

Table 1*Frequency and Percent for Study Variables*

	Frequency	Percent
Gender		
Female	232	71.2
Male	93	28.5
Age		
20-29	97	29.8
30-39	95	29.1
40-49	98	30.1
50-60	19	5.8
Marital status		
Married	211	64.7
Single	115	35.3
Education level		
Primary school	18	5.5
Middle School	5	1.5
High school	55	16.9
University	176	54.0
Postgraduate	71	21.8
Smoking		
No	226	69.3
Yes	100	30.7
Obesity		
BMI ≥ 30	48	14.7
BMI < 30	277	85.0