the shear stress redistributes in the fault plane
 513 in response to periodic pore-pressure changes (Section 3). Within the pressurized area,
 514 shear stress decreases to a value close to the initial frictional strength during pore-pressure
 515 build-up. Notably, the shear stress does not return to its initial (i.e., before the onset
 516 of perturbations) value in the inter-SSE period (Figure 3i), as the perturbation period
 517 is not long enough for the shear stress to recover completely.

518 The scaling relations of SSEs have elicited considerable debate due to their asso-
 519 ciation with the mechanics of slow slip. Initially, SSE moment-duration scaling was sug-
 520 gested to follow a linear trend ($M \propto T$; Ide et al., 2007), while recent observations in-
 521 dicated a cubic trend to be more suitable ($M \propto T^3$; Michel et al., 2019; Frank & Brod-
 522 sky, 2019; Tan & Marsan, 2020). Definite moment-duration scaling trends are not dis-
 523 tinguishable in our model results (Figures 5a, 5b, and 6b). Only simulation cases with
 524 a given D exhibit trends that range from linear to cubic (Figure 5a and 5c). However,
 525 this is not the case for modeled target SSEs, where scaling trends are varied (Figure 6b).
 526 Thus, our model results are inconclusive regarding the existence of SSE moment-duration
 527 scaling. On the other hand, modeled target SSEs follow a distinct moment-area scaling
 528 close to $M \propto A^{1.5}$ (Figure 6c), which is the same as for SSEs in Cascadia (Michel et al.,
 529 2019) and regular earthquakes (Kanamori & Anderson, 1975).

530 Several simplifications were made in our modeling approach. (1) Induced SSEs
 531 exhibit a roughly circular slip distribution. Such simplification would be valid for some
 532 SSEs (e.g., shallow Hikurangi SSEs, Guerrero (Mexico) SSEs), while it is not appropri-
 533 ate for elongated SSEs observed in other subduction zones (e.g., Cascadia). (2) Our model
 534 only accounts for a one-way coupling between pore pressure and fault slip. Although this
 535 serves as a first order approximation, previous models have emphasized that porosity and
 536 permeability evolution, including permeability enhancement, may significantly affect fluid-
 537 induced slip (e.g. Bhattacharya et al., 2017; Cappa et al., 2018; Yang & Dunham, 2021).
 538 (3) We do not explain the mechanism whereby pore-pressure cycling occurs. Even though
 539 several mechanisms have been proposed to couple fault slip and fluid processes (e.g., Bernaudin
 540 & Gueydan, 2018; Farge et al., 2021; Skarbek & Rempel, 2016; Zhu et al., 2020), it is
 541 still uncertain which one governs pore-pressure fluctuations during SSEs. (4) Finally, we
 542 do not explore the full fault response under RSF; other state evolution laws are not con-
 543 sidered, such as the slip law (Ruina, 1983) or composite laws (Kato & Tullis, 2001). Rate-
 544 weakening behavior is not explored either.

545 Our model results indicate that rate-strengthening faults are very sensitive to pore-
546 pressure perturbations. SSEs arise after pore pressure perturbations with a broad range
547 of characteristics (Figures 4 to 6 and Tables S1 to S3). Likewise, perturbations on faults
548 over different rate-strengthening conditions ($1.1 < a/b < 2.5$) lead to SSEs (Figure
549 S4). These results suggest that rate-strengthening friction properties may play a more
550 important role in slow slip generation than commonly assumed, which implies a broader
551 range of conditions favorable for SSE occurrence.

552 **7 Open research**

553 The numerical data used to produce the figures is available at [https://doi.org/](https://doi.org/10.5281/zenodo.7488074)
554 [10.5281/zenodo.7488074](https://doi.org/10.5281/zenodo.7488074).

555 **Acknowledgments**

556 This work was supported by the Rutherford Discovery Fellowship from the Royal So-
557 ciety of New Zealand and the Ministry of Business, Innovation and Employment (MBIE)
558 grant to GNS (contract CO5X1605). Computing resources were provided by the New
559 Zealand eScience Infrastructure (NeSI) high-performance computing facilities. The au-
560 thors thank Dr. Eric Dunham and Alexis Saez for their suggestions in the modeling of
561 the radial diffusion perturbation. Most figures use perceptually uniform color palettes
562 from Crameri (2018).

Table 1. Model parameters used in this study.

<i>Parameter</i>	<i>Symbol</i>	<i>Value</i>
Characteristic slip distance	d_c	5 mm
Direct effect	a	0.005
Evolution effect	b	0.004
Background effective normal stress	σ	3 MPa (9 MPa) ^a
Shear modulus	μ	10 GPa (30 GPa) ^a
Characteristic size of process zone	$L_b = \mu d_c / b \sigma$	4.17 km
Reference friction coefficient	f_0	0.6
Reference slip velocity	V_0	10^{-6} m ² /s
Poisson's ratio	ν	0.25
Loading rate	V_{pl}	50 mm/yr ^b
Spatial resolution	Δx	0.39 km to 0.78 km

^a σ and μ used in simulation cases shown in Figures 5 and 6b to 6d, except for modeled shallow Hikurangi SSEs. ^b Different V_{pl} were considered in Figure 6, see Table 4.

Table 2. Perturbation characteristics for representative models of shallow Gisborne SSEs under type I (Figure 2) and type II (Figure 3) perturbations. Perturbation period is 2 yrs for both cases.

	Perturbation parameters	Symbol	Value in representative model
	Duration of pressurization phase	T	1.5 yrs
	Radius	R_0	33.75 km
Type I	Max. Amplitude	Δp_{\max}	1.88 MPa
	Normalized length-scale	R_0/L_b	~ 8
	Normalized amplitude	$\Delta p_{\max}/a\sigma$	125
	Fluid “injection” time	t_{inj}	30 days
	Hydraulic diffusivity (pressurization)	D	25 m ² /s
	Hydraulic diffusivity (depressurization)	D_b	40 m ² /s
Type II	Cylinder radius	r_0	1 km
	Max. amplitude	Δp_{\max}	1.5 MPa
	Normalized length scale	$\sqrt{Dt_{\text{inj}}}/L_b$	1.93
	Normalized amplitude	$\Delta p_{\max}/a\sigma$	100

Table 3. Range of source properties of observed SSEs offshore Gisborne (taken from Ikari et al. 2020’s catalog) compared with average properties of modeled SSEs from two representative models for type I and type II perturbation (Section 3). Obs. stands for observed. Note that to calculate SSE properties we set a velocity threshold (V_{thr}) of 2 mm/day, consistent with the resolution limit of GPS network for shallow Hikurangi SSEs (Section 4.1).

Source property	Obs. SSEs offshore Gisborne	Model type I	Model type II
Duration (days)	6-34	25.6 ± 0.03	26.7 ± 0.03
Magnitude (M_w)	6.2-6.5	6.2	6.1
Max. slip (cm)	4-27	10.0 ± 0.1	9.98 ± 0.03
Recurrence interval (yrs)	~ 2	2	2

Table 4. Plate rate (V_{pl}) and velocity threshold (V_{thr}) assumed for each target SSEs. V_{thr} represents the slip velocity threshold assumed to calculate SSE properties (Section 4.1). The highest V_{thr} ($15 V_{\text{pl}}$) is assumed for shallow Hikurangi SSEs, as they occur offshore, away from GPS networks. We set $V_{\text{thr}} = 3 V_{\text{pl}}$ for all SSEs that occur beneath GPS networks. We take V_{pl} from (Hikurangi) Wallace et al. (2004), (Cascadia) McCaffrey et al. (2013), (Nankai) Miyazaki and Heki (2001) and (Guerrero) DeMets et al. (2010).

Target SSEs	V_{pl} (mm/yr)	$V_{\text{thr}}/V_{\text{pl}}$	V_{thr} in mm/day
Shallow Hikurangi	50 or 40 ^a	15	2 or 1.6
Deep Hikurangi	40	3	0.33
Cascadia	40	3	0.33
Nankai	67	3	0.55
Guerrero	61	3	0.5

^aWe set $V_{\text{pl}} = 40$ mm/yr for southern Hikurangi margin (south of Hawkes Bay) and $V_{\text{pl}} = 50$ mm/yr for northern Hikurangi (offshore Gisborne), consistent with the change in convergence rates along the margin (Wallace et al., 2004).

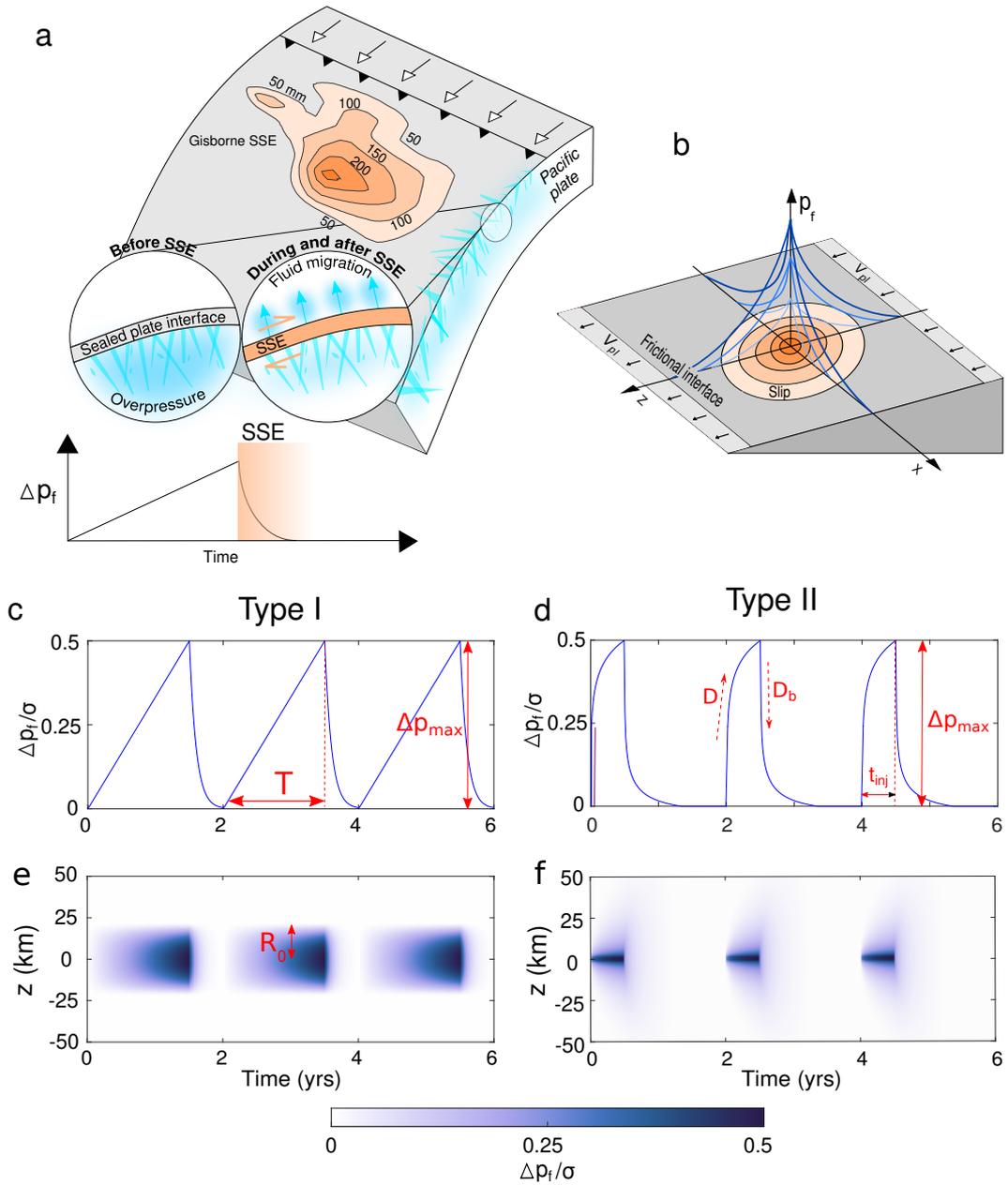


Figure 1. a) Schematic diagram representing a conceptual model of pore-pressure cycling during shallow Hikurangi SSEs, based on Warren-Smith et al. (2019). Orange contours show cumulative slip during 2016 shallow Gisborne SSE (Wallace et al., 2016). Thick blue lines indicate fractures. The bottom inset shows the inferred change in pore fluid pressure within the subducting Pacific slab during an SSE cycle (modified from figure 4a in Warren-Smith et al., 2019). (b) Schematic of our model setup showing pore-pressure increase at the fault center (blue lines; different shades indicate different time steps) and ensuing slip (orange contours) on the plate interface. (c - f) Examples of modeled pore fluid pressure changes for type I (c and e) and type II (d and f) perturbations. Temporal pore fluid pressure change is shown (c and d) at the fault center and (e and f) along z . Perturbation parameters shown are explained in Section 2.3.

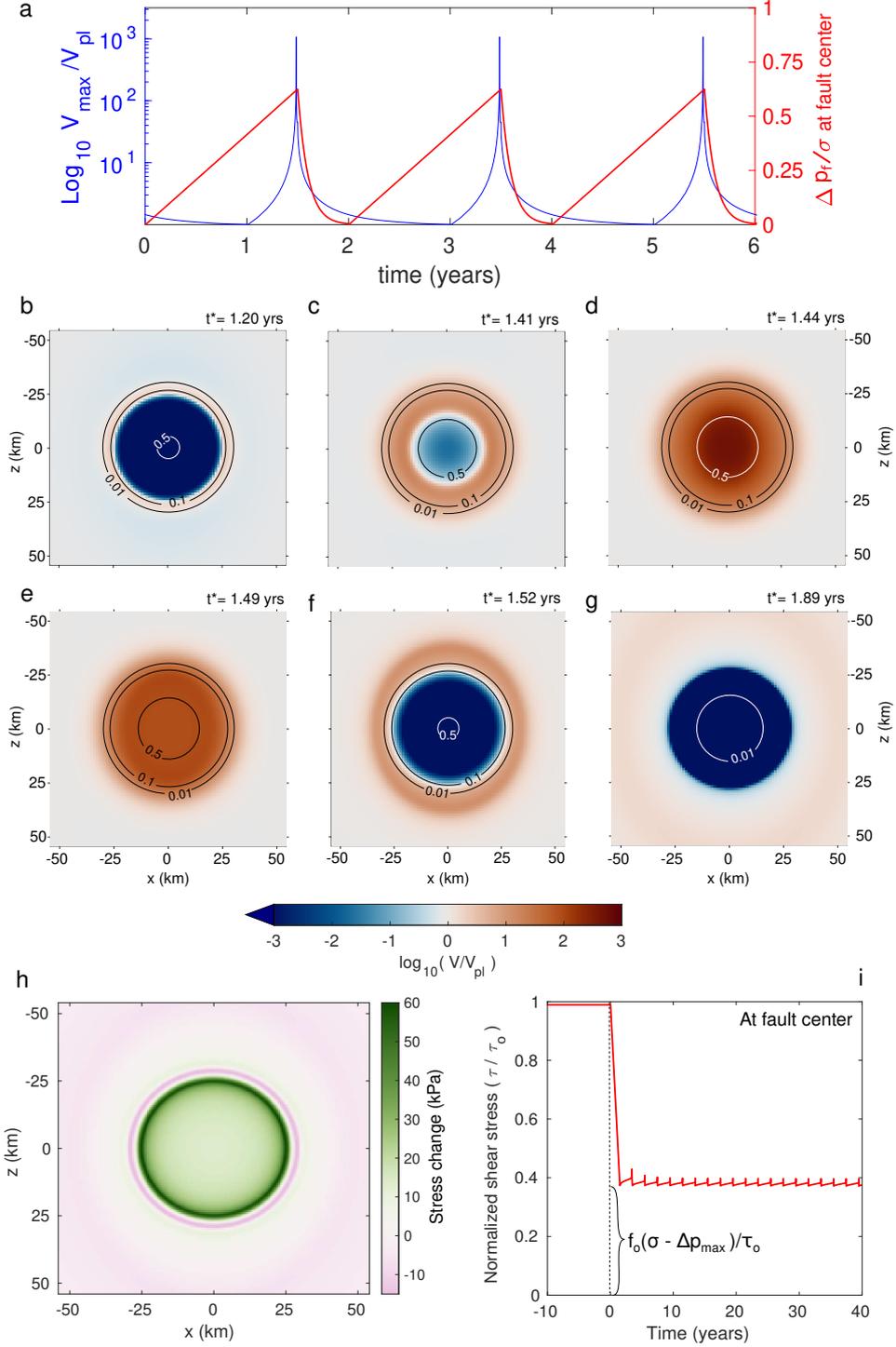


Figure 2. Representative model of shallow Gisborne SSEs for simulation under type I perturbation. (a) Temporal evolution of normalized maximum slip rate on the fault (V_{\max}/V_{pl} , blue line) and normalized pore pressure change at the fault center ($\Delta p_f/\sigma$, red line). (b-g) Snapshots of slip rate on the fault for an induced SSE during (b-e) pore-pressure increase and (f-g) pore pressure decrease. Solid lines indicate the contours of the normalized iso-pressure change, $\Delta p_f/\sigma$. t^* shows the time since the start of the perturbation. (h) Shear stress change for a single induced SSE. The shear stress change is defined as the difference between the shear stress before and after the SSE. (i) Temporal evolution of normalized shear stress (τ/τ_o) at fault center, where τ_o is the initial shear stress. Dashed black line indicates the start of the perturbation. Shear stress decreases to the value of the fault strength at the start of the perturbation.

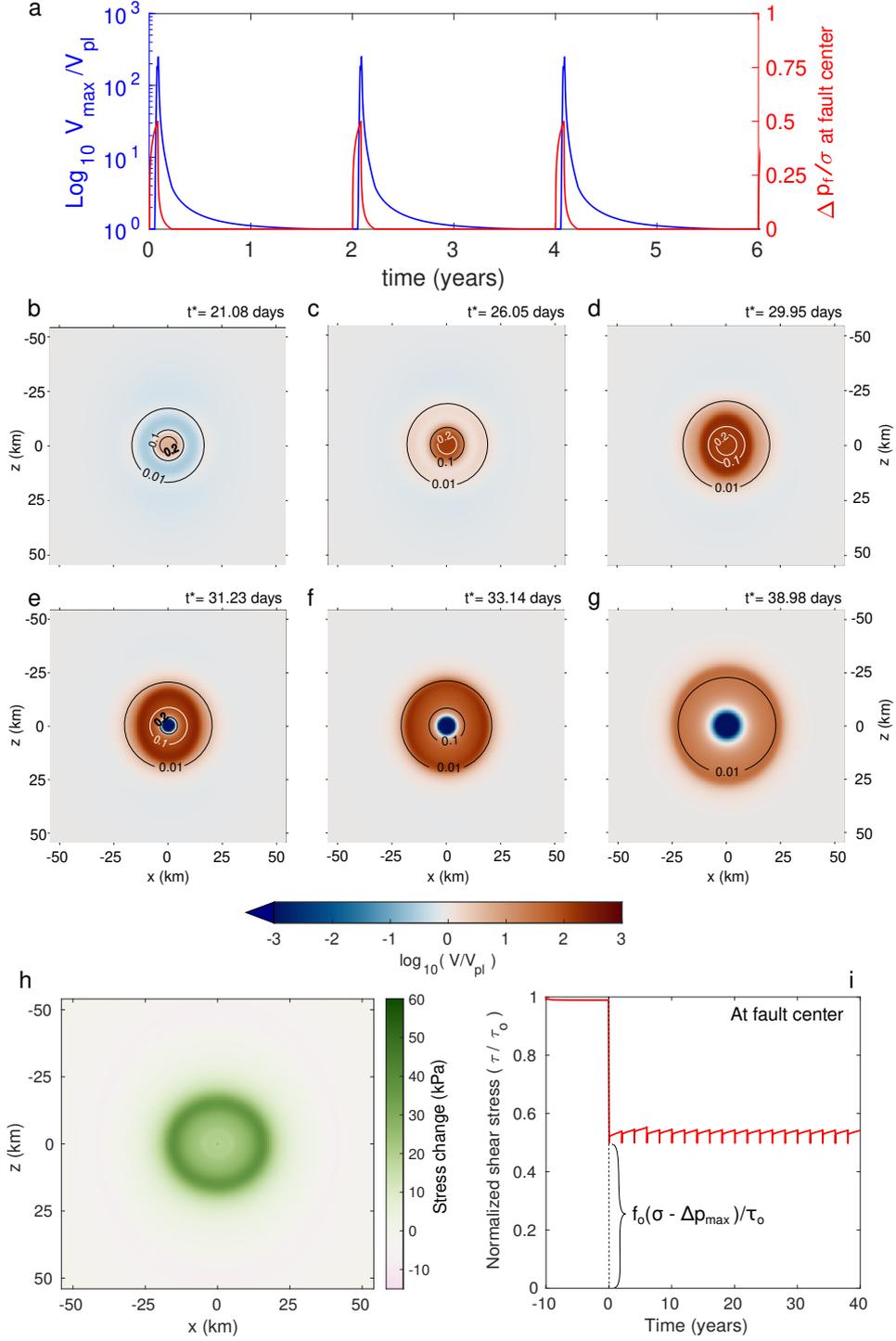


Figure 3. Representative model of shallow Gisborne SSEs for simulation under type II perturbation. (a) Temporal evolution of normalized maximum slip rate on the fault (V_{\max}/V_{pl} , blue line) and normalized pore pressure change at the fault center ($\Delta p_f/\sigma$, red line). (b-g) Snapshots of slip rate on the fault for an induced SSE during (b-d) pore-pressure increase and (e-g) pore-pressure decrease. Solid lines indicate the contours of the normalized iso-pressure change, $\Delta p_f/\sigma$. t^* shows the time since the start of the perturbation. (h) Shear stress change for a single induced SSE. (i) Temporal evolution of normalized shear stress (τ/τ_o) at fault center. Shear stress decreases to the value of the fault strength at the start of perturbation, indicated by the dashed black line.

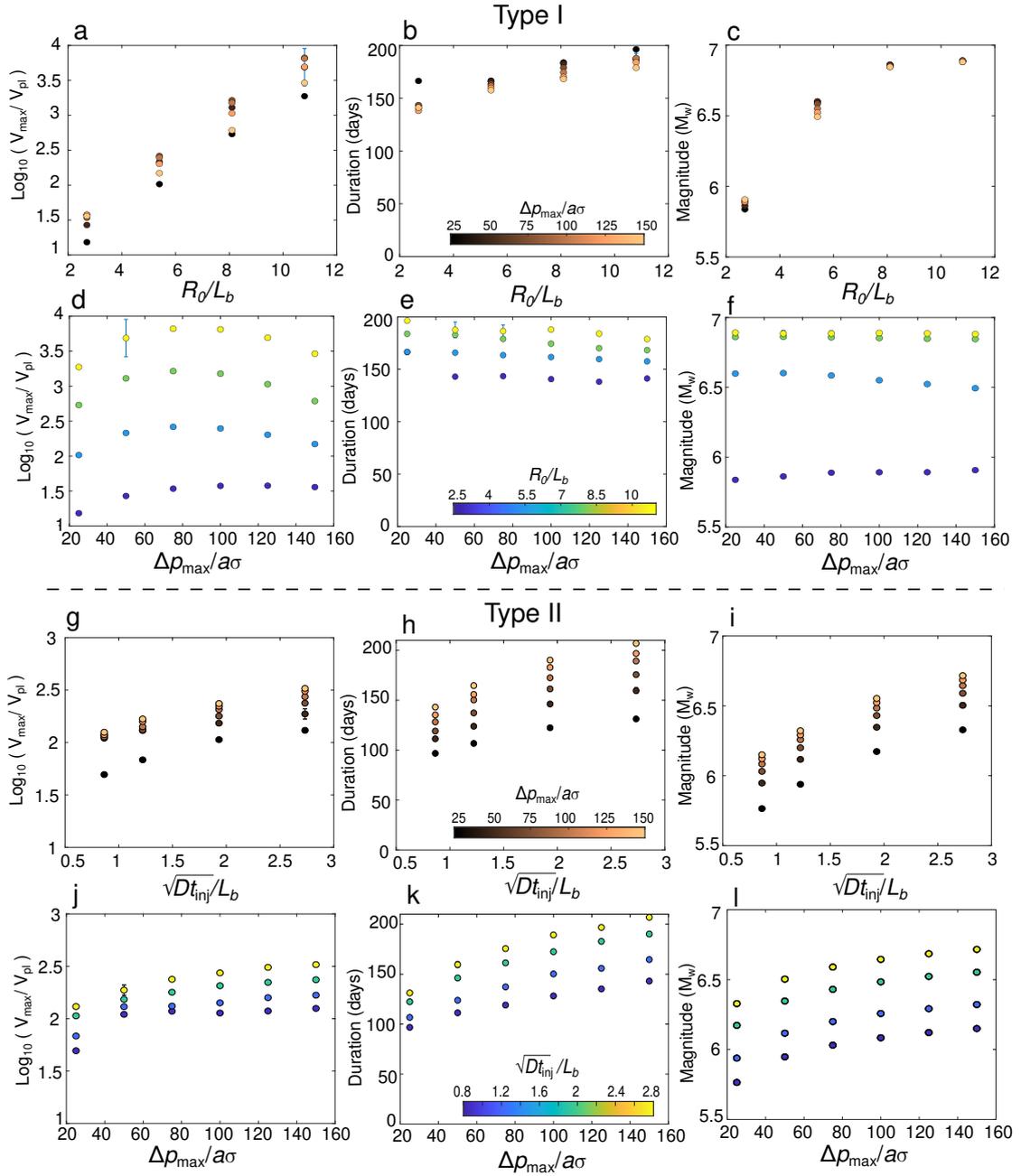


Figure 4. Average properties of SSEs induced by periodic perturbations in pore-pressure of (a-f) type I and (j-l) type II. Model parameters are given in Table 1. SSE properties are shown as a function of (a-c and g-i) the perturbation length scale (R_0/L_b or $\sqrt{Dt_{\text{inj}}}/L_b$) for various values of the perturbation amplitude and as a function of (d-f and j-l) the perturbation amplitude ($\Delta p_{\text{max}}/a\sigma$) for various values of the perturbation length scale. Vertical lines indicate standard deviation. For type II perturbation, we assume that $D_b/D = 1.1$ in all cases. A velocity threshold of $V_{\text{thr}} = 0.3$ mm/day was assumed to calculate SSE properties (Section 4.1). Table S1 shows the range of parameters explored.

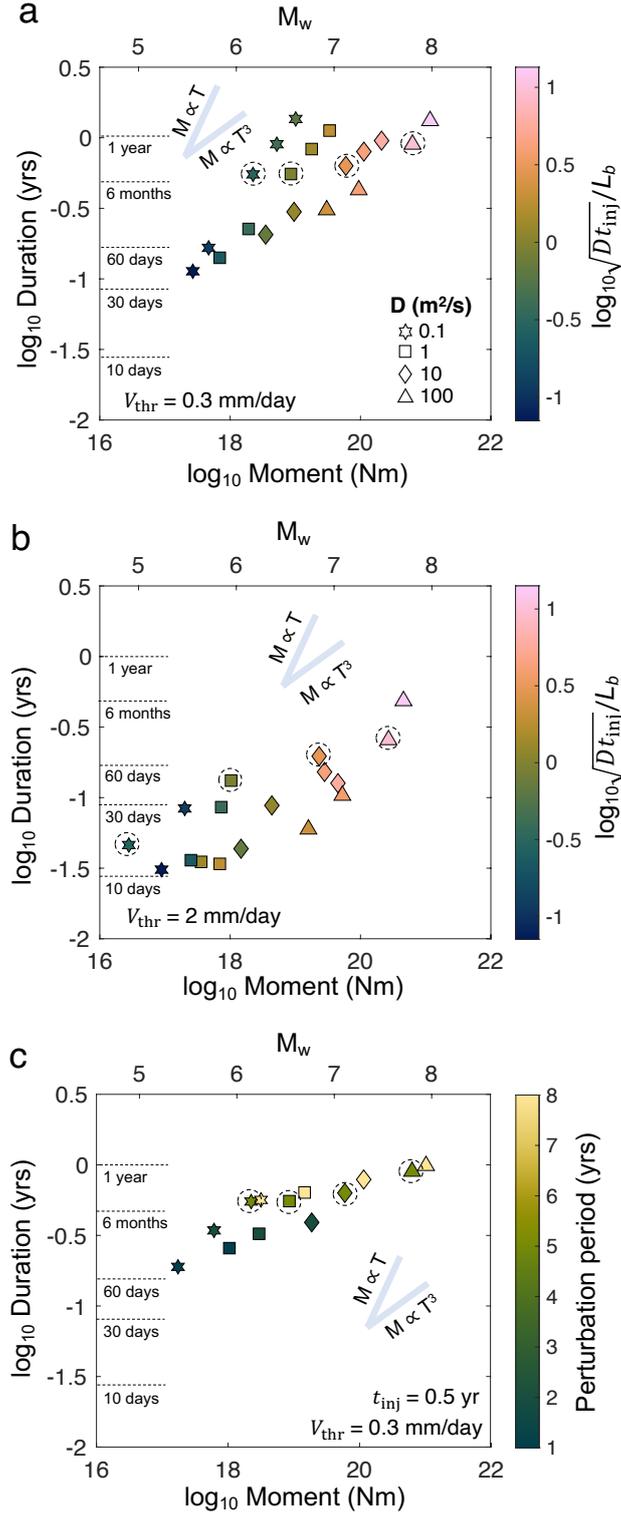


Figure 5. Source properties of induced SSEs for simulation cases under type II perturbation. SSE moment-duration for cases with (a) different perturbation size ($\sqrt{Dt_{inj}}/L_b$), (b) higher $V_{thr} = 2$ mm/yr for same cases shown in (a) ($V_{thr} = 0.3$ mm/day for a and c), and (c) different perturbation period (assuming $t_{inj} = 0.5$ yrs). t_{inj} ranges from 10 days to 2 yrs in (a) and (b). Dashed black circles indicate the same simulation cases. Markers shape correspond to different diffusivity values (D) as shown in (a). For reference, the linear and cubic moment-duration scaling trends (thick grey lines in a to c) are also included. Table S2 provides the perturbation characteristics of the simulations cases shown.

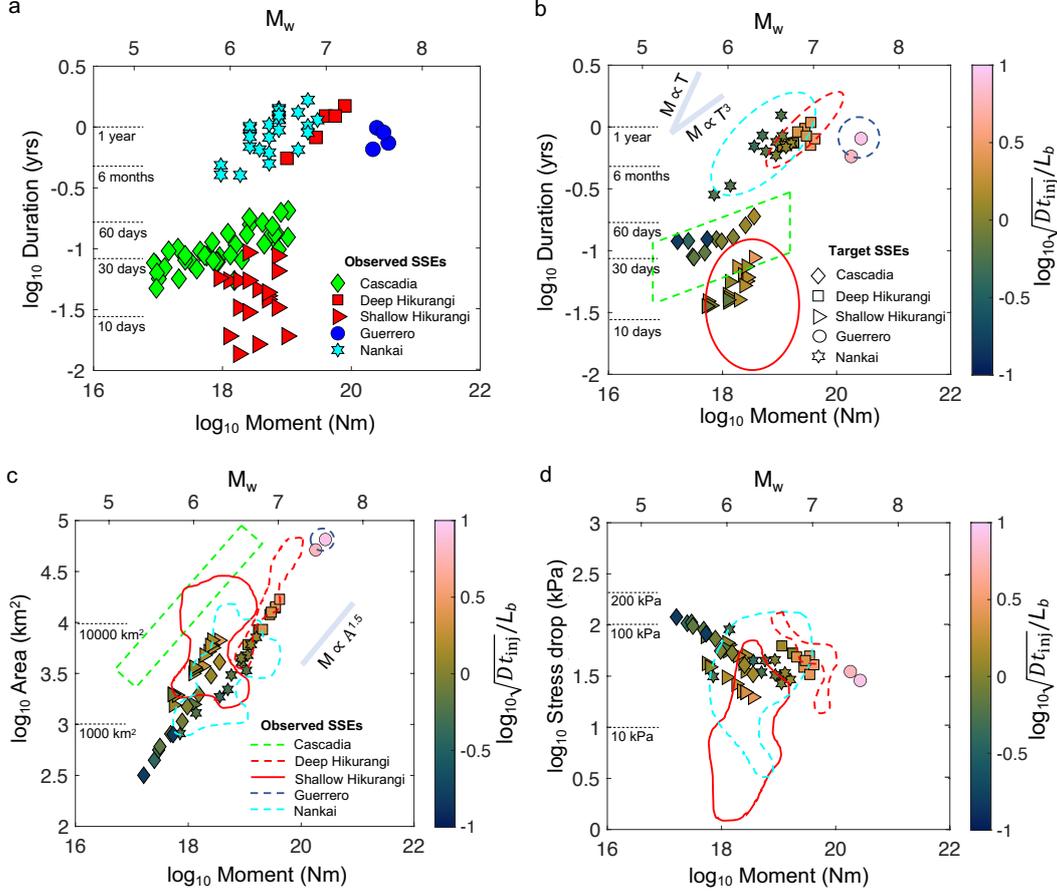


Figure 6. Comparison between observed and modeled source properties of SSEs from different subduction zones. (a) Observed moment and duration of shallow and deep Hikurangi SSEs (Ikari et al., 2020), Cascadia SSEs (Michel et al., 2019), Nankai SSEs (Takagi et al., 2019) and Guerrero SSEs (Radiguet et al., 2012, 2016). (b)-(c) Source properties of induced SSEs in simulation cases with different $\sqrt{Dt_{inj}}/L_b$ (see also Figure S11 and Tables 4 and S3). Each shape corresponds to a different target SSE as shown in (b). The colored lines highlight the range of observed properties for a given target SSE, as shown in (c). For reference, the moment-duration and moment-area scaling trends (thick grey lines in b and c) are also included. Note that only stress drop for SSEs along Hikurangi (Ikari et al., 2020) and Nankai (Takagi et al., 2019) subduction zones were constrained by observations. For deep Hikurangi SSEs, we take the average stress drop between the different stages of the event shown in the catalog from Ikari et al. (2020). To compare observed Nankai SSE moments with our model results, we set $\mu = 30$ GPa, instead of 40 GPa, as reported by Takagi et al. (2019).

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