

1        **Differentiating Impacts of Non-Pharmaceutical Interventions on Non-**  
2        **Coronavirus-Disease-2019 Respiratory Viral Infections: Hospital-Based**  
3        **Retrospective Observational Study in Taiwan**

4        **Running title:**

5        Impact of NPIs on Non-COVID-19 Respiratory Viruses

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27 **Contribution:**

28 Andrew P-L Chen, Y-J Chan, and H-P Chen conceptualized the study design. Y-J Chan and  
29 Y-Y Chen assisted in accessing laboratory results in electronic health records. Andrew P-L  
30 Chen, C-L Lee, and H-H Lin were responsible for the research investigation. M-L Yeh  
31 assisted in data retrieval and management while Andrew P-L Chen analyzed retrieved data  
32 and drafted this manuscript. Isaac Y-H Chu advised on relevant literature and validated and  
33 visualized study results, and revise the manuscript with Andrew P-L Chen. Y-J Chan and H-P  
34 Chen co-supervised each step of this research project. All co-authors have read and approved  
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42 **Conflicts of interest:**

43 No conflict of interest has been declared by the authors.

44

45 **Abstract—250 words**

46 **Background** Physical distancing and facemask use are worldwide recognized as effective  
47 non-pharmaceutical interventions (NPIs) against the coronavirus disease 2019 (COVID-19).  
48 Since January 2020, Taiwan has introduced both NPIs but their effectiveness on non-  
49 COVID-19 respiratory viruses (NCRVs) remain underexplored.

50 **Methods** This retrospective observational study examined electronic records at a tertiary  
51 hospital in northern Taiwan from pre-COVID (January–December 2019) to post-COVID  
52 period (January–May 2020). Patients with respiratory syndromes were tested for both  
53 enveloped (e.g. influenza virus and seasonal coronavirus) and non-enveloped RVs (e.g.  
54 enterovirus and rhinovirus) using multiplex reverse-transcription polymerase chain reaction  
55 assays. Monthly positivity rates of NCRVs among adult and pediatric patients were analyzed  
56 with comparison between pre- and post-COVID periods.

57 **Results** A total of 9693 patients underwent 12127 multiplex RT-PCR tests. The average  
58 positivity rate of NCRVs reduced by 11.2% (25.6% to 14.4%) after nationwide PHIs. Despite  
59 the COVID-19 pandemic, the most commonly identified enveloped and non-enveloped  
60 viruses were influenza virus and enterovirus/rhinovirus, respectively. Observed reduction in  
61 NCRV incidence was predominantly contributed by enveloped NCRVs including influenza  
62 viruses. We did not observe epidemiological impacts of NPIs on non-enveloped viruses but  
63 an increasing trend in enterovirus/rhinovirus test positivity rate among pediatric patients. Our  
64 data were validated using Taiwan’s national notification database.

65 **Conclusions** Our frontline investigation suggests that the current NPIs in Taiwan might not  
66 effectively control the transmission of non-enveloped respiratory viruses, despite their  
67 protective effects against influenza and seasonal coronavirus. Hydrogen peroxide or chloride-

68 based disinfectants should be integrated into national preventative strategies against  
69 respiratory viral infections in the post-COVID-19 era.

70

71 **Keywords:**

72 Influenza virus, seasonal coronavirus, enterovirus, enveloped respiratory viruses, non-  
73 enveloped respiratory viruses, non-pharmaceutical intervention, COVID-19 pandemic,  
74 infection control

75 **Text—3282 words**

76 **Introduction**

77 While the coronavirus disease 2019 (COVID-19) continues casting global health  
78 burdens, non-COVID-19 viral respiratory tract infections (RTIs) continue devastating  
79 millions of lives with estimated 4 million deaths worldwide.<sup>1,2</sup> Prior to the severe acute  
80 respiratory syndrome coronavirus-2 virus (SARS-CoV-2), the most commonly diagnosed  
81 pathogenic respiratory viruses are: influenza virus, parainfluenza virus (PIV), seasonal  
82 coronavirus (sCoV), enterovirus (EnV) and rhinovirus (RhV), adenovirus (AdV), human  
83 metapneumovirus (hMPV), and human bocavirus (hBoV). These viruses can also be  
84 virologically classified into two groups: enveloped viruses (e.g. influenza virus, PIV, and  
85 sCoV) and non-enveloped viruses (e.g. AdV, EnV, and RhV). Without implementing a  
86 combination of timely testing, accurate diagnosis, effective treatment and non-pharmaceutical  
87 Interventions, countries' healthcare systems could be heavily exhausted by these viral RTIs  
88 compounded with the COVID-19 pandemic.

89 Physical distancing and face mask use have been worldwide recognized as effective  
90 non-pharmaceutical interventions (NPIs) to mitigate the spread of COVID-19. Mathematical  
91 models have forecast that an 80% coverage of face mask use among populations can  
92 effectively reduce the transmission and mortality of SARS-CoV-2 by 17-45%.<sup>3</sup> Studies using  
93 real-world data also reported that face mask use and physical distancing could reduce SARS-  
94 CoV-2 infections by 85% and 82%, respectively.<sup>4,5</sup> Together with contact tracing systems,  
95 such measures have been implemented by countries worldwide to combat the COVID-19  
96 pandemic.

97 Taiwan, one of the countries with the lowest incidence rate and mortality of COVID-  
98 19, has become an exemplar in effectively implementing NPIs. Following the first COVID-

99 19 case reported in Wuhan, China on December 31, 2019, Taiwan confirms its first COVID-  
100 19 case on January 22, 2020 in Taiwan. Taiwan Center of Disease Control (TCDC) has  
101 implemented different levels of NPIs since the inception of COVID-19 pandemic. Individuals  
102 must wear facemasks in public transportations, health care facilities, and indoor public space.  
103 Physical distancing was also strictly requested at restaurants and populated public venues.  
104 Moreover, Taiwanese governments strictly executed international border control by  
105 requesting all arriving passengers a 14-day compulsory quarantine with active surveillance on  
106 respiratory symptoms and body temperature. After adopting these NPIs, TCDC observed a  
107 decline in positivity rates of influenza virus – an enveloped virus as SARS-CoV-2 – declined  
108 from 375 cases in Jan 2020 to zero after Mar 2020.<sup>6</sup> A similar epidemiological change was  
109 also reported during the 2003 SARS-CoV epidemic in Taiwan where the number of  
110 diagnosed RTIs plummeted after the introduction of NPIs from January 2003 to April 2003.<sup>6</sup>  
111 Increasing facemask use, awareness of personal hygiene screening seeking behavior was  
112 observed during the 2003 SARS-CoV epidemic in Hong Kong.<sup>7</sup> Despite the observed decline  
113 of influenza infection during SARS and COVID-19 epidemics, little is known about the  
114 epidemiological impact of COVID-19-related NPIs on the positivity rates of non-COVID-19  
115 RVs (NCRVs) (e.g. influenza virus, sCoV, and EnV). Whether test positivity rates of  
116 enveloped and non-enveloped viruses vary by NPIs remains uncertain. To understand the  
117 potential impacts of NPIs on the incidence of NCRVs, we examined the change in positivity  
118 rates during the COVID-19 pandemic in Taiwan.

## 119 **Methods**

### 120 Study design and patient recruitment

121 We presented a retrospective cross-sectional study using hospital-based surveillance  
122 data from Taipei Veterans General Hospital (TVGH), one of the biggest medical centers in

123 Taiwan. We examined medical records on patients presenting respiratory symptoms from  
124 January 2019 to May 2020, defining two periods as pre-COVID (January 2019 to December  
125 2019) and post-COVID (January 2020 to May 2020). The study was approved by the  
126 institutional review board of TVGH (reference number: 2019-06-022CC).

#### 127 Respiratory examinations

128 Patients who presented respiratory symptoms were queried for traveling, occupation,  
129 contact, and cluster (TOCC) history followed by physical examinations and chest radiogram.  
130 One set of nasopharyngeal swab sample was collected from patients and sent to a centralized  
131 Biosafety Level 2 laboratory for multiplex reverse transcription polymerase chain reaction  
132 (RT-PCR) based assays. The RT-PCR assays were run by the Luminex xTAG® Respiratory  
133 Virus Panel (Luminex Molecular Diagnostics) or the BIOFIRE® FILMARRY® Respiratory  
134 Panel (BioFire Diagnostics). Types of RVs detectable by the two RT-PCR panels included  
135 AdV, influenza virus, PIV, hMPV, sCoV, RSV and EnV/RhV (Appendix 1).

#### 136 Levels of Non-Pharmaceutical Interventions

137 Levels of NPIs in Taiwan were escalated with an increasing epidemic curve for  
138 COVID-19 from January 2020. Here we focused on the efficacy of interventions such as the  
139 use of personal protective equipment and physical distancing. The Central Epidemic  
140 Command Center enforced serial regulations on the use of personal protective equipment.  
141 The level 1 facemask regulation (F1) was adopted on January 28, 2020, when the first  
142 imported COVID-19 case was confirmed in Taiwan. The government released two million  
143 facemasks into the market while restricting exports of medical facemasks; the general public  
144 were requested to wear facemask in crowded public space and at healthcare facilities.  
145 Meanwhile, a facemask rationing plan allowed Taiwanese to purchase up to two medical  
146 facemasks weekly per person with the registration of National Health Insurance cards. The

147 level 2 facemask regulation (F2) was implemented on February 11, 2020, by which the  
148 government provided facemasks to public transportation drivers, and patients and caregivers  
149 in medical facilities on a daily basis. The level 3 facemask regulation (F3) was implemented  
150 on March 5, 2020, which allowed personal purchases for up to five facemasks per 14 days.  
151 The regulation also requested all passengers on public transportation wearing a facemask  
152 compulsorily with a fine at up to \$2,000 USD on violators.

153         Taiwan officials announced physical distancing regulation (P) on March 25, 2020.  
154 Indoor activities involving over 100 participants, and outdoor activities involving over 500  
155 participants were banned. The ban also discouraged unnecessary travels to reduce potential  
156 contacts. Most public activities were postponed or canceled after the announcement of the  
157 ban.

#### 158 Data analysis

159         Given the average incubation periods and serial intervals of NCRVs span from one to  
160 two weeks,<sup>8-12</sup> those who were tested more than once in any 14-day period were only counted  
161 as one test. Overall positivity rates of NCRVs each calendar month were calculated. The  
162 positivity rate of each NCRV was calculated to examine trend changes with various NPIs.  
163 We also categorized NCRVs into enveloped and non-enveloped viruses based on their  
164 virologic characteristics. Positivity rates of these two virological groups were examined  
165 against different NPIs in a temporal sequence. Due to the limited sample size, we regrouped  
166 AdV, hMPV, hBoV, and PIV as other viruses. National surveillance data from TCDC on  
167 influenza virus infection were applied to examine data validity and representativeness.

#### 168 Statistical analysis

169 Descriptive statistics were applied to describe patient characteristics. Categorical  
170 variables were analyzed by Pearson's chi-squared test. The significance level was set at 0.05.  
171 All analyses were conducted using RStudio® statistical software (version: 1.3.959).

## 172 **Results**

173 Of all 9693 patients undergoing 12127 multiplex RT-PCR tests, 4855 were tested  
174 from January to December 2019 and 4838 from January to May 2020. Table 1 lists patient  
175 characteristics. The proportion of adult (aged 18 and above) patients were 84.4% (4099/4855)  
176 and 94.0% (4546/4838) in pre-COVID and post-COVID period, respectively. Compared with  
177 the same period in 2019, the total number of examined patients from January to May 2020  
178 increased by 2.9 times (4838 versus 1664), with a 3.4-fold increase (4546 versus 1334) in  
179 adult visits and an 11% decrease (292 versus 330) in pediatric visits. The proportion of  
180 patients infected with more than one NCRVs during pre-COVID period were higher than  
181 those visited during post-COVID period (3.7% versus 1.4%).

## 182 **Data Validation**

183 According to Taiwan National Infectious Disease Statistics System (TNIDSS),  
184 positivity rates of influenza virus in patients suspected with severe complicated influenza  
185 infection (defined as those with respiratory failure) were around 40% nationwide from  
186 January 2019 to January 2020, followed by a steady decline from February 2020 when NPIs  
187 were implemented to April 2020 when no cases of severe influenza infection were reported  
188 (Fig. 1A). The trend of positivity rates of influenza in patients with severe respiratory tract  
189 infections at TVGH corresponded with TCDC's national statistics during pre-COVID and  
190 post-COVID periods, except for March 2020 given a relatively small sample size.<sup>6</sup>  
191 Specifically, only one case suspected with severe complicated influenza infection was

192 notified at TVGH in March 2020 with subsequent RT-PCR confirmation, resulting in a 100%  
193 case positivity rate (Fig. 1B).

194 Overall positivity rates of NCRVs

195 The average positivity rate of NCRVs was 25.6% pre-COVID and 14.4% in post-  
196 COVID period. While the trend of NCRV incidence remained steady in pre-COVID time, the  
197 rate peaked in January 2020 at 30.7% and declined gradually after Taiwan introduced PHIs as  
198 from 17.6% in February to 7.4% in May 2020 (Fig. 2A). Compared to the same period in  
199 2019, the positivity rate in January 2020 was similar, but those from February to May 2020  
200 were significantly lower ( $P < 0.001$ ) with a 17.2% average rate of reduction (Fig. 3A). In  
201 adult patients, positivity rates from February 2020 to April 2020 reduced by 10.0% than the  
202 same months in 2019 (Fig. 2B). We also observed a 3.3% rate reduction in May 2020  
203 compared with that of May 2019 (5.0% versus 8.3%,  $P = 0.06$ ), albeit the presence of  
204 stringent NPIs (Fig. 3B). Among pediatric patients, the average positivity rate of NCRVs in  
205 the study period was 56.3%. The positivity rates in both April 2020 and May 2020 were lower  
206 than the same months in 2019 following the implementation of F1-F3 and P phase of NPIs  
207 from March 2020 (Fig. 2C). The average rate of reduction was 21.2%, reflecting a 48.6%  
208 alteration compared to the previous year (Fig. 3C). When the Taiwanese government leveled  
209 up facemask regulations from F1 to F3, a higher degree of positivity rate reduction was  
210 observed.

211 Positivity rates of enveloped and non-enveloped respiratory viruses

212 The influenza virus was the most predominant enveloped NCRVs in both adult  
213 (59.0%±22.7%) and pediatric (20.4%±14.3%) patients. The average positivity rate of  
214 enveloped NCRVs in adults in pre-COVID time was 14.0-17.6% (Fig 4A, red line). Such rate  
215 remained stable (4.2-5.4%) exclusive of influenza virus (Fig 4A, blue line). After a

216 combination of NPIs was implemented in January 2020, the average positivity rate of non-  
217 influenza enveloped NCRVs in adults dropped to 3.6% in February-May 2020 (Fig. 4A). A  
218 similar drop was observed in pediatric patients at 2.5% (Fig. 4C). Adjusting for influenza  
219 virus infection, the positivity rates in both adult (2.5% versus 4.7%,  $P < 0.001$ ) and pediatric  
220 patients (11.5% versus 26.4%,  $P < 0.001$ ) reduced significantly after NPIs implementation  
221 (Fig. 4A, C). Considering the potential effects of NPIs on non-enveloped NCRVs, the  
222 average positivity rates did not decline after the implementation of NPIs in Taiwan. In adults,  
223 compared to the pre-COVID period, a 0.8% increase in the average positivity rate was shown  
224 after initiation of the NPIs (5.9% versus 5.1%,  $P = 0.04$ ) (Fig. 4B). The positivity rate in  
225 children remained still regardless of the implementation of NPIs (33.9% vs 33.8%,  $P = 0.69$ )  
226 (Fig. 4D).

227 Positivity rates of influenza virus

228         During the early phase of COVID-19 epidemic in January 2020, the positivity rate of  
229 influenza in TVGH was comparable to that in 2019. As the government started strengthening  
230 the intervention measures, the positivity rate of adult patients declined from 16.6% in January  
231 2020 to 3.3% in February 2020, and the overall positivity rate from January to May in 2020  
232 was significantly lower than that in 2019 ( $P_T < 0.001$ , Fig. 5A). There was no influenza  
233 pediatric case observed after March 2020, and the overall positivity rate in 2020 was  
234 significantly lower than that in 2019, which was similar to adult patients ( $P_T = 0.02$ , Fig. 5E).

235 Positivity rates of Enterovirus/Rhinovirus (EnV/RhV)

236         Regardless of NPIs, the positivity rates of EnV/RhV during the COVID-19 epidemic  
237 did not reduce as compared to the previous year. In adults, the positivity rate of EnV/RhV  
238 remained above 6% in January and February 2020, and then gradually declined after March  
239 2020, but the monthly positivity rates remained similar to those of the previous year. The

240 overall positivity rate of adult patients in 2020 (4.9%) was no significant difference than that  
241 in 2019 (5.5%) ( $P_T=0.48$ , Fig. 5B). However, in pediatric patients, even with stepwise NPIs,  
242 we did not observe a significant decline in the positivity rates of EnV/RhV during the  
243 epidemic period. On the other hand, the positivity rate increased above 30% since April 2020  
244 and became significantly higher in May 2020 (44.1%) as compared to May 2019 (23.7%) ( $P$   
245  $= 0.03$ , Fig. 5F). The overall positivity rate of pediatric patients in 2020 (29.0%) was also no  
246 significant difference than that in 2019 (27.6%) ( $P_T=0.97$ ).

#### 247 Positivity rates of seasonal Coronaviruses (sCoVs)

248 A high level of positivity rates was observed during the early phase of COVID-19  
249 epidemic since January 2020. In adult patients, the positivity rates of sCoVs in 2020 were  
250 higher than that in the same period in 2019, and the overall positivity rate in 2020 (1.6%) was  
251 higher than that in 2019 (1.0%). Although the positivity rates of 2020 did not reach the  
252 statistically significant difference than those of 2019 in adult patients, the positivity rates  
253 during post-COVID period were still higher, especially from January to March ( $P_T=0.17$ , Fig.  
254 5C). A peak of positivity rate was observed in pediatric patients in January 2020; the overall  
255 positivity in 2020 (2.2%) was lower than that in 2019 (2.9%) ( $P_T=0.80$ , Fig. 5G). The  
256 positivity rates gradually declined with the implementation of higher levels of NPIs.

#### 257 Positivity rates of other respiratory viruses

258 With respect to all other NCRVs, compared with the same period in 2019, the  
259 positivity rates in adult patients rose in January 2020 then gradually declined after March  
260 2020, and the positivity rate in April 2020 (1.2%) was significantly lower than that in April  
261 2019 (5.5%) ( $P<0.001$ ). However, the overall positivity rate in 2020 (2.6%) was no  
262 significant difference than that in 2019 (3.4%) ( $P_T=0.2$ , Fig. 5D). Similarly, the positivity rate  
263 in pediatric patients in January 2020 was much higher than that of the previous year (23.1%

264 to 5.0%,  $P < 0.001$ ), but it declined since April 2020 to a value lower than that in 2019; and,  
265 the overall positivity rate in 2020 (12.9%) was significantly lower than of that in 2019  
266 (24.3%) ( $P_T < 0.001$ , Fig. 5H).

## 267 **Discussion**

268 Our study revealed a three-fold increase in the numbers of patients tested for NCRVs  
269 after the COVID-19 outbreak in January 2020. Regarding types of NCRVs, influenza virus  
270 and enterovirus/rhinovirus (EnV/RhV) were the most commonly reported enveloped and non-  
271 enveloped viruses regardless of the COVID-19 pandemic. While the overall test positivity  
272 rate of NCRVs reduced after TCDC introduced NPIs nationwide, such reduction was  
273 predominantly contributed by enveloped NCRVs. We did not observe the epidemiological  
274 impacts of NPIs on non-enveloped viruses in our hospital-based research.

275 Our findings have consolidated the protective effects of NPIs against enveloped  
276 viruses, including influenza viruses and seasonal coronaviruses. The results are in line with  
277 other studies of the effectiveness of NPIs (i.e. facemask usage and physical distance) on  
278 controlling NCRVs in both the 2003 SARS outbreak in Taiwan and the current COVID-19  
279 pandemic.<sup>13-14</sup> During the 2003 SARS outbreak, the positivity rates of NCRVs, especially  
280 influenza virus, dropped significantly after Taiwanese governments enacted NPIs such as  
281 universal facemask wearing and body temperature monitoring.<sup>13</sup> Recent studies have  
282 witnessed a reduction in the incidence of influenza viruses after NPIs were adopted in  
283 Taiwan, Japan, New Zealand, and the United States.<sup>14-17</sup> Regarding sub-population  
284 differences, we found that test positivity rates for influenza in adults dropped one month  
285 earlier than children (i.e. February 2020 versus March 2020). The temporal difference may be  
286 attributed to varied facemask availability between adults and children. Specifically, adult-size  
287 facemasks have been widely available since 28 January 2020, but child-size ones were not  
288 available nationwide until 5 March 2020. More research in how and to what extent,

289 availability of personal-protection equipment affects the mortality and mobility of sub-  
290 populations caused by both NCRVs and COVID-19 are warranted.

291 Our results provide compelling evidence that current NPIs may have limited impacts  
292 on combating non-enveloped NCRVs. Contrary to existing findings from TNIDSS and the  
293 National Health Insurance Research Database, our hospital-based research showed that test  
294 positivity rates in both adults and children for EnV/RhV remained stagnant.<sup>14</sup> The observed  
295 differentiated impacts of NPIs on enveloped and non-enveloped viruses can be explained by  
296 three factors. Firstly, non-enveloped viruses are more resistant to environmental challenges  
297 (e.g. heat, desiccation and pH values) than enveloped viruses. The former are hydrophilic and  
298 with more extended survival periods than the latter with lipid bilayer, treated with alcohol-  
299 based disinfectants.<sup>15,16</sup> Although Taiwan has adopted alcohol-based fumigation to combat  
300 COVID-19 transmission, the resistant nature of non-enveloped viruses make both  
301 enteroviruses and rhinoviruses survive longer and thereby increase their likelihoods of  
302 transmission via person-to-person or contaminated surface.<sup>17-22</sup> This proposition can help to  
303 explain a rhinovirus outbreak in New Zealand under stringent interventions against COVID-  
304 19.<sup>23</sup> {Huang, 2020 #1}. Secondly, studies applying national databases could be subjected to  
305 coding and report biases. We argue that more analyses of real-world data other than national  
306 databases are needed to evaluate the effectiveness of NPIs. Lastly, while Taiwan requested all  
307 citizens to wear facemasks and improve hand hygiene, most venues provide alcohol-based  
308 hand sanitizer, which had little viricidal effects against non-enveloped viruses. One can still  
309 carry and spread of non-enveloped viruses after touching contaminated surfaces. Given  
310 alcohol-based disinfectants cannot kill non-enveloped viruses, chloride- and hydrogen  
311 peroxide-based products should be added into guidance for comprehensive infection  
312 control.<sup>24</sup> While keeping increasing the public awareness of hand hygiene against non-  
313 enveloped viruses, governments should apply a combination of disinfectants to infection

314 control so that the negative consequences of both the COVID-19 and NCRVs pandemics can  
315 be further mitigated.

316 One notable observation from our study was that the positivity rates of sCoVs in  
317 January-March 2020 were much higher than the same periods in 2019. Such increase in  
318 sCoVs positivity rate might be explained by co-incidental COVID-19 outbreak. Nevertheless,  
319 the positivity rates declined as NPIs were gradually intensified. Studies have shown that  
320 facemask usage and physical distancing were effective in preventing the transmission of  
321 sCoVs.<sup>25,26</sup> However, studies demonstrating the correlation between sCoV incidence and  
322 individual NPI remained scarce. Further studies are necessary to address such issues in the  
323 post-COVID-19 era.

324 Our study bears several limitations. Firstly, our research was conducted in a medical  
325 center in northern Taiwan with a limited number of patients. Our results, particularly of  
326 pediatric patients, cannot be generalized to national epidemiological trends of viral infection  
327 in Taiwan. We urge more studies using multi-center primary data and follow up with more  
328 pediatric patients to capture the real-world epidemiological changes. Secondly, RT-PCR tests  
329 were not commonly used in clinical assessment in the pre-COVID-19 era. As the number of  
330 patients tested for NCRVs increased much compared with situations in 2019, our reported  
331 changes in trends might be overestimated. Thirdly, the reliability of specimen collection  
332 measures among different physicians was unknown, albeit guidance on the standard of care.  
333 Different ways in specimen collection could bias test positivity rates of NCRVs. Moreover,  
334 types of testable viruses are limited to the two multiplex RT-PCR systems, neither of which  
335 can distinguish enterovirus from rhinovirus infection. Subjected to such limitations, our test  
336 positivity rates of EnV/RhV can be biased and of limited use. Lastly, physical distancing, the  
337 universal wearing of masks, and hand hygiene have all been reported to be effective in  
338 reducing NCRVs transmission.<sup>16-19</sup> While non-pharmaceutical interventions might have had

339 synergistic effects to prevent transmission of NCRV, the size and extent of effectiveness  
340 should be carefully examined through a systemic approach. We could not calculate the  
341 individual effectiveness of every NPI that the Taiwanese government implanted. Factors that  
342 potentially confound or interact with each NPI on the incidence of NCRVs should be  
343 investigated carefully in future studies applying mathematical modeling or causative designs.

#### 344 **Conclusion**

345 Non-pharmaceutical interventions play essential roles in preventing respiratory virus  
346 transmission. Comprising facemask wearing, physical distancing and alcohol-based sanitizers  
347 and disinfectants, current public health interventions may not be sufficient mitigation  
348 measures to reduce the spread of non-enveloped viruses. Policymakers should develop timely  
349 and comprehensive guidance on the use of combined virucides to eliminate all NCRVs and  
350 thereby maintain the resilience and capacity of healthcare systems.

351

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422 Table 1. Characteristics of patients being tested for non-COVID respiratory viruses from January 2019 to May  
 423 2020. NRCV: Non-COVID-19 Respiratory Virus; RT-PCR: reverse transcription polymerase chain reaction.

	2019 (Pre-COVID)	2020 Jan to May (Post-COVID)
<i>Total number of RT-PCR tests</i>	6012	6115
<i>Number of repetitive tests (%)</i>	1157 (19.2%)	1277 (20.1%)
<i>Number of patients</i>	4855	4838
<i>Adult (%)</i>	4098 (84.4%)	4546 (94.0%)
<i>Pediatric (%)</i>	757 (15.6%)	292 (6.0%)
<i>Median Age</i>	64	62
<i>Adult patient</i>	69	64
<i>Pediatric patient</i>	4	5
<i>Number of patients infected with at least one NCRV (%)</i>	1242 (25.6%)	696 (14.4%)
<i>Number of patients infected with two or more NCRVs (%)</i>	179 (3.7%)	66 (1.4%)
<i>Number of patients under intensive care (%)</i>	1079 (22.2%)	497 (10.3%)

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425

426 **Figure legends:**

427 Figure 1. Positivity Rates of severe complicated influenza infection reported either by Taiwan Center of Disease  
428 Control (TCDC) and Taipei Veterans General Hospital (TVGH). A: the black solid bars were the rates that  
429 TCDC reported in 2019 while the white bars were those in 2020. B: the black stripe bars were the rates that  
430 TVGH reported in 2019 while the white stripe bars were those in 2020. Rates of severe influenza virus infection  
431 were defined as the number of patients with respiratory failure and confirmed with influenza virus infection by  
432 reverse transcription polymerase chain reaction (RT-PCR) tests divided the total number of patients with  
433 respiratory failure and proceeded RT-PCR tests. \*The outlier in March 2020 TVGH reported was 100% due to  
434 that there was only one patient suspected with influenza-related respiratory failure and confirmed by RT-PCR  
435 test.

436 Figure 2. Number of patients and positivity rates of non-COVID respiratory viruses. A: All patients. B: Adult  
437 patients. C: Pediatric patients. SARS-CoV-2 broke out in January 2020 and the Taiwanese government  
438 implemented various non-pharmaceutical interventions and infection control measures since February 2020. F1:  
439 level 1 facemask regulation, started on January 28. F2: level 2 facemask regulation, started on February 11. F3:  
440 level 3 facemask regulation, started on March 3. P: physical distancing, started on March 25.

441 Figure 3. Comparison of monthly positivity rates and rates of reduction of non-COVID-19 respiratory viruses  
442 between January-May 2019 and January-May 2020. with reduction of positivity rates (the red spots). %  
443 Reduction of positivity rate was defined as positivity rate in 2020 subtracted that of 2019 and divided by  
444 positivity rate in 2019. 3A: all patients. 3B: adult patients. 3C: pediatric patients.

445 Figure 4. Average positivity rates of enveloped and non-enveloped non-COVID respiratory viruses (NCRVs) in  
446 five different periods since 2019. A: Enveloped NCRVs in adult patients. B: Non-enveloped NCRVs in adult  
447 patients. C: Enveloped NCRVs in pediatric patients. D: Non-enveloped NCRVs in pediatric patients. Red line:  
448 data include influenza virus; blue line: positivity rates of enveloped NCRVs, pure influenza virus infection was  
449 excluded. Black arrow: sequential non-pharmaceutical interventions implemented by the Taiwanese government  
450 from January 28. \*:P<0.001; #:P=0.04

451 Figure 5. Positivity rates of influenza virus, Enterovirus/Rhinovirus, seasonal coronavirus, and other viruses. A,  
452 B, C, and D: Adult patients; E, F, G, and H: Pediatric patients. Due to limited patients in adenovirus,  
453 parainfluenza virus, human metapneumovirus, human bocavirus, and respiratory syncytial virus, we categorized

454 these viruses as “other viruses” in this study. P<sub>T</sub>: p values which compared overall positivity rates of four  
455 different non-COVID respiratory viruses in January 2020 to May 2020 with those of the same period in 2019.