

Helminth induced monocytosis conveys protection from respiratory syncytial virus infection in mice.

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Abstract

Background Respiratory syncytial virus (RSV) infection in infants is a major cause of viral bronchiolitis and hospitalisation. We have previously shown in a murine model that ongoing infection with the gut helminth *Heligmosomoides polygyrus* (*H. polygyrus*) protects against RSV infection through type I interferon (IFN-I) dependent reduction of viral load. Yet, the cellular basis for this protection has remained elusive. Given that recruitment of mononuclear phagocytes to the lung is critical for early RSV infection control, we assessed their role in this coinfection model. **Methods** Mice were infected by oral gavage with *H. polygyrus*. Myeloid immune cell populations were assessed by flow cytometry in lung, blood and bone marrow throughout infection and after secondary infection with RSV. Monocyte numbers were depleted by anti-CCR2 antibody or increased by intravenous transfer of enriched monocytes. **Results** *H. polygyrus* infection induces bone marrow monopoiesis, increasing circulatory monocytes and lung mononuclear phagocytes in a IFN-I signalling dependent manner. This expansion causes enhanced lung mononuclear phagocyte counts early in RSV infection that may contribute to the reduction of RSV load. Depletion or supplementation of circulatory monocytes prior to RSV infection confirms that these are both necessary and sufficient for helminth induced antiviral protection. **Conclusions** *H. polygyrus* infection induces systemic monocytosis contributing to elevated mononuclear phagocyte numbers in the lung. These cells are central to an anti-viral effect that reduces the peak viral load in RSV infection. Treatments to promote or modulate these cells may provide novel paths to control RSV infection in high risk individuals.

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Methods Mice were infected by oral gavage with *H. polygyrus*. Myeloid immune cell populations were assessed by flow cytometry in lung, blood and bone marrow throughout infection and after secondary infection with RSV. Monocyte numbers were depleted by anti-CCR2 antibody or increased by intravenous transfer of enriched monocytes.

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Conclusions *H. polygyrus* infection induces systemic monocytosis contributing to elevated mononuclear phagocyte numbers in the lung. These cells are central to an anti-viral effect that reduces the peak viral load in RSV infection. Treatments to promote or modulate these cells may provide novel paths to control RSV infection in high risk individuals.

Keywords:

Helminth, Innate immunity, Mononuclear phagocyte, RSV, Virus

Main Text:

Introduction

Respiratory syncytial virus (RSV) induced viral bronchiolitis is a major cause of infant hospitalisation worldwide¹. Adult infection is frequently associated with mild respiratory illness but can also cause significant morbidity and mortality in the elderly and immunocompromised individuals^{2,3}. There is as yet no active vaccination towards or specific therapy for RSV infection although many promising candidates are currently in clinical trials. Treatment is limited to supportive measures and prophylaxis for high risk infants with the anti-RSV F-protein antibody palivizumab, a high cost option with limited effectiveness^{4,5}.

Novel approaches to managing RSV, and greater understanding of the immune response to infection, are still required. We have previously reported that an ongoing infection with the murine enteric helminth *Heligmosomoides polygyrus* (*H. polygyrus*) is able to improve RSV infection outcomes by suppressing the peak viral load early in infection⁶. This work found that the adaptive immune response to *H. polygyrus* infection, the type 2 immune response, characteristic of helminthic infection and typified by robust IL-33, IL-4 and IL-13 signalling⁷, as well as the anti-microbial peptide LL-37 are not required for the *H. polygyrus* induced anti-viral immunity in the lung. Rather, type I interferon (IFN-I) signalling, induction of interferon beta (IFN β) and interferon stimulated genes (ISGs), including *Rsad2* (encoding viperin) and *Oas1a* are central to the *H. polygyrus* induced protective effect against RSV infection. Many ISGs have antiviral functions and both viperin and OAS can limit RSV infection^{8,9}. Almost all cells of the lung have the capacity to both produce one or more of the family of IFN-Is and to respond to IFN-I signalling through the dedicated receptor IFN α receptor (IFNAR)¹⁰⁻¹². This broad potential space for IFN-I signalling led us to question which cells may be contributing to *H. polygyrus* induced anti-viral effects. Mononuclear phagocytes, including monocytes and macrophages, are known responders to IFN-Is and have been linked to early control of RSV infection^{13,14}. IFN-Is can regulate monocyte recruitment during inflammation, skew hematopoietic output, and through interferon regulatory factors promote differentiation to, and polarisation of, macrophages¹⁵⁻¹⁸. Monocytes can also be potent producers of IFN-Is, especially IFN β , in response to stimuli including RSV¹⁹. We therefore hypothesised that lung mononuclear phagocytes following *H. polygyrus* infection mediate the helminth induced protective effect against RSV infection.

Materials and Methods

Animals

BALB/c mice were purchased from Charles River (Margate, Kent, UK). C57BL/6 and *Ifnar1*^{-/-} (C57BL/6 background)²⁰ mice were bred in-house at the University of Edinburgh. Eight – 12 week old mice were infected by oral gavage with 200 stage 3 *H. polygyrus* larvae. Some animals were administered 20 μ g of anti-CCR2 antibody (MC-21, gift M. Mack) by intra-peritoneal injection seven and nine days later. Other animals were given 2x10⁶ enriched bone marrow monocytes by intravenous injection. Some animals were infected with RSV (10⁵ plaque forming units) intranasally ten days after *H. polygyrus* infection. After monocyte transfer RSV was administered 30 minutes later. All procedures were approved by local ethical review committee and the UK Home Office.

Parasites and viral stocks

The parasite life cycle was maintained as previously described²¹. Plaque-purified human RSV (Strain A2; ATCC, VA, USA) was grown in HEp-2 cells as previously described²².

RSV immunoplaque assay

RSV titres were assessed by immunoplaque assay. Lung homogenates were titrated onto HEp-2 cell monolayers in 96-well plates. Twenty-four hours later monolayers were fixed and permeabilised with 2% H₂O₂ in methanol then bound with biotin-conjugate goat anti-RSV antibody (BioRad; Watford, Hertfordshire, UK). Plaques were visualised with extravidin peroxidase and AEC red (SigmaAldrich; Glasgow, Scotland, UK) and infection units observed by light microscopy.

L-gene real time PCR

Lungs were homogenized in 1 mL of TRIzol (ThermoFisher Scientific; Waltham, MA, USA). cDNA was made from the two μ g extracted RNA using HC cDNA RT kit (ThermoFisher Scientific; Waltham, MA, USA) according to manufacturer's instructions. Custom primers and probe for RSV L gene were used as previously described⁶.

Colony forming assays

Bone marrow colony forming assays were performed with MethoCult GF M3434 (StemCell Technologies; Cambridge, Cambridgeshire, UK) per manufacturer's instructions. Bone marrow from hind limb tibia and

femur flushes was washed, 70 μ M filtered and then resuspended in MethoCult GF M3434 at 1×10^4 cells per 35mm culture dish in duplicate. Plates were incubated at 37°C 5% CO₂ in humidified chambers. After 10-12 days colonies were characterised to lineage and counted.

Flow cytometry

Following digestion with Liberase (385 μ g/mL PBS; SigmaAldrich; Glasgow, Scotland, UK) and DNaseI (0.5mg/mL; SigmaAldrich; Glasgow, Scotland, UK) and red blood cell lysis (Hybrimax buffer; SigmaAldrich; Glasgow, Scotland, UK) 2×10^6 lung cells per panel were stained with LIVE/DEAD fixable near-IR dead cell kit (ThermoFisher Scientific; Waltham, MA, USA). The following anti-mouse antibodies were used for immune cell characterisation; Brilliant Violet 510 CD11c (N418; Biolegend; London, UK), Brilliant Violet 570 CD11b (M1/70; Biolegend; London, UK), Brilliant Violet 605 CD45 (30-F11; Biolegend; London, UK), AlexaFluor 647 CD64 (X54-5/7.1; Biolegend; London, UK), AlexaFluor 700 Ly6C (HK1.4; Biolegend; London, UK), phycoerythrin Siglec-F (E50-2440; BD Biosciences; Wokingham, Berkshire, UK), eFluor 450 Ly6G (1A8; ThermoFisher Scientific; Waltham, MA, USA). Fc-receptor binding was blocked using anti-mouse CD16/CD32 antibody (2.4G2) (BD Biosciences; Wokingham, Berkshire, UK).

Red blood cell were lysed (RBC lysis buffer; Biolegend; London, UK) and 50 μ l per panel was stained with dead cell kit as above and the following antibodies used; Lineage dump (Brilliant Violet 421 Siglec F (E50-2440; BD Biosciences), Pacific Blue CD3 (17A2; Biolegend; London, UK), CD19 (6D5; Biolegend; London, UK), and CD49b (PK136; Biolegend; London, UK)), Brilliant Violet 510 Ly6G (1A8; Biolegend; London, UK), Brilliant Violet 605 CD45 (30-F11; Biolegend; London, UK), Brilliant Violet 650 CD11b (M1/70; Biolegend; London, UK), phycoerythrin Treml4 (16E5; Biolegend; London, UK), allophycocyanin CD115 (AFS98; Biolegend; London, UK), AlexaFluor 700 Ly6C (HK1.4; Biolegend; London, UK). Fc-receptor binding was blocked as above.

2×10^6 bone marrow cells were stained with dead cell kit as above, lineage dump (as above plus Pacific Blue Ly6G (1A8; Biolegend; London, UK), TER-119 (TER-119; Biolegend; London, UK), CD11c (N418; Biolegend; London, UK)), BV711 CD16/CD32 (93; Biolegend; London, UK), PE-Cy7 CD117 (2B8; Biolegend; London, UK), allophycocyanin CD115 (AFS98; Biolegend; London, UK) and AlexaFluor 700 Ly6C (HK1.4; Biolegend; London, UK). Fc-receptor binding was blocked using purified mouse serum (M5905; SigmaAldrich; Glasgow, Scotland, UK).

Flow cytometry samples were analysed with an Aurora cytometer (Cytex; Amsterdam, The Netherlands) and analysis performed with FCS Express 7 (De Novo Software; Pasadena, CA, USA).

Monocyte isolation

To enrich bone marrow monocytes for cell transfer experiments mouse monocyte isolation Kit (130-100-629; Miltenyl Biotec; Bisley, Surrey, UK) was used.

Statistical analysis

All data were analysed using Prism 9 software (GraphPad Software; Boston, MA, USA). Data from two groups were analysed by unpaired *t* test, while data from more than two groups were analysed by one-way ANOVA with Tukey's multiple comparisons test with a single pooled variance. Unless otherwise stated, differences are statistically non-significant. **** $p < 0.0001$, *** $p < 0.001$; ** $p < 0.01$; * $p < 0.05$.

Results

H. polygyrus infection induces blood monocytosis and increases lung mononuclear phagocytes .

The early response to RSV infection in mice drives the recruitment of monocytes to the lung causing an accumulation of mononuclear phagocytes¹³. In the initial hours of infection these cells are predominantly Ly6C^{hi}, later downregulating Ly6C and becoming predominantly CD11c⁺. Flow cytometric analysis was used to assess if these populations were also affected by *H. polygyrus* infection. Female Balb/c mice were infected with *H. polygyrus* and lungs assessed for innate immune cell composition through the later stages of

infection. Cells of the monocyte-macrophage lineage were identified by their expression of the high affinity Fc receptor, CD64 (also known as FcγR1), and subdivided on the basis of SiglecF expression. SiglecF expressing CD64⁺ cells represent alveolar macrophages, whereas the SiglecF⁻ compartment will contain interstitial macrophages and some monocytes and their progeny. Compared with sham infection controls there was an increase in the numbers of mononuclear phagocytes (CD45⁺, Ly6G⁻, SiglecF⁻, CD11b⁺, CD64⁺, Fig. 1A) in the lungs of *H. polygyrus* infected mice from ten days post infection, subsiding yet still elevated at 14 days. (Fig. 1B). In comparison, the resident alveolar macrophage compartment (CD45⁺, Ly6G⁻, SiglecF⁺, CD11b⁻, CD64⁺, Fig. 1A) remained unchanged (Fig. 1C). The expansion was predominantly due to Ly6C⁺ macrophages with a variable increase in CD11c⁺ only at day ten (Fig. 1D-F).

A large proportion of the recruited macrophages seen in response to lung inflammatory stimuli are derived from circulating monocytes^{23,24}. It is therefore likely that the vascular monocyte reservoir would reflect the observed influx of mononuclear phagocytes to the lung. Peripheral blood was sampled from mice throughout *H. polygyrus* infection to assess circulatory monocyte counts by flow cytometry (CD45⁺, Lin⁻, CD11b⁺, Ly6G⁻, CD115⁺, Fig. 2A). Elevated total monocyte numbers were observed from seven to ten days post infection (Fig. 2B) and their numbers returned to baseline by 14 days post infection. Circulatory monocytes in the mouse can be distinguished into three phenotypic subtypes; classical, intermediate and non-classical monocytes^{25,26}. Using the markers Ly6C and Trem14 to separate these three populations (Fig. 2A), the *H. polygyrus* induced expansion of monocytes was found to be predominantly in Ly6C⁺Trem14⁻ classical monocytes (Fig. 2C).

H. polygyrus infection induces bone marrow monopoiesis.

Under normal physiological conditions, murine classical monocytes have a half-life of just over one day in the circulation, with constant replenishment from the bone marrow^{27,28}. To understand if the monocytosis in blood during *H. polygyrus* infection reflected changes at the level of bone marrow haematopoiesis, we used colony forming assays to assess the progenitor lineage potential during *H. polygyrus* infection. Four days post infection there was an increase in the number of monocyte-committed progenitors (Colony Forming Unit – Monocytic; CFU-M) compared to uninfected controls (Fig. 3A). Although this elevation was short lived and lost by 10 dpi (Fig. 3B), enumeration of classical monocytes (Lin⁻, CD16/CD32⁺, CD117⁻, CD115⁺, Ly6C⁺, Fig. 3C) in the bone marrow confirmed that their numbers increase in the context of *H. polygyrus* infection (Fig. 3D).

H. polygyrus infection induced increase in blood monocytes and lung mononuclear phagocytes is IFN-I signalling dependent.

IFN-I signalling through IFNAR is essential to the *H. polygyrus* induced anti-viral effect⁶. To test if the expansion in mononuclear phagocytes was dependent on this signalling axis, cell counts were assessed 10 dpi with *H. polygyrus* in *Ifnar1*^{-/-} mice, which are maintained on a C57BL/6 background. Importantly, the *H. polygyrus* induced expansion of lung mononuclear phagocytes (Fig. 4A) and of circulatory monocytes (Fig. 4B) were evident in control C57BL/6 mice but lost in the absence of IFN-I signalling. In contrast, IFNAR-deficient mice still had increases in committed monocyte progenitors in the bone marrow after *H. polygyrus*, albeit to a lower level than in wild type controls. Ly6C⁺ monocyte numbers in the bone marrow also seemed to increase after *H. polygyrus*, but without reaching statistical significance (Fig. 4C,D).

H. polygyrus monocytosis results in higher numbers of lung mononuclear phagocytes early after RSV infection.

RSV induced monocyte influx and subsequent accumulation of lung mononuclear phagocytes is crucial for the production of cytokines associated with the antiviral response¹³. To ascertain if this early influx was altered following *H. polygyrus* infection, we used flow cytometry to assess the monocyte-macrophage compartment eight hours post RSV infection. RSV infection alone increased the numbers of mononuclear phagocytes in the lung (Fig. 5A), as others have observed, but after prior infection with *H. polygyrus* their counts were significantly higher than after RSV infection alone (Fig. 5B). This expansion was seen in both Ly6C⁺ and CD11c⁺ macrophages (Fig. 5C,D). Four days after RSV infection, numbers of Ly6C⁺ macrophages remained higher in mice with prior *H. polygyrus* infection, while the increase in numbers of CD11c⁺ macrophages did

not persist (Fig. 5E). Alveolar macrophage numbers were unaffected by prior *H. polygyrus* infection at both 8 and 96 hours post RSV infection (Fig. S1A,B). These findings demonstrate that *H. polygyrus* infection leads to numbers of lung mononuclear phagocytes that exceed those found early after RSV infection alone, raising the possibility that high numbers of these cells confers an early protective effect against RSV infection.

Expanded circulatory monocytes are necessary and sufficient for enhanced immunity against RSV infection.

To assess if the *H. polygyrus*- induced increase in lung mononuclear phagocytes contributes to the previously reported *H. polygyrus* induced antiviral effect against RSV, monocytes were depleted through administration of anti-CCR2 (MC-21) antibodies seven and nine days after *H. polygyrus* infection. Flow cytometry analysis of tail vein blood 10 dpi confirmed that the antibody treatment reversed the expansion of circulatory monocytes, returning their numbers to steady state levels (Fig. 6A). Anti-CCR2 treatment also prevented the increases in mononuclear phagocytes (Fig. 6B), Ly6C⁺ macrophages (Fig. 6C) and CD11c⁺ macrophages (Fig. 6D) in the lung. Alveolar macrophage numbers appeared to be unaffected by anti-CCR2 treatment, as expected for this tissue resident population without overt inflammatory stimuli (Fig. S1C). Mice were then intranasally infected with 10⁵ pfu RSV and their lungs were assessed for viral load by immunoplaque assay four days post RSV infection (14 days after *H. polygyrus* infection). The RSV load was significantly reduced following *H. polygyrus* infection, as expected. However, anti-CCR2 treatment prevented this decrease in RSV load (Fig. 6E). This demonstrates that increases in circulatory monocytes and lung mononuclear phagocytes are required for the *H. polygyrus* induced protective effect against RSV infection.

Finally, to complement these depletion experiments we used adoptive monocyte transfer to test if elevated numbers of blood monocytes are sufficient to replicate the *H. polygyrus* effect and limit RSV infection. Female BALB/c mice were infected with *H. polygyrus* and ten days later bone marrow was isolated and enriched for monocytes to 94% using negative lineage selection beads to minimise monocyte activation. Two million monocytes from *H. polygyrus* infected or control mice were intravenously transferred to naïve mice to raise their number in the circulation immediately prior to RSV infection. Analysis of the peak viral load four days after RSV infection showed significant decreases in RSV titres after adoptive monocyte transfer from both control and *H. polygyrus* infected animals. Taken together, these data demonstrate that increasing the numbers of circulatory monocytes is sufficient to increase anti-RSV immunity irrespective of the infection state of the donors (Fig. 6F).

Discussion

H. polygyrus infection reduces RSV infection peak viral load, secondary immuno-pathology, and associated lung function impairment⁶. We now describe how this helminth infection induces enhanced monopoiesis in the bone marrow, elevated circulatory monocytes and increased recruitment of monocyte derived mononuclear phagocytes to the lung. Using monocyte ablation and transfer we show the functional importance of circulatory monocyte derived cells in the *H. polygyrus* -induced anti-viral effect against RSV. Elevated numbers of circulatory leukocytes over the first two weeks of *H. polygyrus* infection, including lymphocytes, neutrophils and monocytes have previously been described but only in C57BL/6 mice^{29,30}. The correlative observations of bone marrow myelopoiesis to drive this expansion in circulatory monocytes, and the subsequent elevation of lung mononuclear phagocytes are novel to our study. We expect that the mononuclear phagocyte population in the lung is directly derived from circulatory monocytes. This is supported by the circulatory increase being observed from 7 dpi, whereas lung mononuclear phagocytes remain unchanged until 10 dpi. The absence of the increase in lung mononuclear phagocytes when circulatory monocytes are ablated supports this interpretation. However, due to the potential for persistence of CCR2 on tissue mononuclear phagocytes³¹ we cannot discount the possibility that we directly ablated cells in the lung as well.

A growing body of work has assessed the interplay between parasitic and viral infections³². *H. polygyrus* infection has been previously described to suppress influenza A (IAV) infections although the mechanism was undetermined³³. *Trichinella spiralis* infection improves disease outcome to IAV in a gut damage dependent mechanism, but this was through suppression of secondary inflammation, rather than reduction in viral titres and no alteration in the mononuclear phagocyte compartment was observed³⁴. *Schistosoma mansoni*

(*S. mansoni*) infection is protective against secondary infection with IAV and in pneumonia virus of mice (PVM) infection it gave a small reduction in peak PVM load³⁵. *S. mansoni* larvae pass through the lung in mice so their effect on respiratory viral infection is likely due to local inflammatory responses rather than to the systemic response observed with the strictly enteric *H. polygyrus*. A mononuclear phagocyte response was not reported but others have described *S. mansoni* to drive recruitment of alternatively activated macrophages³⁶. Their local immunosuppressive effect is often detrimental to viral infection control, with both *H. polygyrus* and *S. mansoni* infection reactivating latent murine γ -herpesvirus infections by suppressing the antiviral IFN response³⁷.

The promotion of alternative activated macrophages in helminth infection has also been described in tissues peripheral to the gut. *H. polygyrus* induces heart macrophages with a strong type 2 polarisation which appear at 28 dpi³⁸. The absence of elevated blood monocytes at this late time point, and the very small increase in the number of monocytes and mononuclear phagocytes expressing the M2 marker CD301 (predominantly regulatory macrophages, data not shown) at 10 dpi in our study, further indicate that different mechanisms are responsible for the early induction of lung mononuclear phagocytes after *H. polygyrus* infection and a later type-2 immunity driven expansion of alternatively activated macrophages.

An active factor driving the early *H. polygyrus* effects observed in our study has not yet been identified but the fact that both the antiviral effect and the expansion of both blood monocytes and lung mononuclear phagocytes depend on IFNAR signalling likely implies a role for IFN-Is either as direct effectors or stimuli for a secondary signal. The monocytic response to IFN-I signalling is key to myeloid responses in many other infections. IFNAR-deficient mice have been used widely in SARS-CoV-2 models where this disruption impairs recruitment of Ly6C⁺ monocytes to the lung^{39,40}. In other inflammatory conditions this may be due to decreased turnover to Ly6C⁻ monocytes, but the overall increase in total monocyte and mononuclear phagocyte numbers in *H. polygyrus* infection suggests other additional effects¹⁴. IFNAR signalling has also been linked to mononuclear phagocyte function in IAV infection^{41,42} and to inflammatory monocyte accumulation in mucosal herpes simplex virus infection⁴³. IFN-I signalling is also key to the accumulation of inflammatory Ly6C⁺ mononuclear phagocytes in the lung associated with older age, with a phenotype similar to that seen in viral infections such as IAV⁴⁴. In PVM infection IFNAR signalling has no effect on monocytic cells but is required for the induction of inflammatory conventional dendritic cells, indicating a likely infection specificity of myeloid IFN-I signalling requirements⁴⁵. However, dendritic cells express CD11c and may contribute to the CD11c⁺ macrophages we have found to expand after *H. polygyrus* infection. Indeed the ongoing difficulty in characterising the mononuclear phagocyte sub-compartments in murine pulmonary inflammation (recently reviewed^{46,47}) due to shared expression of the key markers used for steady state characterisation is also a limitation in this study. It is important to note that similar to the work in our study the use of global IFNAR knockouts in the studies above means that despite the usually high expression of IFNAR on monocytes, their response may be dependent on secondary cells.

Effects of IFN-Is on blood monocytes are less well studied including in *Ifnar1* deficiency. The historical characterisations of IFNAR-deficient mice showed elevated circulatory monocytes, counter to our model, but the increased risk of infection in IFNAR-deficient mice, at a time before modern infection control measures were available, may have contributed to this effect²⁰. In human peripheral blood mononuclear cells (PBMCs) classical monocytes are more responsive to IFN-Is than non-classical monocytes due to differential abundance of IFNAR⁴⁸ and culture of PBMCs with IFN-Is will alter their phenotype⁴⁹⁻⁵¹. An expansion of circulatory monocytes and lung CD64⁺ cells, similar to our findings, was observed in idiopathic pulmonary fibrosis patients and associated with increased circulatory IFN-Is⁵². Exogenous treatment with IFN α for two to four weeks in asthma patients also increased the numbers of circulating monocytes and increased their antigen presenting phenotype⁵³.

Clearly, from the array of responses described above the context of IFN-I signalling is crucial. The outcome of IFN-I stimulation is modulated by concomitant signalling/environmental factors that certainly also play a role in *H. polygyrus* responses⁵⁴. One such environmental factor is the microbiome and it's metabolic products, the presence of which is essential for the *H. polygyrus* antiviral effect⁶. While we were unable

to test the impact of the microbiome in the present study, interactions between IFN-I production and microbiome components have been well described^{55,56} and the microbiome is known to be modulated in helminth infections including *H. polygyrus* infection^{57,58}.

The apparent lack of dependency on IFNAR signalling for bone marrow monopoiesis in this model suggests alternative signalling requirements. Interferon treatments have been described to affect lymphopoiesis⁵⁹, IFN-I suppresses neutrophil differentiation^{60,61}, and IFN γ promotes myelopoiesis^{62,63}. Parasitic modulation of the bone marrow has also been described, with *Trichuris muris* and *Trichuris gondii* infections modulating haematopoiesis in an IFN γ dependent manner^{64,65}. There is also substantial evidence that interferon regulatory factor 5 (IRF5) is a key regulator of hematopoietic development, particularly in myeloid lineages^{66,67}. *H. polygyrus* has been recently described to induce IFN- γ (IFN-II) early in infection⁶⁸ which may be responsible for the initial induction of monopoiesis. The deeply interlinked feedback loops between IFN-I and IFN-II signalling may explain why we see a reduced effect on monocytosis in the bone marrow⁶⁹.

The mechanism of the anti-viral effect of *H. polygyrus* -induced mononuclear phagocytes is as yet unclear. In RSV infection mononuclear phagocytes are known to produce TNF α which is important for control of viral expansion, providing a possible mechanism¹³ but their direct effects on viral load were not assessed. Our findings directly demonstrate, for the first time, that elevating mononuclear phagocyte numbers in the lung prior to RSV infection can reduce viral load. Monocytes/macrophages are also known to produce IFN β , viperin and OAS in response to viral exposure, thus the expansion of mononuclear phagocytes in the lung may explain the previously observed increase in these antiviral factors in whole lung samples during *H. polygyrus* infection^{19,70-73}.

In conclusion, we show that intestinal helminth infection can induce transient systemic monocytosis and increased numbers of mononuclear phagocytes within the lung that are essential to reducing the burden of viral respiratory infection. Due to the IFNAR dependency of this expansion in the blood and lung we hypothesise that helminth induced IFN-Is or secondary signalling products play a key role in these effects. Future work will be required to identify the specific factors that act upon monocytes to drives these effects and to further characterise the specific anti-viral mechanisms of these cells in RSV infection.

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Figure Legends:

Fig 1. *H. polygyrus* infection induces an expansion of lung mononuclear phagocytes. Female BALB/c mice were administered an equal volume of either sterile dH₂O as infection control (i) or 200 *H. polygyrus* (H. poly) L3 larvae (ii) by oral gavage. Seven, 10, and 14 days post infection (dpi) lungs were harvested for flow cytometry analysis. (A) Representative gating strategy for the identification of alveolar macrophages (CD45⁺, Ly6G⁻, SigF⁺, CD64⁺) and mononuclear phagocytes (CD45⁺, Ly6G⁻, SigF⁻, CD11b⁺, CD64⁺). (B-C) Absolute numbers of (B) mononuclear phagocytes and (C) alveolar macrophages at the indicated time points post *H. polygyrus* infection. (D) Representative expression of Ly6C and CD11c by lung SigF⁻, CD11b⁺, CD64⁺ cells obtained from *H. polygyrus* infected mice at 10 dpi. (E-F) Absolute numbers of (E) Ly6C⁺CD11c⁻ and (F) Ly6C⁻CD11c⁺ mononuclear phagocytes at the indicated time points post *H. polygyrus* infection. Symbols represent individual mice with n=6 per group pooled from two independent experiments. Statistical significance of difference determined with unpaired two-tailed t-test. **P* <0.05, ****P* <0.001.

Fig 2. *H. polygyrus* infection induces circulatory monocytosis. Female BALB/c mice were administered an equal volume of either sterile dH₂O as infection control (i) or 200 *H. polygyrus* (H. poly) L3 larvae (ii) by oral gavage. (A) Flow cytometry to identify monocytes (CD45⁺, Lineage⁻, CD11b⁺, Ly6G⁻, CD115⁺), and the monocytic subsets – classical (Ly6C⁺, Trem14⁻) intermediate (Ly6C⁺, Trem14⁺), and non-classical (Ly6C⁻, Trem14⁺) (B) Monocyte numbers per mL blood at indicated time points post *H. polygyrus* infection. (C) Numbers of blood monocyte subtypes 10 dpi with *H. polygyrus*. Symbols represent individual mice with n=6 per group pooled from two independent experiments. Statistical significance of difference determined with unpaired two-tailed t-test. ***P* <0.01, ****P* <0.001.

Fig 3. *H. polygyrus* infection induces bone marrow monoipoiesis. Female BALB/c mice were administered an equal volume of either sterile dH₂O as infection control (i) or 200 *H. polygyrus* (H. poly) L3 larvae (ii) by oral

gavage. (A) Bone marrow colony forming assays (CFAs) were performed on hind limb bone marrow 4 dpi, assessing monocytic colony forming units (CFU-M) blast forming unit – erythroid (BFU-E), colony forming unit granulocytic (CFU-G), granulocytic/monocytic (CFU-GM), granulocytic/erythroid/monocytic mixed (GEMM). (B) The increase in CFU-M subsides by 10 dpi. (C) Flow cytometry analysis of bone marrow characterised bone marrow monocytes (lineage⁻, CD16/CD32⁺, CD117⁻, CD115⁺, Ly6C⁺). (D) Numbers of bone marrow monocytes were assessed throughout *H. polygyrus* infection. Symbols represent individual mice n=4 for control and n=6 for *H. polygyrus* groups pooled from two independent CFU experiments. Flow cytometry experiments day 4 and 7 n=6 per group, day 10 n = 9 per group. Statistical significance of difference determined with unpaired two-tailed t-test. **P* <0.05, ***P* <0.01.

Fig 4. IFNAR signalling is essential for *H. polygyrus* induced blood monocyte and lung mononuclear phagocyte expansion but not bone marrow monopoiesis. Female C57BL/6 or *Ifnar1*^{-/-} mice were administered 200 *H. polygyrus* L3 larvae by oral gavage or an equal volume of sterile dH₂O as infection control. 10 dpi lungs were harvested for flow cytometry analysis. Across C56BL/6 and *Ifnar1*^{-/-} mice numbers of (A) lung mononuclear phagocytes (B) blood monocytes and (C) bone marrow Ly6C⁺ monocytes were assessed. (D) Bone marrow colony forming assays (CFAs) were assessed from hind limb bone marrow 10 dpi (other CFA outputs non-significant). Symbols represent individual mice with n=6 per group pooled from two independent experiments for lung. One experiment of n=4 per group for blood and bone marrow. Statistical significance of difference determined with one way ANOVA **P* <0.05, ** *P* <0.01, ****P* <0.001, *****P* <0.0001.

Fig 5. *H. polygyrus* infection accelerates accumulation of mononuclear phagocytes in early RSV infection. (A) Female BALB/c mice were intranasally administered 10⁵ pfu RSV then culled 8 hours later and numbers of lung mononuclear phagocytes were assessed by flow cytometry. (B-E) Female BALB/c mice were administered *H. polygyrus* (*H. poly*) or dH₂O infection control by oral gavage and ten days later infected intranasally with 10⁵ pfu RSV. Eight hours after RSV infection lungs were analysed by flow cytometry to assess numbers of (B) lung mononuclear phagocytes, (C) Ly6C⁺ macrophages and (D) CD11c⁺ macrophages. (E) Macrophage subsets were also assessed 96 hours post RSV administration with and without prior *H. polygyrus* infection. Symbols represent individual mice with n=6 per group pooled from two independent experiments. Statistical significance of difference determined with unpaired two-tailed t-test. **P* <0.05, **P* <0.0001.

Fig 6. Circulatory monocytes are necessary and sufficient for the anti-RSV effects of *H. polygyrus* infection. Female BALB/c mice were administered *H. polygyrus* (*H. poly*) or dH₂O as a control by oral gavage. At 7 and 9 dpi the *H. polygyrus* infected animals were administered MC-21 anti-CCR2 antibody via IP injection. (A) Blood monocyte counts at 10 dpi. A subset of mice were culled at 10 dpi to assess numbers of (B) mononuclear phagocytes, (C) Ly6C⁺ macrophages and (D) CD11c⁺ macrophages in the lung. All remaining mice were infected intranasally with 10⁵ pfu RSV. (E) Four days post RSV infection viral load was assessed by immunoplaque assays. (F) Bone marrow was collected from female BALB/c mice 10 dpi with *H. polygyrus* or dH₂O as a control. Samples were enriched for bone marrow monocytes using magnetic bead negative lineage selection and 2 million monocytes administered intravenously via the tail vein 30 minutes prior to RSV inoculation. PBS was used as a control for monocyte administration. Viral load at 4 dpi RSV was assessed by immunoplaque assay. Symbols represent individual mice with n=6 per group pooled from two independent experiments for RSV infection. For dual infection n=11 across two independent experiments with four samples taken for lung flow cytometry analysis and remainders for viral load assessment. Eight mice across two experiments for monocyte transfer experiment. Statistical significance of difference determined by one-way ANOVA with multiple comparisons. **P* <0.05, ** *P* <0.01, *****P* <0.0001. Counts in (B-D) log transformed prior to statistical analysis.

Fig S1. Alveolar macrophages in *H. polygyrus* and respiratory syncytial virus infections. Female BALB/c mice were administered *H. polygyrus* (*H. poly*) or dH₂O infection control by oral gavage and ten days later infected intranasally with 10⁵ pfu RSV. Alveolar macrophage numbers assessed at (A) 8 hours and (B) 96 hours post RSV infection. Female BALB/c mice were administered *H. polygyrus* (*H. poly*) or

dH₂O as a control by oral gavage. At 7 and 9 dpi the *H. polygyrus* infected animals were administered MC-21 anti-CCR2 antibody via IP injection. (C) Alveolar macrophage numbers assessed 10 dpi. Symbols represent individual mice with n=6 per group pooled from two independent experiments for *H. polygyrus* RSV coinfections. For MC21 treatment n=4 per group pooled from two independent experiments. All groups no significant differences.

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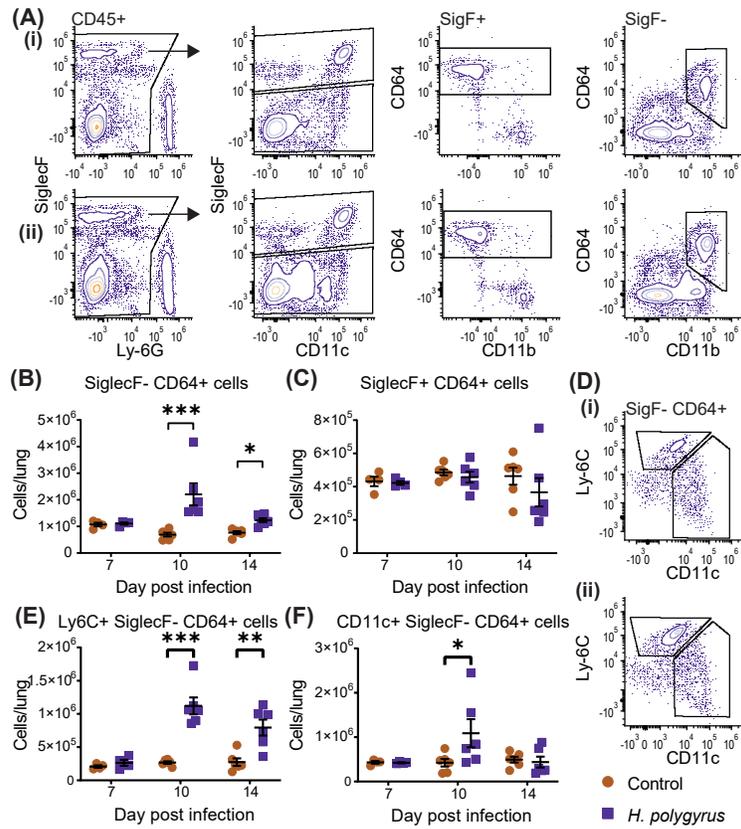


Figure 1_Burgess et al.

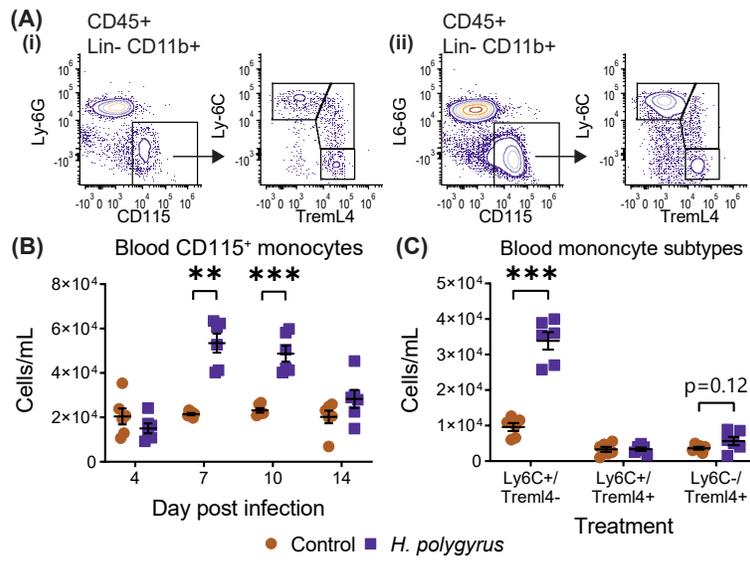


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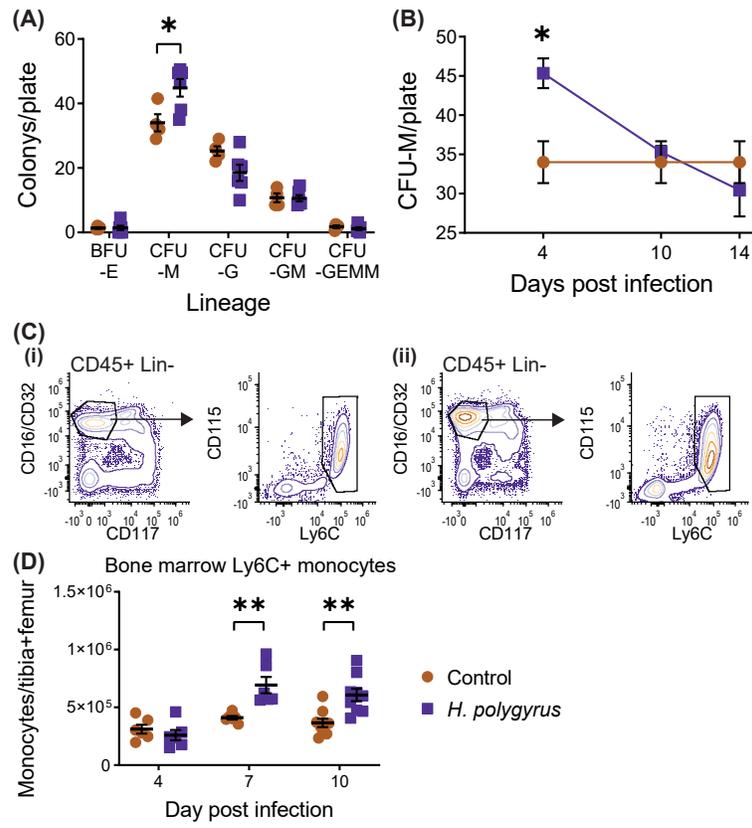


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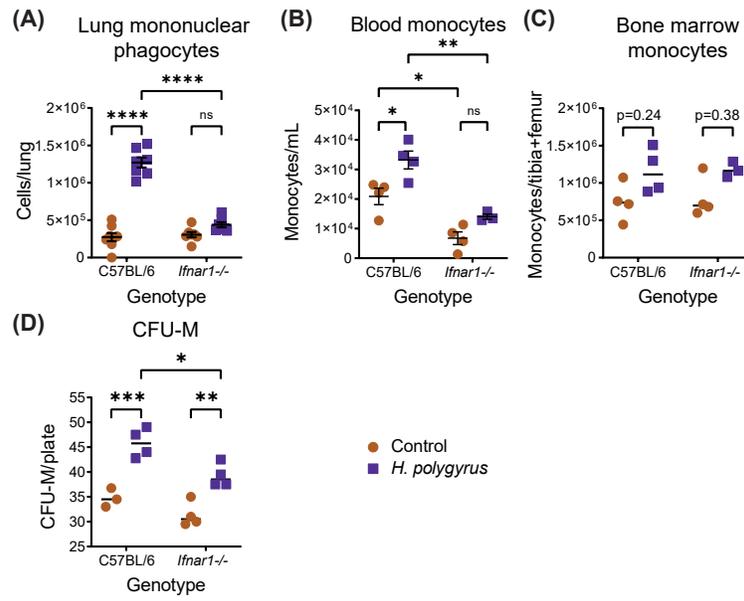


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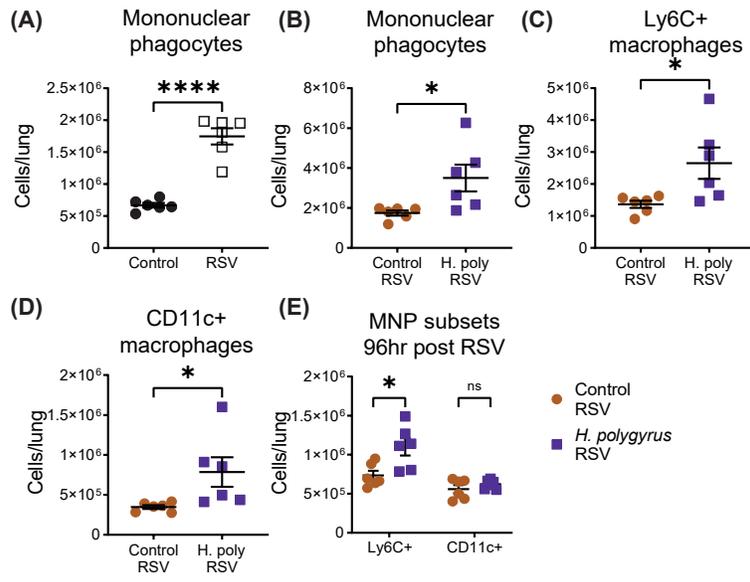


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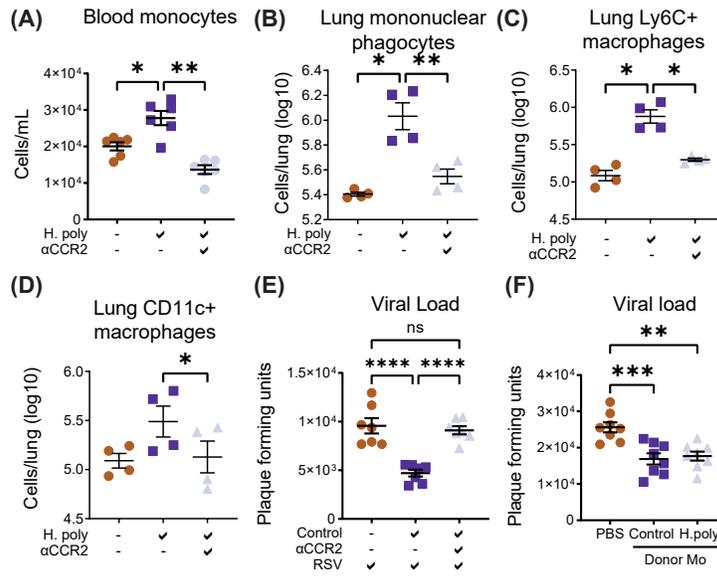


Figure 6_Burgess et al.