Surgery with emicizumab prophylaxis for two pediatric patients with severe haemophilia A with inhibitors

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Abstract

Emicizumab is a prophylaxis for patients with severe haemophilia A with inhibitor. Despite the daily prophylaxis, coagulation states stay below normal value and cannot be assessed by standard hemostasis techniques. In our two patients, we use thrombin generation assay (endogenous thrombin potential (ETP) and Peak) to monitor the patient's clotting status. Under emicizumab, it is needed to add by-passing agent such as FVIIa (Novoseven®) to avoid bleeding before surgery. By-passing agent dose was chosen with the help of thrombin generation assay and after collegial concertation.

TITLE PAGE

Surgery with emicizumab prophylaxis for two pediatric patients with severe haemophilia A with inhibitors

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- 4. A short running title: thrombin generation assay with emicizumab and BPA
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- 6. Abbreviations key

BPA	By-passing agent
TGA	Thrombin generation assay
ITI	Immune tolerance induction
aPCC	Activated prothrombin complex concentrate
ABR	Annual Bleeding Rate
ETP	Endogenous thrombin potential
PRP	Platelet-rich plasma
TG	Thrombin generation

ABSTRACTS

Emicizumab is a prophylaxis for patients with severe haemophilia A with inhibitor. Despite the daily prophylaxis, coagulation states stay below normal value and cannot be assessed by standard hemostasis techniques. In our two patients, we use thrombin generation assay (endogenous thrombin potential (ETP) and Peak) to monitor the patient's clotting status. Under emicizumab, it is needed to add by-passing agent such as FVIIa (Novoseven®) to avoid bleeding before surgery. By-passing agent dose was chosen with the help of thrombin generation assay and after collegial concertation.

MAIN TEXT

Introduction

Severe haemophilia A is a X-linked bleeding disorder due to factor VIII deficiency[1]. It decreases thrombin generation (TG) potential[2]. Inhibitor[3]·[4] complicated replacement treatment (factor VIII concentrates[5]). Emicizumab (bispecific humanized monoclonal antibody) is an effective treatment for severe haemophilia A with inhibitor[6]·[7]. It bridges activated factor IX and X to restore missing activated factor VIII[8]. Patients under emicizumab (Hemlibra \mathbf{R}), Roche, Bazel, Switzerland) bleed less than patients under bypassing agent (BPA)[9]·[10]. They still have acute bleeding needed BPA, mainly FVIIa (Novoseven \mathbf{R}), rVIIa, Novonordisk, Bagsvaerd, Denmark)[11]. Surgeries require BPA for bleeding risk but BPA doses for patients under emicizumab are not defined. Thrombin generation assay (TGA)[12] has been used to monitor surgery with Novoseven \mathbf{R}) [13] and could assess haemostasis when emicizumab and BPA are combined[14].

Results

Case n.1

A 14 year old boy with severe haemophilia A developed inhibitor after 14 exposure days to an antigen (rFVIII, ADVATE® Baxter Healthcare, Zurich, Switzerland)[15]. He received Immune tolerance induction (ITI) with FVIIIs (ADVATE®, pdF VIII FACTANE®, Laboratoire Français du Fractionnement des Biotechnologies (LFB), Les Ulis, France; OCTANATE®, Octapharma AG, Lachen, Switzerland). Last inhibitor titer was 22.8 UB/mL. He received BPA (FVIIa and activated prothrombin complex concentrate (aPCC)) for bleeding and prophylaxis, his Annual Bleeding Rate (ABR) stay at 12. Emicizumab was started at 13 years old: initiation phase with 3 mg/kg/week the first 4 weeks followed by stabilisation phase with 1.5 mg/kg/week[9]. During initiation phase, TG (endogenous thrombin potential (ETP) and Peak) was measured just before emicizumab injection (Table 1). Before the 4th 3mg/kg dose, residual ETP was 1041 nM*min and Peak was 50.1 nM. 4 weeks after stabilisation phase, ETP and Peak (6 days after injection) were lower than previously (895 nM*min and 39.7 nM) (Table 2) and lower than normal defined in 40 healthy volunteers. We decided to add Novoseven® for surgery. To assess which dose of FVIIa would provide safe bleeding

protection, different concentrations of Novoseven R were evaluated in vitro by TGA in platelet-rich plasma (PRP)[13]. We spiked patient PRP collected 6 days after 1.5 mg/kg emicizumab injection with different Novoseven R concentrations (Table 2). In vitro, with 45 µg/kg of Novoseven R, ETP was normalized (1159 nM*min); with 90 µg/kg ETP was normalized (1219 nM*min) and we had a better response for Peak (54.5 nM). We chose 45 µg/kg for surgery as ETP was in normal range.

After 10 weeks of emicizumab, central catheter (Broviak type) was removed. We perfused 45 µg/kg of Novoseven® 30 minutes before surgery. On surgery day, TG at basal was performed 5 days after 1.5 mg/kg emicizumab injection (ETP 796.48 nM*min, Peak 36.12 nM) and were lower than previously. TG measured ex vivo after rVIIa infusion the day of surgery was lower than in vitro after rVIIa spiking (Table 2). Surgery went safely.

Case n.2

A 15 year old boy with severe haemophilia A developed inhibitor after 9 exposure days to B-domain-deleted rFVIII (Refacto), moroctocog alpha, Wyeth, Cambridge, MA, USA)[15]. He received ITI with FVIIIs (Refacto), Kogenate) (Bayer AG, Leverkusen, Germany),Factane), Octanate) . Last inhibitor titer was 30.4 UB/Ml. He received BPA (Novoseven) and then FEIBA) for haemarthrosis, ABR stay at 6. He started emicizumab at 14 years old. During the 1st 4 weeks, ETP and Peak were measured before injection (Table 1). At the end of initiation phase, residual ETP was 844 nM*min and Peak was 35.6 nM. 4 weeks after stabilisation phase, ETP and Peak (3 days after injection) were higher than previously (949 nM*min and 49.1 nM). TG stayed below normal, we added Novoseven for surgery. We spiked patient PRP collected 3 days after 1.5 mg/kg emicizumab injection. With 90 μg/kg of Novoseven) , we observed no effect in vitro on ETP (939nM*min) and slight effect on Peak (54,5nM); with 120 μg/kg, ETP (1069 Nm*min) and Peak (69nM) were normalized. 90 μg/kg (usual recommended dose) was chosen for surgery[16]. Central catheter was removed after ten weeks of emicizumab treatment and 30 minutes after 90 μg/kg of Novoseven). Basal TG values on surgery day measured 2 days after 1.5 mg/kg emicizumab injection (ETP 1012nM*min, Peak 63.12nM) were higher than TG measured on spiking day. TG measured ex vivo after rVIIa infusion was higher than TG measured in vitro after rVIIa spiking (Table 2).

Discussion

TGA on patient's PRP[17] can evaluate patient coagulation status at different times of emicizumab treatment. TGA was performed every week, during treatment initiation phase, prior to administration of emicizumab weekly loading doses, ETP and Peak increased over time during the first month. ETP and Peak vary at basal, in our two cases it appears that there is a slight variability of TG at baseline from 6 to 25%. Correction with emicizumab seemed to depend on basal level of TG for each patient. During stabilisation phase, ETP and Peak levels seemed to vary depending on delay between emicizumab injection and sample collection, suggesting that ETP and Peak levels during stabilisation phase are not constant. TG induced by emicizumab might be correlated with its pharmacokinetics (bioavailability after absorption, distribution and elimination). It has been described that emicizumab mean absorption half-life is 1.6 +/- 1 day and elimination half-life is 28 days[18], suggested that increase of TG might be fast after emicizumab injection and decrease over a week. It could be interesting to correlate blood levels of emicizumab[19] and TG, as an additional factor to explain TG variability.

TG under emicizumab stay below normal. BPA was added for surgery[20]. In vitro spiking was only performed with Novoseven® [21]. For case n°1, according to our spiking results, 120 µg/kg of Novoseven® should have been used the day of surgery (ETP and Peak were closer to normal). TG capacity on the day of surgery was 79% of normal without BPA and 90% after BPA. Minimum level of TG to achieve an effective haemostasis is unknown. Another case report suggests that low TG capacity at 69% of normal on surgery'day and low TG capacity at 25% of normal few days after surgery might be sufficient for efficient haemostasis[22]. Low doses of BPA were sufficient here for safe surgery[23].

For case n°2, on surgery'day TG capacity was 100% of normal without BPA and 108% after BPA. It suggested that BPA dose should be selected and adjusted according to basal TG values at T0 when BPA is necessary.

BPA doses were lower compared to other studies[21] [24].

Use of BPA for patients under emicizumab depend on surgery type. In HAVEN 1-4 studies, 214 minor surgeries were performed, minor surgeries were mostly dental (n=63) and central venous access device procedures (n=34). All patients with haemophilia A with inhibitors had rFVIIa prophylaxy for surgeries[25].

In conclusion, TGA in patients with severe haemophilia A under emicizumab could evaluate patient coagulation state, even if TG is not perfectly stable over time. Interferences between emicizumab and rFVIIa are not all known and TG interpretation is difficult when performed together. Ex vivo TG results on patients PRP with emicizumab and Novoseven® might be useful to manage treatment during surgeries. In vitro spiking might be performed with the same delay after emicizumab than the day of surgery to better reflect the in vivo.

For future, we could dose emicizumab in blood to interpret TG. It could be interesting to determine minimal ETP and Peak necessary for safe surgery.

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