

# Florida Sleeve is a Safe and Effective Technique for Valve Salvage in Acute Stanford Type A Aortic Dissection

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## Abstract

Objective: Valve-sparing root replacement is commonly used for management of aortic root aneurysms in elective setting, but its technical complexity hinders its broader adoption for acute Type-A Aortic Dissection (ATAAD). The Florida Sleeve (FS) procedure is a simplified form of valve sparing aortic root reconstruction that does not require coronary reimplantation. Here, we present our outcomes of the Florida Sleeve (FS) repair in patients with dilated roots in the setting of an ATAAD. Methods: We retrospectively reviewed 24 consecutive patients (2002-2018) treated with FS procedure for ATAAD. Demographic, operative, and postoperative outcomes were queried from our institutional database. Long term follow-up was obtained from clinic visits for local patients, and with telephone and telehealth measures otherwise. Results: Mean age was  $49 \pm 14$  years with 19 (79%) males. Marfan syndrome was present in 4 (16.7%) patients and 14 (58.3) had  $[\geq]2+$  aortic insufficiency (AI). Nine (37.2%) had preoperative mal-perfusion or shock. The FS was combined with hemi-arch replacement in 15 (62.5%) patients and a zone-2 arch replacement in 9 (37.5%) patients. There were 2 (8.3%) early postoperative mortalities. Median follow-up period was 46 months (range; 0.3-146). The median survival of the entire cohort was 143.4 months. One patient (4.2%) required redo aortic valve replacement for unrelated aortic valve endocarditis at 30 months postoperatively. Conclusion: FS is simplified and reproducible valve-sparing root repair. In appropriate patients, it can be applied safely in acute Stanford type-A aortic dissection with excellent early and long-term results.

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## Abstract

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*Methods:* We retrospectively reviewed 24 consecutive patients (2002-2018) treated with FS procedure for ATAAD. Demographic, operative, and postoperative outcomes were queried from our institutional database. Long term follow-up was obtained from clinic visits for local patients, and with telephone and telehealth measures otherwise.

*Results:* Mean age was  $49 \pm 14$  years with 19 (79%) males. Marfan syndrome was present in 4 (16.7%) patients and 14 (58.3) had  $\geq 2$  aortic insufficiency (AI). Nine (37.2%) had preoperative mal-perfusion or shock. The FS was combined with hemi-arch replacement in 15 (62.5%) patients and a zone-2 arch replacement in 9 (37.5%) patients. There were 2 (8.3%) early postoperative mortalities. Median follow-up period was 46 months (range; 0.3-146). The median survival of the entire cohort was 143.4 months. One patient (4.2%) required redo aortic valve replacement for unrelated aortic valve endocarditis at 30 months postoperatively.

*Conclusion:* FS is simplified and reproducible valve-sparing root repair. In appropriate patients, it can be applied safely in acute Stanford type-A aortic dissection with excellent early and long-term results.

## Abbreviations and Acronyms:

Ai (aortic insufficiency), AKI (Acute kidney injury), ATAAD (acute type A aortic dissection), AVR (aortic valve replacement), COPD (chronic obstructive pulmonary disease), CPB (cardiopulmonary bypass), DHCA (deep hypothermic circulatory arrest), EF (ejection fraction), FS (Florida Sleeve), LVEDD (left ventricular end diastolic diameter), LVESD (left ventricular end systolic diameter), TEE (transesophageal echocardiographic) VSRR (Valve sparing root replacement).

## Background

Valve sparing root replacements (VSRR) since their introduction by Yacoub (remodeling procedure) (1) and David (reimplantation procedure) (2), have become established alternatives, in experienced hands, to composite graft replacements (Bentall procedure) for aortic root aneurysms (3). Valve sparing procedures avoid the risks of systemic thromboembolism and lifelong anticoagulation associated with mechanical valves and the risks of structural valve deterioration associated with bioprosthetic valves and have excellent clinical outcomes and good long-term durability (1, 4).

Acute type-A aortic dissection (ATAAD) is a life-threatening emergency and the primary goal of surgery is to save the life of the patient. For dissections involving the aortic root, the Bentall procedure has traditionally been considered the gold standard owing to its technical feasibility and reproducibility (5). There are several

reports of VSRR techniques in ATAAD with acceptable early and long term results (3, 6-8). However, the surgical complexity of VSRR and the longer cross-clamp time has slowed wider adoption in the emergent setting (9).

The Florida Sleeve (FS) procedure is a simplified valve sparing root repair that does not require coronary artery reimplantation (10). The long term durability of this type of repair was published recently yielding excellent results (11). Moreover, the biomechanical characteristics of the FS leads to lower aortic valve stress and prevents possible aortic root distortion or harmful aortic wall stresses (12). Our aim is to present our outcomes with the FS in ATAAD.

## Patients and methods

### *Patients*

The University of Florida Institutional Review Board approved this study (#2018-01950). A waiver of informed consent was granted. We retrospectively reviewed 24 consecutive patients at UF Health Aortic Disease Center (The University of Florida College of Medicine, Gainesville, FL) treated with FS procedure for ATAAD from (2002-2018). FS was applied by surgeon discretion and indicated when there was an associated root dilatation (aortic root diameter >4.5 cm and/or >4 cm in patients <60 years or with connective tissue disorder) in the setting of ATAAD.

### *Operative technique*

The details of the FS procedure have been described previously (10, 11, 13). Briefly, cardiopulmonary bypass (CPB) was commenced using either axillary, femoral, or central cannulation using the Seldinger technique and under transesophageal echocardiographic (TEE) guidance. After cooling to a core body temperature of 18°C and flat line EEG, deep hypothermic circulatory arrest (DHCA) was initiated with or without retrograde cerebral perfusion. The extent of distal aortic repair was determined. Hemiarch replacement was utilized for intimal tears in the ascending aorta. Zone 2 arch replacements were performed for tears in the arch and proximal descending aorta and/or in younger patients where there was concern for distal aortic degeneration and high potential for secondary intervention. After de-airing of the distal aortic graft, re-establishing of CPB and during the rewarming phase, the aortic root was addressed. The aortic root was dissected circumferentially to the annular level, and the proximal portions of the coronary arteries were mobilized. To size graft appropriately, a Hegar dilator is used to measure the annulus directly, and a Valsalva graft 6-8mm larger than the annulus diameter is selected, typically 30 or 32mm graft for women and 32 or 34mm graft for men. If additional annular reduction is desired in patients with larger annulus size, an additional fourth annuloplasty suture is placed at nadir of noncoronary cusp. Typically, three subannular 2-0 pledgeted Ethibond (Ethicon US, LLC, Cincinnati) mattress sutures are utilized to anchor the FS graft at the root (three in the subcommissural positions, and additional fourth subannular suture at the nadir of the noncoronary cusp) (**Figure-1A**). With bicuspid valves, subannular sutures were placed under each of the commissures. We were careful with additional subannular sutures in bicuspid valves as they may produce unwanted leaflet elongation, compromising the geometry of coaptation and subsequently valvular competence. Locations of the coronary arteries were marked on the graft, and vertical slits were made to create coronary keyholes. The subannular anchor sutures were placed through a Valsalva graft (Terumo Aortic Vasculum Ltd., Renfrewshire, Scotland, UK), graft was seated, and the sutures are tied with a Hegar dilator (Jarit Instruments, Hawthorne, NY) through the annulus to prevent a purse-string effect. The slits below the coronary arteries were closed using simple sutures making sure these keyholes were large enough to accommodate the coronary arteries. At this time, the Valsalva graft is cut to size and supra-commissural sutures were placed to resuspend the valve, being careful to reapproximate all of the dissected layers of the aorta (**Figure-1B**). The dissection repair is completed with sandwich of Teflon-felt – aorta – Dacron at the sinotubular junction (STJ) with a running horizontal mattress (**Figure-1C**). A graft to graft anastomosis of the proximal and distal repairs completes the operation (**Figure-1D**). Intraoperative TEE was used to assess the quality of valve repair, degree of aortic insufficiency (AI) and ventricular function to detect any segmental wall motion abnormalities that might have happened due to coronary artery impingement.

## *Endpoints and Statistical analysis*

The primary endpoints chosen were the early mortality and postoperative AI. Additional endpoints included procedural safety, long-term durability, and freedom from reoperation. Postoperative mortality was defined as mortality at 30 days postoperatively or at time of discharge. Acute kidney injury (AKI) was defined using the AKIN Criteria (14). We used echocardiography to assess the degree of AI (graded as: 0 = none, 1+ = trace/minimal, 2+ = mild, 3+ = moderate, and 4+ = severe), ejection fraction (EF), left ventricular end diastolic diameter (LVEDD) and left ventricular end systolic diameter (LVESD). Follow-up echocardiography measurements were not available for all patients because some patients had postoperative follow-up echocardiography at outside centers. Long-term follow-up was obtained from clinic visits for local patients, and with telephone and telehealth measures otherwise. Social security death index was utilized for those who could not be contacted.

Continuous variables were presented as the mean  $\pm$  standard deviation (SD) and categorical data as frequency and percentage. Quantitative measures are expressed as mean  $\pm$  one standard deviation where appropriate. Outcome data were analyzed with Chi squared test, Fisher exact test, and the independent Student t test where appropriate. Differences were considered significant if a 95% confidence interval was achieved. Patients' survival rate and freedom from reoperation were evaluated by Kaplan–Meier and life-table methods. All statistics were performed by Graphpad Prism software (Version 8.4, Graphpad software, LLC, San Diego).

## **Results**

### *Patients demographics and preoperative variables*

Twenty-four patients treated with FS procedure for ATAAD, 19 men (79.2%) with mean age of 49  $\pm$  14 years were included in the study. Marfan syndrome was present in 4 (16.7%) patients and 12 (50%) had  $>2+$  aortic insufficiency (AI). Nine (37.2%) had preoperative malperfusion or shock. Mean aortic root diameter was 53.3  $\pm$  9 mm. The main preoperative features of the patients are summarized in Table 1.

### *Operative variables and postoperative outcomes*

Operative and postoperative variables are demonstrated in Table 2. The FS was combined with hemi-arch replacement in 15 (62.5%) patients or arch debranching and zone-2 arch replacement in 9 (37.5%) patients. Mean CPB time was 225.5  $\pm$  45.8 minutes and mean myocardial ischemic time was 137.4  $\pm$  35.5 minutes. DHCA was used in all patients and this was combined with either antegrade or retrograde cerebral perfusion in 15 (62.5%) patients. Intraoperative TEE showed procedural success in all patients regarding AI and none of the patients had more than mild AI at time of discharge. None of the patients had postoperative neurological complications or required re-exploration for bleeding. There were 2 (8.3%) early postoperative mortalities; one had preoperative renal failure and myocardial infarction and the other had a preoperative ruptured ascending aorta and cardiac tamponade with malperfusion and the postoperative course was complicated by septicemia, renal and respiratory failure.

### *Follow-up*

The median follow-up period was 46 months (range; 0.3-146). Only 1 (4.2%) required redo aortic valve replacement (AVR) for endocarditis (30 months postoperatively) during follow-up (Figure-2). Five (20.8%) patients required intervention on the descending thoracic/thoracoabdominal aorta during follow-up. There were 2 late postoperative mortalities one from respiratory failure complicating COPD 12 years after surgery and the other from sepsis complicating open repair of ruptured thoracoabdominal aneurysm 3 years following ATAAD repair. Echocardiography during follow-up was available in 12 patients at 1-3years and it showed decrease of mean degree of AI from 2.4 $\pm$ 1.6 preoperatively to 0.9 $\pm$ 1.4 at 1-3years ( $P= 0.01$ ) and LVEDD from 54.7 $\pm$ 6.9mm preoperatively to 46.9 $\pm$ 9.4mm at 1-3years ( $P =0.04$ ) (table-3). Freedom from redo 1,5 and 10 years AVR is estimated to be 100%, 93 $\pm$ 6.9% and 93 $\pm$ 6.9% respectively. Estimated median survival time is 143.4 months and estimated survival is 85.2 $\pm$ 8 % at 1 and 10 years (Figure-3).

## Discussion

Although VSRRs are well-established surgical options for management of elective aortic root pathology (chronic dissections or aneurysms), it is not widely performed in the setting of ATAAD with root pathology. VSRR procedures are hindered by their technical complexity and the additional time required to perform the repair and may be not suitable in this emergent clinical setting. Furthermore, there are concerns about the safety and durability and the risk of late valve dysfunction secondary to Aortic Insufficiency.

The immediate goal in ATAAD is to save the life of the patient and in select cases root replacement with composite valve conduit is considered traditional therapy. Even at centers with extensive VSRR experience VSSR in dissection is limited as in Toronto with a quarter of a century of experience there were 28 patients with ATAAD (4). The largest experience with David procedure in ATAAD was reported by the Hannover group. They reported 109 David I procedures in ATAAD with 11% operative mortality and 85% freedom from valve-related reoperation at 10 years (15). The Leipzig group reported 78 VSRRs (51 Yacoub and 27 David) with 30-day mortality of 15%, 8-year survival of 55% and estimated freedom from reoperation 8.9 years (16). Interestingly, only 2 of their patients (2.6%) had Marfan syndrome (David procedures) and this may explain their preferred use of the Yacoub technique. Recently, Aubin and his colleagues reported their results with 28 David repairs in TAAD with 30-day and 5-year mortality of 18% and 29%, respectively (17).

The Florida Sleeve is a simplified aortic root repair that does not involve replacement of the sinuses of Valsalva. Instead, the entire root unit is enveloped in a Valsalva Dacron graft tailored as a “sleeve”, leaving the coronary artery ostia intact. This allows reduction and stabilization of the virtual basal ring and the STJ, while the Valsalva graft allows for normal expansion of the sinuses of Valsalva during cardiac cycle, rendering more physiological biomechanics than the David procedure – with lower leaflet and commissural stress as reported by Gamba and his colleagues (12). Furthermore, this technique does not require coronary button reimplantation, which can be treacherous if the friable dissection plane extends into either, or both, of the coronary ostia. Our group recently published long-term experience with the FS technique with 98% freedom from reoperation and 93% survival at 8 years (11). This is comparable to the long-term experience of David and his colleagues with VSRRs who reported 97% freedom from reoperation and 89% survival at 10 years (4).

The 8% mortality with FS repair in ATAAD in this series is favorable compared to a recent International Registry of Acute Aortic Dissection (IRAD) report with 18% 30-day mortality in ATAAD (9). Procedural success in the form of absence of greater than 2+ degree AI was achieved in all patients. Only one patient required AVR during follow-up but that was due to valve endocarditis suggesting the FS is a stable aortic valve repair for the long term. Echocardiographic data showed improvement in LVEDD at 1-3 years which is thought to be the most important indicator of AI (18). Freedom of redo AVR (92.9% ) at 10 years and 10 year survival (85.2% ) is comparable to other VSRRs in type A dissection (15-17).

## Limitations

This study has the following limitations: 1) It is a retrospective single center study of a small group of patients. 2) Follow-up echocardiography was available in only 50% of the study group.

## Conclusion:

The Florida Sleeve is a simplified and reproducible valve-sparing root repair. In carefully selected patients, it can be applied safely in ATAAD with excellent early and long-term results. Further studies are needed comparing larger numbers of patients to composite valved conduit root replacements and other valve sparing root repairs.

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Table-1: Patients demographics and preoperative characteristics

Variable	N=24 (%)
Age (years) mean $\pm$ SD	49.25 $\pm$ 14.04
Male	19 (79.2)
Body mass index mean $\pm$ SD	28.4 $\pm$ 6.9
Type of dissection (Debakey classification)	
I	21 (87.5)
II	3 (12.5)
Marfan syndrome	4 (16.7)
Bicuspid aortic valve (BAV)	1 (4.2)
Familial aortic aneurysms (non-marfan)	3 (12.5)
Current or ex-smoker	13 (54.5)
Chronic lung disease	3 (12.5)
Diabetes	0 (0)
Hypertension	14 (58.3)
Dyslipidemia	3 (12.5)
Peripheral arterial disease	2 (8.3)
Cerebrovascular disease	2 (8.3)
Chronic renal insufficiency	3 (12.5)
Renal insufficiency on dialysis	1 (4.2)
Arrhythmia	1 (4.2)
Congestive heart failure	1 (4.2)
Previous sternotomy	1 (4.2)
Degree of aortic insufficiency (AI)	
0	5 (20.8)
1+	2 (8.3)
2+	5 (20.8)
3+	3 (12.5)
4+	9 (37.2)
Condition at time of surgery	
Aortic root diameter (millimeter) mean $\pm$ SD	53.3 $\pm$ 9
Preoperative myocardial infarction	1 (4.2)
Malperfusion syndrome	9 (37.2)
Bloody pericardial effusion	9 (37.5)
Preoperative hematocrit (%) mean $\pm$ SD	35.7 $\pm$ 8.7
Preoperative creatinine (mg/dl) mean $\pm$ SD	1.4 $\pm$ 1.3
Preoperative INR mean $\pm$ SD	1.1 $\pm$ 0.2

INR; international normalized ratio

Table-2 Operative variables, postoperative outcomes and follow-up

Variable	N=24 (5)
Type of arch repair	
Hemi-arch replacement	15 (62.5)
Arch debranching and zone 2 arch replacement	9 (37.5)
Antegrade stent graft deployment (frozen elephant trunk)	1 (4.2)
Concomitant coronary artery bypass grafting (CABG)	2 (8.3)
Florida sleeve Valsalva graft size	

Variable	N=24 (5)
32mm	20 (83.3)
34mm	3 (12.5)
36mm	1 (4.2)
Cardiopulmonary bypass time (minutes) mean $\pm$ SD	225.5 $\pm$ 45.8
Myocardial ischemic time (minutes) mean $\pm$ SD	137.4 $\pm$ 35.5
Arterial cannulation type	
Central cannulation	18 (75)
Femoral cannulation	6 (25)
Circulatory arrest	24 (100)
Cerebral perfusion	15 (62.5)
Antegrade cerebral perfusion (ACP)	7 (29.2)
Retrograde Cerebral perfusion (RCP)	7 (29.2)
Combined ACP/RCP	1 (4.2)
Circulatory arrest time (minutes) mean $\pm$ SD	38.8 $\pm$ 23.5
Cerebral ischemic time (minutes) mean $\pm$ SD	18.7 $\pm$ 12.1
Postoperative outcomes	
Postoperative degree of Aortic insufficiency (AI)	
0-1	21 (75)
2	3 (25)
3-4	0 (0)
Postoperative acute kidney injury	5 (20.8)
Postoperative renal failure necessitating dialysis at discharge	3 (12.5)
Arrhythmia	4 (16.7)
Postoperative stroke	0 (0)
Postoperative bleeding necessitating re-exploration	0 (0)
Early postoperative mortality	2 (8.3)
ICU stay (days) mean $\pm$ SD	8.1 $\pm$ 8.4
Postoperative mechanical ventilation time (hours) mean $\pm$ SD	114.4 $\pm$ 208
Length of hospital stay (days) mean $\pm$ SD	12 $\pm$ 8.2
>mild aortic insufficiency in postoperative echocardiography	0 (0)
Follow-up	
Follow-up duration (months) mean $\pm$ SD	53.7 $\pm$ 50.5
Redo aortic valve replacement (AVR)	1 (4.2)
TEVAR	3 (12.5)
Open descending/thoracoabdominal aortic repair	2 (8.3)
Estimated survival time (months) mean $\pm$ SEM	125.2 $\pm$ 10.6

ICU; intensive care unit, TEVAR; thoracic endovascular aortic repair

Table-3 Preoperative, early postoperative, and last follow up Echocardiographic data.

	Preoperative echocardiography	Early postoperative echocardiography	Last follow-up echocardiography
Degree of AI mean $\pm$ SD	2.4 $\pm$ 1.6	0.3 $\pm$ 0.7	0.9 $\pm$ 1.4
LVEDD (mm) mean $\pm$ SD	54.7 $\pm$ 6.9	47.5 $\pm$ 7.6	46.9 $\pm$ 9.4
LVESD (mm) mean $\pm$ SD	38.5 $\pm$ 5.9	31.9 $\pm$ 7.9	32.1 $\pm$ 6.5

	Preoperative echocardiography	Early postoperative echocardiography	Last follow-up echocardiography
EF (%) mean $\pm$ SD	56.3 $\pm$ 9.6	59.7 $\pm$ 6.9	63.43 $\pm$ 4.2

AI; aortic insufficiency, LVEDD; left ventricular end diastolic diameter, LVESD; left ventricular end systolic diameter, EF; ejection fraction

### Figure legends

- Figure 1A showing four subannular 2-0 pledgeted mattress sutures at the aortic root (three in the subcommisural positions, and one at the nadir of the left-non coronary cusp). These sutures are anchored to the Valsalva graft.
- Figure 1B The slits below the coronary arteries were closed using simple sutures. The Valsalva graft is cut at the level of the STJ and 3 resuspension sutures are paced at each commissure to ensure valve competence.
- Figure 1C Running horizontal mattress sutures incorporating the Dacron graft, dissected layers of the aorta and Teflon felt strip.
- Figure 1D Restoring the aortic continuity with graft to graft anastomosis.
- Figure-2 Freedom from aortic valve reoperation following Florida Sleeve repair for acute type A aortic dissection.
- Figure-3 Kaplan-Meier survival curve following Florida Sleeve repair for acute type A aortic dissection.









