

1 **Evolution of bottom boundary layers on three dimensional**
2 **topography – Buoyancy adjustment and instabilities**

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6 **Key Points:**

- 7 • A complex interplay of buoyancy adjustment, instabilities, and curvature effects influences
8 oceanic bottom boundary layers (BBL) evolution.
- 9 • Nonlinear strain effects contribute significantly in weakening the bottom stress during the
10 initial current-ridge encounter.
- 11 • The onset of negative potential vorticity (NPV), and barotropic instabilities downstream
12 partially offsets the reduced boundary dissipation.

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Abstract

A current along a sloping bottom gives rise to upwelling, or downwelling Ekman transport within the stratified bottom boundary layer (BBL), also known as the bottom Ekman layer. In 1D models of slope currents, geostrophic vertical shear resulting from horizontal buoyancy gradients within the BBL is predicted to eventually bring the bottom stress to zero, leading to a shutdown, or ‘arrest’, of the BBL. Using 3D ROMS simulations, we explore how the dynamics of buoyancy adjustment in a current-ridge encounter problem differs from 1D and 2D temporal spin up problems. We show that in a downwelling BBL, the destruction of the ageostrophic BBL shear, and hence the bottom stress, is accomplished primarily by nonlinear straining effects during the initial topographic encounter. As the current advects along the ridge slopes, the BBL deepens and evolves toward thermal wind balance. The onset of negative potential vorticity (NPV) modes of instability and their subsequent dissipation partially offsets the reduction of the BBL dissipation during the ridge-current interaction. On the upwelling side, although the bottom stress weakens substantially during the encounter, the BBL experiences a horizontal inflectional point instability and separates from the slopes before sustained along-slope stress reduction can occur. In all our solutions, both the upwelling and downwelling BBLs are in a partially arrested state when the current separates from the ridge slope, characterized by a reduced, but non-zero bottom stress on the slopes.

Plain Language Summary

Surface winds pump mechanical energy into the large-scale circulation of the ocean at an average rate of between 0.8 TW and 1 TW. This wind-input occurs at large, so-called synoptic scales spanning thousands of kilometers. Absent dissipative pathways, this steady energy input would cause uncontrolled spinup of the ocean gyres. For decades it has been assumed that friction at the seabed has an important role in the eventual turbulent dissipation of the ocean kinetic energy. In the 1990s, theoretical models suggested that turbulence could be wholly suppressed on sloping bottom bathymetry due to the rearrangement of density surfaces within the bottom boundary layer — a mechanism called buoyancy adjustment. Here we revisit this problem using modern 3D simulations of currents encountering a ridge. We find that although the bottom stress can be markedly reduced on topographic slopes, the mechanism through which it occurs is quite different than that in simplified 1D and 2D models. Flow ‘deformation’, or straining effects during the topographic encounter play a more important role in weakening the bottom stress than buoyancy adjustment. Furthermore, geometric effects like curvature, and flow instabilities

45 can partially offset the reduction in dissipation caused by suppression of bottom boundary layer
46 turbulence.

47 **1 Introduction**

48 When a bottom boundary layer (BBL) develops over sloping bathymetry, buoyancy advec-
49 tion in the cross-slope direction produces horizontal buoyancy gradients within the BBL, and hence
50 a geostrophic vertical shear through the thermal wind balance. This process, known as buoyancy
51 adjustment (or Ekman adjustment), acts to oppose the ageostrophic boundary layer shear, thereby
52 weakening the bottom stress on the slopes. In simplified models of slope currents (MacCready
53 & Rhines, 1991; Garrett et al., 1993), a steady state is eventually reached in which the bottom
54 stress collapses, bringing the cross slope Ekman transport to zero — a state referred to in the lit-
55 erature as ‘Ekman arrest’. These predictions have been validated in 1D numerical models (Brink
56 & Lentz, 2010a), but questions remain about their relevance to the real ocean.

57 Ekman pumping/suction resulting from the horizontal divergence of the Ekman transport
58 is thought to be the primary mechanism behind the spin-down of interior flows in the ocean (Garrett
59 et al., 1993). The drag exerted at the seafloor is also estimated to be an important source of en-
60 ergy dissipation (Wunsch & Ferrari, 2004; Sen et al., 2008). Reduced bottom stress and weak-
61 ening turbulence in sloping BBLs could therefore have profound implications for our understand-
62 ing of the global oceanic circulation and energy budget (Ruan, Wenegrat, & Gula, 2021). Umlauf
63 et al. (2015) developed a theoretical framework to understand the energetic pathways during the
64 process of Ekman arrest in a 1D BBL, which they then validated using simulations with a sec-
65 ond order turbulence closure model. An interesting finding was that buoyancy adjustment in a
66 BBL is very effective at converting the kinetic energy of the along-slope flow to available poten-
67 tial energy. In particular, for a downwelling (upwelling) BBL, the amount of energy stored as avail-
68 able potential energy after Ekman arrest (defined by the authors as bottom stress reducing be-
69 low a threshold value) is as large as 40% (70%) of the energy lost to dissipation during the ac-
70 tive adjustment process. Crucially, this means that during relaxation from an arrested state, this
71 available potential energy stored in the BBL can be converted to turbulent kinetic energy and even-
72 tually dissipated. The implication is that the observation of a partially arrested BBL in some re-
73 gion along the seafloor does not preclude the same region from being a hotspot of dissipation in
74 a different time window.

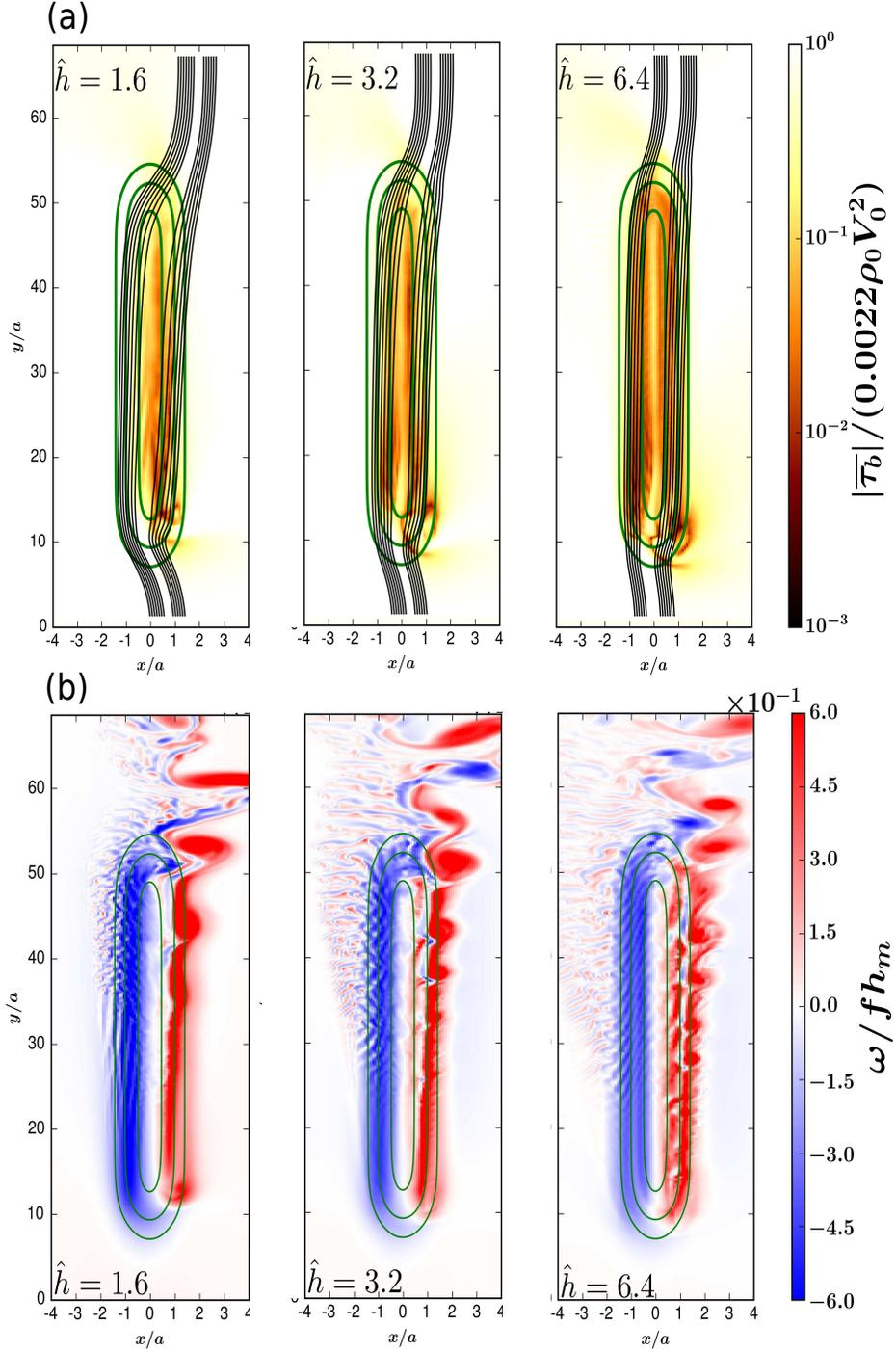


Figure 1. (Adapted from Figs. 1, 4 of Jagannathan et al., 2021, © American Meteorological Society. Used with permission.) Encounter of a barotropic inflow with an elongated racetrack shaped ridge. Green lines are bathymetric contours at $z = 0.14h_m$, $z = 0.37h_m$ and $z = 0.9h_m$. The inflow is from south to north. (a) Normalized, time-averaged boundary stress $|\overline{\tau_b}| / (C_d^* \rho_0 V_0^2)$, with a value $C_d^* = 0.0022$ (Sen et al., 2008; Arbic et al., 2009), along with selected barotropic streamlines (in black). Dark colors indicate stress reduction. Note that the colormap is saturated at 10^{-1} . (b) Instantaneous snapshots of normalized depth integrated vorticity ω (Eq. (5)). Small scale NPV instabilities are visible as banded patterns of vorticity on the anticyclonic side. Values of the parameter \hat{h} are indicated inside each panel. Observe that the instability is triggered further and further upstream for increasing \hat{h} (Note: The vortices appear distorted as the figure is not to scale)

75 Some of the best available observational evidence for reduced bottom stress, or ‘partial ar-
76 rest ’ over topography is described in Lentz and Trowbridge (2001). These authors analyzed moored
77 current observations in the Northern California mid-shelf during the fall/winter period in 5 dif-
78 ferent years between 1981 and 1991. Among their findings is that isopycnals slope downward
79 near the bottom and that the flow is close to a state of thermal wind balance throughout the wa-
80 ter column. The near-bottom along-shelf currents, and hence bottom stress are thus found to be
81 substantially weakened.

82 Complete Ekman arrest nevertheless remains elusive in oceanic observations of the BBL
83 (Armi & Millard Jr, 1976; Armi, 1978; Armi & D’Asaro, 1980). Some recent studies provide
84 clues on why this may be the case. Using LES simulations with doubly periodic boundary con-
85 ditions in the cross- and along-slope directions, Ruan et al. (2019) showed that the BBL always
86 relaminarizes before Ekman arrest can be achieved. The relaminarization, or turbulence collapse,
87 in their solutions is clearly evident in Hovmöller diagrams that show negligible TKE within the
88 BBL at later times (Fig. 12 in Ruan et al. (2019) and Fig. 6 in Ruan, Thompson, and Taylor (2021)).
89 Once the BBL relaminarizes, subsequent evolution toward an arrested state can only proceed via
90 non-turbulent molecular mixing, which is a relatively slow process. Wenegrat and Thomas (2020)
91 further demonstrate how the arrest process can be delayed due to the onset of negative potential
92 vorticity (NPV) instabilities.

93 To date, most numerical studies on Ekman arrest have focussed on the temporal adjustment
94 problem in 1D (e.g. Brink & Lentz, 2010a, 2010b) and more recently, periodic 2D domains (e.g.
95 Ruan et al., 2019; Wenegrat & Thomas, 2020). However, in the real ocean, buoyancy adjustment,
96 be it on continental shelf slopes or isolated islands, follows a spatio-temporal evolution in the along-
97 slope direction. Moreover it does not happen in isolation and is often intertwined with other pro-
98 cesses like topographic vorticity generation, waves, and instabilities. Vorticity generation dur-
99 ing flow past topography can occur purely through vortex tilting and stretching effects in the ab-
100 sence of either bottom drag or background rotation (Smolarkiewicz & Rotunno, 1989; Jagannathan
101 et al., 2019). However Jagannathan et al. (2021) noted that drag-mediated vorticity generation
102 is substantially more robust, generating larger and more energetic vortices. A flurry of recent com-
103 putational studies have uncovered a rich panoply of vortical structures and associated energy ex-
104 changes that emerge in three dimensional, rotating, stratified topographic wakes, both with (Puthan
105 et al., 2022b, 2022a), and without (Perfect et al., 2018, 2020a, 2020b; Srinivasan et al., 2019, 2021),
106 tidal forcing. A notable finding in Perfect et al. (2018) is that in the limit of weak rotation, the
107 vortex shedding frequency on the seamount slopes varies with depth, which leads to the emer-

108 gence of vertically decoupled vortical wakes — a phenomenon also noticed by Srinivasan et al.
 109 (2021) in their simulations of equatorial wakes. Recent observational studies on topographically
 110 generated wakes in the Palau island chain (MacKinnon et al., 2019; St. Laurent et al., 2019; Zei-
 111 den et al., 2022) also reinforce the emerging understanding that eddy wakes are an important
 112 conduit in the oceanic turbulence cascade from the mesoscale to the dissipative microscales.

113 In the present work we analyze a set of idealized numerical simulations to examine how
 114 buoyancy adjustment evolves in a 3D slope-current encounter. This is a follow-up study to an ear-
 115 lier paper (Jagannathan et al., 2021) in which the primary focus was on elucidating the mecha-
 116 nism of vertical vorticity generation during the interaction of a boundary current with a topographic
 117 ridge. A key finding there was that much of the irreversible vertical vorticity is generated dur-
 118 ing the early encounter of the flow with the ridge, through the so-called bottom stress divergence
 119 torque (BSDT). The simulations analyzed here are those described in Jagannathan et al. (2021)
 120 along with an additional set of simulations in which we vary the ridge curvature in the along-slope
 121 direction.

122 In the following sections we describe the numerical model setup, analyze the buoyancy ad-
 123 justment and BBL evolution in our solutions, along with its energetics, and discuss these results
 124 in the context of 1D and 2D theories of Ekman arrest on a slope.

125 **2 Numerical setup**

126 **2.1 Basic model configuration**

127 The simulations are performed using the Regional Ocean Modelling System (ROMS) (Shchepetkin
 128 & McWilliams, 2003), a terrain following model that solves the Boussinesq primitive equations
 129 under the hydrostatic approximation. The flow configuration is identical to that described in Jagannathan
 130 et al. (2021). For the sake of brevity, we confine our description here to the most essential aspects
 131 of the setup and refer the reader to Jagannathan et al. (2021) for further details.

132 A uniform barotropic inflow in the y direction, with speed

$$V_0(x, y = 0, z) = 0.105 \text{ ms}^{-1} \quad (1)$$

133 and approximately uniform stratification N is incident on a ridge of height h_m and half-width a .
 134 The ridge is elongated in the y direction, with bathymetry contours resembling a racetrack (Fig.

135 1). The ridge height from the bottom is given by,

$$h = h_m e^{-x^2/a^2} \left[\frac{1 + \tanh\left(\frac{y-y_1}{\sigma_y}\right)}{2} \right] \left[\frac{1 + \tanh\left(\frac{y_2-y}{\sigma_y}\right)}{2} \right]. \quad (2)$$

136 In all our simulations the ridge height $h_m = 400$ m and its half-width $a = 3.5$ km. The length
 137 of the ridge is fixed at $y_2 - y_1 = 144$ km and the extent of the initial adjustment region over which
 138 the ridge elevation increases to h_m is given by $\sigma_y = 12$ km. The critical dimensionless param-
 139 eter (Srinivasan et al., 2019; Jagannathan et al., 2021) is the non-dimensional height

$$\hat{h} = \frac{N h_m}{f a}, \quad (3)$$

140 where f is the Coriolis frequency. In the Ekman arrest literature where the slope $\tan \theta$ is typi-
 141 cally chosen to be constant, the slope Burger number is defined as

$$Bu = N \tan \theta / f \approx N \theta / f, \quad (4)$$

142 for $\theta \ll 1$ (Brink & Lentz, 2010a; Wenegrat & Thomas, 2020). The parameter \hat{h} in our simu-
 143 lations may thus be regarded as analogous to a slope Burger number, with $\theta = h_m/a$ being an
 144 average measure of the varying topographic slope.

145 Fig. 1 depicts the basic flow and ridge configuration along with maps of the time-averaged,
 146 normalized bottom stress τ_b (Fig. 1a) and instantaneous snapshots of the depth integrated rel-
 147 ative vertical vorticity (Fig. 1b), defined as

$$\omega = \int_{-H}^{-H+D} \zeta \, dz, \quad (5)$$

148 for three different values of \hat{h} . In Eq. (5), $\zeta = (\partial v / \partial x - \partial u / \partial y)$ is the relative vertical vortic-
 149 ity while D is the local water column height. In all the simulations, the water depth $H = 1000$
 150 m. The elongated ridge is well-suited to explore buoyancy adjustment amidst the full complex-
 151 ity of 3D motions including ageostrophic NPV instabilities (Wang et al., 2014), vorticity gen-
 152 eration, flow separation and secondary circulations.

153 To investigate the effect of ridge curvature on the dynamics, we additionally consider an
 154 elliptical shaped ridge, with varying aspect ratio $\beta = b/a$, where b is the half-length,

$$h = h_m e^{-\left(\frac{x^2}{a^2} + \frac{y^2}{b^2}\right)}. \quad (6)$$

155 The ridge is centered in a computational domain that is 240 km long and 90 km wide. A
 156 zero-gradient condition is imposed on the barotropic (vertically-averaged) component of veloc-
 157 ity and potential temperature at the lateral and outflow boundaries, while the Orlanski radiation
 158 condition (Orlanski, 1976) is specified for the baroclinic component.

2.2 Buoyancy adjustment on finite ridges with varying topographic slope

Compared to earlier 1D and 2D solutions of buoyancy adjustment on slope, our setup has two significant novelties. One is the non-constant slope and the other is the three dimensionality which introduces the possibility of flow separation, topographic waves and secondary horizontal circulations. To more precisely isolate the 3D effects, one may be tempted to separately consider the non-constant slope problem in 2D before attacking the 3D problem. However in practice we found that it is challenging to maintain a steady barotropic forcing in ROMS for the 2D slope current configuration. To see why this is the case, recall that the flow is initialized with a constant sea-surface gradient that geostrophically balances a barotropic inflow (Jagannathan et al., 2021). In 3D, specifying the sea surface height at the inflow boundary *and* the lateral boundaries is found to be sufficient to maintain a steady barotropic velocity everywhere downstream. However in the 2D configuration, once the flow is initialized, the only way to hold the barotropic inflow fixed as the flow evolves is by nudging either the sea surface height or the barotropic velocity itself. Both of these represent strong external forcing of the flow and introduce artefacts to the solution. For this reason, we directly consider the more realistic 3D problem without imposing any artificial constraints on the evolution of the along-slope flow.

The long straight section of the elongated ridge helps to isolate the buoyancy adjustment process and facilitates comparison with 1D and 2D model predictions. We examine in this study, solutions with $\hat{h} = 1.6, 3.2, 6.4$ and 12.8 . Previous studies on buoyancy adjustment have focused predominantly on the parameter space $0 < \hat{h} < 2$, a range that is typical of many continental slopes. However there are many locations in the ocean where larger slope Burger numbers are common. An example of an isolated island where $\hat{h} \gg 1$ is Green island off Taiwan for which, substituting the values $h_m = 500$ m, $a = 3.5$ km (Fig. 1c of Chang et al., 2013), $f = 5.5 \times 10^{-5} \text{ s}^{-1}$ and a representative value for the buoyancy frequency squared $N^2 \approx 10^{-4} \text{ s}^{-2}$ (Fig. 5 of Hsu et al., 2019) gives $\hat{h} \approx 26$. Another site is the Florida straits in the stretch prior to when the Gulf Stream separates (Gula et al., 2015). Here the slope angle is as high as 3° . Using a mid-latitude value of $f = 7 \times 10^{-5} \text{ s}^{-1}$ and typical thermocline stratification $N \approx 10^{-2} \text{ s}^{-1}$ then gives $\hat{h} \approx 7.5$. Recently, Nagai et al. (2021) note that in the Tokara strait, the Kuroshio flows past several steep seamounts where $\hat{h} \approx 3$. Moreover turbulence microstructure measurements above the sloping sides of these seamounts revealed 100-1000 fold enhancement of turbulent dissipation rates relative to typical open ocean values of $\mathcal{O}(10^{-10}) \text{ Wkg}^{-1}$, which raises questions about the relative importance of buoyancy adjustment and eddying dynamics in sloping BBLs. Similar levels of enhancement in

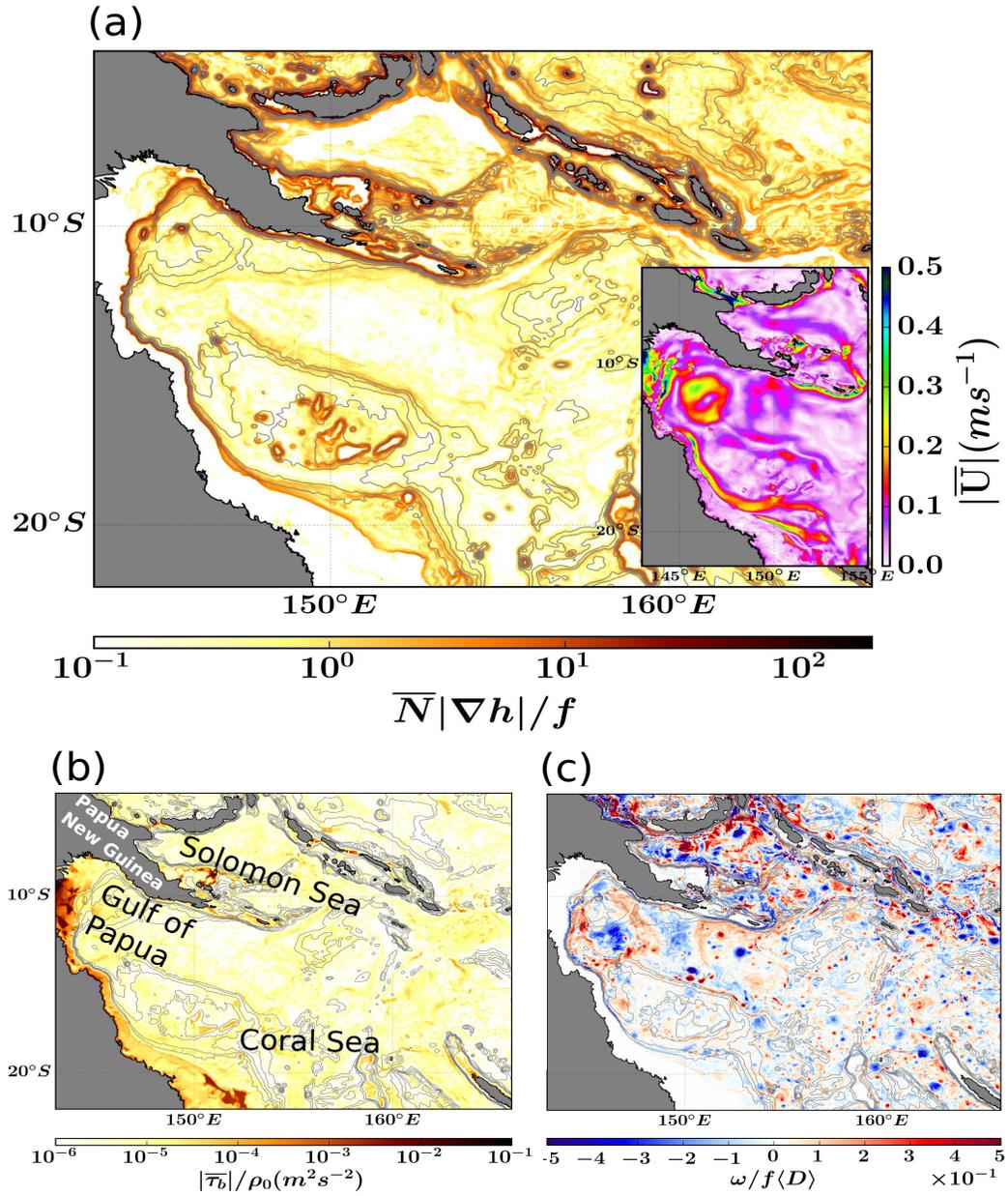


Figure 2. Three-month averages of local slope Burger number and bottom stress from a 1.5 km horizontal resolution solution of the Southwestern Pacific, over the winter months April-June. Bathymetry is contoured every 500 m and is indicated by dark gray lines. (a) Local slope Burger numbers $\overline{N}|\nabla h|/f$ where $|\nabla h|$ is the absolute value of the bathymetric gradient. The inset highlights the absolute value of the barotropic flow field $|\overline{U}|$. (b) Bottom stress divided by the reference density $|\overline{\tau_b}|/\rho_0(m^2s^{-2})$. (c) Instantaneous snapshot of the depth integrated relative vertical vorticity, normalized by $f\langle D \rangle$, where $\langle D \rangle$ is the area-averaged water column height in the region, excluding the land regions.

the turbulent dissipation rate have been reported over the extremely steep slope angles (up to 35°) in the northern end of the Palau island chain (MacKinnon et al., 2019).

Our study in particular, is motivated by recent ROMS solutions of the Gulf of Papua and Solomon sea regions in the southwestern Pacific (Srinivasan et al., 2017). A spatial map of the three month averaged slope Burger number $\overline{N}|\nabla h|/f$ over the winter months of April-June (Fig. 2a) reveals extensive sections both along the continental slope and the island chains of Solomon and Vanuatu where the local slope Burger number ranges from $\mathcal{O}(1) - \mathcal{O}(10)$. Note that $|\nabla h|$ here denotes the absolute value of the local bathymetric slope and \overline{N} is the three month averaged background stratification outside the BBL. The inset to Fig. 2a shows the three month averaged barotropic flow speed of the North Queensland current (which then turns eastward in the Gulf of Papua) as it flows along the continental shelf slope between 20°S and 10°S . Fig. 2b shows the bottom stress weakening between 20°S and 15° as the Gulf of Papua current navigates the sloping bathymetric region. The slope-current interaction also leads to the generation of anticyclonic vorticity on the slopes. Indeed a rich submesoscale eddy field comprising both cyclones and anticyclones is seen in instantaneous snapshots (Fig. 2c) of the depth integrated vorticity ω . Lastly, it is worthwhile to note that the bottom Ekman layer along the North Queensland current is downwelling favorable, which makes the BBL here a strong candidate for NPV instabilities. Thus the submesoscale flow in this region is endowed with many intriguing dynamical possibilities that idealized process studies can yield more insight about.

As described in Jagannathan et al. (2021), \hat{h} in our simulations is varied by changing the stratification N while keeping the other parameters unchanged. The Coriolis frequency f is fixed at a value of $7 \times 10^{-5} \text{ s}^{-1}$ and N ranges from $1 \times 10^{-3} \text{ s}^{-1}$ in the $\hat{h} = 1.6$ run to $8 \times 10^{-3} \text{ s}^{-1}$ in the $\hat{h} = 12.8$ run. For the elliptical ridge, \hat{h} is fixed at 3.2 and the semi-major length b is varied between 3.5 km and 56 km, so that the ellipse aspect ratio β spans values ranging from 1 to 16.

2.3 Bottom stress parameterization and grid resolution

The bottom stress in ROMS is parameterized using the quadratic drag law

$$\boldsymbol{\tau}_b = \rho_0 C_d \mathbf{u}_b \|\mathbf{u}_b\|. \quad (7)$$

where ρ_0 is the constant reference density, \mathbf{u}_b is the velocity in the bottommost σ layer and C_d is the drag constant

$$C_d = [\kappa / \log(\Delta z_b / z_{ob})]^2. \quad (8)$$

220 $\kappa = 0.4$ in Eq. (8) is the Von-Karman constant, Δz_b is the thickness of the bottommost σ -layer
 221 and z_{ob} is the roughness length which we set to 1 cm. Substituting these parameters in Eq. (8),
 222 along with the observed range of values of Δz_b in our runs of 0.9-1.1 m, we find that C_d ranges
 223 from 0.0076 over the flat bottom to 0.0083 over the ridge crest.

224 Previous experience with ROMS suggests that NPV phenomena such as forced symmet-
 225 ric instability (Wenegrat et al., 2018) are captured to some degree even in moderately coarse hy-
 226 drostatic simulations (500 m in Wenegrat et al. (2018)). In all our simulations we employ a grid
 227 spacing of 300 m in the horizontal and 110 σ - levels, to resolve submesoscale and BBL pro-
 228 cesses. With vertical grid stretching the near bottom vertical resolution is as fine as 0.9 m over
 229 the ridge crest and 1.1 m over the flat bottom. Vertical mixing in the BBL is parameterized us-
 230 ing KPP (Large et al., 1994; McWilliams et al., 2009). The model also implicitly contains hor-
 231 izontal hyperviscosity and hyperdiffusivity via the third-order upwind-biased scheme (Shchepetkin
 232 & McWilliams, 2003, 2005). All the simulations are run for a total of 4 months and time-averages,
 233 where shown, are obtained by averaging the relevant quantities over 50 inertial periods. We re-
 234 mark that these time averages are insensitive to the time window during which the averaging is
 235 performed provided we exclude the first couple of ridge excursion periods σ_y/V_0 , which for the
 236 values of σ_y and V_0 chosen in this study, is approximately 16 inertial periods. The displayed av-
 237 erages here are computed over the last 50 inertial periods of the 4 month simulations.

238 **3 Review of 1D and 2D model predictions**

239 In the northern hemisphere, the Ekman transport in a bottom Ekman layer is to the left of
 240 the interior geostrophic current. On a slope where the current is prograde, i.e. in the direction of
 241 a coastal Kelvin wave, the cross-slope transport results in downwelling of lighter water under-
 242 neath heavier water, leading to a statically unstable state. Convective mixing then produces a mixed
 243 layer which continues to expand in thickness with time (Trowbridge & Lentz, 1991; MacCready
 244 & Rhines, 1991). As the BBL thickens, the opposing velocity near the bottom becomes stronger
 245 due to thermal wind shear, and the bottom stress weakens. In classical 1D models of slope cur-
 246 rents, the BBL continues to deepen until complete Ekman arrest occurs (Garrett et al., 1993). In
 247 an upwelling Ekman layer, thermal wind shear similarly acts to reduce the bottom stress. The main
 248 difference with respect to the downwelling side is that the upslope advection of buoyancy makes
 249 the BBL increasingly stable, and as a result, thinner than on a flat bottom. All the theoretical pre-
 250 dictions reviewed in this section assume a constant value of the slope so that \hat{h} below connotes
 251 a slope Burger number.

252 Assuming that in the steady state, the BBL is perfectly well-mixed, Trowbridge and Lentz
 253 (1991) derive an estimate for its thickness

$$H_a^{DW} = \frac{V_0}{N\hat{h}}, \quad (9)$$

254 where the superscript denotes ‘downwelling’. However the same authors note that the BBL formed
 255 through convective mixing of a downwelling Ekman flow typically tends to be weakly stratified
 256 rather than perfectly well-mixed. Brink and Lentz (2010a) derive an arrest time scale for such
 257 a weakly stratified BBL assuming a constant gradient Richardson number,

$$T_a^{DW} = \frac{V_0^2(1+\hat{h}^2)\Pi(\hat{h})}{2u_0^{*2}N\hat{h}^3}, \quad (10)$$

258 where u_0^{*2} is the flat-bottom stress in the absence of buoyancy arrest,

$$\Pi(\hat{h}) = \frac{1 + \sqrt{1 + 4Ri_c\hat{h}^2}}{2}, \quad (11)$$

259 and Ri_c is the critical gradient Richardson number, averaged over an inertial period.

260 2D simulations (Wenegrat & Thomas, 2020) show that the destruction of the BBL strat-
 261 ification through convective mixing is accompanied by a negative flux of potential vorticity (PV)
 262 through the bottom which drives the PV below 0 in the BBL. Here the PV is defined as

$$q = \mathbf{\Omega}_a \cdot \nabla b \quad (12)$$

263 where $b = -g\rho/\rho_0$ is the buoyancy and $\mathbf{\Omega}_a = f\hat{z} + \nabla \times \mathbf{u}$ is the three-dimensional absolute vor-
 264 ticity, \hat{z} being the unit vector in the z direction.

265 The $q < 0$ state is susceptible to NPV instability modes, which then return the flow to marginal
 266 stability. Wenegrat and Thomas (2020) further demonstrate that the onset of instability delays,
 267 but does not stop the progression to an arrested state. Their modified arrest time scale is given
 268 by

$$T_a^{NPV} = \frac{V_0^2(1+\hat{h}^2)^2}{2u_0^{*2}N\hat{h}^3}. \quad (13)$$

269 The extra factor $(1 + \hat{h}^2)$ in Eq. (13) comes from substituting $Ri_c = 1 + \hat{h}^2$ in Eq. (11), which
 270 is the condition of marginal stability with $q = 0$ (Allen & Newberger, 1996). The correspond-
 271 ing expression for the arrest height is

$$H_a^{NPV} = \frac{V_0(1+\hat{h}^2)}{N\hat{h}}. \quad (14)$$

272 Thus both the arrest time and arrest height are amplified by a factor of $(1 + \hat{h}^2)$ relative to 1D
 273 models in which NPV instabilities are absent. Note that the modification in the arrest height pre-
 274 diction follows directly from the requirement that $q = 0$ in the BBL.

275 In the upwelling regime, the upslope advection of dense water tends to stabilize the BBL,
 276 making it shallower relative to the downwelling. The numerical experiments of Brink and Lentz
 277 (2010a) show two different end states, depending on the value of \hat{h} . For $\hat{h} > 1$, their solutions
 278 produce a uniformly stratified BBL connecting smoothly to the stratified interior. The BBL height
 279 corresponding to arrest is

$$H_a^{UW} = \frac{V_0}{N\hat{h}} \gamma(\hat{h}), \quad (15)$$

280 where the superscript denotes ‘upwelling’ and $\gamma(\hat{h})$ is given by the functional form

$$\gamma(\hat{h}) = \frac{-1 + \sqrt{1 + 4Ri^{UW}\hat{h}^2}}{2}. \quad (16)$$

281 Brink and Lentz (2010a) further find that $Ri^{UW} = 0.4$ produces a satisfactory fit to their numer-
 282 ical experiments, using either a Mellor-Yamada 2.0 closure or $k - \varepsilon$ model. The corresponding
 283 arrest time scale for the upwelling favorable regime is then obtained as

$$T_a^{UW} = \frac{V_0^2(1 + \hat{h}^2)\gamma(\hat{h})}{2u_0^{*2}N\hat{h}^3}. \quad (17)$$

284 On the other hand, when $\hat{h} < 1$, the vertical structure is characterized by a weakly strat-
 285 ified BBL, capped by a strongly stratified pycnocline (Brink & Lentz, 2010a). Buoyancy adjust-
 286 ment times are much longer than for $\hat{h} > 1$. In the limit $\hat{h} \ll 1$, the BBL characteristics approach
 287 those of a flat bottom Ekman layer. Interestingly, in their recent LES study, Ruan, Thompson,
 288 and Taylor (2021) note that capped BBLs are not observed. The authors attribute this to relam-
 289 inarization of the BBL, which does not occur in simpler turbulence closures. For more details
 290 on the capped BBL we refer the reader to Brink and Lentz (2010a).

291 In one and two dimensional models of slope currents, buoyancy adjustment is a defining
 292 aspect of the solutions in both the $\hat{h} > 1$ and $\hat{h} < 1$ regimes. The only difference is the consid-
 293 erably longer adjustment time when $\hat{h} < 1$. This can be seen by inspecting Eqs. (10) and (13)
 294 where in the limit $\hat{h} \ll 1$, T_a^{NPV} varies as \hat{h}^3 and T_a^{UW} as $1/\hat{h}$. By contrast, in the case of an iso-
 295 lated 3D ridge, the $\hat{h} \ll 1$ regime is quasi-geostrophic (QG) (Schär & Davies, 1988), with strong
 296 cross-isobath flow and vortex stretching/squeezing dominating the dynamics (Hogg, 1973). This
 297 regime is more or less fully described by the QG potential vorticity conservation equation (Schär
 298 & Davies, 1988). We note that the parameter space $\hat{h} < 1$ was also revisited recently by Srinivasan
 299 et al. (2019) using high resolution, BBL-resolving ROMS solutions of flow past a circular seamount.
 300 A notable finding of this study was that, even with bottom drag and a resolved BBL, a non-eddying
 301 steady QG state is always reached for $\hat{h} < 0.6$. These results are consistent with the earlier the-
 302 oretical predictions of Hogg (1973) and Schär and Davies (1988) for QG flow over 3D topog-

303 raphy. The characteristic feature of the QG solution is the emergence of an isolated anticyclone,
 304 also known as a Taylor cone (Hogg, 1973) atop the seamount (see also. Fig. 1 of Srinivasan et
 305 al., 2019). For the elongated ridge we similarly find that QG dynamics prevails for values of \hat{h}
 306 as high as 0.8. For this reason, we do not dwell on the $\hat{h} < 1$ regime in this paper. Instead, con-
 307 centrating on the $\hat{h} > 1$ regime, we will see that the evolution toward Ekman arrest in a 3D to-
 308 pographic encounter problem has important differences from the lower dimensional temporal spin
 309 up problems. In particular, nonlinear straining plays an important role, both in weakening the ageostrophic
 310 BBL shear during the initial encounter with the ridge, as well as the subsequent evolution of the
 311 BBL towards thermal wind balance.

312 **4 Results**

313 **4.1 Bottom Stress Evolution on the Slopes**

314 We define the anticyclonic (cyclonic) side of the ridge as the side where uphill is to the right
 315 (left) of the incident flow. Note that, in our flow configuration (Fig. 1) with the Coriolis frequency
 316 $f > 0$, the bottom Ekman layer is downwelling-favorable on the anticyclonic side and upwelling-
 317 favorable on the cyclonic side. In the discussion that follows, the BBL height on the cyclonic side
 318 refers to the region of active turbulence where shear driven entrainment and mixing are occur-
 319 ing. This is also the quantity explicitly computed in ROMS using the KPP formulation (McWilliams
 320 et al., 2009).

321 On the anticyclonic side, a dynamically consistent definition of the BBL height needs to
 322 account for convective mixing produced by the downwelling Ekman layer as well as secondary
 323 NPV instabilities. Allen and Newberger (1996) show that, in a downwelling Ekman layer, sym-
 324 metric instability partially restratifies the BBL so that its stratification at marginal stability ($q =$
 325 0) is given by $N^2 \hat{h}^2 / (1 + \hat{h}^2)$. Thus for values of \hat{h} greater than 1, the BBL can retain substan-
 326 tial stratification. This is well supported by recent observations in the Orkney passage (Garabato
 327 et al., 2019) where the measured \hat{h} is about 1.8 and the BBL stratification is around two-thirds
 328 of the interior value. The solutions analyzed here have \hat{h} values ranging from 1.6 to 12.8 and as
 329 we shall see below, are unstable to NPV instabilities on the anticyclonic side.

330 One choice of definition for the BBL height therefore is as the depth over which the ver-
 331 tical buoyancy gradient is less than $N^2 \hat{h}^2 / (1 + \hat{h}^2)$. However our 3D solutions depart from the
 332 2D assumptions implicit in Allen and Newberger (1996) in some important respects: first, the
 333 stratification is not constant in the BBL and so the BBL is never uniformly in a state of marginal

334 stability; second, as we will see later, the instabilities that develop are not pure symmetric modes
 335 but rather hybrid modes that draw energy from both the mean vertical shear *and* horizontal shear.
 336 Thus we simply define the BBL height as the height from the bottom where the stratification first
 337 exceeds $\alpha N^2 \hat{h}^2 / (1 + \hat{h}^2)$, where α is some constant slightly larger than 1, here taken to be 1.1.
 338 A 10% variation in α (say $\alpha = 1.2$ rather than 1.1) does not lead to a material difference in the
 339 computed BBL heights.

340 The incident flow on the flat bottom has a well-mixed, turbulent BBL, capped by a strongly
 341 stratified pycnocline. The characteristics of the flat bottom Ekman layer have been previously de-
 342 scribed by other authors (e.g. Taylor & Sarkar, 2008). Fig. 1a shows the evolution of the bottom
 343 stress as this flat bottom Ekman layer encounters the topography. The stress values have been nor-
 344 malized by $\rho_0 C_d^* V_0^2$, the expected stress on a flat bottom with far-field velocity V_0 . The value of
 345 the drag coefficient C_d^* when this formula is used, is typically in the range 0.002-0.003 (Sen et
 346 al., 2008; Arbic et al., 2009). Note that C_d^* is different from C_d used to parameterize the bottom
 347 stress in ROMS because the latter is multiplied by V_b^2 (V_b is the velocity in the bottom-most σ -
 348 layer) and not V_0^2 to get the bottom stress (see Eq. 8). Here we find that $C_d^* = 0.0022$ yields a
 349 non-dimensional stress around 1 away from the topography and use this value henceforth in our
 350 scalings for stress, energy production and dissipation.

351 The sustained weakening of the stress on the slopes is apparent in Fig. 1a. To better visu-
 352 alize its downstream evolution in a slope-averaged sense, we compute the average stress across
 353 the set of barotropic streamlines depicted in this figure, separately on each side of the ridge, and
 354 plot this as a function of along-streamline distance (Figs. 3a,b). The bottom stress starts to de-
 355 crease within a short distance of the well-mixed BBL encountering the ridge. The reduction is
 356 stronger for larger \hat{h} , approaching more than an order of magnitude for $\hat{h} = 3.2$ and higher (Fig.
 357 3).

358 On the anticyclonic (downwelling) side, the mean streamlines in Fig. 1a show that the cur-
 359 rent remains largely attached to the slopes throughout the encounter. As a result, along-stream
 360 fluctuations are muted. By contrast, there are large oscillations on the cyclonic side associated
 361 with the separation and reattachment of eddies during the early encounter (visible in Fig. 1b).

362 After the early rapid reduction, the boundary stress exhibits a relatively slow increasing ten-
 363 dency downstream. This can be understood as follows. In response to the diminishing bottom

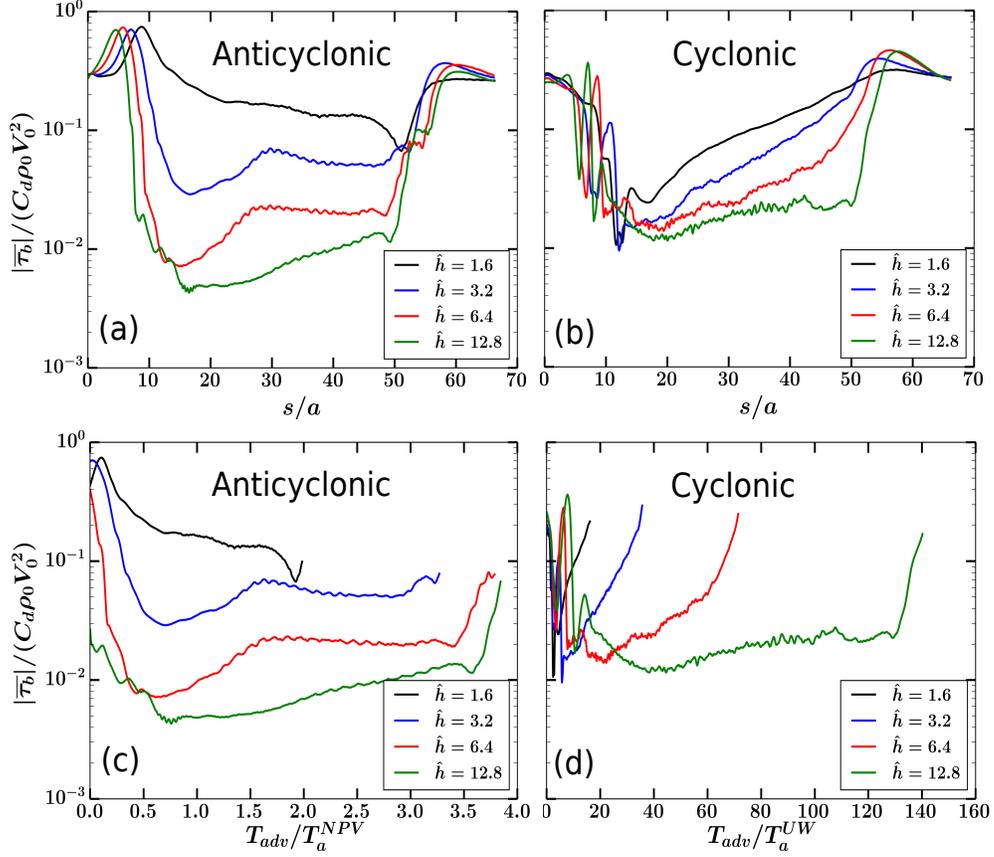


Figure 3. (Top panel) Streamline-averaged evolution of the time-averaged bottom stress shown in Fig. 1 for different values of \hat{h} . (a) Anticyclonic and (b) Cyclonic. (Bottom panel) Evolution of the bottom stress as a function of time. Here $T_{adv} = (s - s_0)/V_0$, where s is the distance travelled along the mean streamline starting from the inflow location $y = 0$, and s_0 is the value of s where the streamline intersects the ridge contour $h(x, y) = h_m \exp(-2)$. Thus T_{adv} is an advective time representative of the transit time of the flow along the ridge slopes. (c) Anticyclonic and (d) Cyclonic. T_a^{NPV} is the time scale for arrest in the presence of NPV instabilities, as derived in Wenegrat and Thomas (2020) (Eq. (13) above) and T_a^{UW} is the Brink and Lentz (2010a) time scale for arrest in the upwelling-favorable regime (Eq. (17) above).

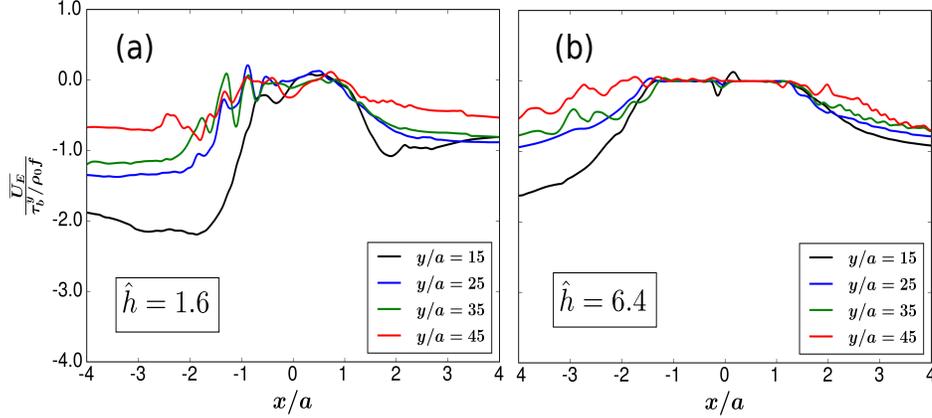


Figure 4. Downstream evolution of the Ekman transport (defined in Eq. (18)) at different downstream locations given by the non-dimensional distance y/a , on and immediately adjacent to the ridge slopes. The values have been normalized by the average Ekman transport over the flat bottom far from the ridge. The \hat{h} values are indicated inside each panel.

364 stress, the cross-slope BBL Ekman transport

$$U_E = \int_{-H}^{-H+h_{bbl}} u \, dz \quad (18)$$

365 at the upper slopes $|x/a| < 0.5$, approaches zero within a short distance downstream on both sides
 366 of the ridge (Fig. 4). The resulting zonal divergence in Ekman transport drives a secondary cir-
 367 culation in the vertical plane (Fig. 5). This circulation, which has an upwelling/downwelling ten-
 368 dency on the cyclonic/anticyclonic side respectively will tend to accelerate the along-slope flow.
 369 Feedback of the secondary circulation into the interior along-slope flow was also reported by Benthuyssen
 370 et al. (2015) in their 2D simulations of flow past a shelf break. Note that in their case, the feed-
 371 back was purely temporal (as the simulations were 2D); here however, the secondary circulation
 372 will tend to induce a more complicated spatio-temporal feedback into the interior flow. On the
 373 cyclonic side, the upwelling BBL causes the isopycnals to squeeze together during the downstream
 374 adjustment (as seen, for e.g. in Fig. 2 of Jagannathan et al., 2021), which also has an accelerat-
 375 ing effect on the along-slope flow.

376 We plot the quasi-temporal evolution of the stress along the barotropic streamlines by defin-
 377 ing an advective time

$$T_{adv} = \frac{s - s_0}{V_0}. \quad (19)$$

378 Here s is the along-streamline distance measured from the inflow location $y = 0$, averaged across
 379 the barotropic streamlines shown in Fig. 1. Note that the averaging is performed separately on

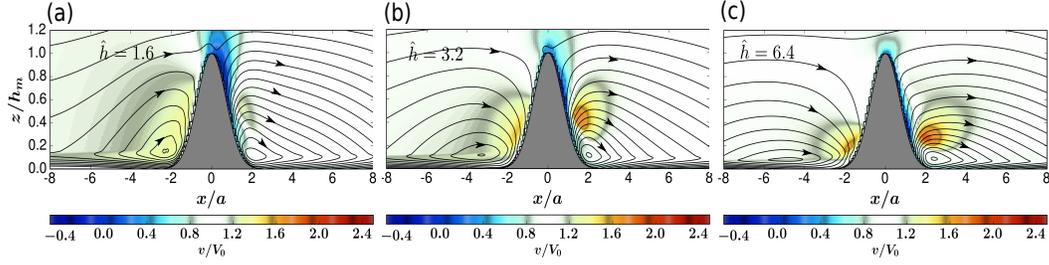


Figure 5. Time mean streamlines in the vertical plane of the flow-field obtained by averaging u and w over the straight section of the ridge $15 \leq y/a \leq 45$. Also displayed are contours of the normalized along-slope velocity v/V_0 . \hat{h} values are indicated inside each panel. Note that, as the real flow-field is three-dimensional, these streamlines are not true pathlines of the flow, rather they represent a 2D projection that gives a qualitative view of the secondary circulation above the ridge slopes.

each side of the ridge. s_0 is the value of s where the streamline intersects the ridge contour $h(x, y) = h_m \exp(-2)$. That is, the clock starts ticking where the mean streamline encounters the ridge and T_{adv} represents the transit time of the flow on the slopes. We use T_a^{NPV} and T_a^{UW} respectively to scale the advective time T_{adv} on the anticyclonic and cyclonic sides. Note that for all the values of \hat{h} considered here, T_a^{NPV} is significantly longer than T_a^{UW} . Figs. 3c,d show that the bottom stress slumps by an order of magnitude over $\mathcal{O}(1)$ arrest time scale (T_a^{NPV}) on the anticyclonic side and between $\mathcal{O}(1) - \mathcal{O}(10)$ arrest time scales on the cyclonic side. Plugging in $V_0 = 0.105 \text{ ms}^{-1}$, $u_0^{*2} = C_d^* V_0^2$, with $C_d^* = 0.0022$ (Sen et al., 2008; Arbic et al., 2009), and N and \hat{h} for each solution in Eqs. (13) and (17), we find that this corresponds to $\mathcal{O}(1)$ inertial periods on each side. As we shall show in section 4.2 in our analysis of the vertical shear equation Eq. (21), this initial rapid stress reduction is not due to buoyancy adjustment, but rather a consequence of 3D, non-linear straining effects when the flow first encounters the ridge.

The flow on the anticyclonic side develops a spatial instability mode which grows to finite amplitude downstream. This is manifested by the emergence of a banded pattern of small scale vortices in Fig. 1b. The instability begins further and further upstream for increasing values of \hat{h} . Below we will identify these as belonging to a general class of NPV instabilities. In the 2D simulations of Wenegrat and Thomas (2020), the flow continues to evolve toward an arrested state even after the onset of NPV instabilities. From Eq. (13), we would expect that this 2D arrest time scale T_a^{NPV} is approximately 7.8 inertial periods for the case $\hat{h} = 1.6$ and 4.3 inertial periods for $\hat{h} = 12.8$. The encounter time in our solutions is around 16 inertial periods on the anticyclonic side (Fig. 3c,d). Thus the 2D expectation of buoyancy adjustment (e.g. Fig. 16 of Wenegrat and

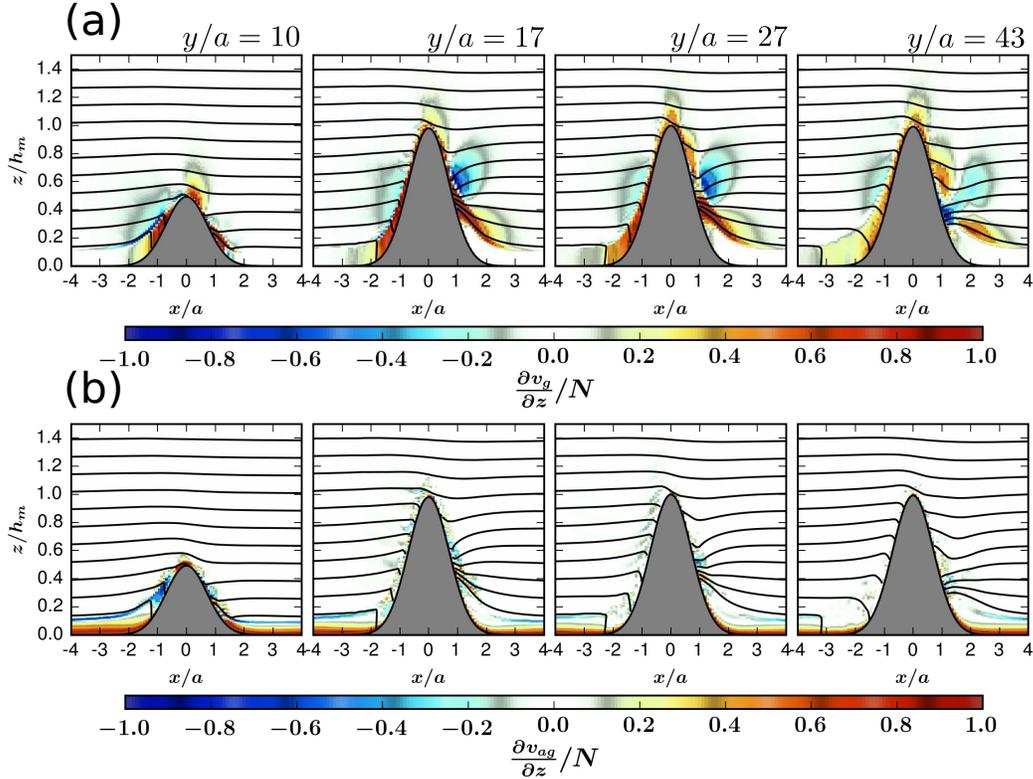


Figure 6. Downstream evolution of the time-averaged y component of the vertical shear overlain with the flow isopycnals (a) geostrophic vertical shear $\frac{\partial v_g}{\partial z}/N$ and (b) the ageostrophic shear $\frac{\partial v_{ag}}{\partial z}/N$ for the $\hat{h} = 3.2$ solution. The ridge centerline is at $y/a = 30.9$.

401 Thomas (2020)) is a monotonic decay of the bottom stress toward zero before the flow separates
 402 from the ridge. Yet in Fig. 3, the bottom stress exhibits a much slower decay than expected for
 403 $\hat{h} = 1.6$. For the two intermediate values of \hat{h} , there is a slight increase after the initial slump,
 404 followed by a plateauing of the stress. Likewise, the bottom stress on the cyclonic side plunges
 405 sharply during the initial encounter but starts to rebound to higher values over $\mathcal{O}(10)$ arrest time
 406 scales. The observations above are indicative of the fact that other 3D effects besides buoyancy
 407 adjustment exert a strong influence on bottom stress evolution, and hence turbulent bottom dis-
 408 sipation over topographic ridges. We will examine these in detail below.

409 4.2 Vertical Shear Balance and the Role of Strain

410 The theoretical state of Ekman arrest is characterized by collapse of the BBL on the slopes
 411 and the establishment of a deep boundary layer in a state of thermal wind balance. To assess the
 412 degree of arrest in our solutions, we decompose the time-averaged vertical shear \mathbf{u}_z into its geostrophic

and ageostrophic components,

$$\frac{\partial \mathbf{u}_g}{\partial z} = \frac{1}{\rho_0} \hat{\mathbf{z}} \times \nabla_H b, \quad (20a)$$

$$\frac{\partial \mathbf{u}_{ag}}{\partial z} = \frac{\partial \mathbf{u}_H}{\partial z} - \frac{\partial \mathbf{u}_g}{\partial z}, \quad (20b)$$

where it is recalled $b = -g\rho/\rho_0$ is the buoyancy, $\nabla_H b$ is its horizontal gradient and \mathbf{u}_H is the horizontal velocity vector. Note that the ageostrophic component here encompasses not only shear due to vertical mixing in the BBL but also that due to nonlinear advective effects such as strain (see Eq. (21) below).

In all our solutions, the along-slope component of the vertical shear $\partial v/\partial z$ is much larger than its cross-slope counterpart $\partial u/\partial z$. As such the along-slope component of vertical shear is also the quantity of interest in the downstream buoyancy adjustment problem. Fig. 6 is a representative plot of the time-averaged, vertical shear decomposition for the case $\hat{h} = 3.2$. Over the flat bottom ($|x/a| > 3$) the shear in the BBL is purely ageostrophic and is positive except near the pycnocline (see also Taylor & Sarkar, 2008). Shortly after the current-ridge encounter, at $y/a = 10$, both the geostrophic and ageostrophic components are significant. Furthermore, on the anticyclonic side, the two components are clearly seen to be opposite-signed, with the ageostrophic shear being negative. At $y/a = 17$ the geostrophic component is clearly dominant while the ageostrophic component has weakened drastically (Fig. 6). It continues to further weaken downstream, signalling approach toward a partially arrested state. Interestingly, the rightmost panel of this figure shows that the geostrophic shear itself has relatively weakened by $y/a = 43$. As we shall see in section 4.3 this reflects partial restratification of the BBL following the onset and growth of NPV instabilities.

Writing the squared vertical shear as $\|\mathbf{u}_z\|^2 = u_z^2 + v_z^2$, its Lagrangian evolution equation can be written as (Srinivasan et al., 2021)

$$\frac{1}{2} \frac{D\|\mathbf{u}_z\|^2}{Dt} = - \underbrace{\left[\underbrace{(u_z^2 u_x + v_z^2 v_y)}_{-\Lambda_h} + \underbrace{u_z v_z (u_y + v_x)}_{-\Lambda_v} + \|\mathbf{u}_z\|^2 w_z \right]}_{\Lambda_{nl}} - \underbrace{(b_x u_z + b_y v_z)}_{\Lambda_b} + \underbrace{D(\mathbf{u}_z)}_{\Lambda_{mix}}, \quad (21)$$

where $\Lambda_{nl} = \Lambda_h + \Lambda_v$ represents nonlinear horizontal and vertical straining effects, Λ_{mix} is the shear generation/destruction due to the combined effect of parameterized vertical momentum mixing and implicit horizontal hyperdiffusion, and Λ_b is the geostrophic production term. We plot the time-average of each of the tendency terms on the RHS of Eq. (21) for the three solutions $\hat{h} = 1.6, 3.2$ and 6.4 in Fig. 7. The terms are averaged across-slope and over the local BBL depth on the anticyclonic side. We do not show an equivalent plot for the cyclonic side as the flow there

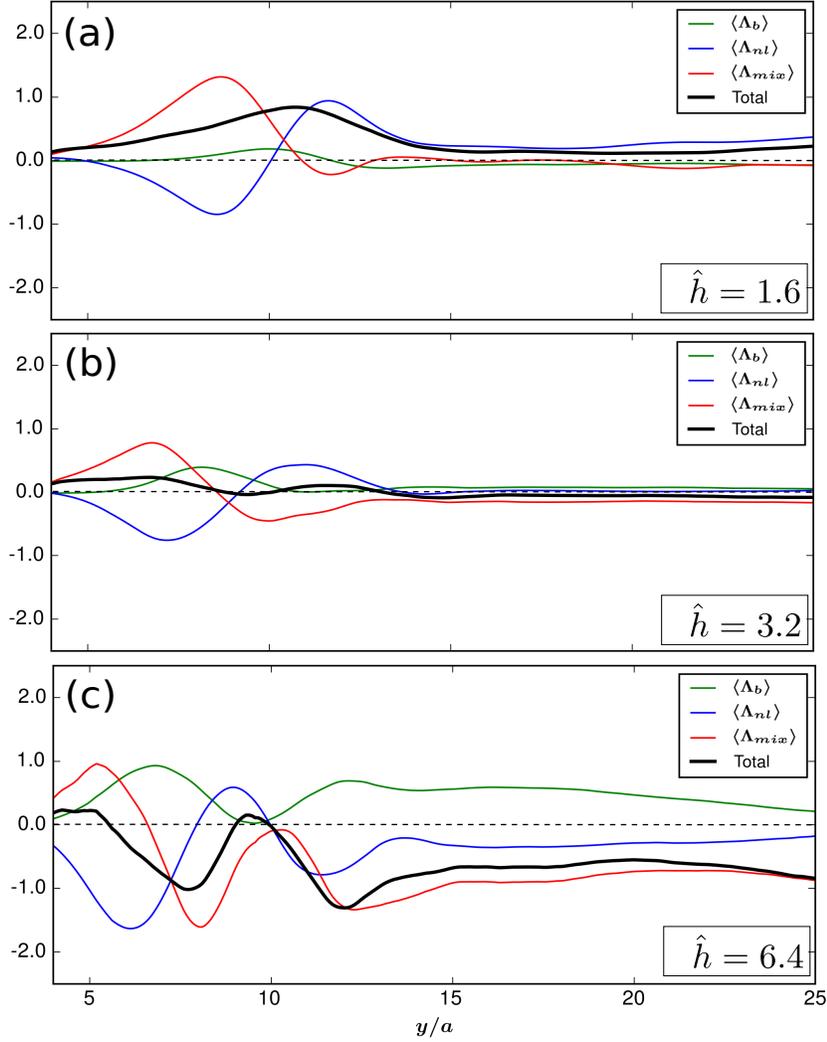


Figure 7. (Anticyclonic) Tendency terms of the time-averaged squared vertical shear equation Eq. (21) for (a) $\hat{h} = 1.6$, (b) $\hat{h} = 3.2$ and (c) $\hat{h} = 6.4$. Λ_{nl} represents nonlinear straining effects, Λ_{mix} is the shear generation/destruction due to the combined effect of parameterized vertical momentum mixing and implicit horizontal hyperdiffusion in ROMS, and Λ_b is the geostrophic production term. Each term is normalized by $NV_0^2 h_m^{-2}$ and averaged over the local BBL depth and in the across-slope direction. \hat{h} values are indicated inside each panel. The zero line is shown dashed for clarity.

441 separates early, and consequently there is no obvious trend to be discerned from examining Eq.
442 (21).

443 Eq. (21) by construction, obscures information regarding the sign of the vertical shear; its
444 virtue is that it is in the form of a Lagrangian evolution equation of a positive definite quantity
445 $\|\mathbf{u}_z\|^2$ whose tendency terms are conveniently partitioned into those associated with mixing, buoy-
446 ancy or nonlinear straining processes (note that the Coriolis term drops out). Useful insight can
447 thus be gained by tracking the downstream evolution of these terms alongside a visual inspec-
448 tion of the vertical shear decomposition itself. Compared to the depth integrated vertical shear
449 which can have significant cancellations when both positive and negative shear regions are present
450 (e.g. Fig. 6), the sign definiteness of $\|\mathbf{u}_z\|^2$ makes its depth integrated evolution relatively straight-
451 forward to interpret. Before the flow encounters the ridge, turbulent vertical mixing is the pri-
452 mary source of vertical shear generation in the BBL. This ageostrophic shear is neutralized by
453 nonlinear straining processes during the early flow adjustment over the topography. Examining
454 Fig. 6 alongside Fig. 7b one can infer that the negative ageostrophic shear over the anticyclonic
455 slopes at $y/a = 10$ comes largely from nonlinear straining effects Λ_{nl} . Buoyancy adjustment and
456 strain then combine to bring the flow downstream progressively closer to a state of geostrophic
457 balance. Downstream of $y/a \approx 12$, note that the total tendency remains slightly negative. This
458 is consistent with the observed reduction in the intensity of the geostrophic vertical shear at $y/a =$
459 43 (rightmost panel of Fig. 6).

460 Note that the peaks and troughs of all the tendency terms shift upstream with increasing
461 \hat{h} , reflecting faster adjustment times for higher \hat{h} (Eqs. (10), (13)). A comment on Fig. 7c which
462 shows the tendency terms for $\hat{h} = 6.4$: interestingly, the combined effect of Λ_{nl} and Λ_{mix} pro-
463 duces two prominent troughs in the total squared vertical shear tendency. The exact reason for
464 this pattern is not clear; however the relatively large negative value of the total tendency down-
465 stream of $y/a = 15$ is consistent with the expected strong restratifying effects in the BBL for high
466 \hat{h} (Allen & Newberger, 1996) which will tend to substantially weaken the geostrophic vertical
467 shear.

468 Strong nonlinear, 3D straining motions during the initial flow adjustment over the ridge thus
469 strongly influence the dynamics of buoyancy adjustment on the slopes. In particular, the strain
470 term neutralizes the ageostrophic BBL shear of the incident flow, and then acts in concert with
471 the geostrophic production term Λ_b to produce a more rapid initial stress reduction (Fig. 3c,d)
472 than predicted by 1D or 2D models where strain effects are absent. Note that this is a rather dif-

473 ferent phenomenological sequence compared to 1D models where buoyancy adjustment alone
 474 acts to convert ageostrophic shear to geostrophic shear.

475 **4.3 BBL instabilities, energetics and dissipation**

476 The conversion from ageostrophic to geostrophic vertical shear in the BBL is associated
 477 with an expanding region of negative PV. Figs. 8a,b show the evolution of the stratification and
 478 PV over the anticyclonic slope for the $\hat{h} = 3.2$ solution. A well-mixed BBL with potential vor-
 479 ticity $q \approx 0$ encounters the topography. The BBL is capped by a thin, strongly stratified pyc-
 480 ncline (c.f. Taylor & Sarkar, 2008) where both the stratification and PV are positive. The lower
 481 part of the BBL initially develops NPV due to convective overturning (Fig. 8b). The region of
 482 weak stratification deepens and the pycnocline is also eventually destroyed further downstream
 483 (Fig. 8a). As the geostrophic vertical shear is established, the NPV layer becomes increasingly
 484 deeper.

485 The $q < 0$ state is susceptible to instability, which can be categorized in different ways de-
 486 pending on the the dominant energy conversion terms (Wang et al., 2014; Thomas et al., 2013).
 487 Fig. 8c shows that the horizontal component $q_h \approx -v_z b_x$ partially contributes to the negative PV
 488 in the mixed layer, hinting at the possibility of symmetric instability (Thomas et al., 2013). To
 489 gain further insight into the nature of the instability here (visible as bands of instability on the
 490 anticyclonic side in the bottom row of Fig. 1), we compute the production terms of the eddy ki-
 491 netic energy (EKE) equation. Energy is transferred from the mean flow to the eddies through the
 492 vertical and horizontal Reynolds stress work, defined respectively as

$$VRS = -(\overline{u'w'u_z} + \overline{v'w'v_z}), \quad (22)$$

493 and

$$HRS = -(\overline{u'u'u_x} + \overline{u'v'u_y} + \overline{v'v'v_y} + \overline{u'v'v_x}), \quad (23)$$

494 where the overbar $\overline{(\cdot)}$ denotes a time average and primed quantities $(\cdot)'$ are perturbations about
 495 the average. Reversible exchange of available potential energy (APE) between the mean and eddy
 496 fields also occurs through the vertical buoyancy flux

$$VBF = \overline{w'b'}. \quad (24)$$

497 All the production terms are normalized by $C_d^* V_0^3$, a commonly used scaling (Sen et al., 2008;
 498 Arbic et al., 2009; Ruan, Wenegrat, & Gula, 2021) for energy dissipation within a flat bottom tur-
 499 bulent BBL with bottom stress $\rho_0 C_d^* V_0^2$, where C_d^* is again taken to be 0.0022. Fig. 9 shows that

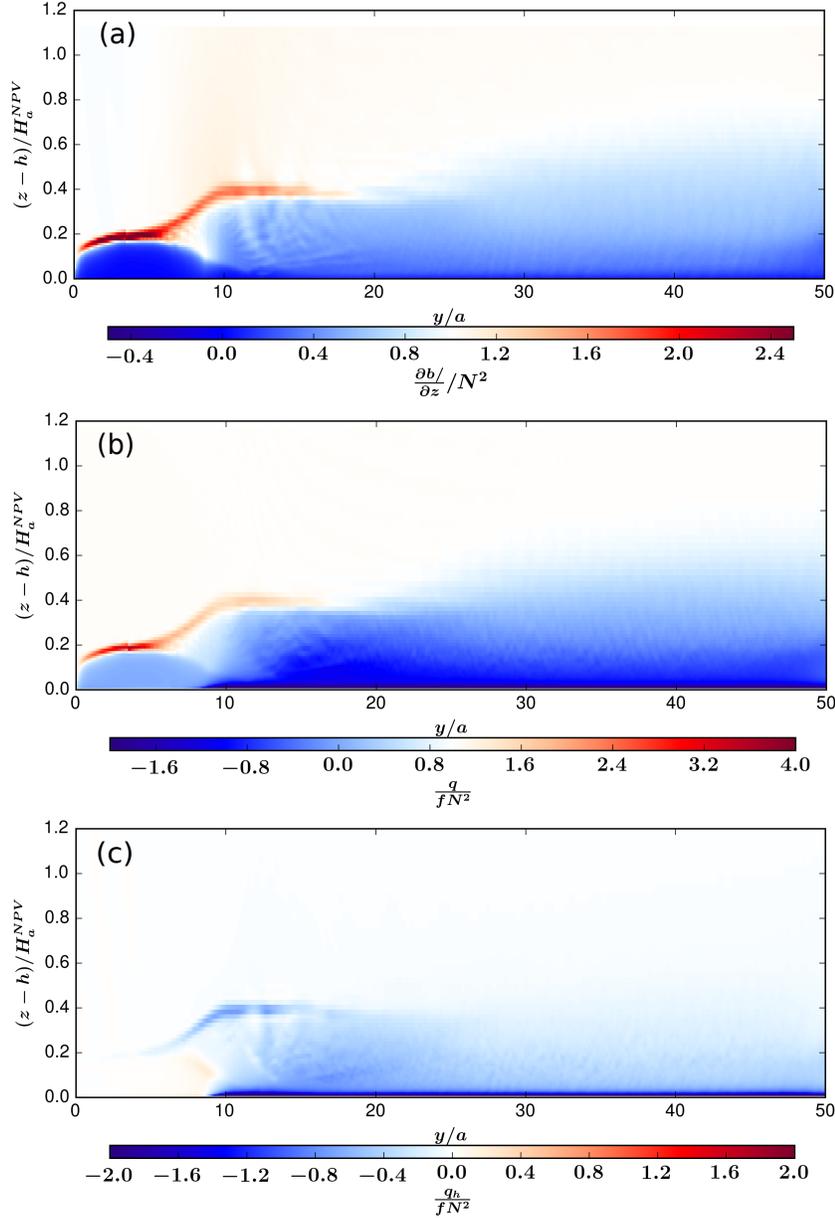


Figure 8. Downstream evolution of the time-averaged vertical buoyancy gradient and PV on the anticyclonic side for the $\hat{h} = 3.2$ solution. Over the ridge, each of the quantities is averaged across the slope and plotted as a function of height from the ridge bottom, normalized by H_a^{NPV} , the predicted value of NPV instability-modulated arrest height in Wenegrat and Thomas (2020) (Eq. (14)). On the flat bottom before the encounter, the color contours displayed are for the centerline $x/a = 0$ values. (a) $\partial b / \partial z$ normalized by the background squared Brunt Vaisala frequency N^2 . (b) Normalized potential vorticity q / fN^2 and (c) the horizontal component of potential vorticity q_h / fN^2 .

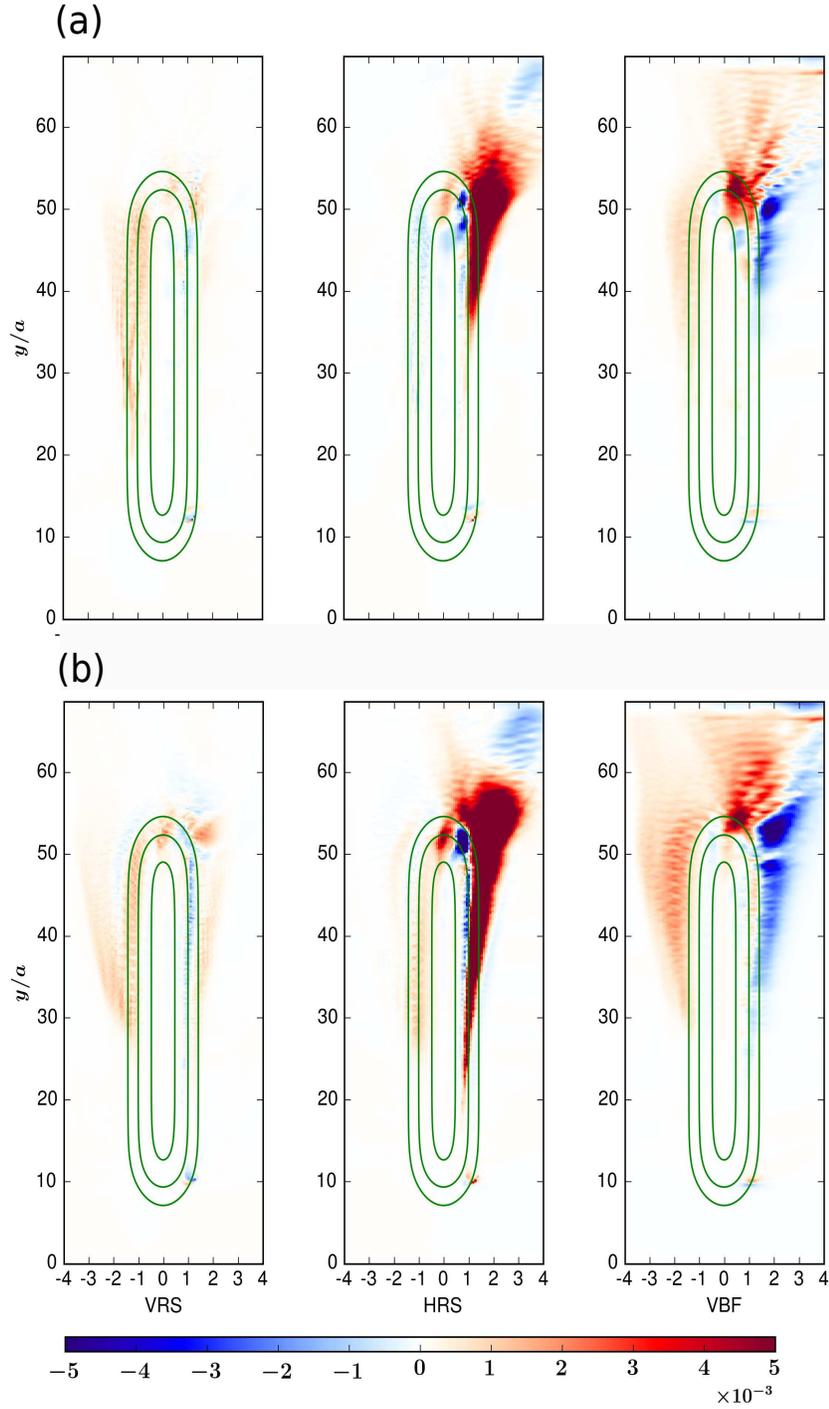


Figure 9. Time-averaged, vertically integrated EKE production terms (Eqs. (22), (23) and (24) for (a) $\hat{h} = 1.6$ and (b) $\hat{h} = 3.2$. A Gaussian filter has been applied to VBF to remove grid scale noise downstream of the ridge. All quantities are non-dimensionalized by $C_d^* V_0^3$, with $C_d^* = 0.0022$, and the colormap is saturated at 6×10^{-1} .

500 conversion of energy from the mean flow to the eddies on the anticyclonic side is accomplished
 501 primarily by VRS and VBF at $\hat{h} = 1.6$, and through a combination of VRS, HRS and VBF at $\hat{h} =$
 502 3.2. In the dynamical framework of Thomas et al. (2013) and Wenegrat and Thomas (2020), the
 503 former may be classified as a hybrid symmetric/gravitational instability and the latter a hybrid
 504 symmetric/centrifugal/gravitational instability. The instability tends to restratify the BBL, bring-
 505 ing the flow back toward a state of marginal stability $q \approx 0$ (Fig. 8b,c). VBF is primarily respon-
 506 sible for the restratification, converting available potential energy to EKE in the process. Note
 507 that the large VBF contribution well downstream of the ridge centerline may also indicate the
 508 presence of a hybrid baroclinic mode on the anticyclonic side. The restratification in the BBL
 509 and the corresponding reduction in the geostrophic vertical shear can be seen in the rightmost
 510 panel of Fig. 6a ($y/a = 43$). For the larger \hat{h} cases, partial restratification of the BBL following
 511 the onset NPV instabilities manifests as a net sink in the Lagrangian vertical shear equation (black
 512 line in Fig. 7c).

513 On the cyclonic side, EKE production is overwhelmingly from HRS, and is substantially
 514 more intense compared to the anticyclonic side. This is strongly indicative of a horizontal, in-
 515 flectional point instability of the mean flow, similar to that seen, for example, in submesoscale
 516 and BBL resolving simulations of topographic wakes in the Southwestern Pacific (Srinivasan et
 517 al., 2017). VBF, which acts as minor sink of EKE, represents conversion from EKE to available
 518 potential energy resulting from the upslope advection of buoyancy. Fig. 9 also shows that HRS
 519 conversion commences further upstream for the $\hat{h} = 3.2$ case compared to $\hat{h} = 1.6$. The onset
 520 of horizontal barotropic instability on the topographic slopes could partly explain why the strip
 521 of cyclonic vorticity generated through the Bottom Stress Divergence Torque (Jagannathan et al.,
 522 2021) detaches from the slopes further upstream compared to the anticyclonic side. As seen in
 523 Fig. 3b,d, for all \hat{h} considered, the early separation reverses the decaying trend of bottom stress
 524 on the cyclonic side, past $s/a \approx 20$ (where s is the along-streamline distance).

525 Note that in Fig. 9, VBF is qualitatively higher for $\hat{h} = 3.2$ when compared to $\hat{h} = 1.6$.
 526 However, Perfect et al. (2020a) found a decrease in the VBF term with increasing Burger num-
 527 ber (equivalently \hat{h} here) for their axisymmetric Gaussian ridge solutions. We hypothesize that
 528 this discrepancy is at least partially attributable to the geometry of the ridge considered here. The
 529 sloping BBL on the elongated ridge is likely more prone to buoyancy adjustment dynamics com-
 530 pared to the seamount solutions of Perfect et al. (2020a). This affects the VBF term in the fol-
 531 lowing ways - VBF is active during both the initial convective instability in the downwelling BBL
 532 on the anticyclonic side as well as the later restratification of the BBL, creating EKE at the ex-

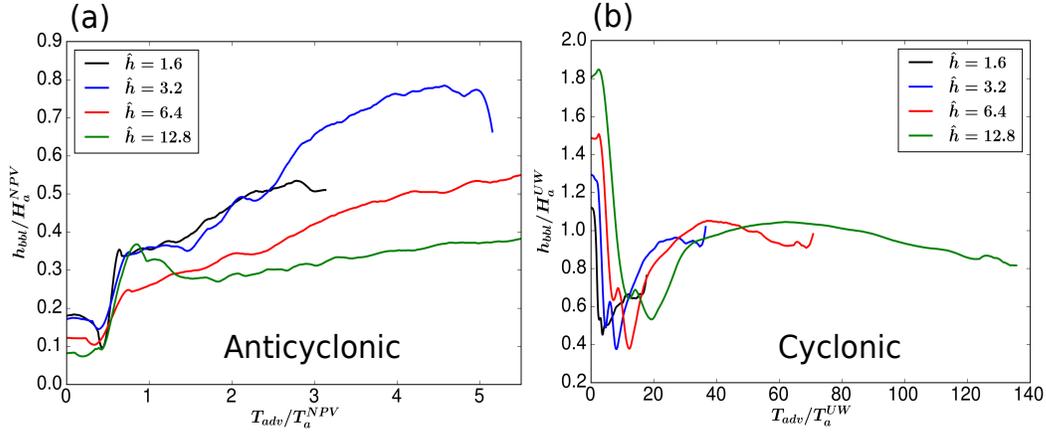


Figure 10. (a) Evolution of the cross-slope averaged BBL depth h_{bbl} as a function of the advective time T_{adv} . Recall that $T_{adv} = (s - s_0)/V_0$ is the along-streamline distance expressed as a time scale. (a) On the anticyclonic side, normalized by the Wenegrat and Thomas (2020) prediction for the arrest height (Eq. (14)) when NPV instabilities are active. (b) On the cyclonic side, normalized by the Brink and Lentz (2010a) prediction (Eq. (15)) for an upwelling Ekman layer

533 pence of APE. Likewise upslope buoyancy advection on the cyclonic side converts EKE to APE
 534 (and thus is a sink of APE). The magnitude of both these $EKE \longleftrightarrow APE$ conversions increases
 535 with N and thus with \hat{h} (which is varied in our simulations by changing N). We refer the reader
 536 to Umlauf et al. (2015) for further discussion of the energetics of BBL buoyancy adjustment.

537 As in the case of observations by Garabato et al. (2019) and solutions of Wenegrat and Thomas
 538 (2020), the BBL on the downwelling (anticyclonic) side remains substantially stratified in our
 539 solutions (Fig. 8a). Recall the definition of the BBL on the downwelling side as the height from
 540 the bottom where the stratification first exceeds $1.1N^2\hat{h}^2/(1+\hat{h}^2)$ (see section 4.1). In Fig. 10a
 541 we show the downstream evolution of the across-slope averaged BBL thickness h_{bbl} on the an-
 542 ticyclonic side. The values are non-dimensionalized using the predicted value of NPV instability-
 543 modulated arrest height in Wenegrat and Thomas (2020) (Eq. (14)). The BBL deepens down-
 544 stream as the flow evolves along the slopes, but in all cases, its depth is less than the predicted
 545 value when the current separates off the slopes. On the cyclonic side, the stabilizing effect of up-
 546 slope buoyancy advection is expected to shrink the boundary layer thickness, relative to the up-
 547 stream flat-bottom value (Brink & Lentz, 2010a). Fig. 10b shows that h_{bbl} decreases sharply dur-
 548 ing the initial encounter, even beyond the value predicted in Brink and Lentz (2010a). Further
 549 downstream, h_{bbl} slowly approaches H_a^{UW} . However, as noted earlier, the separation of the cur-

550 rent from the slopes and the slow increase observed in the bottom stress (Fig. 3b,d) are indica-
 551 tive of the BBL not being fully arrested.

552 The loss of energy due to dissipation can be partitioned into that from the mean kinetic en-
 553 ergy (MKE) of the parameterized BBL turbulence, $\bar{\epsilon}$, and that due to the forward cascade initi-
 554 ated by the ageostrophic instabilities, ϵ' . Recall that eddy dissipation in ROMS occurs through
 555 both the parameterized vertical Reynolds stress $\boldsymbol{\tau}_z$ as well as a horizontal hyperdiffusion term that
 556 is implicit in the third order upwind biased scheme for computing horizontal advection. To quan-
 557 tify the influence of the topography on dissipation, $\bar{\epsilon}$ and ϵ' are defined here as area averages over
 558 the sloping sides of the ridge. For example on the anticyclonic side,

$$\bar{\epsilon} = \frac{\iint_A \int_{-H}^{-H+h_{bbl}} \bar{\mathbf{u}} \cdot (\overline{\boldsymbol{\tau}_z} + \overline{\mathcal{D}_H \mathbf{u}}) dz dy dx}{\iint_A dy dx} \quad (25a)$$

$$\epsilon' = \frac{\int_{-\infty}^0 \int_{-\infty}^{\infty} \int_{-H}^{\eta} \mathbf{u}' \cdot (\boldsymbol{\tau}'_z + \mathcal{D}_H \mathbf{u}') dz dy dx}{\iint_A dy dx}, \quad (25b)$$

560 where η is the sea surface elevation, \mathcal{D}_H denotes the horizontal hyperdiffusion term on the RHS
 561 of the horizontal momentum equations. A is the region bounded by the y -axis and some low-level
 562 bathymetric contour, here taken to be the contour on which the ridge height decays to $\exp(-2)$
 563 of its maximum value h_m ,

$$A = \{x, y | x \leq 0; h(x, y) > h_m \exp(-2)\}, \quad (26)$$

564 The dissipation fractions $\bar{\epsilon}$ and ϵ' and slope region A are defined analogously for the cyclonic side.

565 Eq. (25a) represents the area-averaged MKE dissipation from the BBL over the sloping
 566 sides of the ridge. The ‘slope effect’ on BBL dissipation is visible when we plot $\bar{\epsilon}$ normalized
 567 by $C_d^* V_0^3$ (Fig. 11a) for each \hat{h} solution. For $\hat{h} = 1.6$, the dissipation rate of MKE on the anticy-
 568 clonic side is around 75% of that expected from the flat-bottom scaling $C_d^* V_0^3$, reflective of mod-
 569 erate bottom stress reduction. As \hat{h} increases, the normalized $\bar{\epsilon}$ decreases, falling to as low as 0.1
 570 for $\hat{h} = 12.8$. The diminished $\bar{\epsilon}$ is indicative of partial arrest of the BBL.

571 The numerator of Eq. (25b) is the volume integral of the EKE dissipation over the total fluid
 572 volume on the anticyclonic side and not just within the BBL as is the case in Eq. (25a). This choice
 573 reflects the fact that the instabilities spawned on the slopes give rise to eddies which generally
 574 dissipate over a broad wake region rather than locally (c.f. Srinivasan et al., 2021). Dividing the
 575 total eddy-induced dissipation by $\iint_A dy dx$ thus specifically captures the effect of the slope-current
 576 encounter on energy dissipation. That is, it tells us how much EKE dissipation occurs as a result
 577 of slope-current interactions over a unit area on the anticyclonic side of the ridge. Wenegrat and

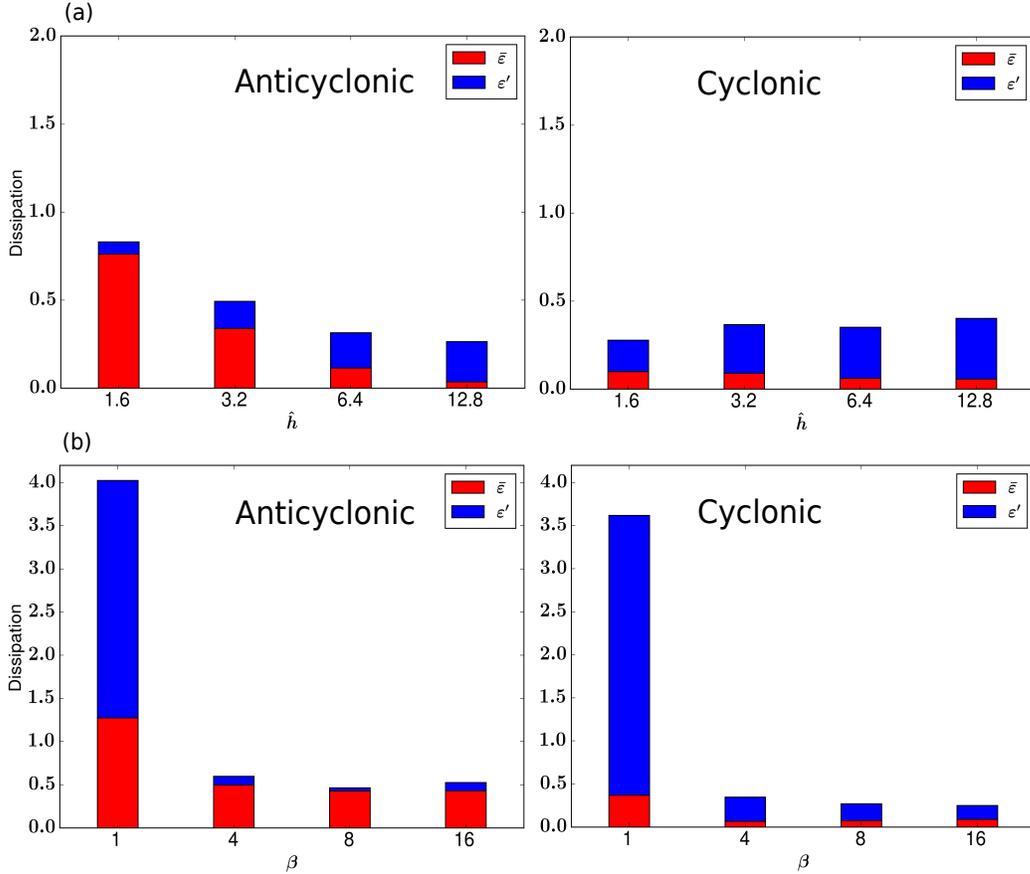


Figure 11. Barplot showing separate contributions of $\bar{\epsilon}$ and ϵ' , defined in Eqs. (25a) and (25b), to the energy dissipation on each side of the ridge. The integrals have been normalized by $C_d^* V_0^3$ with $C_d^* = 0.0022$, the usual scaling for the depth integrated dissipation rate in a turbulent BBL with far-field velocity V_0 (Sen et al., 2008; Arbic et al., 2009). (a) Elongated ridge with varying \hat{h} and (b) Elliptical ridge at fixed $\hat{h} = 3.2$ and varying lateral aspect ratio $\beta = b/a$.

578 Thomas (2020) predicted using theoretical scalings that in a 2D downwelling BBL undergoing
 579 arrest, NPV instabilities offset exactly half of the *reduction* in the energy dissipation caused by
 580 Ekman arrest. Here we find that ϵ' on the anticyclonic side increases from around 0.05 at $\hat{h} =$
 581 1.6 to around 0.2 at $\hat{h} = 12.8$. Thus while dissipation due to SI/CI amounts to between 5% and
 582 20% of the expected flat-bottom BBL dissipation, it is nevertheless considerably smaller in our
 583 solutions compared to the Wenegrat and Thomas (2020) scaling.

584 On the cyclonic side, $\bar{\epsilon}$ is below 0.1 for all \hat{h} while ϵ' is around 0.3 at the largest \hat{h} . Thus
 585 dissipation resulting from the horizontal inflectional point instability outstrips that due to the bot-
 586 tom drag for all but the lowest \hat{h} considered. In conclusion, on both sides of the ridge, EKE dis-

587 sipation compensates a fraction of the reduction in dissipation resulting from partial arrest of the
 588 turbulent BBL on the slopes — between 5% and 20% on the anticyclonic side and up to 30% on
 589 the cyclonic side, depending on the value of \hat{h} . Note that Fig. 11b shows the same fractional con-
 590 tributions to total dissipation, but for an elliptical ridge with varying lateral aspect ratio $\beta = b/a$,
 591 where a and b are respectively the half-length and half-width in the along- and cross-stream di-
 592 rections. These solutions will be discussed in detail in section 5.

593 An interesting question concerns the connection between form drag and wake dissipation,
 594 an issue recently explored by Puthan et al. (2022a) for tidally modulated topographic wakes. The
 595 form drag is a natural quantity in an integrated momentum balance and is defined as the decel-
 596 erating force experienced by the barotropic flow due to the presence of topography $h(x, y)$. For
 597 the barotropic inflow $\mathbf{u} = V_0 \hat{\mathbf{y}}$ ($\hat{\mathbf{y}}$ being the unit vector in the y direction) in our ridge configura-
 598 tion, it is given by the expression

$$\mathcal{F}_D = \int_{-\infty}^{+\infty} \int_{-\infty}^{+\infty} p_b \frac{\partial h}{\partial y} dy dx = \int_{-\infty}^{+\infty} \int_{-\infty}^{+\infty} h \frac{\partial p_b}{\partial y} dy dx, \quad (27)$$

599 where p_b denotes the pressure at the bottom. Note that form drag as such cannot do any work
 600 on the fluid flow in a volume integral sense because of the no-normal-flow condition on solid bound-
 601 aries which renders the $p\mathbf{u} \cdot \hat{\mathbf{n}}$ term in the volume-integrated energy equation, uniformly zero. How-
 602 ever, as demonstrated in MacCready et al. (2003), form drag can, and does effect energy exchanges
 603 between the free stream and local flow near topography, which manifests as lee waves, eddies
 604 and dissipation. Table 1 shows the rate of work done by the time-averaged form drag $\overline{\mathcal{F}_D} V_0$ and
 605 the volume-integrated dissipation rate associated with the eddying flow along the slopes and in
 606 the wake region. Both these quantities are given in dimensional form for each of the \hat{h} values con-
 607 sidered. Dissipation comprises a small fraction of energy conversion by form drag. Since lee waves
 608 are negligible in these high \hat{h} flows, our interpretation of this result is that the bulk of the work
 609 done by form drag is mainly expended on transferring energy from the incident flow V_0 to both
 610 the time mean and fluctuating components of the circulation around the ridge. The latter com-
 611 prises eddies arising from NPV instabilities as well as flow separation, which advect downstream,
 612 manifesting as coherent wake vortices. The dissipation rate increases with \hat{h} , consistent with the
 613 findings in Srinivasan et al. (2021). We remark that in the presence of tides, there is an impor-
 614 tant subtlety in the interpretation of form-drag-work. Considering a background flow $V_b = V_c +$
 615 $V_t \sin \Omega_t t$, where V_c is the current speed, V_t the tidal flow amplitude and ω_t its frequency, Puthan
 616 et al. (2022a) note that the work expended by the time-averaged form drag $\overline{\mathcal{F}_D} V_c$ is distinct from
 617 the quantity $\overline{\mathcal{F}_D} V_b$ which includes energy conversion from the tides.

Table 1. Rate of work done by form drag on topography, $\mathcal{F}_D V_0$ along with corresponding volume integrated dissipation rate of TKE in the wake $\iiint_V \rho_0 \varepsilon' dV$, where $\varepsilon' = \overline{\mathbf{u}' \cdot (\boldsymbol{\tau}'_z + \mathcal{D}_H \mathbf{u}')}$ is the component of energy dissipation associated with the eddying flow in the wake, \mathcal{D}_H being the implicit horizontal hyperviscous operator in ROMS.

\hat{h}	$\mathcal{F}_D V_0 (MW)$	$\iiint_V \varepsilon' dV (MW)$
1.6	7.8	0.63
3.2	7.41	1.09
6.4	6.87	1.26
12.8	6.05	1.46

618 A caveat to the above observations regarding NPV and dissipation concerns the horizon-
619 tal resolution used (300 m). Note that locally, we can estimate the horizontal scale of symmet-
620 ric instability modes from Taylor and Ferrari (2009) as

$$L = h_{bbl} / \theta_{iso}, \quad (28)$$

621 where θ_{iso} is the isopycnal slope within the BBL. In Fig. 12, we display the absolute values of
622 the isopycnal slope on the anticyclonic side for the case $\hat{h} = 3.2$. Note that at $y/a = 27$, which
623 is around where the NPV instabilities become prominent in snapshots of integrated vorticity (Fig.
624 1), $|\theta_{iso}|$ in the BBL is largely in the range of 0.1 or less, except very near the bottom where it
625 approaches unity. The isopycnal slopes are very similar for the other \hat{h} and hence not shown.

626 Substituting the values of V_0 , \hat{h} and N for our runs in Eq. 14 gives theoretical arrest heights
627 ranging from ≈ 220 m for $\hat{h} = 1.6$, to ≈ 160 m for the $\hat{h} = 12.8$. From inspection of Fig. 10,
628 this gives values of h_{bbl} before separation from the ridge, of around 165 m for $\hat{h} = 1.6$, 65 m for
629 $\hat{h} = 12.8$ and around 90 m for each of the cases $\hat{h} = 3.2$ and 6.4. From Eq. (28), this implies a
630 horizontal scale of the symmetric instability mode $L \approx 1650$ m for $\hat{h} = 1.6$, 900 m for $\hat{h} = 3.2$
631 and 6.4 and 650 m for the largest \hat{h} of 12.8 considered here. Thus with a horizontal resolution
632 of 300 m, our simulations capture the onset of symmetric instability, but do not resolve their evo-
633 lution to finite amplitude and subsequent equilibration via secondary Kelvin-Helmholtz insta-
634 bility (Taylor & Ferrari, 2009). Consequently it is likely that the dissipation rates obtained here
635 underestimate the true rate of energy dissipation in hybrid NPV, particularly for large \hat{h} .

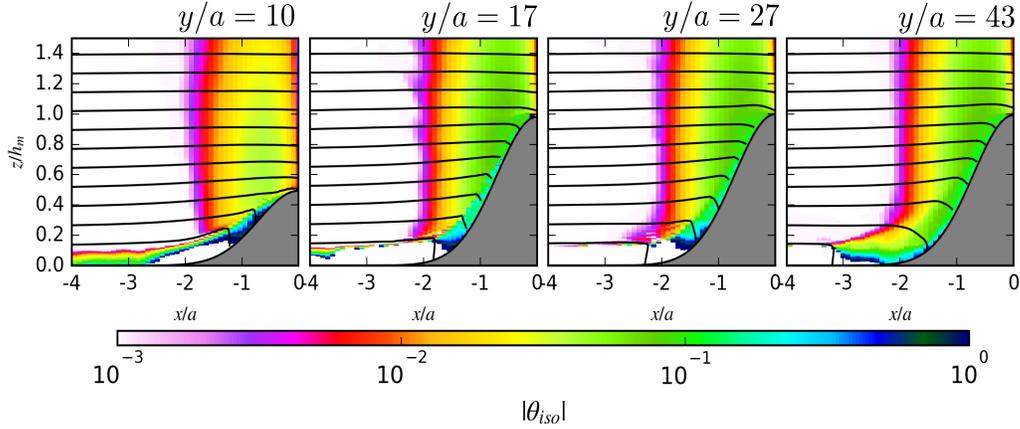


Figure 12. Downstream evolution of the time-averaged isopycnal slope $|\theta_{iso}|$ on the anticyclonic (downwelling) side where symmetric instability modes are present, for the $\hat{h} = 3.2$ solution. Also overlain are the mean flow isopycnals. Note that, except very close to the boundary, $|\theta_{iso}|$ is largely $\mathcal{O}(0.1)$ or smaller adjacent to the ridge slope.

5 The effect of ridge curvature

The elongated ridge (Fig. 1) was specifically chosen for this study as it represents a particularly favorable configuration for observing 1D-like buoyancy adjustment in a 3D setting. With curvature and/or shorter ridge length, the evolution to Ekman arrest is expected to be vitiated by vortical dynamics and agesotrophic instabilities. To demonstrate how this may happen, we have performed additional simulations for elliptical ridges with varying lateral aspect ratio $\beta = b/a$, where a and b are respectively, the cross-flow and along-flow dimensions of the ridge. \hat{h} is set to 3.2 in all these runs. This value of \hat{h} is comparable to the observed value of $\hat{h} (\approx 3)$ over the seamounts of the Tokara strait lying in the path of the Kuroshio current (Nagai et al., 2021). Fig. 13 shows the time-averaged bottom stress and instantaneous snapshots of integrated vorticity for three cases corresponding to $\beta = 1, 4$ and 16. Compared to the elongated ridge (Fig. 1), the bottom stress here exhibits less of a systematic downstream pattern; rather stress reduction is patchy and spatially intermittent. As also seen in the former, bottom stress divergence torque (Jagannathan et al., 2021) acting on the slopes, generates vorticity, which upon flow separation leads to the emergence of highly coherent vortical wakes.

As we shall see below, for small-to-moderate aspect ratios β , the NPV instability on the anticyclonic side is dominated by centrifugal rather than symmetric modes, i.e. the NPV comes mainly from the vertical component of PV, $q_v = (\zeta + f)b_z$, where ζ is the relative vertical vor-

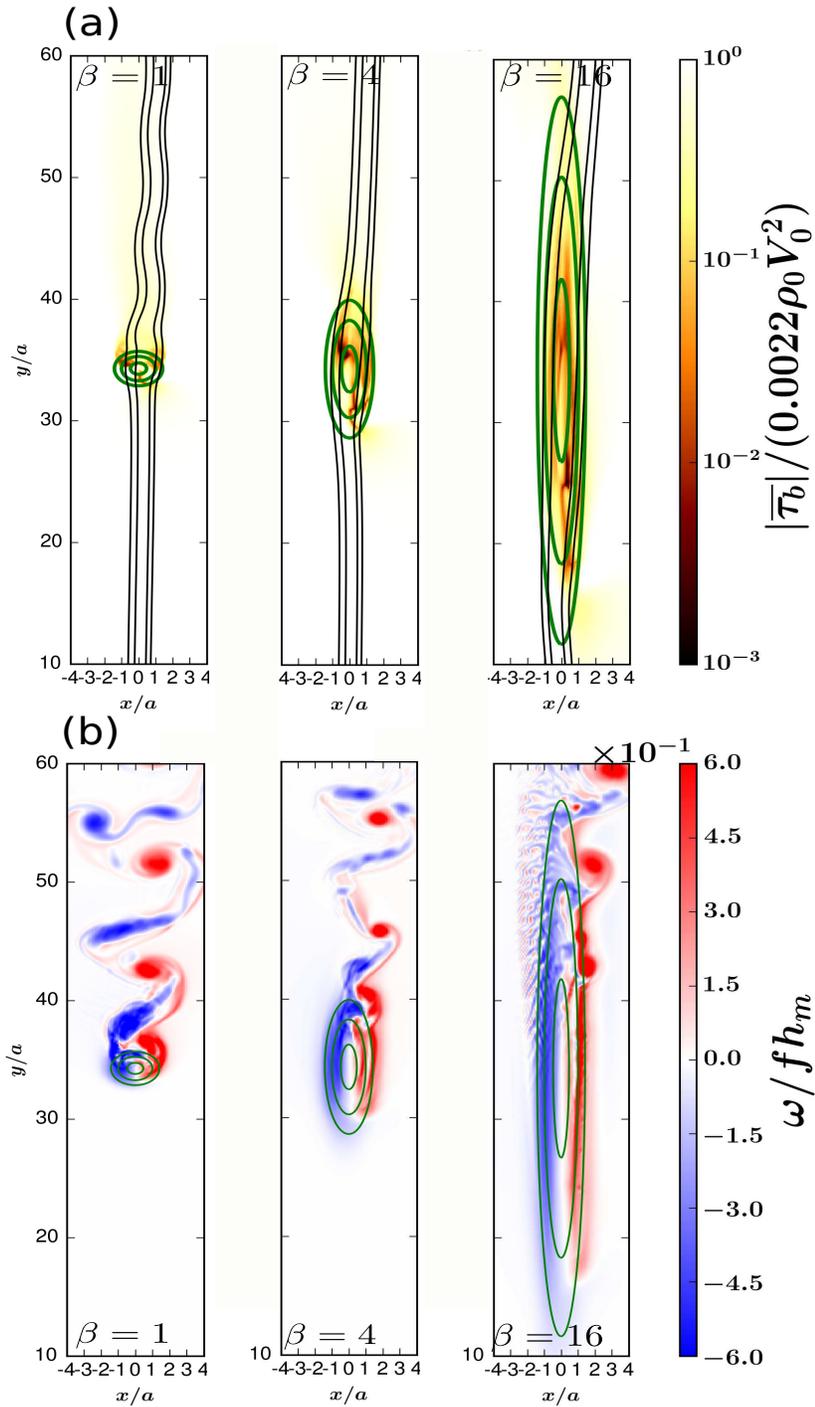


Figure 13. Same as Fig. 1 but for elliptical shaped ridges with varying aspect ratio β , at a fixed $\hat{h} = 3.2$. Note that the small scale eddy structures on the anticyclonic side for $\beta = 16$ case mirror similar structures seen in the case of the elongated ridge (Fig. 1)

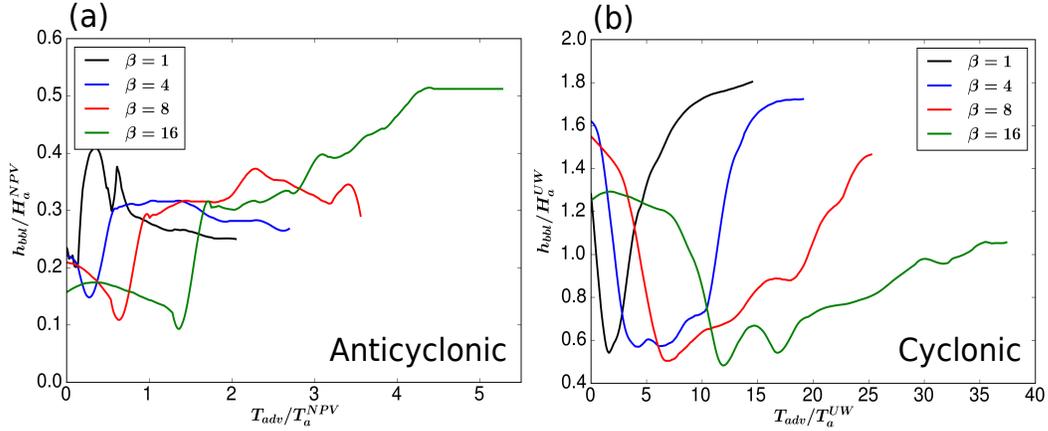


Figure 14. Same as Fig. 10 but for the elliptical ridge solutions. (a) Anticyclonic side and (b) Cyclonic side.

654 ticity. For this reason, the symmetric instability criterion of Allen and Newberger (1996) is not
 655 the most appropriate choice for defining the BBL height for the elliptical ridge solutions. To en-
 656 able consistent comparison between the different β cases, we instead define the BBL height here
 657 as the depth over which the stratification is smaller than N^2 . The downstream evolution of the
 658 BBL height is shown in Fig. 14. For a circular ridge ($\beta = 1$), the encounter time along the slopes
 659 is insufficient for sustained buoyancy adjustment to occur. For $\beta = 4$ and higher, the BBL on
 660 the anticyclonic side deepens downstream following a sharp contraction during the initial encounter
 661 with the ridge. The deepening BBL is evidence of convective mixing, similar to what occurs over
 662 the elongated ridge (Fig. 10); this is particularly evident for the $\beta = 16$ case. On the cyclonic
 663 side, the evolution of the BBL is similar in most respects to that observed over the elongated ridge
 664 (Fig. 3). The BBL height shrinks on the slopes due to the stabilizing effect of upslope Ekman
 665 transport as predicted in Brink and Lentz (2010a) and seen in Fig. 10 above. In all cases the BBL
 666 subsequently rebounds toward its pre-encounter height.

667 A notable aspect of these solutions concerns the EKE production and dissipation on the
 668 anticyclonic side. Fig. 15 reveals that the energy conversion terms are an order of magnitude larger
 669 in the case of $\beta = 1$ compared to $\beta = 16$. Focussing on the anticyclonic side, EKE production
 670 for $\beta = 1$ is predominantly due to HRS and occurs downstream of the ridge. Combined with the
 671 fact that the anticyclonic eddies are associated with NPV anomalies, this is indicative of centrifugal
 672 instability. By contrast, for $\beta = 16$, energy transfer from the mean flow to the eddies occurs
 673 through a combination of HRS, VRS and VBF. Furthermore, VRS production in this case begins

674 on the slopes (Fig. 15), indicating that the instability emerges even as the BBL is evolving on the
 675 slopes. We identify this as a hybrid centrifugal/symmetric/gravitational mode of instability, sim-
 676 ilar to that seen in the $\hat{h} = 3.2$ elongated ridge solution (Figs. 1,9). This hybrid mode is charac-
 677 terized by a smaller horizontal scale than the $\beta = 1$ solution, as is visually evident (e.g. in Fig.
 678 13).

679 A direct consequence of the shifting EKE production patterns on the anticyclonic side is on
 680 the zonally, and depth integrated dissipation rate of EKE $\int_{-\infty}^0 \int_{-H}^{\eta} \overline{\mathbf{u}' \cdot (\boldsymbol{\tau}'_z + \mathcal{D}\mathbf{u}')}$ dzdx. As a func-
 681 tion of aspect ratio, Fig. 16b shows that energy dissipation is highest for $\beta = 1$, decreases as β
 682 increases through to 8, and again increases for $\beta = 16$. For comparison, we note that the EKE
 683 dissipation rate in the elongated ridge solutions (Fig. 16a) exhibits a monotonic increasing trend
 684 with \hat{h} . We may interpret the trend in EKE dissipation observed in Fig. 16b using the EKE pro-
 685 duction terms shown in Fig. 15. Increasing the aspect ratio of the ridge from $\beta = 1$ to 8, there
 686 is a transition from a highly dissipative centrifugal instability to a more modestly dissipative one.
 687 As the curvature decreases further (or the encounter length increases), there is more time for buoy-
 688 ancy adjustment to occur on the slopes. The resulting increase in the geostrophic vertical shear
 689 renders the flow unstable to a hybrid centrifugal/symmetric/gravitational mode which enhances
 690 turbulent dissipation. A related recent finding of interest (Chor et al., 2022) is that centrifugally
 691 dominated NPVs tend to have higher mixing efficiency, both instantaneous as well as cumula-
 692 tive, compared to symmetrically dominated NPVs.

693 Notably, Fig. 16b shows that for all values of β considered, elevated levels of turbulent dis-
 694 sipation persist downstream over $\mathcal{O}(10)$ ridge width (a) scales. We note that this is consistent with
 695 recent turbulence microstructure measurements of Nagai et al. (2021) that reveal long persisting
 696 (≈ 100 km wide) subsurface turbulence in the seamount wakes of the Tokara strait, whose ori-
 697 gins the authors largely trace to NPV instabilities triggered by the flow of the Kuroshio past the
 698 steep seamount slopes.

699 The overall contribution of ε' to the total energy dissipation is highest for the circular ridge
 700 (Fig. 11b). The normalized total dissipation rate in this case is over 3.5 in an area-averaged sense,
 701 with bottom drag dissipation $\bar{\varepsilon}$ around 1.3 and 0.4 respectively on the anticyclonic and cyclonic
 702 sides — an indication that buoyancy adjustment effects are small. The bottom drag dissipation
 703 on the anticyclonic side is around 0.5 for $\beta = 4$ and higher and the total dissipation rate itself
 704 also remains below 1. This is roughly in line with the recent findings of Ruan, Wenegrat, and Gula
 705 (2021) who find that geostrophic shear in the BBL reduces energy dissipation by at least 56%

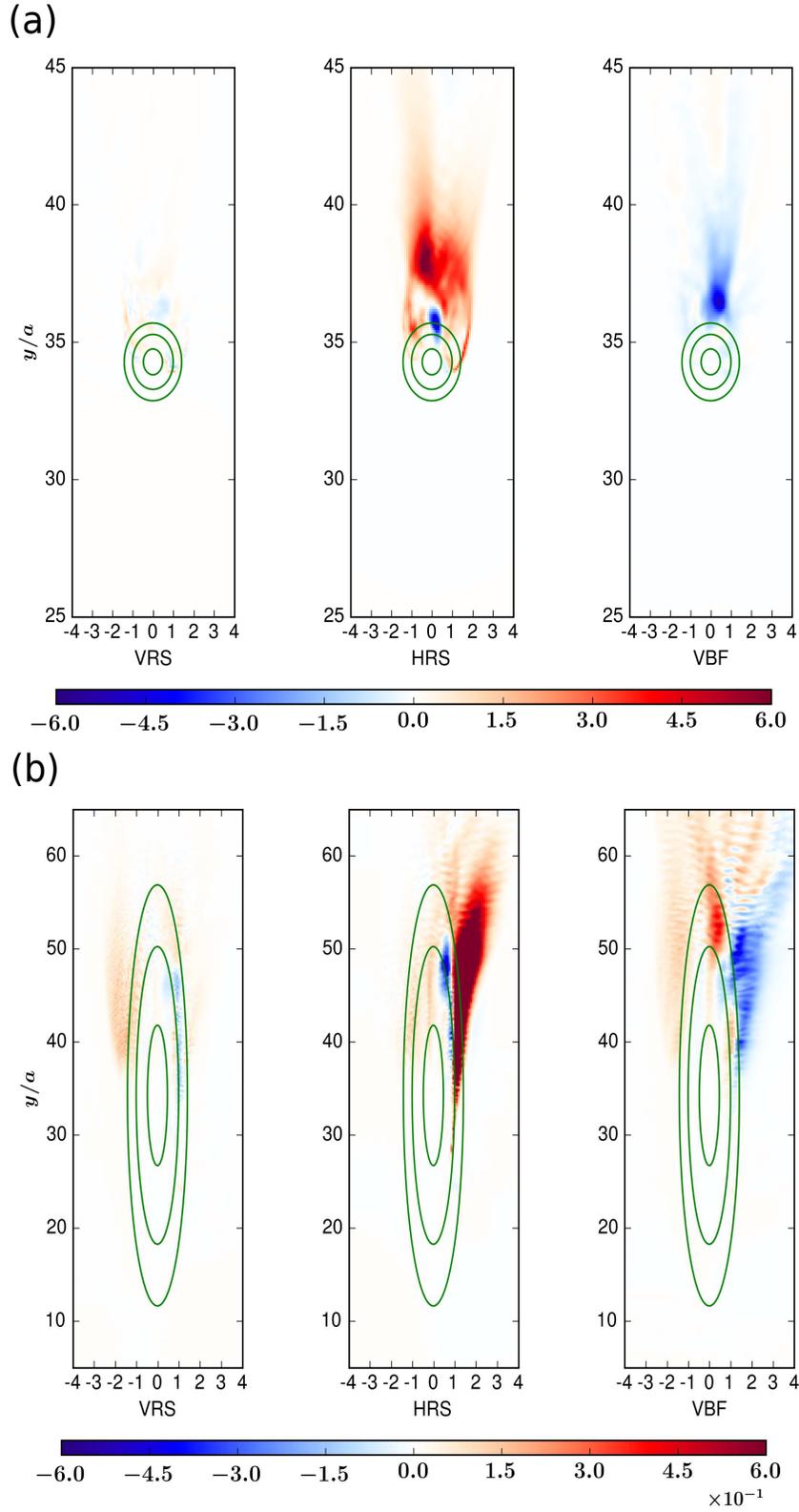


Figure 15. Same as Fig. 9 but for the elliptical ridge solutions. (a) $\beta = 1$ and $\beta = 16$. The EKE production is much higher for $\beta = 1$; accordingly the colomap is saturated at 5×10^{-2} in (a) and 5×10^{-3} in (b).

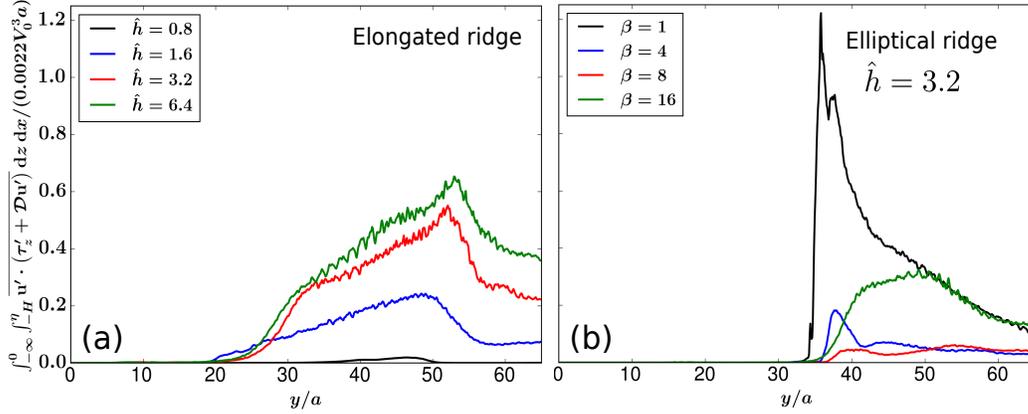


Figure 16. Downstream evolution of the zonally, and depth integrated dissipation rate

$\int_{-\infty}^0 \int_{-H}^{\eta} \overline{\mathbf{u}' \cdot (\boldsymbol{\tau}'_z + \mathcal{D}_H \mathbf{u}') dz dx}$ of EKE corresponding to the eddying flow component on the anticyclonic side. (a) elongated ridge solutions at different values of \hat{h} and (b) elliptical ridge solutions with varying β , at a fixed value of $\hat{h} = 3.2$. The values have been normalized by $C_d^* V_0^3 a$ with $C_d^* = 0.0022$, the expected dissipation rate within a turbulent BBL over a horizontal width a .

706 in a high-resolution model of the Atlantic. On the cyclonic side, the total dissipation rate ranges
 707 between 0.28 and 0.35 as β goes from 4 to 16 (Fig. 11b), energy loss due to bottom drag is dimin-
 708 ished by as much as 90% relative to the flat bottom scaling and ϵ' comprises a much larger frac-
 709 tion of the total dissipation compared to the anticyclonic side.

6 Discussion

6.1 Temporal Vs spatial evolution of buoyancy adjustment

712 We have examined the process of bottom stress reduction and buoyancy adjustment within
 713 the BBL in a 3D setting of barotropic inflow encountering an elongated ridge. While the details
 714 of the ridge geometry and setup here may not be exactly representative of known oceanic flows,
 715 the rationale for choosing an elongated ridge is that it allows longer downstream/along-slope evo-
 716 lution of the BBL (before flow separation). So this is a natural configuration in which to inves-
 717 tigate the question, ‘how does the spatio-temporal BBL evolution and in particular, the buoyancy
 718 adjustment process in 3D, depart from the 1D expectation?’. Furthermore, the setup is general
 719 enough that our solutions and analysis can provide insight into the evolution of the BBL wher-
 720 ever boundary currents flow past continental shelf slopes, such as in the southwestern Pacific ex-
 721 ample discussed in section 2.2.).

722 In section 4.1, we analyzed the quasi-temporal evolution of the bottom stress along the slopes
 723 by defining an advective time scale T_{adv} and scaling this with T_a^{NPV} and T_a^{UW} . The implicit as-
 724 sumption behind this scaling was an approximate equivalence between the downstream evolu-
 725 tion of the BBL along the ridge slopes, and temporal evolution in 1D and 2D (as in Brink & Lentz,
 726 2010a; Wenegrat & Thomas, 2020). Using an idealized theoretical model with a linear bottom
 727 drag, Chapman and Lentz (1997) found that although this assumption does not strictly hold in
 728 the case of initially narrow currents, the evolution of a wide current over a sloping bottom is es-
 729 sentially 1D downstream, with along-isobath distance playing the role of time. Here we find that
 730 non-linear straining effects during the current-topographic encounter results in a rapid initial ad-
 731 justment of the BBL and significant stress reduction over advective times $T_{adv} < T_a^{NPV}$ (Fig. 3c
 732 and Fig. 7). Further, the quadratic bottom drag in our simulations, instabilities, secondary cir-
 733 culations, and early flow separation (on the cyclonic side) mean that the evolution of the BBL
 734 in the downstream direction departs considerably from the expectation of quasi-temporal 1D evo-
 735 lution of Chapman and Lentz (1997).

736 6.2 Sensitivity to choice of BBL parameterization

737 Much of the previous work exploring buoyancy adjustment over slopes have utilized ei-
 738 ther a $k - \epsilon$ closure (Brink & Lentz, 2010a), 2.0 or 2.5 level Mellor-Yamada closure (Brink &
 739 Lentz, 2010a; Benthuisen et al., 2015) for parameterizing BBL turbulence. Recently, LES have
 740 also been employed for this purpose (Ruan et al., 2019; Ruan, Thompson, & Taylor, 2021; Wene-
 741 grat & Thomas, 2020). Wijesekera et al. (2003) carried out a systematic comparison of $k - \epsilon$,
 742 Mellor-Yamada 2.5 and KPP mixing in modelling the structure of vertical mixing over a conti-
 743 nental shelf forced by either upwelling- or downwelling-favorable winds. Although they note some
 744 quantitative differences in the vertical profiles of eddy viscosity and diffusivity, the shape and
 745 structure of these mixing coefficients was similar across all three schemes, with local maxima
 746 in the surface and bottom boundary layers and a smooth connection to the interior. In particu-
 747 lar, they find that all three models produce a similar BBL thickness and vertical profiles of ve-
 748 locity and density. In another study, Bachman et al. (2017) found that when the shear instabil-
 749 ity component of KPP is included, the total turbulence production compares favorably with LES
 750 solutions even though individual components may sometimes be overestimated. All the simu-
 751 lations here are performed with the shear instability component of KPP included and the criti-
 752 cal Richardson number set to 0.45. Thus taking a statistical steady state view that turbulence pro-

duction must equal dissipation in a volume integral sense, KPP is unlikely to be a major source of error in our dissipation calculations.

6.3 Distinguishing Ekman arrest and turbulence collapse

In their LES solutions with periodic boundary conditions in the cross- and along- slope directions, Ruan et al. (2019); Ruan, Thompson, and Taylor (2021) observe that, both in the downslope and upslope regime, the BBL always relaminarizes before an arrested state is reached. This is a consequence of suppression of turbulence by the cross-slope buoyancy flux, a phenomenon which the authors characterize using a so-called slope-Obukhov length scale, defined as

$$L_s = \frac{-u_0^{*3}}{\kappa U_E N^2 \theta}. \quad (29)$$

In Eq. (29), θ is the slope angle and $U_E N^2 \theta$ is the cross-slope Ekman buoyancy flux. Given a molecular viscosity ν , Ruan et al. (2019); Ruan, Thompson, and Taylor (2021) find that turbulence collapse occurs when $L_s u^* / \nu$ falls below a threshold, around 100. However in the 2D solutions of Wenegrat and Thomas (2020), where both submesoscale instabilities and the near-wall layer are adequately resolved, the onset of NPV instabilities appears to prevent a relaminarized state from being attained.

As shown in Flores and Riley (2011), turbulence collapse occurs when there is insufficient scale-separation between the $\mathcal{O}(L)$ and $\mathcal{O}(\nu/u^*)$ scales of turbulent motions in the dynamic sublayer, where L is the Obukhov length and ν is the molecular viscosity. Here we do not explicitly resolve the dynamic sublayer, but rather rely on a turbulent bottom drag parameterization. Thus turbulence collapse in our solutions, if it occurs, would imply $u_0^* \rightarrow 0$. However since buoyancy adjustment itself leads to substantial reduction of the bottom stress, we note that it is difficult to distinguish Ekman arrest from turbulence collapse. Fully 3D LES or DNS solutions are needed to understand if and how BBL relaminarization manifests over 3D bottom topography. We note however that, because EKE production is enhanced on both sides of the ridge following the onset of NPV instabilities (anticyclonic) and barotropic (cyclonic) instability modes (Fig. 10 above and Fig. 16 of Jagannathan et al. (2021)), EKE suppression as a proxy for identifying BBL relaminarization (as in Ruan et al. (2019), may not be as useful in 3D.

7 Summary and conclusion

We have examined the process of buoyancy adjustment on 3D topography by analyzing a set of idealized ROMS simulations of an initially uniform upstream flow past an elongated ridge

777 and elliptical ridges with varying lateral aspect ratio. Key metrics such as the extent of reduc-
 778 tion of the bottom stress, the BBL height and the observed adjustment time scales are discussed
 779 in the context of the 1D and 2D Ekman arrest literature. BBL turbulence in our solutions is pa-
 780 rameterized using the K-profile parameterization (KPP) and the 300 m horizontal resolution em-
 781 ployed resolves submesoscale motions, including the onset of NPV instabilities on the anticy-
 782 clonic side. Analyzing the EKE budget, we further diagnose the nature of the instabilities that
 783 develop over the course of the downstream BBL evolution on each side of the ridge, and the dis-
 784 sipation resulting thereof.

785 The evolution of the bottom stress in our solutions (Figs. 1 and 3) is to be contrasted with
 786 the 1D model runs of Brink and Lentz (2010a) and the more recent 2D simulations of Wenegrat
 787 and Thomas (2020) covering a range of slope Burger numbers. In their (constant-slope) solutions,
 788 buoyancy adjustment effects inexorably push the bottom stress towards zero. This occurs over
 789 a time scale corresponding to the time of mixed layer growth, either through upright or slantwise
 790 convection. For the \hat{h} values considered, the predicted arrest time scale T_a^{NPV} in Eq. (13) for a
 791 constant slope, ranges from 4 to 8 inertial periods for $\hat{h} = 12.8$ and 1.6 respectively, with the small-
 792 est theoretical arrest time scale corresponding to the largest \hat{h} and vice-versa. Although there is
 793 a significant reduction of the stress on the slopes over these time scales (Fig. 3), analysis of the
 794 vertical shear equation shows that, contrary to 1D and 2D solutions where the stress reduction
 795 is purely due to the thermal wind shear induced by cross-slope buoyancy advection, here 3D non-
 796 linear straining effects during the early encounter have an important role in the adjustment pro-
 797 cess.

798 The state of the BBL before separation, in the elongated ridge solutions, is characterized
 799 by suppression of the bottom stress by between 60% ($\hat{h} = 1.6$) to 95% ($\hat{h} = 12.8$) on the anti-
 800 cyclonic side with respect to the upstream flat-bottom value (Fig. 3a,c), and up to 80% reduc-
 801 tion on the cyclonic side (Fig. 3b,d) for all \hat{h} . On the anticyclonic side, the stress has either plateaued
 802 or is decaying only slowly when the current separates (Fig. 3a,c). This is possibly due to the in-
 803 fluence of secondary circulations that feedback into the interior along-slope flow, as was noted
 804 in Benthuisen et al. (2015). The depth of the BBL on the anticyclonic side also remains well be-
 805 low the 2D prediction of Wenegrat and Thomas (2020). On the cyclonic side, early separation
 806 reverses the decaying trend of bottom stress within a short distance downstream of the encounter
 807 (Fig. 3b,d). Thus on either side of the ridge, we may characterize the BBL as being in a state of
 808 ‘partial arrest’.

809 Our solutions demonstrate an inverse relationship between the drag-mediated energy dis-
810 sipation rate and non-dimensional ridge height \hat{h} as well as lateral aspect ratio β (Fig. 11) — a
811 consequence of increasing geostrophic BBL shear and reduced near-bottom velocities. This re-
812 duction in the bottom drag dissipation is somewhat compensated by dissipation arising from ageostrophic
813 instabilities on either side, but to a lesser extent than predicted by Wenegrat and Thomas (2020).
814 The exception is the circular ridge ($\beta = 1$) solution (Figs. 11b,16b) where the dissipation on both
815 sides is significantly enhanced relative to the flat bottom BBL.

816 The fact that the bottom stress, energy dissipation and Ekman transport weaken substan-
817 tially on the slopes of the ridge (Figs. 1 and 4) would suggest that partial Ekman arrest may be
818 a fairly common occurrence in boundary currents adjacent to the continental shelf. Yet oceanic
819 observations of Ekman arrest remain scarce, a notable exception being the Northern California
820 Shelf observations of Lentz and Trowbridge (2001). One possible explanation for this is that, on
821 realistic bathymetry, curvature and irregular, small scale features such as headlands and bumps
822 could trigger localized flow separation and reattachment events. This can be seen in the Califor-
823 nia Undercurrent (CUC). For example, Fig. 5 of Molemaker et al. (2015) shows eddies roll up
824 and separate all along the coast, but especially around Point Sur. If such events sporadically punc-
825 tuate the flow evolution on the slopes, they could potentially undermine the buoyancy adjustment
826 process. Another plausible explanation for the paucity of observational data showing Ekman ar-
827 rest, is the intrinsic temporal variability in the real ocean due to tides, wind-variability, coastally
828 trapped waves and eddies impinging from offshore. In a 1D model with realistic broadband forc-
829 ing, Brink and Lentz (2010b) find that the steady component of the flow undergoes Ekman ar-
830 rest over time scales consistent with Eqs. (10) and (17), and further that the bottom stress is also
831 reduced across nearly all frequencies. Further studies with a well-resolved BBL are needed to
832 understand how 3D effects like curvature, alongshore advection and realistic forcing influence
833 the dynamics of Ekman adjustment in oceanic boundary currents.

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838 was supported by the National Science Foundation under Grant Number OCE-1751386.

839 Data Availability Statement

840 The numerical model simulations upon which this study is based are too large to archive
 841 or to transfer. Instead, we provide all the information needed to replicate the simulations; we used
 842 the hydrostatic UCLA version of the Regional Ocean Modelling System (ROMS) to perform the
 843 simulations. The model code, compilation script, initial and boundary condition files, and the namelist
 844 settings are available at <https://github.com/arjunj87/ROMS-ridge-solutions>.

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Figure1.

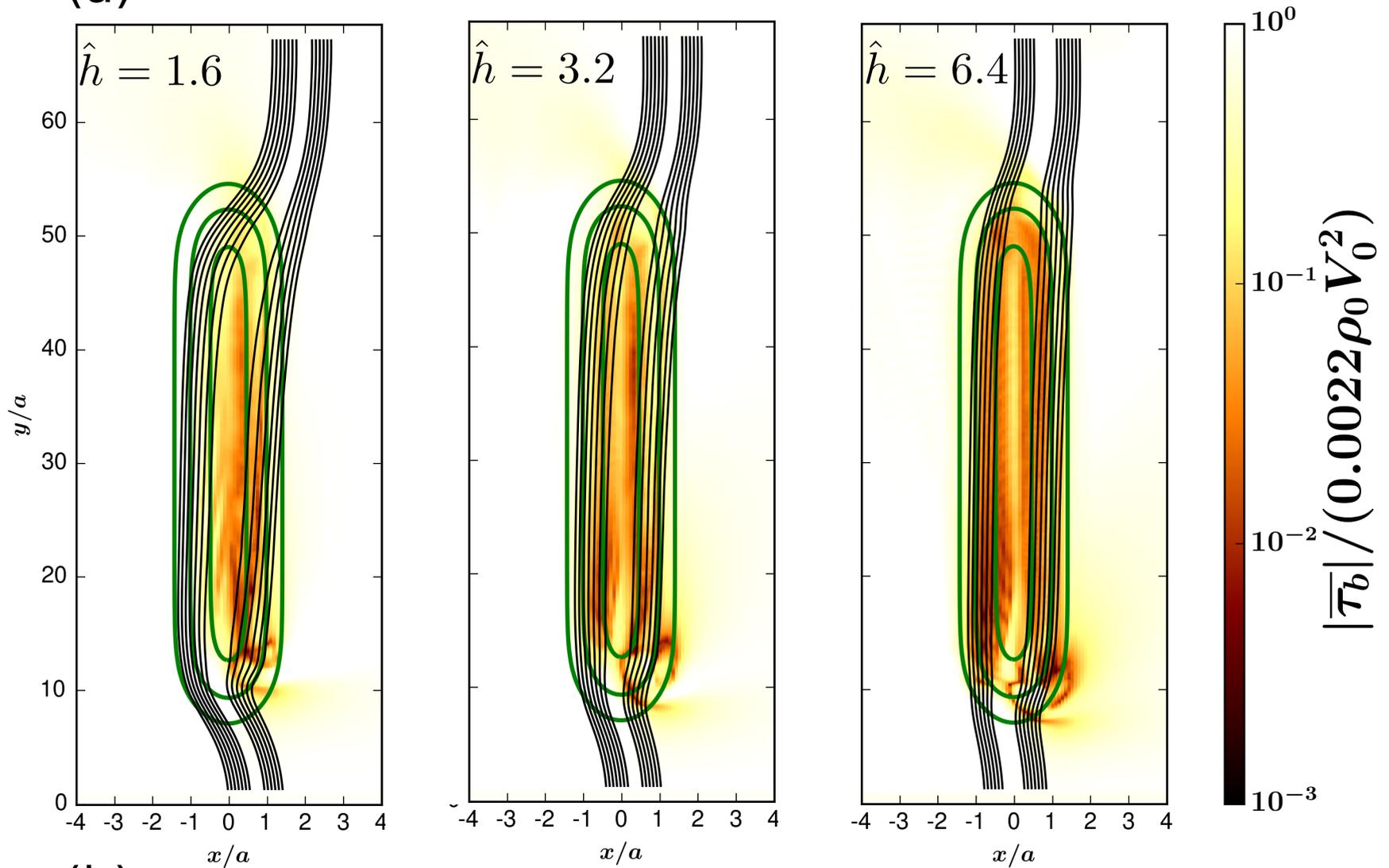
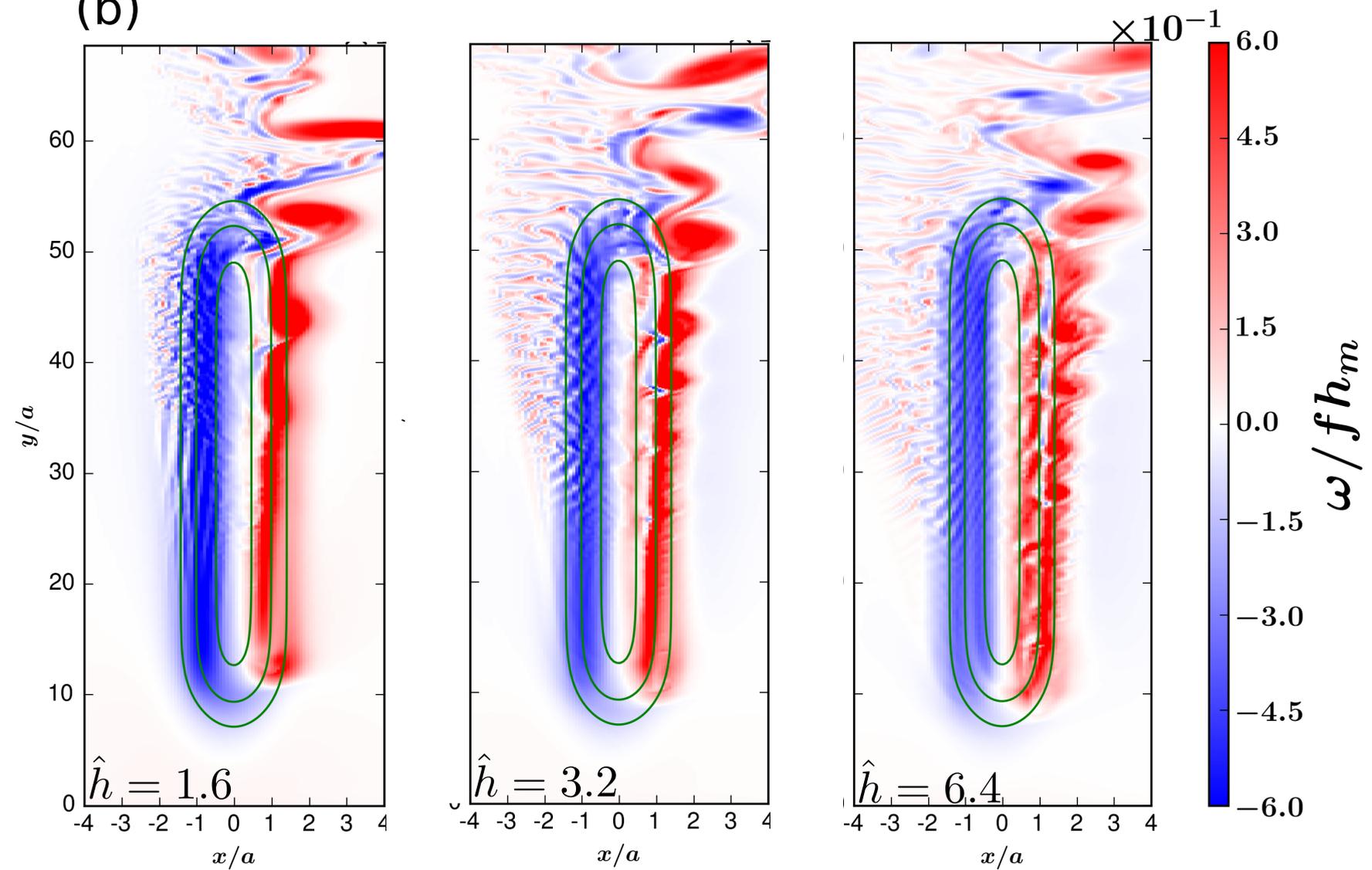
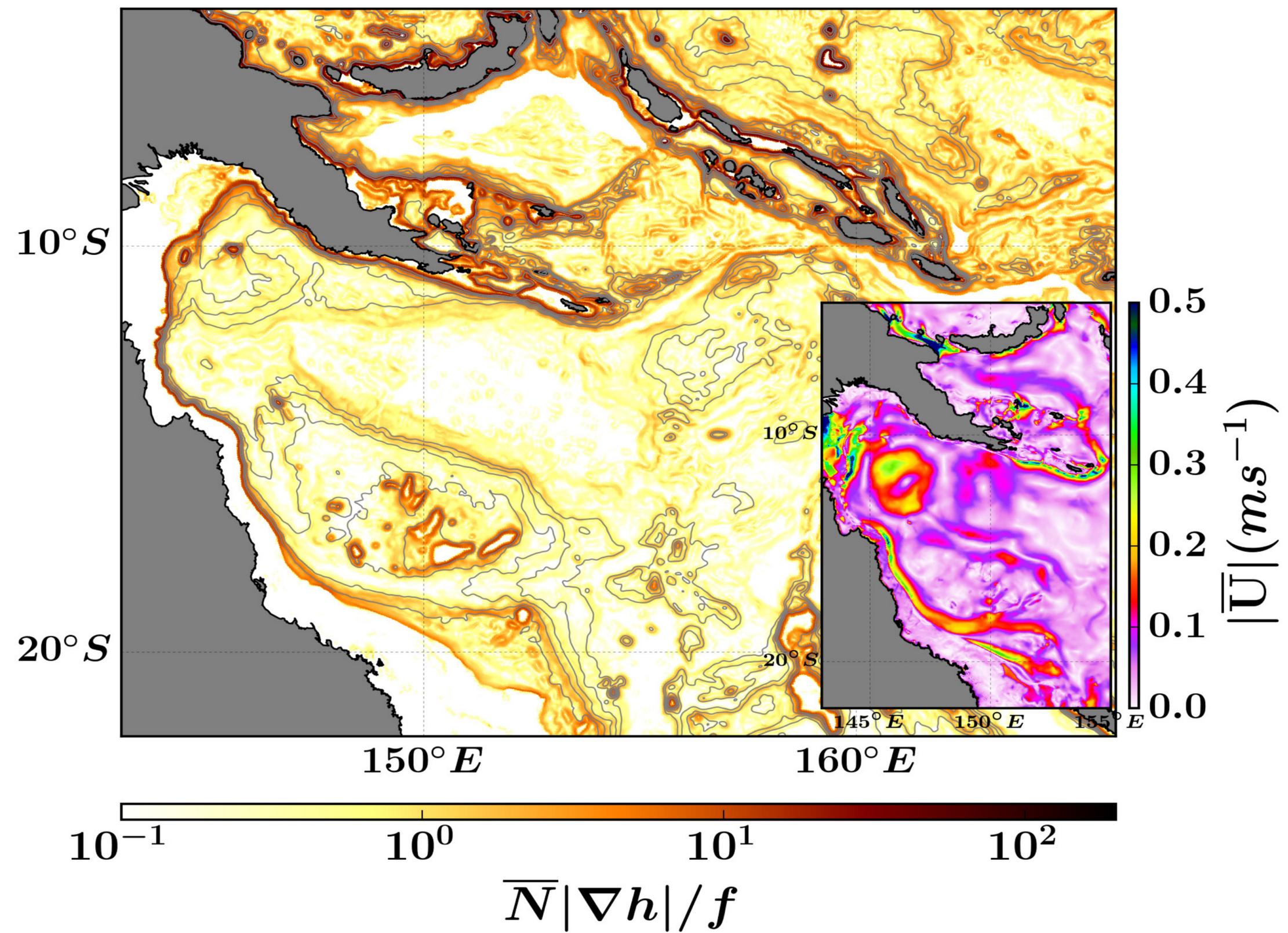
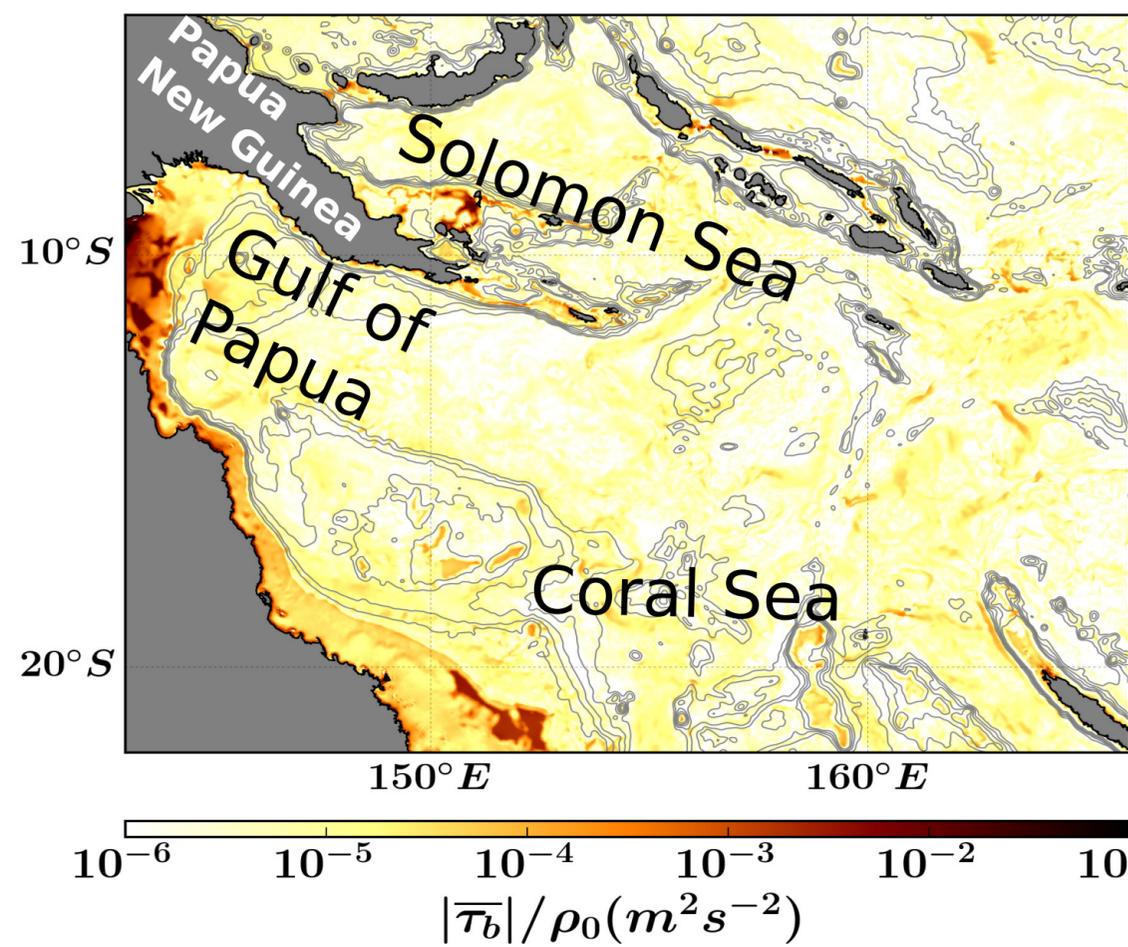
(a)**(b)**

Figure2.

(a)



(b)



(c)

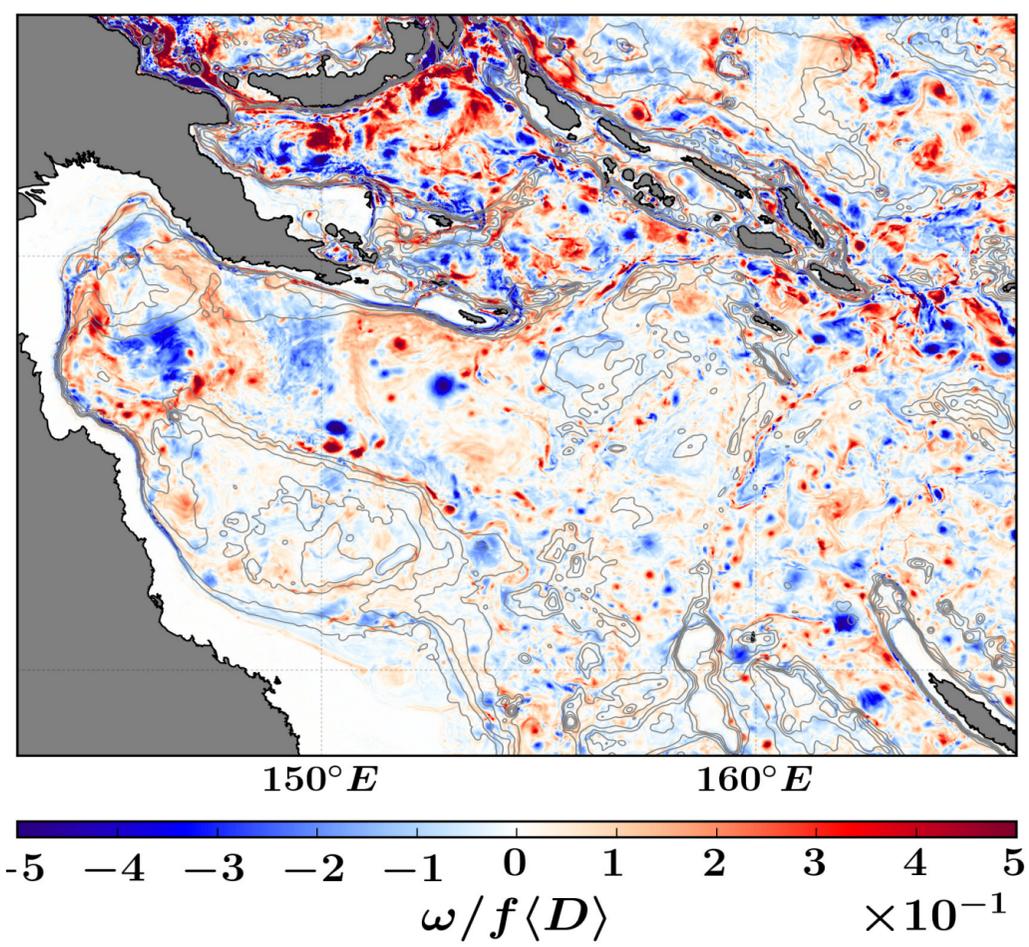


Figure3.

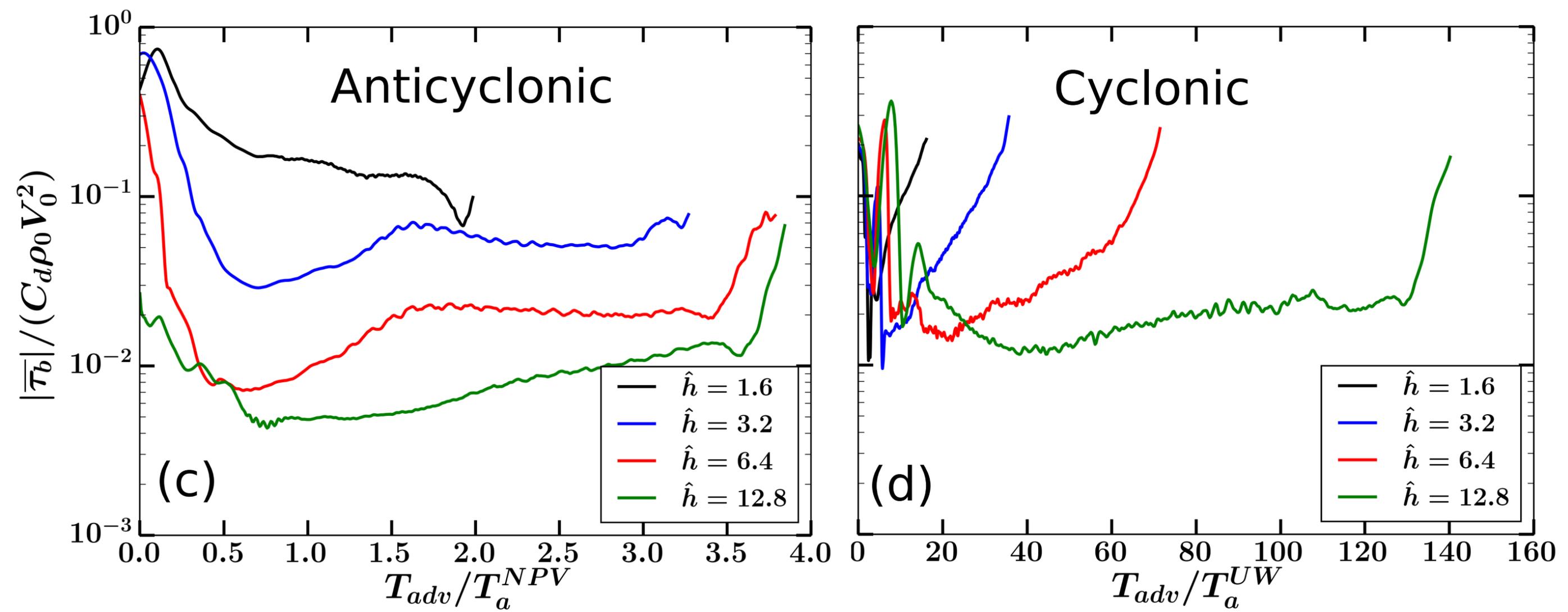
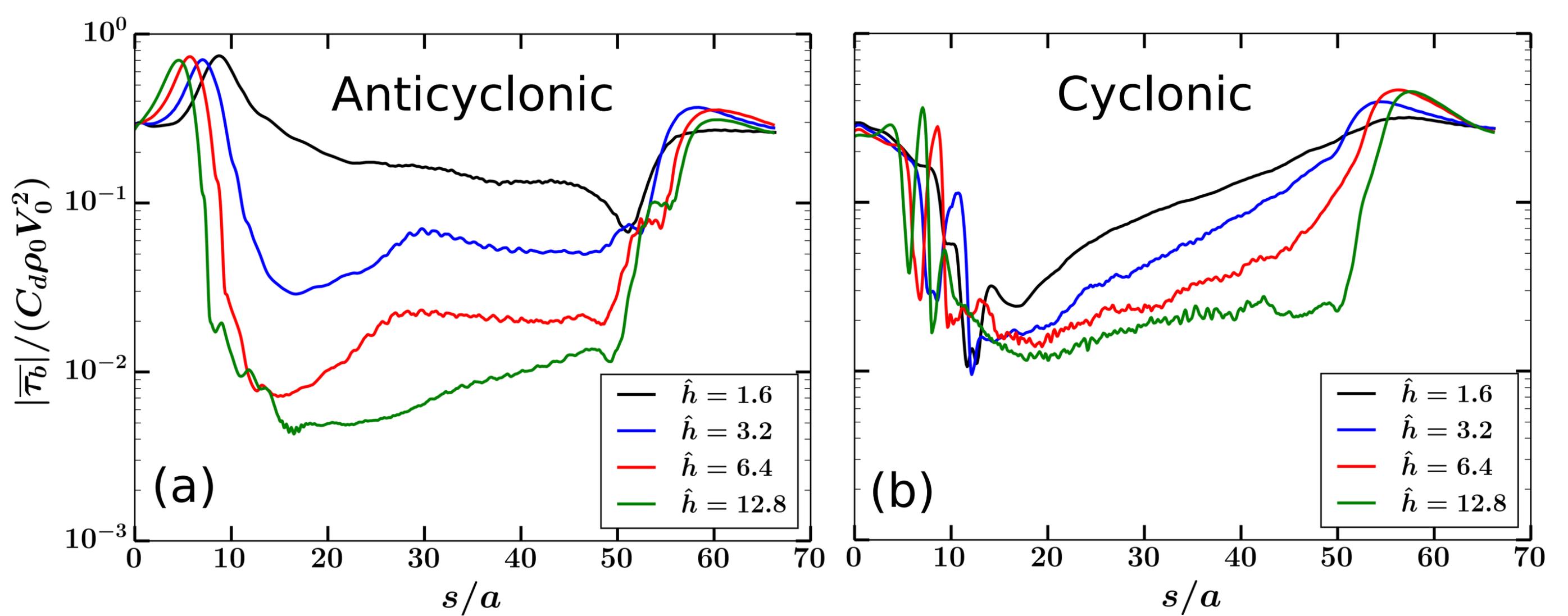


Figure4.

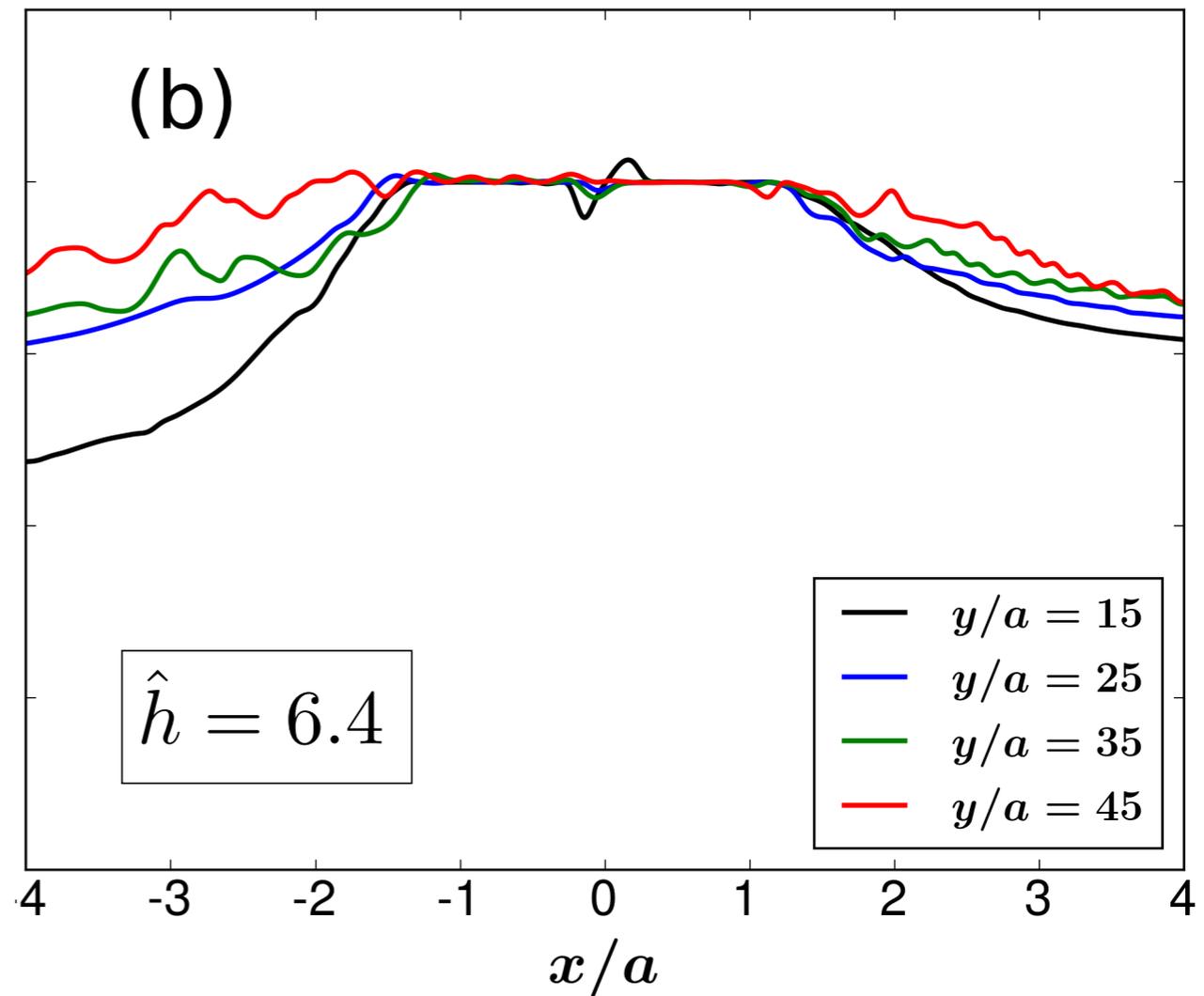
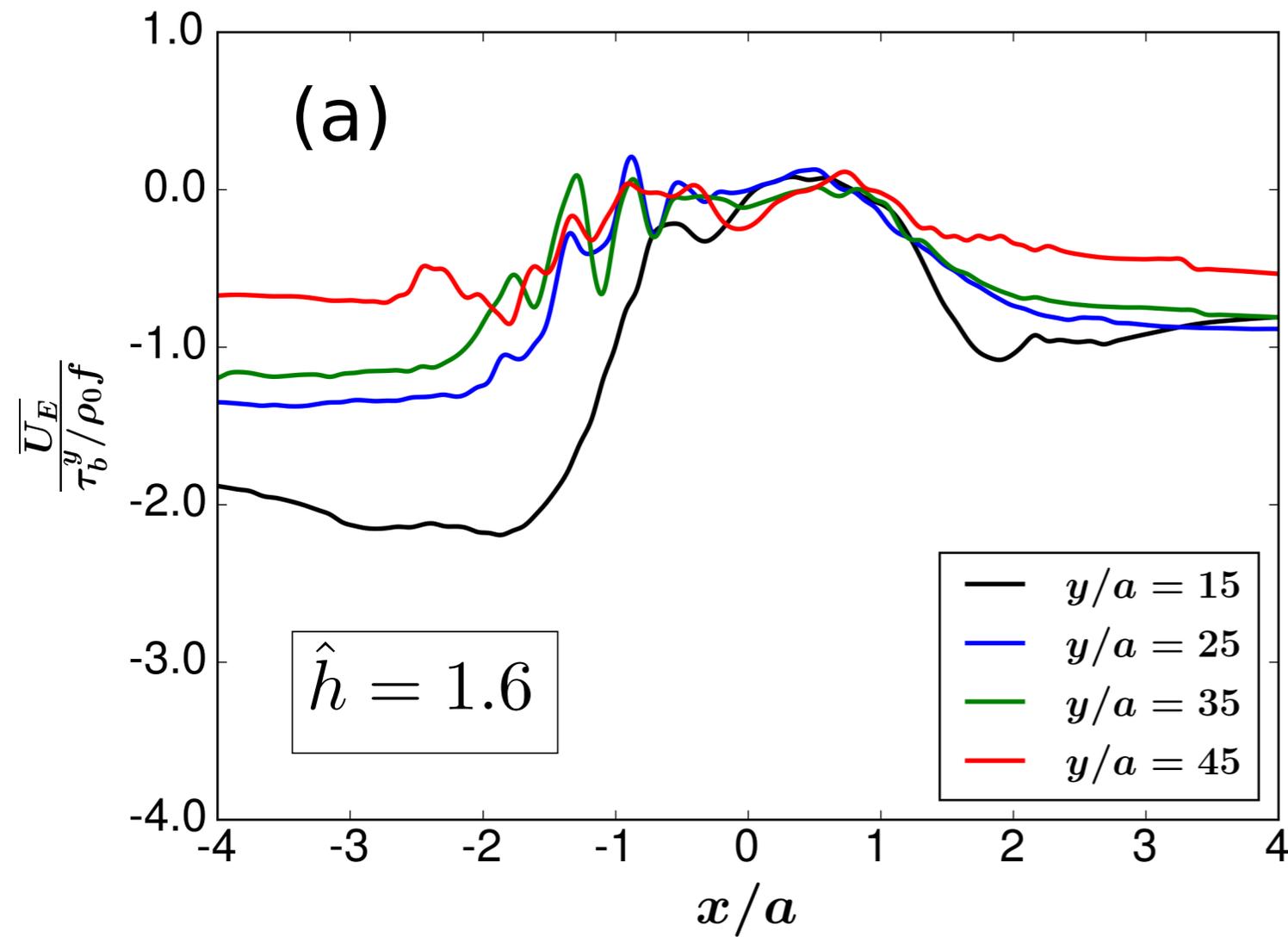


Figure5.

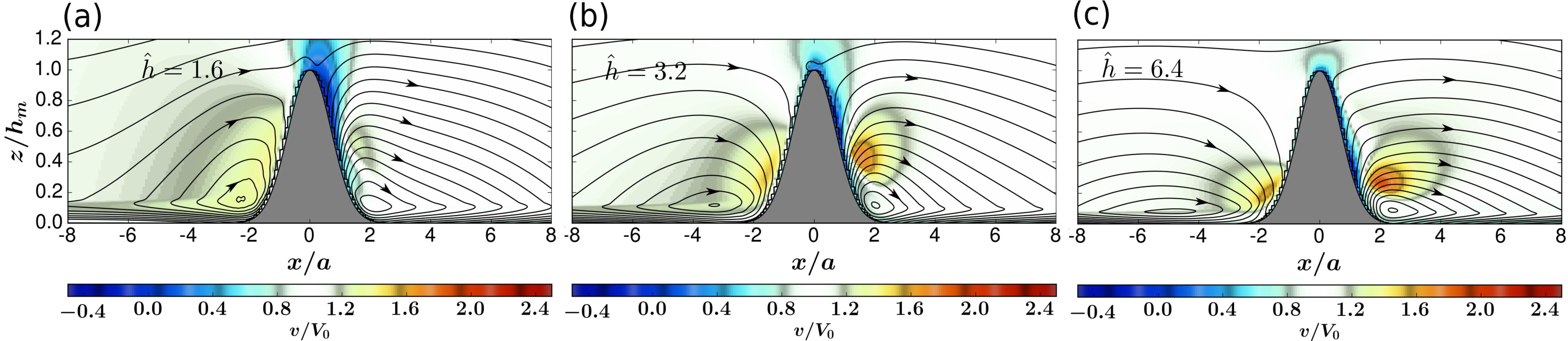


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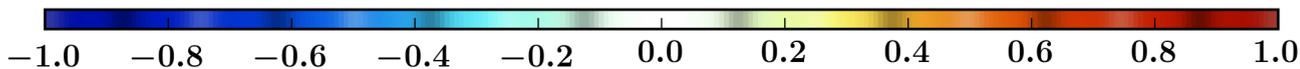
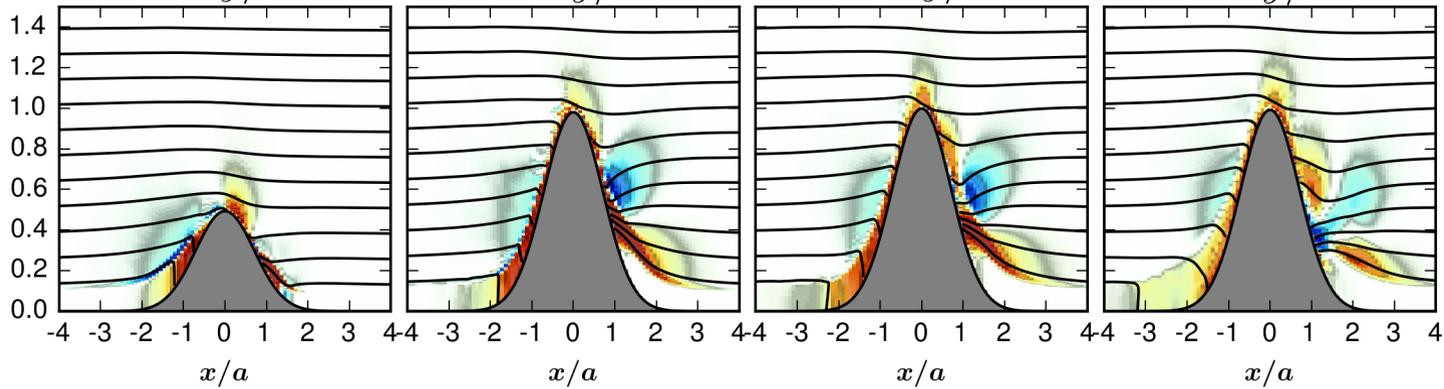
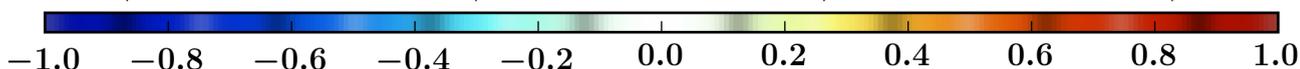
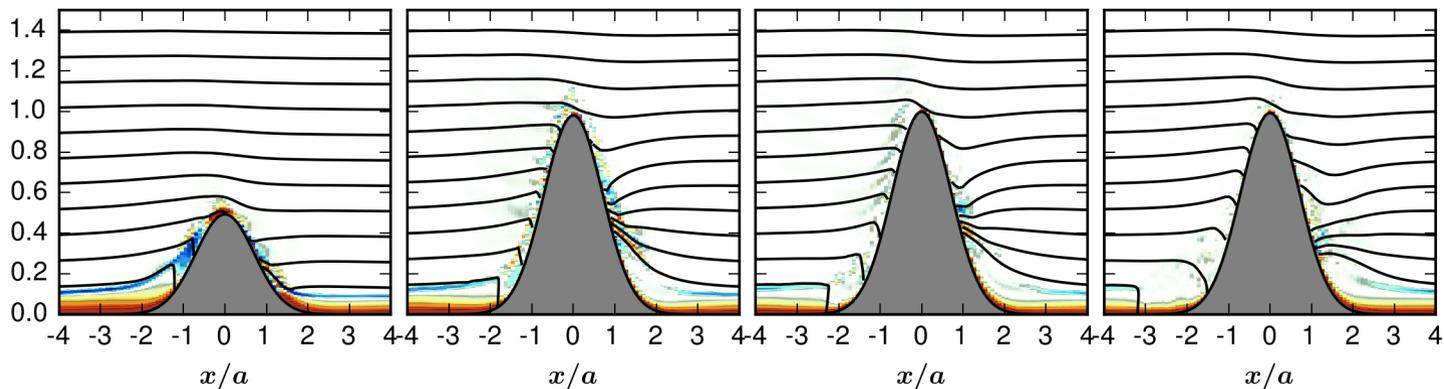
(a) $y/a = 10$ $y/a = 17$ $y/a = 27$ $y/a = 43$ **(b)** $\frac{\partial v_{ag}}{\partial z} / N$  $\frac{\partial v_{ag}}{\partial z} / N$

Figure7.

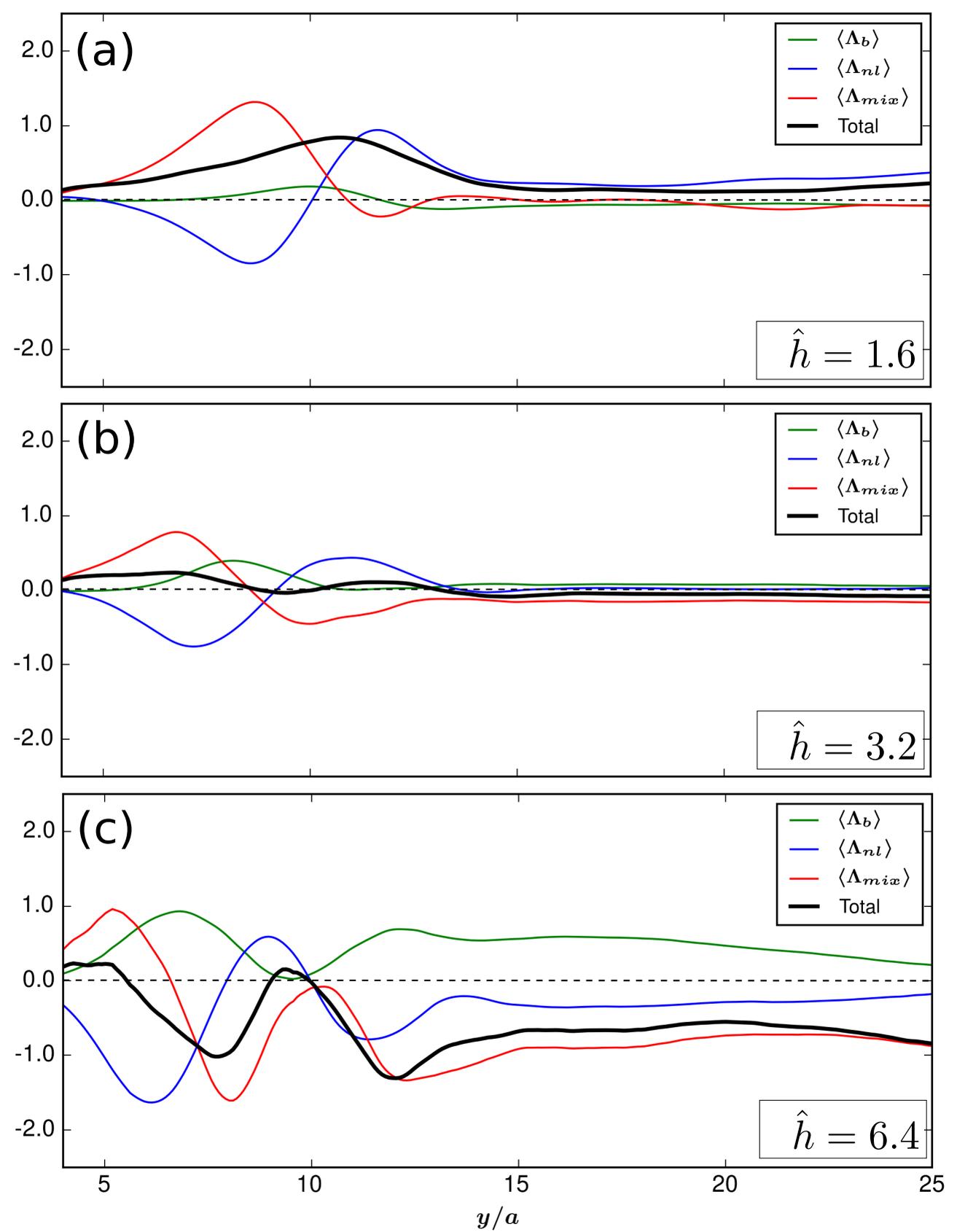


Figure8.

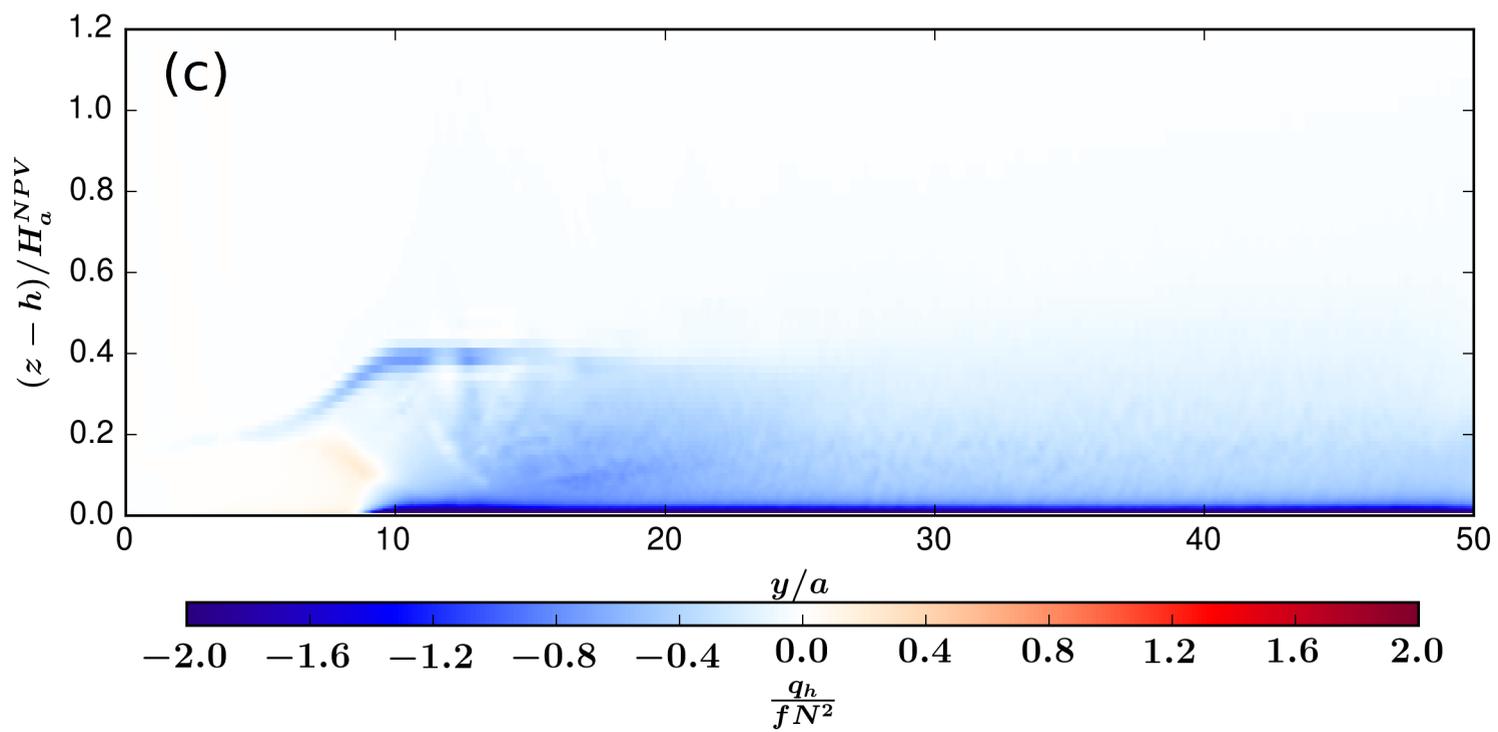
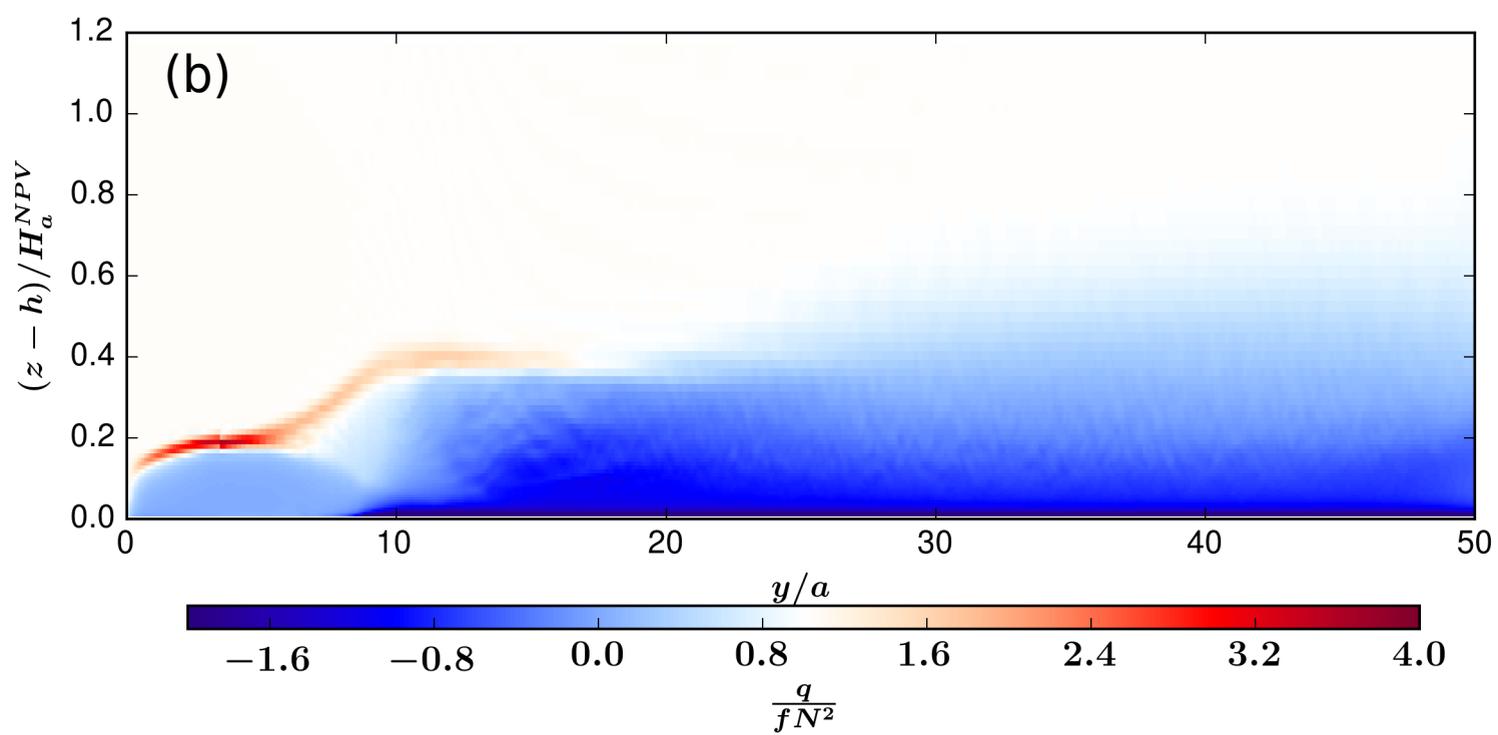
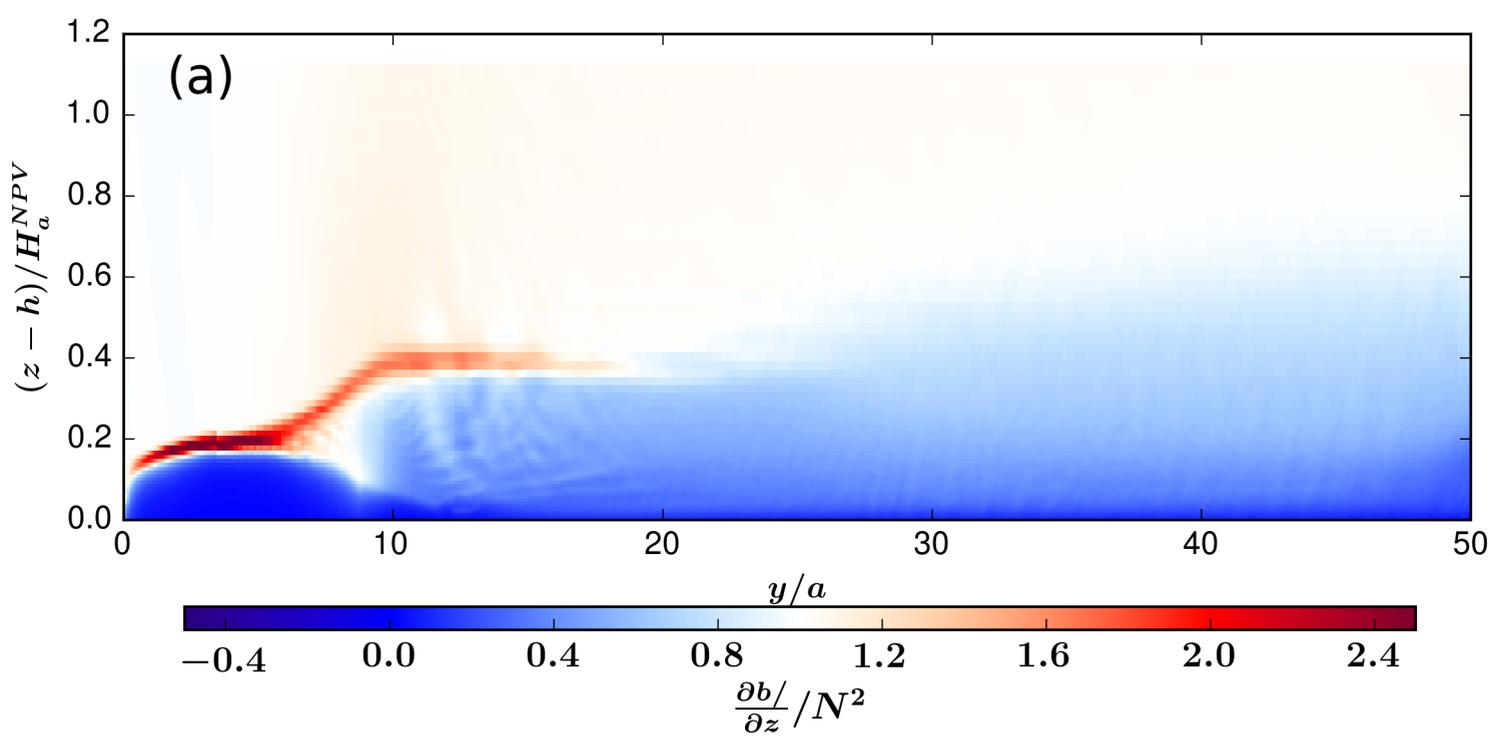


Figure9.

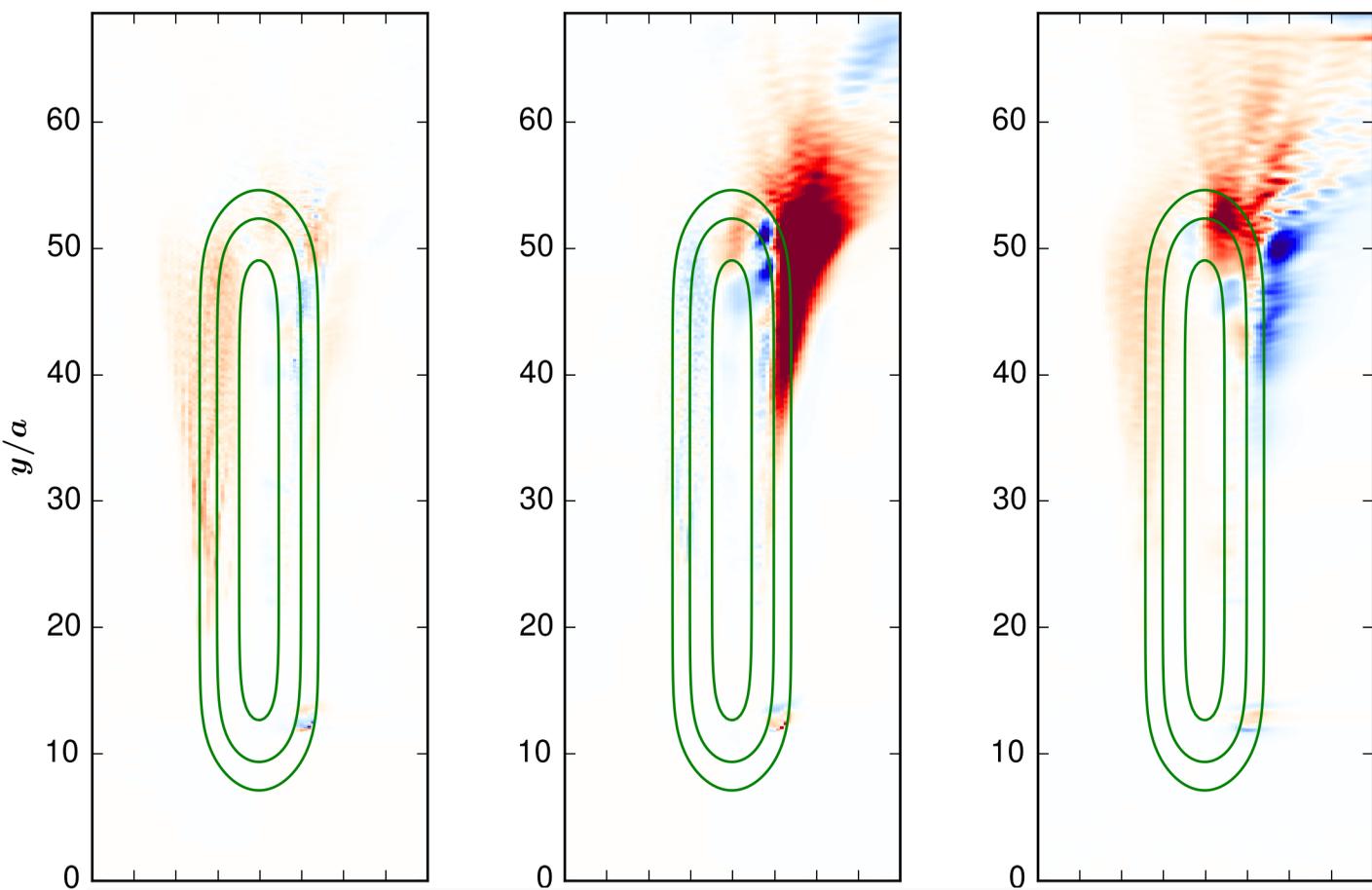
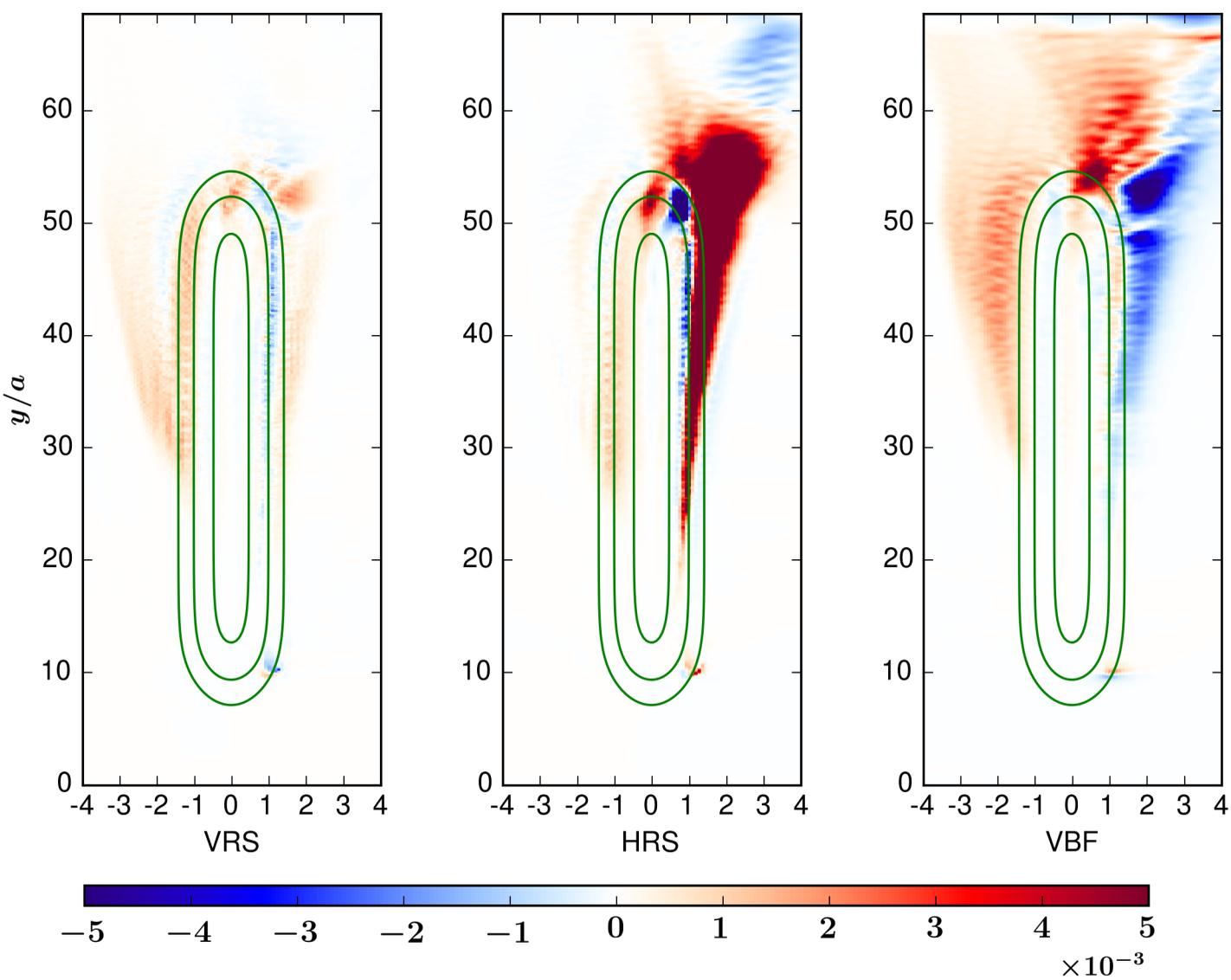
(a)**(b)**

Figure10.

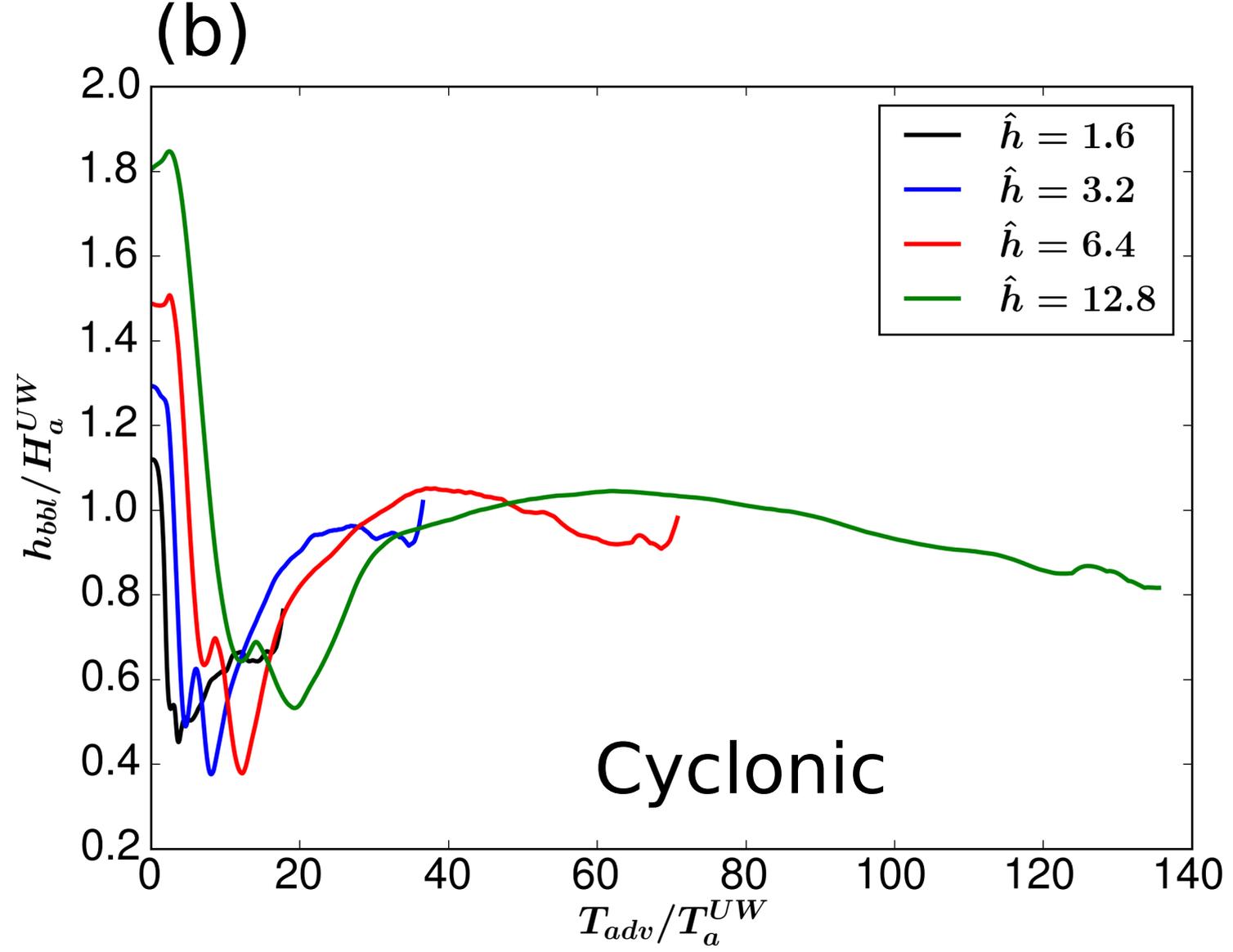
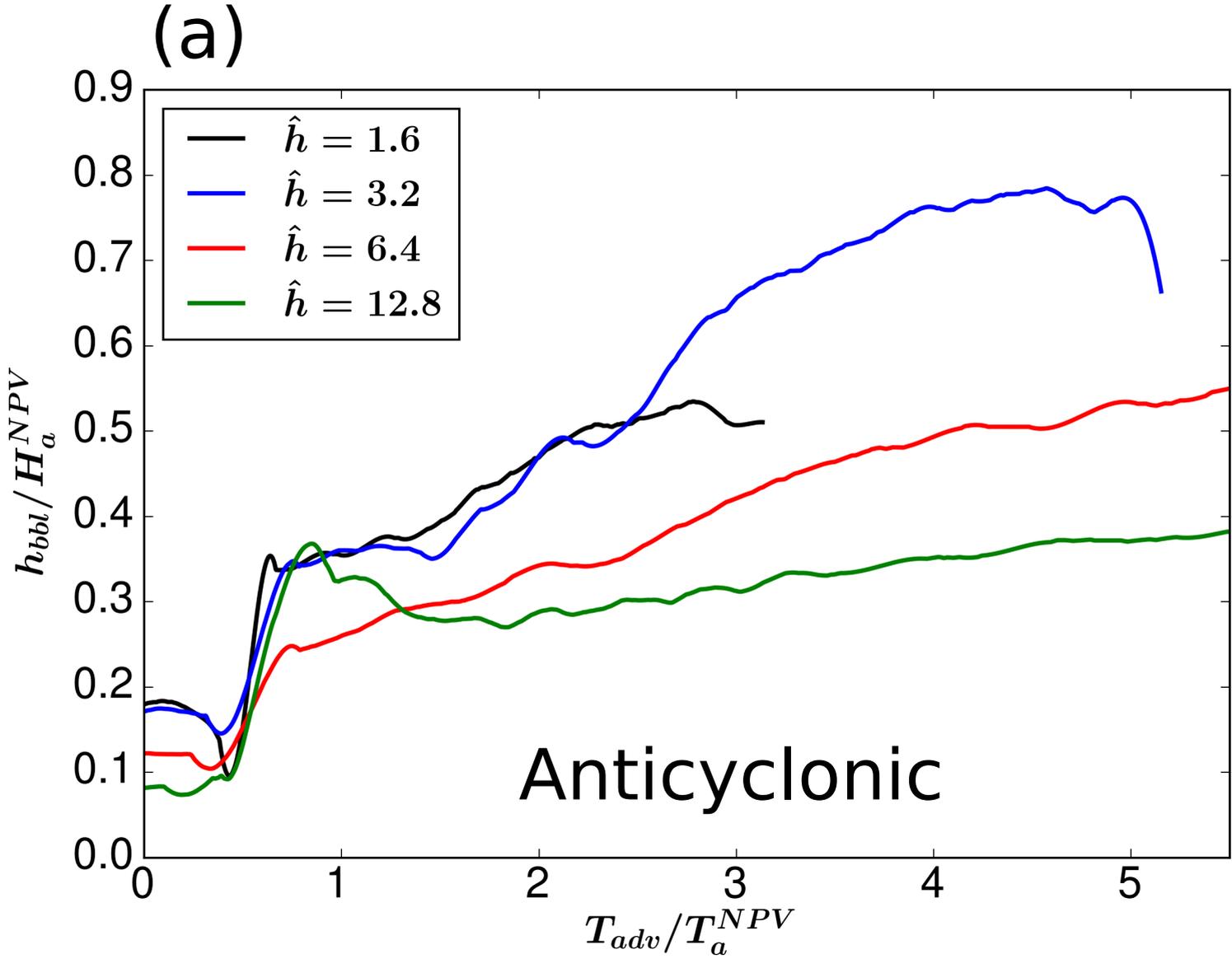


Figure11.

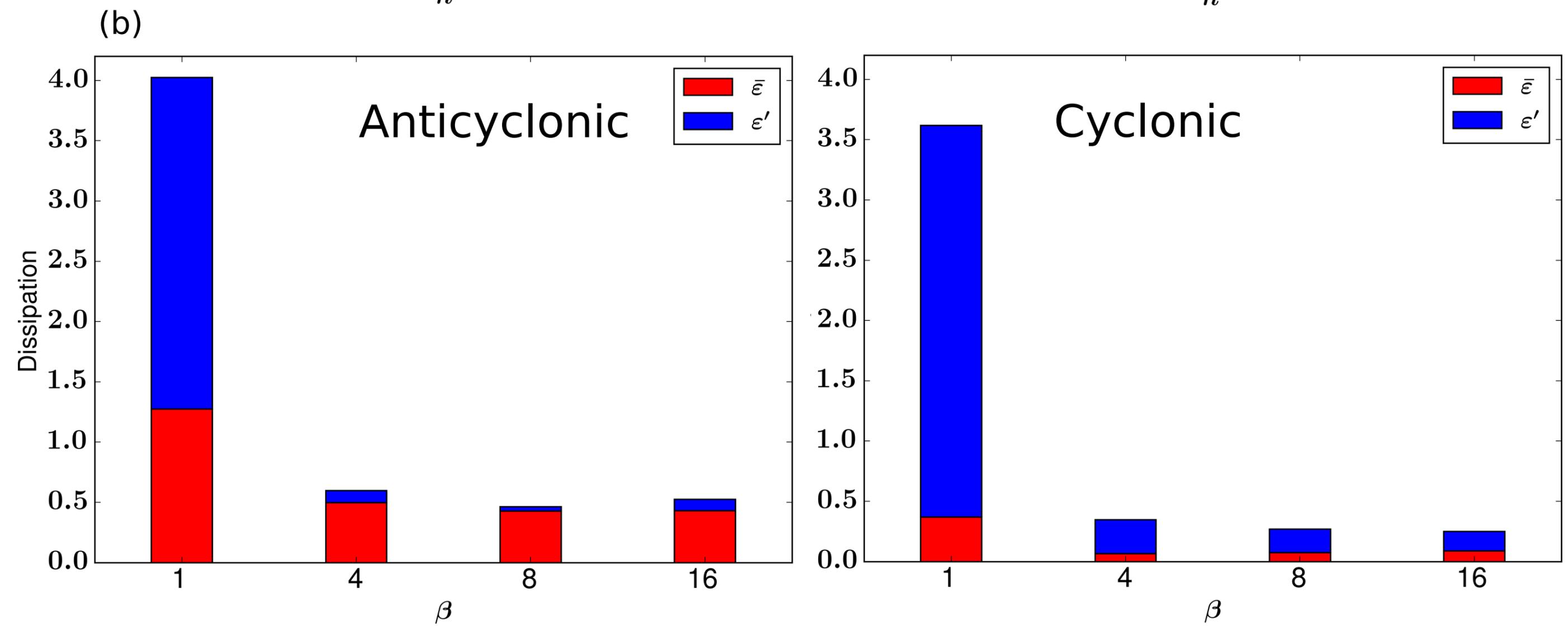
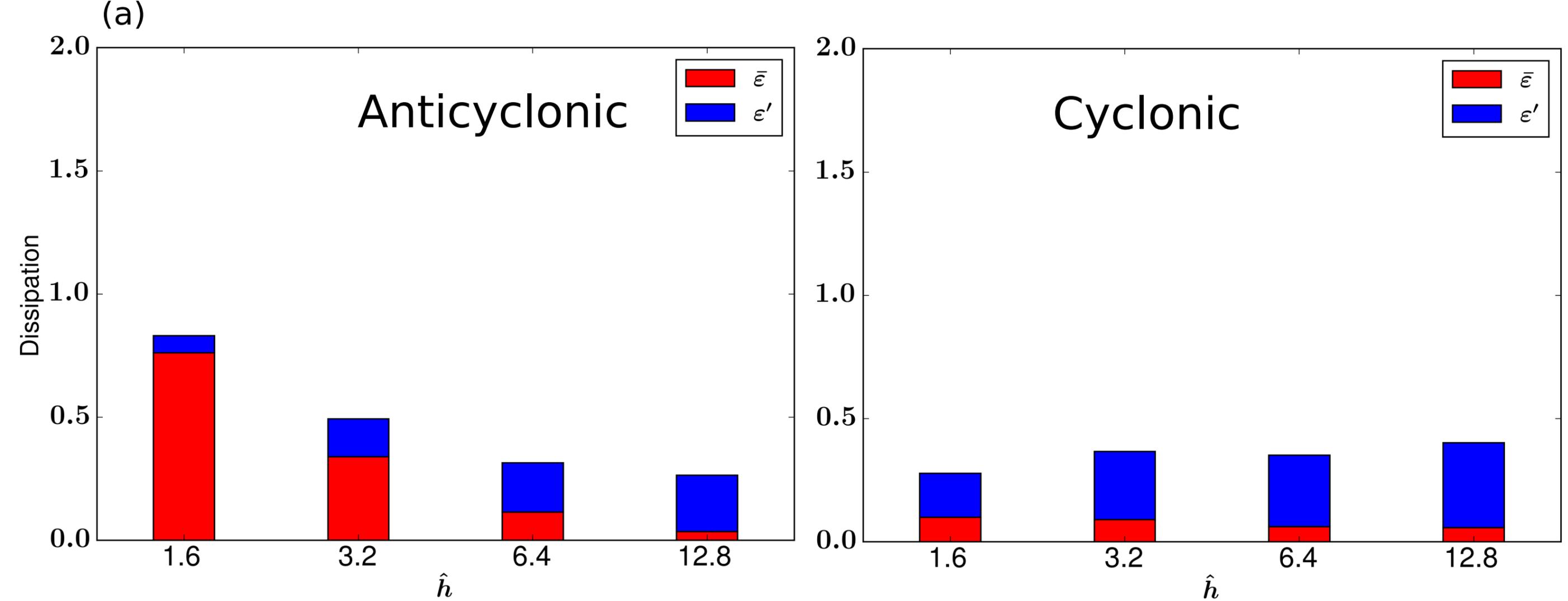


Figure12.

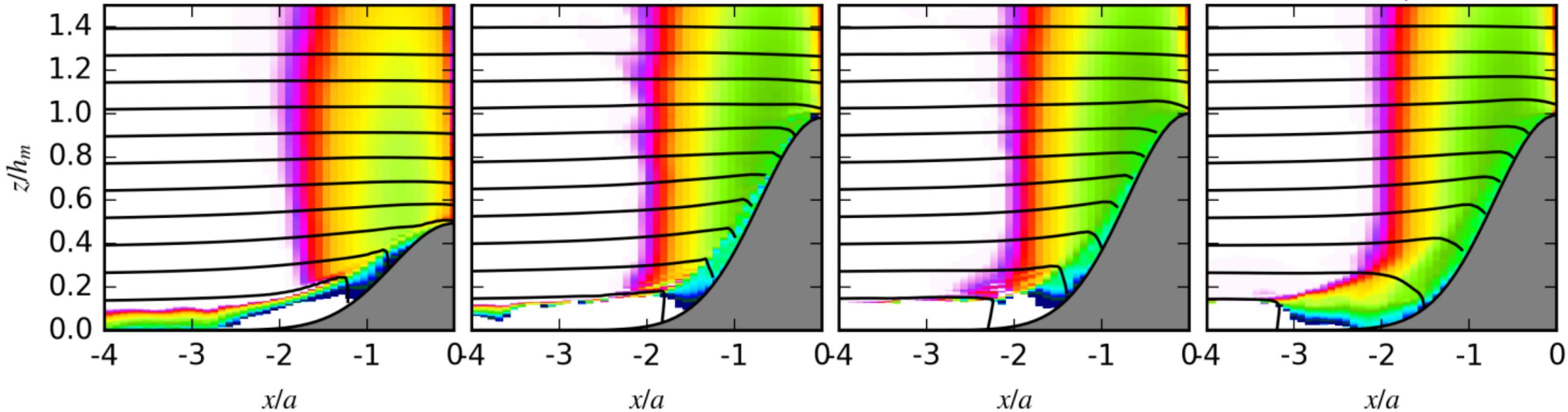
$y/a = 10$ $y/a = 17$ $y/a = 27$ $y/a = 43$  $|\theta_{iso}|$

Figure13.

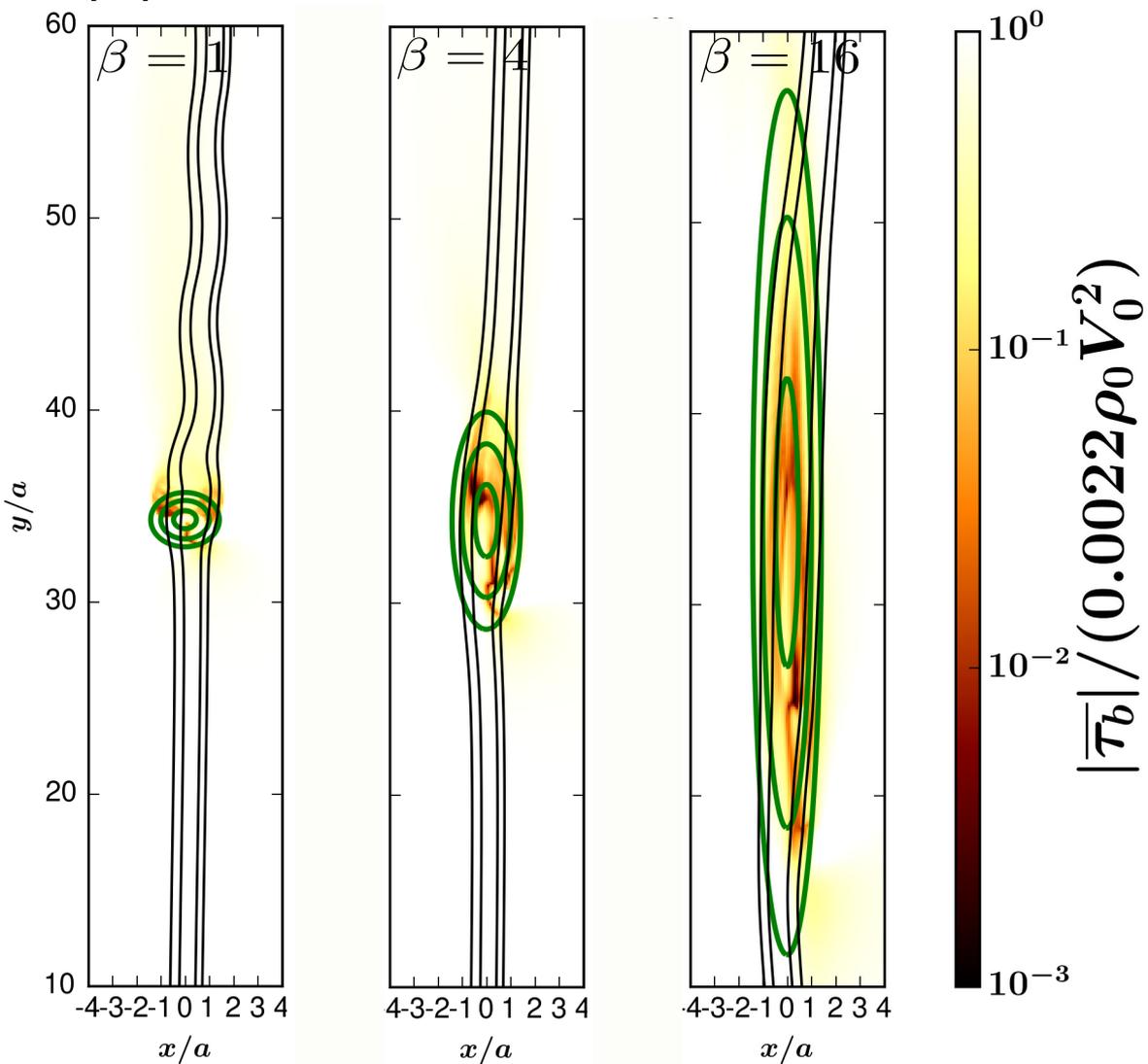
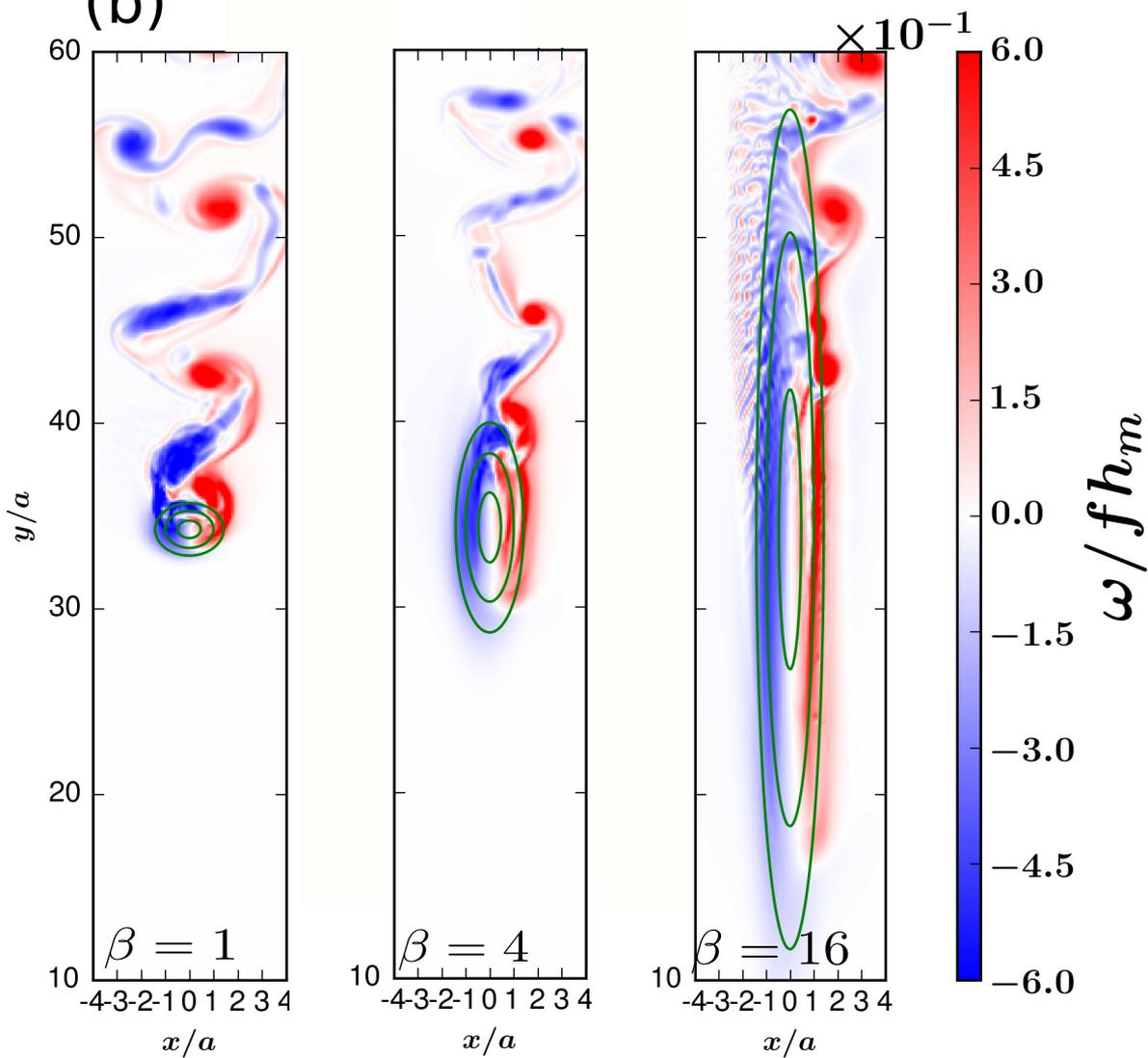
(a)**(b)**

Figure14.

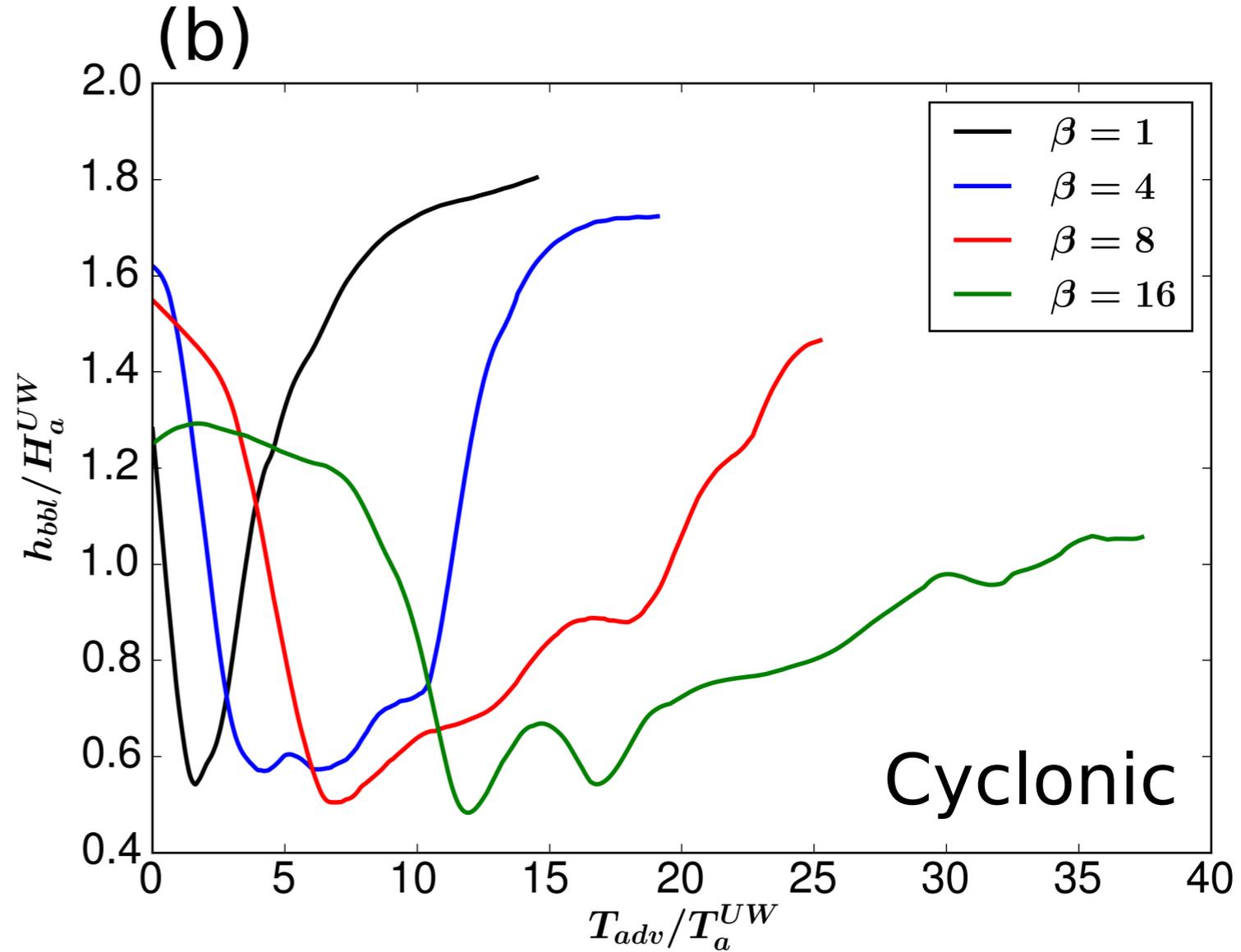
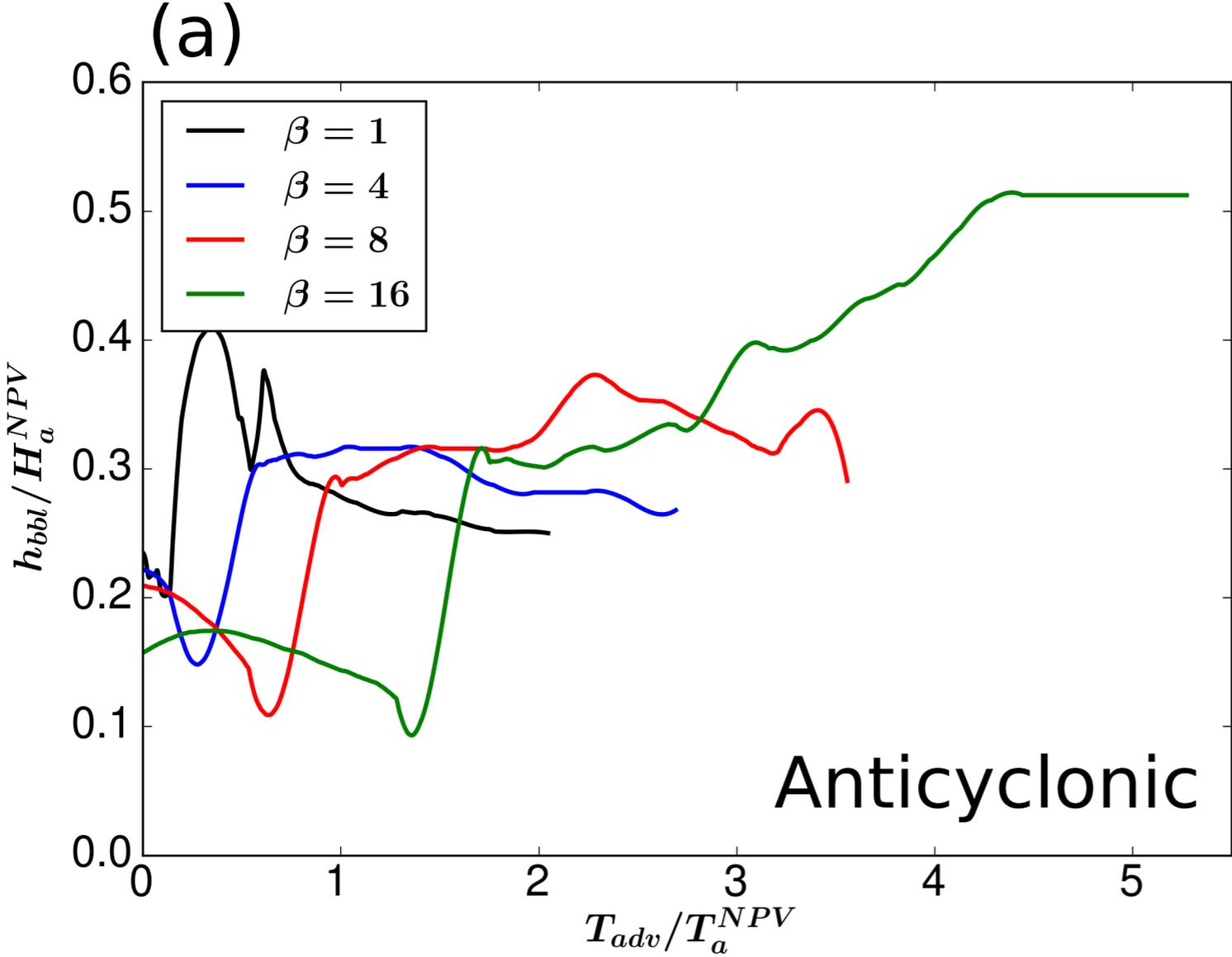


Figure15.

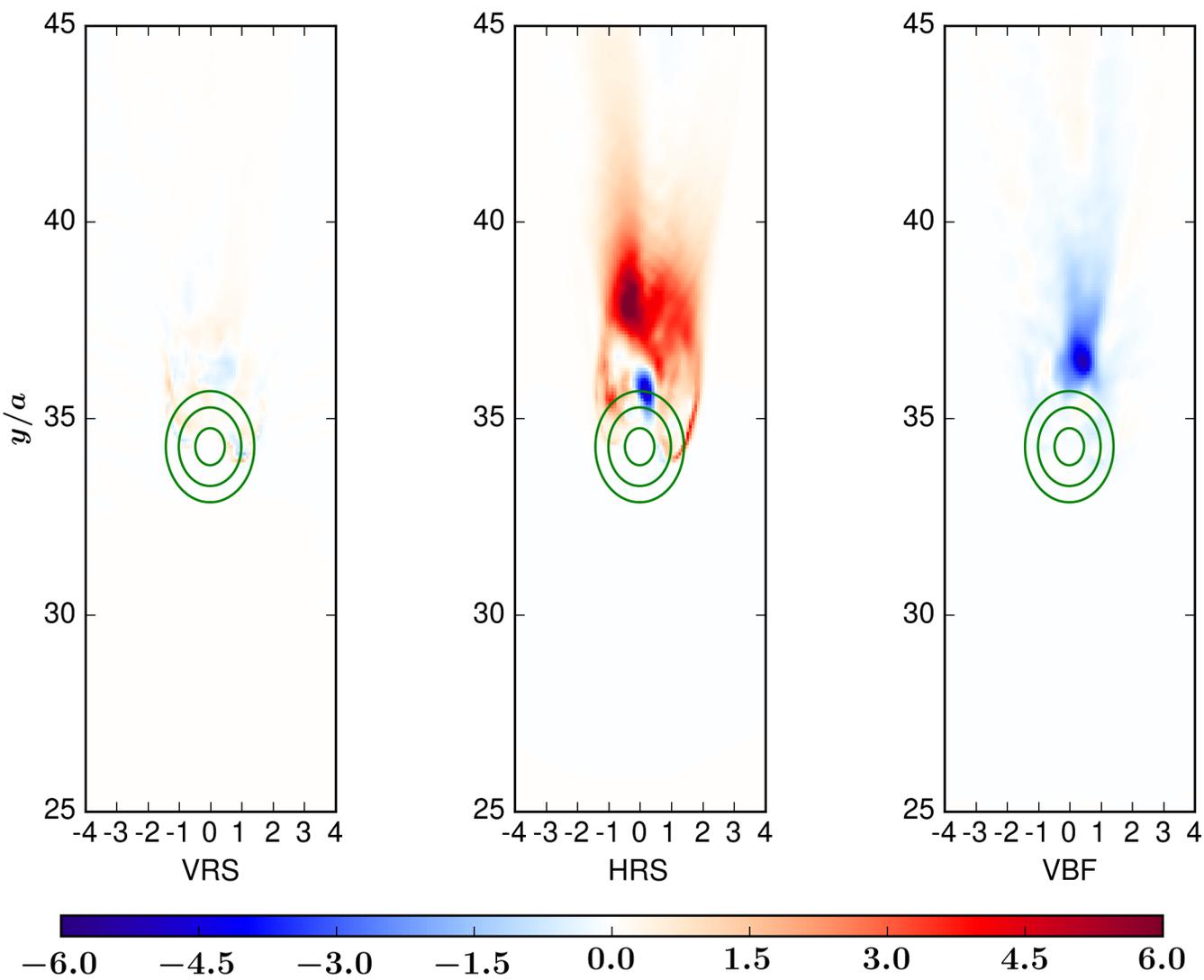
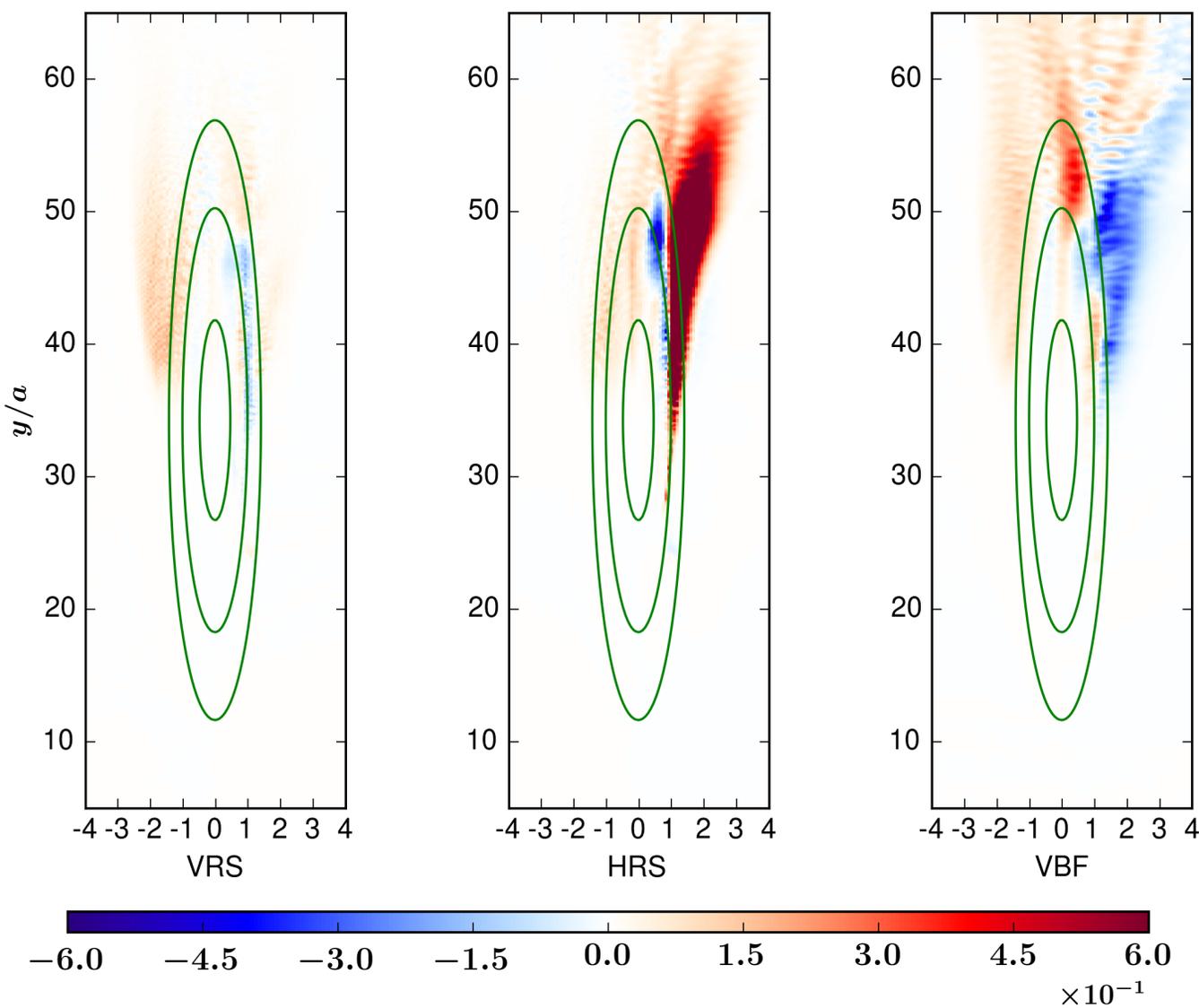
(a)**(b)**

Figure16.

