Control of the oxygen to ocean heat content ratio during deep convection events

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Abstract

Earth System Models project a decline of dissolved oxygen in the oceans under warming climate. Observational studies suggest that the ratio of O_2 inventory to ocean heat content (O_2 -OHC) is several fold larger than can be explained by solubility alone, but the ratio remains poorly understood. In this work, models of different complexity are used to understand the factors controlling the O_2 -OHC ratio during deep convection, with a focus on the Labrador Sea, a site of deep water formation in the North Atlantic Ocean. A simple one-dimensional convective adjustment model suggests two limit case scenarios. When the near-surface oxygen level is dominated by the entrainment of subsurface water, surface buoyancy forcing, air-sea gas exchange coefficient and vertical structure of sea water together affect the O_2 -OHC ratio. In contrast, vertical gradients of temperature and oxygen become important when the surface oxygen flux dominates. The former describes the O_2 -OHC ratio of individual convective event in agreement with model simulations of deep convection. The latter captures the O_2 -OHC ratio of interannual variability, where the pre-conditioning of interior ocean gradients dominates. The relative vertical gradients of temperature and oxygen, which in turn depend on the lateral transport and regional biological productivity, control the year-to-year variations of O_2 -OHC ratio. These theoretical predictions are tested against the output of a three-dimensional regional circulation and biogeochemistry model which captures the observed large-scale distribution of the O_2 -OHC ratio, and agrees broadly with the prediction by the simpler model.

Control of the oxygen to ocean heat content ratio during deep convection events

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6 Key Points:

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A hierarchy of models are used to examine the factors controlling the ratio between oxygen uptake and the heat loss (O₂-OHC ratio) at high latitudes. The O₂-OHC ratio of individual convective events depend on both the surface forcing and the pre-conditioning of subsurface properties.

11	• The vertical gradients of dissolved oxygen and temperature are essential for the
12	the O ₂ -OHC ratio associated with the interannual variability.

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13 Abstract

Earth System Models project a decline of dissolved oxygen in the oceans under warm-14 ing climate. Observational studies suggest that the ratio of O_2 inventory to ocean heat 15 content $(O_2$ -OHC) is several fold larger than can be explained by solubility alone, but 16 the ratio remains poorly understood. In this work, models of different complexity are 17 used to understand the factors controlling the O₂-OHC ratio during deep convection, with 18 a focus on the Labrador Sea, a site of deep water formation in the North Atlantic Ocean. 19 A simple one-dimensional convective adjustment model suggests two limit case scenar-20 ios. When the near-surface oxygen level is dominated by the entrainment of subsurface 21 water, surface buoyancy forcing, air-sea gas exchange coefficient and vertical structure 22 of sea water together affect the O₂-OHC ratio. In contrast, vertical gradients of temper-23 ature and oxygen become important when the surface oxygen flux dominates. The for-24 mer describes the O_2 -OHC ratio of individual convective event in agreement with model 25 simulations of deep convection. The latter captures the O_2 -OHC ratio of interannual vari-26 ability, where the pre-conditioning of interior ocean gradients dominates. The relative 27 vertical gradients of temperature and oxygen, which in turn depend on the lateral trans-28 port and regional biological productivity, control the year-to-year variations of O₂-OHC 29 ratio. These theoretical predictions are tested against the output of a three-dimensional 30 regional circulation and biogeochemistry model which captures the observed large-scale 31 distribution of the O₂-OHC ratio, and agrees broadly with the prediction by the sim-32 pler model. 33

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Plain Language Summary

Numerical simulations suggest that the dissolved oxygen (O_2) in the ocean will con-35 tinue decreasing in the ocean under warming climate. An important metric for this prob-36 lem is the ratio between the oxygen loss and climate warming, in particular, for the high 37 latitude oceans. Vast majority of the waters in the oceans are stored in the mid-depth 38 and deep oceans, thus heat and oxygen as well. As the O_2 in deep ocean can only be sup-39 plied from the surface during deep mixing events at high latitudes in the cold season, 40 it is important to know how much oxygen can enter the ocean for a given amount of cool-41 ing in order to understand the relationship between oxygen loss and global warming in 42 the ocean interior. This study investigates the ratio between oxygen uptake and heat loss 43 (O₂-OHC ratio) during deep winter mixing events using models of different complexi-44

ties. Our results suggest that this ratio differs under different cooling scenarios. The physical property changes of the water column at the convection site are essential to determine the O_2 -OHC ratio. The larger the difference in O_2 concentration between the surface and the deep ocean, the greater the amplitude of the O2-OHC ratio, which we call "preconditioning". Under global warming, the stratification of the ocean surface will increase and this will reduce the magnitude of the ratio.

51 **1** Introduction

Dissolved oxygen (O_2) is essential for living organisms in the marine ecosystem. 52 (e.g., Codispoti, 1995; Morel & Price, 2003; Pörtner & Knust, 2007). However, both pro-53 jections by Earth System Models (ESMs) and observational data suggest that O_2 in the 54 global oceans has declined in recent decades and will continue to do so under a warm-55 ing climate (Bopp et al., 2002; Matear et al., 2000; Plattner et al., 2002; Keeling et al., 56 2010; Schmidtko et al., 2017). Warming has two main effects on the oceanic oxygen in-57 ventory. First, the increasing temperature directly reduces oxygen solubility. Secondly, 58 warming of the upper ocean increases the stratification and indirectly impact oxygen avail-59 ability. This increase on one hand weakens the exchange between the well-oxygenated 60 surface water and the ocean interior, and on the other hand reduces the upwelling of nu-61 trients from the deep ocean, slowing the respiratory consumption of O_2 through reduced 62 organic matter export to the subsurface. Globally, stronger stratification decreases O₂, 63 and the net result is that warming and increasing stratification work together to deplete 64 oxygen in the ocean (Bopp et al., 2002; Plattner et al., 2002). 65

The loss of oxygen per unit heat uptake, defined as the oxygen to ocean heat con-66 tent $(O_2$ -OHC) ratio, is a metric that has been used to quantify ocean deoxygenation. 67 Keeling and Garcia (2002) suggested that the natural O_2 -OHC ratio spans a wide range 68 from -2 to -10 $nmolO_2 J^{-1}$ based on the mean seasonal cycle of air-sea O_2 fluxes. Larger 69 ratios are typically found at higher latitudes and when averaged over longer time scales. 70 ESMs have predicted that the O₂-OHC ratio at the end of this century in global warm-71 ing scenarios will be between -5.9 and -6.7 $nmolO_2 J^{-1}$ (Keeling et al., 2010). Ito et al. 72 (2017) estimated the O₂-OHC ratio of the upper ocean (0-1000 m) as $-8.2 \pm 0.7 \text{ nmolO}_2 J^{-1}$ 73 based on historic data from 1958 to 2015 (Fig. 1). For the surface layers, the O₂-OHC 74 ratio follows the dependency of solubility on temperature change, but when deeper lay-75 ers are included, the ratio is much larger than what can be explained by the solubility 76

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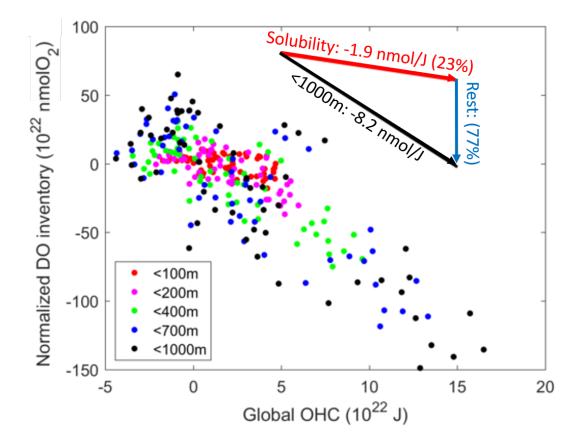


Figure 1. Normalized oxygen inventory as a function of global OHC inventory from 1858 to 2013 with the 1960-1970 decadal average removed from Ito et al. (2017). Dots with different colors indicate annual anomalies of oxygen inventories and OHCs from different depth ranges. The black arrow shows the slope between oxygen inventory and OHC for the upper 1,000 m in the global ocean. The red arrow shows the slope based on the solubility, and the blue arrow shows the residual.

change alone. The percentage of the ratio explained by solubility for the upper 1000 m
of the global ocean is indeed only 23%. The remaining portion must result from the ocean
circulation and biological cycling (Keeling & Garcia, 2002). In this work, we investigate
the O₂-OHC ratio by examining the relationship between heat loss and oxygen uptake
at a site of deep water formation, and the factors that constrain this ratio.

The oxygen is physically supplied in large amounts to the ocean interior from the high latitudes where the water subducts during the cold season (Körtzinger et al., 2004). Near-surface physical processes determine the O_2 content at the time of deep water formation, known as preformed oxygen (Ito et al., 2004). While cooling raises oxygen sol-

ubility, convective mixing and entrainment lower the preformed oxygen, overall gener-86 ating a strong oxygen flux into the ocean. The heat loss and oxygen uptake during this 87 process set the ratio between the preformed oxygen and OHC. In this study, the Labrador 88 Sea, a well sampled deep water formation site (Clarke & Gascard, 1983; Gascard & Clarke, 89 1983; Marshall & Schott, 1999; Lazier et al., 2002; Pickart et al., 2002; Yashayaev et al., 90 2007; Yashayaev, 2007), is chosen as a representative location to examine the relation-91 ship between oxygen flux and surface buoyancy forcing. Winter convection in this basin 92 generates the well oxygenated Labrador Sea Water (LSW) that then spreads across the 93 northwest Atlantic between 1,000 and 2,200 m (Talley & McCartney, 1982; Hall et al., 94 2007). Therefore, the O₂-OHC ratio of the newly formed LSW can influence the entire 95 North Atlantic, and the underlying processes may be relevant to other regions where deep 96 convection occurs. 97

In this work, we investigate the sensitivity of oxygen uptake to heat loss using a hierarchy of models. In section 2 we develop hypotheses using a one-dimensional (1-D) convective adjustment model forced by surface cooling. Based on this idealized model, we derive theoretical predictions for the O₂-OHC ratio. In section 3 we design a set of numerical simulations to test our theory. The results of the simulations are analyzed in Section 4. Section 5 summarizes the main findings.

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2 Theory and hypotheses

Fig. 2 schematically illustrates the processes at play. Heat loss at the ocean sur-105 face (Q) is the principal driver of ocean oxygen uptake (Sun et al., 2017). Firstly, atmo-106 spheric cooling decreases the upper ocean temperature and increases the solubility. This 107 causes surface undersaturation and the diffusive gas transfer increases oxygen at the sur-108 face. Secondly, cooling causes convective instability. The intense vertical mixing brings 109 up deep waters that are undersaturated in oxygen due to the cumulative effect of res-110 piration. This further enhances the oxygen undersaturation and uptake at the surface. 111 The oxygen uptake reduces the magnitude of undersaturation as the air-sea exchange 112 brings the surface water towards saturation. 113

Sun et al. (2017) showed that, for a given amount of heat loss, the net oxygen uptake depends on the duration and intensity of the cooling event, and details of cooling conditions can lead to different O_2 -OHC ratios. To illustrate this dynamics, we construct

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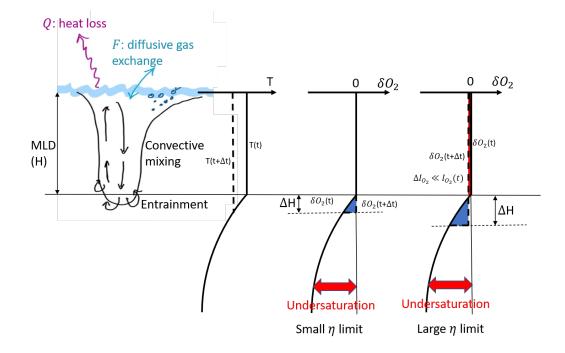


Figure 2. Schematic diagram of physical processes that control oxygen fluxes during winter time convection. $\delta O_2 = [O_2] - [O_{2,sat}]$ is a measure of saturation, and is generally negative in the interior ocean due to the cumulative effect of respiration. The three profiles illustrates the changes in temperature (left) and oxygen saturation (center and right) under two limit case scenarios. Solid lines indicate the initial state, and dash lines show the state after the mixed layer deepening of Δ H. Blue shadings in the δO_2 profiles represent the increase in δO_2 , while the red shadings indicate decreases. When the surface oxygen flux is strong and the oxygen tendency due to the entrainment is negligible (small η limit, center), the mixed layer δO_2 remains zero due to the relatively strong gas exchange. When the entrainment is dominant and surface oxygen flux is negligible (large η limit, right), the mixing only re-distribute δO_2 , leading to no net change in column O_2 inventory.

a simple vertical 1-D model to examine the factors that control oxygen uptake and variability of air-sea O_2 disequilibrium during convective mixing. This model also allows to develop theoretical predictions about the relationship between the rate of surface cooling and oxygen gain, thus the O_2 -OHC ratio.

In this idealized model, we neglect horizontal transport and assume that vertical mixing is induced by convection. All properties are assumed to be well mixed within the mixed layer, but all properties remain the same as the initial conditions below the mixed layer. Mixed layer depth (MLD) only increases when the stratification is unstable at the bottom of the mixed layer (i.e., the water in the mixed layer is less buoyant than the water beneath).

In this framework, there are two definitions of the O₂-OHC ratio. The first is the 127 O_2 -OHC ratio of a single convective event or the seasonal O_2 -OHC ratio, which can be 128 calculated by dividing the total oxygen uptake by the total heat loss, integrating over 129 a convective event. Graphically, it is the y/x ratio if O₂ content is plotted as y against 130 OHC as x. The second definition applies to the interannual change in O_2 -OHC ratio among 131 different winters. For example, the mean December-January-February (DJF) heat and 132 O_2 fluxes can vary interannually, with some years having stronger cooling and more O_2 133 gain. Interannual O_2 -OHC ratio can be calculated as the regression coefficient of the to-134 tal oxygen uptake as a function of OHC. Thus, it is the sensitivity of oxygen content to 135 the changes in OHC regardless of the background, mean-state O₂-OHC ratio. Graph-136 ically, the interannual ratio would be dy/dx, if again O₂ content is plotted against OHC. 137

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2.1 1-D convective model

For simplicity, we assume that the ocean stratification is controlled entirely by the temperature gradient, and only consider the diffusive gas exchange at the surface for the air-sea oxygen exchange. The detailed derivation can be found in the Supporting Information, and here we only describe the main characteristics of the 1-D model solutions.

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First let us consider the heat balance of the mixed layer under cooling condition as illustrated in Fig 2 (left). Under the above assumptions, the mixed layer depth (MLD), H(t), is related to the initial potential temperature profile, $T_0(z)$, and to the heat flux,

-7-

Q(t), at the surface according to:

$$\frac{dH^2}{dt} = -\frac{2Q(t)}{\rho_0 C_p} \left(\frac{dT_0}{dz}\right)^{-1},\tag{1}$$

where ρ_0 and C_p are the reference density and specific heat of sea water. The evolution of the square of MLD is proportional to the rate of heat loss and inversely proportional to the initial stratification. This relationship is only applicable under cooling conditions (Q < 0) and increasing H. When the water column is heated, the stratification immediately develops at the surface and this simple model cannot represent the sudden shoaling of the MLD.

To directly relate the oxygen level and the air-sea gas flux, we introduce $\delta O_2(t) = O_2(t) - O_{2,sat}(T(t))$ as a prognostic variable reflecting the oxygen saturation state. We assume constant salinity and a temperature-only dependency for solubility. Then the diffusive oxygen flux can be written as

$$F = -G\delta O_2,\tag{2}$$

where G is diffusive gas exchange coefficient. The δO_2 budget in the mixed layer is:

$$H\frac{d\delta O_2}{dt} = -\left\{\delta O_2 - \delta O_{2,0}(-H)\right\}\frac{dH}{dt} + F - \frac{AQ}{\rho_0 C_p},\tag{3}$$

where $\delta O_{2,0}(z)$ is the initial δO_2 profile, F is the surface air-sea oxygen flux, and A =158 $\partial O_{2,sat}/\partial T$. The left hand side (LHS) is the oxygen saturation change in the mixed layer. 159 The first term on the right hand side (RHS) describes the entrainment of subsurface δO_2 , 160 the second is the air-sea exchange, and the third is the solubility change due to the air-161 sea heat flux. Given the initial profile of T and O_2 , we can calculate the initial profile 162 of δO_2 . This equation can be numerically integrated using Eq.1 forced by the air-sea heat 163 flux, Q. Additionally, under certain limit-case scenarios, we can obtain the analytical so-164 lutions that provide some insight into the system behavior. In this convective model, the 165 surface oxygen flux and the entrainmentment at the bottom of mixed layer determine 166 the oxygen concentration in the mixed layer. Here we use a dimension-less number $\eta =$ 167 $G^{-1}\left(\frac{dH}{dt}\right)$ to quantify the relative strength of the entrainment and surface oxygen flux. 168 We will look into the behavior of the system when η is small (surface flux dominates) 169 or large (entrainment dominates). 170

171 2.2 Case 1: small η limit

First, we explore the limit-case scenario where Eq. 3 is dominated by the diffusive gas exchange. This scenario is depicted in the center profile in Fig 2. In this case, the deepening of mixed layer is relatively slow compared to the air-sea equilibration of O_2 , so surface oxygen remains close to saturation, $\delta O_2 \sim 0$. Graphically, this case assumes that the O_2 deficit entrained from the subsurface is replenished by the air-sea gas transfer. Thus, the total integrated heat flux (I_Q) and oxygen flux (I_{O_2}) can be determined by the heat and δO_2 budget for the water column:

$$I_Q = \int_0^t Q(t')dt' = \rho_0 C_p \left\{ T_0(-H)H(t) - \int_{-H(t)}^0 T_0(z)dz \right\}.$$
 (4)

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$$I_{O_2} = \int_0^t F(t')dt' = -\int_{-H(t)}^0 \delta O_{2,0}(z)dz + A \frac{I_Q}{\rho_0 C_p}.$$
(5)

If we further simplify the problem by assuming that these profiles are linear, then the seasonal and interannual O_2 -OHC ratios can be identically obtained as

$$\frac{I_{O_2}}{I_Q} = \frac{dI_{O_2}}{dI_Q} = -\frac{1}{\rho_0 C_p} \left(\frac{k_{\delta O2}}{k_T} - A\right),$$
(6)

where $k_{\delta O2}$ and k_T are the vertical gradient of $\delta O_{2,0}(z)$ (assuming $\delta O_{2,0}(0) = 0$) and 182 $T_0(z)$. Usually potential temperature and δO_2 both decrease from the surface downwards, 183 which means $\frac{k_{\delta O2}}{k_T} > 0$, and A < 0, so $\frac{I_{O2}}{I_Q} < 0$. In this limit case scenario, the O_2 -184 OHC ratio is independent of the strength of the surface heat flux as long as the convec-185 tive mixing is relatively weak and surface waters remain well equilibrated. The O₂-OHC 186 ratio depends on the relative strength between the vertical gradients of δO_2 and poten-187 tial temperature, $\frac{k_{\delta O2}}{k_T}$. A larger value of $\frac{k_{\delta O2}}{k_T}$ implies a stronger entrainment of δO_2 , lead-188 ing to more oxygen uptake from the atmosphere, for the same amount of heat loss. 189

The vertical gradient of δO_2 is a preconditioning factor, regulating how much un-190 dersaturation can potentially occur if the stratified water column is distablized. The small 191 η limit is a limit-case scenario because the relatively slow entrainment ensures that dif-192 fusive gas exchange can fully supply O_2 to bring the entire mixed layer to equilibrium. 193 The total oxygen uptake is eventually determined by the saturation state of the subsur-194 face water before the convection starts (pre-conditioning) and by the depth the mixed 195 layer at the end of the convective event. The entrainment flux of negative δO_2 is fully 196 compensated by the air-sea gas flux, resulting in the largest possible O_2 -OHC ratio. Note 197 that subsurface undersaturation is identical to the apparent oxygen utilization (AOU), 198

¹⁹⁹ such that the preconditioning of δO_2 below the mixed layer reflects the biological O_2 con-²⁰⁰ sumption. Strong biological activity leads to a strong vertical gradient of δO_2 and a po-²⁰¹ tentially larger O_2 -OHC ratio. The real O_2 -OHC ratio will be smaller than this extreme ²⁰² case since the surface water is likely undersaturated during convective events.

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2.3 Case 2: large η limit

In the other limit-case scenario, δO_2 is dominated by the entrainment of subsurface water, and the air-sea gas exchange does not affect the mixed layer δO_2 . In this limit, the integral δO_2 balance is set by the entrainment of subsurface waters and the coolinginduced solubility increase. Once the δO_2 is calculated, then the air-sea gas exchange can be diagnosed as:

$$F(t) = -\frac{G}{H(t)} \left\{ \int_{-H(t)}^{0} \delta O_{2,0}(z) dz - \frac{A}{\rho_0 C_p} I_Q \right\}.$$
(7)

The first term on the RHS represents the effect of vertical mixing on the δO_2 , averaging over the mixed layer. This drives the diffusive air-sea O_2 flux into the ocean. The second term on the RHS reflects the additional diffusive O_2 uptake due to the solubility increase under the cooling.

Again, a simple solution can be obtained by assuming linear initial profiles and a constant heat flux ($I_Q = Qt$). Then H(t) can be calcualted from Eq. 1 and 7, yielding a theoretical prediction for I_{O_2} :

$$I_{O_2} = \frac{G}{3} \left(\frac{2k_T}{\rho_0 C_p}\right)^{1/2} \left(\frac{k_{\delta O2}}{k_T} - A\right) (-Q)^{1/2} t^{3/2}.$$
(8)

Then the seasonal O_2 -OHC ratio becomes

$$\frac{I_{O_2}}{I_Q} = -\frac{G}{3} \left(\frac{2k_T t}{-\rho_0 C_p Q} \right)^{1/2} \left(\frac{k_{\delta O_2}}{k_T} - A \right).$$
(9)

Similar to the small η assumption, $\frac{I_{O_2}}{I_Q}$ is always negative given that $\frac{k_{\delta O2}}{k_T} > 0$. The factor $(\frac{t}{-Q})^{1/2}$ on the RHS of Eq. 9 indicates that the O_2 -OHC ratio depends on how the cooling is applied.

In this limit case scenario, the intense mixing prevents the full air-sea equilibration of O_2 in the mixed layer, and the resulting O_2 -OHC ratio is modulated by the magnitude δO_2 as well as the duration of cooling event which controls for how long the airsea gas transfer can occur. For a given length of the cooling period, the O_2 -OHC ratio is larger when the cooling is less intense. For a fixed amount of heat loss, the O_2 -OHC

ratio is larger when the cooling is applied over a longer period. The O_2 -OHC ratio de-225 pends again on the initial gradient of δO_2 and potential temperature, but the relation 226 is more complicated compared to the small η limit. The diffusive gas exchange is deter-227 mined by the δO_2 value in the mixed layer driven by the entrainment from the subsur-228 face layer. $\frac{k_{\delta O2}}{k_T}$ controls how much the δO_2 of the whole mixed layer will decrease for 229 a given heat loss, but the MLD can also affect the averaged δO_2 in the mixed layer. For 230 the same amount of entrainment, δO_2 will decrease more in a shallow mixed layer than 231 in a deep one. 232

Determining the interannual O_2 -OHC ratio is complicated here since both the cooling rate and the duration of the convective events can vary between different years. If we compare the same winter month over different years, we can assume that the cooling duration is constant. Then the interannual O_2 -OHC ratio is given by

$$\frac{dI_{O_2}}{dI_Q} = -\frac{G}{3} \left(\frac{k_T}{2\rho_0 C_p}\right)^{1/2} \left(\frac{k_{\delta O2}}{k_T} - A\right) \frac{t}{(-Qt)^{1/2}}.$$
(10)

Being proportional to $(-Q)^{-1/2}$, the ratio is smaller for stronger cooling. This situation again represents an upper limit to the real O_2 -OHC ratio since the diffusive gas exchange will be reduced once the surface O_2 concentration increases due to the surface uptake, which is not included here.

241 2.4 Hypotheses

Building on these theoretical developments we hypothesize that three independent factors control the O₂-OHC ratio, and their relative importance may depend on the timescale considered:

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- The temperature sensitivity of O_2 solubility, $A = \partial O_{2,sat} / \partial T$.
- The stratification of temperature and oxygen saturation, $k_{\delta O_2}/k_T$.
 - The surface buoyancy forcing, Q and t, and gas exchange rate, G.

The small η limit of Eq. 6 contains the full expression of these two mechanisms $(k_{\delta O_2}/k_T - A)$. Note that A is a negative number, so these two terms reinforce each other. The large η limit of Eq. 9 and 10 reflects the same processes, but under the limitation of a finite gas exchange.

Numerical solutions of the 1-D convective adjustment model under different sur-252 face cooling rates are shown in Fig. 3. Here the model is integrated from a linear pro-253 file of $T_0(z)$ and $\delta O_{2,0}(z)$ with $k_T = 1 \times 10^{-3} \ ^oC \ m^{-1}$ and $k_{\delta O2} = 4 \times 10^{-2} mmol \ m^{-4}$. 254 These values broadly represent the vertical gradients in the Labrador Sea. We also use 255 a constant gas transfer velocity $G = 1.45 \times 10^{-4} m \, s^{-1}$. With these parameter choices, 256 both limit case solutions are similar to the numerical solution to Eqs. 1 and 3 when the 257 cooling rate is weak ($\sim -50 \text{ W/m}^2$). As expected, under a stronger cooling, numerical 258 solutions are closer to the large η case (green line in Fig. 3). The stronger cooling drives 259 more intense deeper mixing such that air-sea gas exchange cannot maintain the surface 260 water in equilibrium with the atmosphere. The solubility contribution, $A/(\rho_0 C_p)$, rep-261 resents the change in oxygen solubility due to cooling, and is indicated by the black line 262 in Fig. 3. The simulated O_2 flux is always stronger than this solubility effect. 263

The seasonal O_2 -OHC ratio would be equivalent to picking a point in Fig. 3 and 264 evaluating $\frac{\bar{F}}{\bar{Q}}$, while the interannual change in the O₂-OHC ratio can be calculated as 265 the local slope, $\frac{d\bar{F}}{dQ}$. The solution shows the negative relationship between loss of heat 266 and gain of oxygen, as stronger heat loss leads to an increase in oxygen uptake. The small 267 η limit exhibits a strong linear relationship between heat and oxygen fluxes. When the 268 cooling is strong during convective events, the behavior of the oxygen uptake is better 269 approximated by the large η limit because near surface O₂ is under-saturated due to the 270 mixing of deep water to the surface, and the air-sea gas exchange is not fast enough to 271 bring the mixed layer to saturation. 272

²⁷³ **3** Model hierarchy and experimental design

The theoretical developments presented so far predicted a range of O_2 -OHC ratio 274 in the context of a vertical 1-D water column model under intense cooling and convec-275 tive mixing. In addition to the temperature-solubility relationship, the theory accounts 276 for the effects of vertical gradients of O_2 and temperature, and incomplete air-sea gas 277 exchange. In order to evaluate the theoretical prediction, we directly simulate ocean con-278 vection and air-sea gas transfer using a hierarchy of models. We compare the solutions 279 of the 1-D convective adjustment model integrated numerically under different condi-280 tions with outputs from: 281

• a non-hydrostatic simulation of deep convection episodes

-12-

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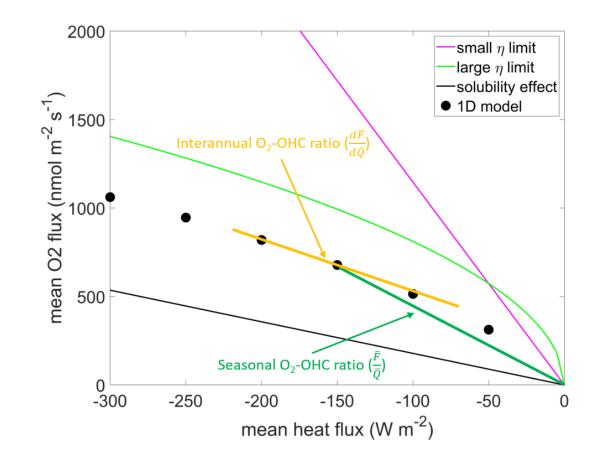


Figure 3. Numerical solution of the 1-D convective adjustment model under different cooling rates and for different extreme cases. See text for the parameters of the 1-D convective adjustment model. The dark green line from the origin represents a convective event, with a slope of seasonal O₂-OHC ratio. The yellow line indicates the linear regression line around the selected convective event, slope of which represents the interannual O₂-OHC ratio.

• a regional, hydrostatic three-dimensional (3-D) simulation of Labrador Sea convection

The vertical 1-D model in the previous section represents the simplest possible set-up. 285 At the next level, we use a non-hydrostatic model to directly simulate the deep convec-286 tion in an idealized doubly periodic domain and calculate the vertical exchange of oxy-287 gen in the convective plumes at the horizontal resolution of 250 m. This model is abi-288 otic, as the 1-D model, and is only integrated over a winter season. Finally, we use a re-289 gional 3-D model of ocean circulation and biogeochemistry configured for the Labrador 290 Sea at the nominal horizontal resolution of 7.5 km. This model includes realistic ocean 291 bathymetry, ecosystem and biogeochemical parameterizations, and open lateral bound-292 ary conditions nudged to reanalysis data. It is computationally expensive, but is real-293 istic, and its output can be directly compared to the available observations. In all three 294 types of simulations, the effect of bubble mediated gas flux is also tested, but for sim-295 plicity, we will mainly focus our discussion on the runs without bubble flux. The results 296 from the runs with bubble injection activated are shown in the Supporting Information, 297 and a brief discussion on the impact of the bubble flux is included in the discussion sec-298 tion. 299

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3.1 Non-hydrostatic simulations

We first evaluate the theoretical prediction against a set of sensitivity simulations presented in Sun et al. (2017). These experiments are performed using the Massachusetts Institute of Technology General Circulation Model (MITgcm) (Marshall, Hill, et al., 1997; Marshall, Adcroft, et al., 1997) configured to allow non-hydrostatic dynamics and to explicitly resolve ocean deep convection (Jones & Marshall, 1993).

The model domain is a 32 km \times 32 km box with periodic boundary conditions and 306 a horizontal resolution of 250 m. The depth of the domain is 2 km with 41 z-levels whose 307 thicknesses increases from 10 m at surface to 100 m near the bottom. The model trans-308 ports oxygen which is influenced by the air-sea gas transfer only. Uniform cooling of vary-309 ing duration is applied at the surface in 4 sensitivity runs (Table 1). Bubble injection 310 is included in 4 additional runs, and the results are shown in Fig. S2. Diffusive oxygen 311 flux is applied at the surface, and the surface wind speed is fixed. By sampling a wide 312 range of cooling rates from 400 to 4,000 W/m^2 , these calculations explore the different 313

Table 1. Parameters used for the non-hydrostatic sensitivity experiments. The total heat loss is the same in all experiments. The 10 m wind speed is used only for the purpose of calculating the gas transfer coefficient (G) and the bubble-mediated gas flux. These runs are a subset of the simulations in Sun et al. (2017).

Run	period $(days)$	-Q ($W m^{-2}$)	$ u_{10} \ (m \ s^{-1})$
c06w15	6	4000	15
c15w15	15	1600	15
c30w15	30	800	15
c60w15	60	400	15

responses of entrainment and air-sea equilibration. The effect of the biological pump is not directly simulated, and we focus only on conditions relevant to winter-time convection. The biological impact is implicitly included in the initial condition of the subsurface O_2 distribution, which modulates the effect of entrainment. As the model is initialized in fall (October), the initial vertical gradient of O_2 reflects the summer-time productivity and respiration in the interior ocean. Further details on the set-up can be found in Sun et al. (2017).

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3.2 Regional simulations

To further test our theoretical prediction, we also design a set of regional numer-322 ical simulations with the MITgcm. The model domain covers the Labrador Sea (Fig. 4) 323 with 7.5 km horizontal resolution and 40 vertical layers ranging from 6.25 m (surface) 324 to 250 m (near bottom). The K-profile parameterization (KPP) (Large et al., 1994) is 325 used for vertical mixing, and an ecosystem model with 6 species of phytoplankton and 326 2 species of zooplankton is included (Pham & Ito, 2019). At the surface the model is forced 327 by atmospheric fields from the reanalysis product ERA-Interim (Dee et al., 2011) and 328 uses bulk formula. The physical open boundary conditions are interpolated from the Sim-329 ple Ocean Data Assimilation ocean/sea ice reanalysis (SODA) 3.4.2 (Carton et al., 2018), 330 while the boundary conditions of phosphate, nitrate, silicate and oxygen are provided 331 by the World Ocean Atlas (WOA18) (Garcia et al., 2018a, 2018b). The boundary con-332 ditions for the remaining biogeochemical tracers are derived from the annual cycle pro-333

-15-

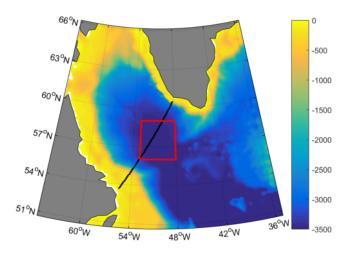


Figure 4. Topography of the simulated domain in the Labrador Sea. The black line indicates the WOCE Line AR7W. The red box shows the Central Labrador Sea (CLS) region defined as a box over (56 °N - 59 °N and 53 °W - 48 °W).

³³⁴ duced in the global simulation described in Pham and Ito (2019). The parameterization
³³⁵ of surface oxygen flux is taken from Sun et al. (2017).

A set of 4 sensitivity runs is performed over the 8 year period from 2000 to 2007 336 . Fig. 5 compares the simulated potential density (σ_{θ}) and O_2 with those based on the 337 cruise measurements along the World Ocean Circulation Experiment (WOCE) Line AR7W 338 in May, 2000. This hydrography line cuts across the deep convective region of the Cen-339 tral Labrador Sea (CLS). Here we define the CLS region as the region over (56 $^{\circ}$ N - 59 340 $^o\mathrm{N}$ and 53 $^o\mathrm{W}$ - 48 $^o\mathrm{W})$ following Brandt et al. (2004) and Luo et al. (2011). The model 341 shows reasonable skill at simulating the stratification and O_2 distribution in the Labrador 342 Sea. There is a thin layer of cold and fresh water with low oxygen concentration, which 343 is likely linked to sea ice. Our simulation does not include sea ice, so this water mass is 344 not captured in the model. The model simulates a stronger than observed convective ac-345 tivity possibly due to its resolution (Tagklis, Bracco, et al., 2020), thus overestimates O_2 346 concentration. 347

The sensitivity experiments are performed modifying the surface boundary conditions. In the CTRL and lessC runs, only the diffusive oxygen flux is applied. The bubble injection flux is added in the CTRLB and lessCB experiments. In lessC and lessCBruns, the winter time (DJF) heat loss is reduced compared to the reanalysis data in the

-16-

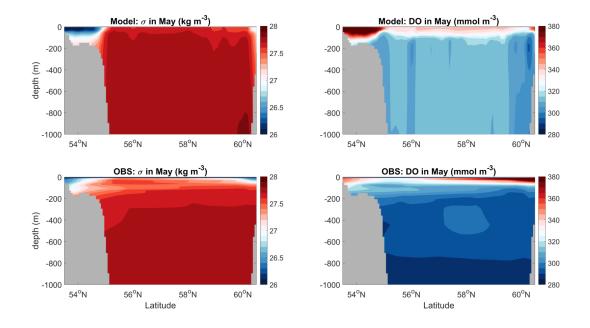


Figure 5. Comparison of the model simulated σ (A) and O₂ (B) and the observations from cruise measurements (CD) along the WOCE Line AR7W in May, 2000.

CLS region. This reduction is applied as a Gaussian function peaking at the center of the CLS. *CTRLB* and *lessCB* results are shown in Fig. S3

354 4 Results

355

4.1 The effect of atmospheric forcing

We now test the theoretical predictions of the O_2 -OHC ratio using the non-hydrostatic 356 simulations. In particular, the large η limit of Eq. 9 is relevant to the active deep con-357 vection of the non-hydrostatic runs. The physical set of this experiment is analogous to 358 the the 1-D model (Fig. 6), and the theory predicts that the magnitude of the O₂-OHC 359 ratio increases with time under constant cooling. In Fig. 6 each dot represents the re-360 sults of a numerical simulation. As the cooling duration increases, the magnitude of cool-361 ing (Q) decreases so that the total heat loss remains the same for all cases. For a fixed 362 amount of total heat loss, the seasonal O_2 -OHC ratio is larger in magnitude when the 363 cooling is applied over a longer period and follows a linear relationship (since $Q \propto t^{-1}$). 364 The model output deviates from the linear relationship predicted by the large η limit 365 because the surface oxygen flux can also affect the O_2 concentration. This misfit becomes 366 more significant when the cooling is less intense and the cooling period is longer. In our 367

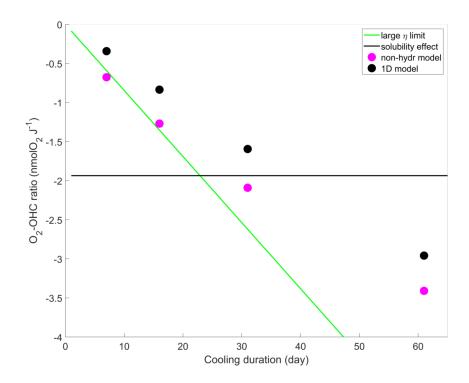


Figure 6. The seasonal O_2 -OHC ratio as a function of cooling duration from the nonhydrstatic simulations compared with the solutions of the 1-D convective adjustment model.

model configuration, the surface flux can be extremely strong when the cooling period 368 is short, which makes the O_2 -OHC ratio even smaller than the solubility effect. Under 369 these extreme conditions, the bottleneck is the finite gas exchange timescale of the air-370 sea oxygen flux. For a cooling time of ~ 20 days or shorter, there is not enough time for 371 the surface water O₂ concentration to respond to the increased air-sea flux. The solu-372 bility increase due to the cooling is faster than the increase of O_2 due to the air-sea gas 373 exchange, and the O_2 content significantly lags behind the heat loss. While this situa-374 tion may be applicable to an individual convective event, in reality the cool season gen-375 erally lasts for several months, and the average cooling will not be as intense, so an ex-376 tremely negative O_2 -OHC ratio is unlikely. 377

As the cooling period gets longer, the absolute value of the O_2 -OHC ratio increases. The theoretical magnitude of the seasonal O_2 -OHC ratio is always greater than the numerical model outputs, as expected. The results from the vertical 1-D model and the nonhydrostatic model are similar, but the non-hydrostatic model shows a slightly larger magnitude of the O_2 -OHC ratio with ~-2.1 nmol O_2/J for 30 days of cooling, which is close to the temperature-solubility relationship. For 60 days of cooling, magnitude increases significantly reaching about -3.5 $nmolO_2/J$. In reality, the cool period can last longer than 60 days, so the amplitude of the O_2 -OHC ratio can be greater than -3.5 $nmolO_2/J$ depending on the length and intensity of the heat loss. This demonstrates the complexity of the factors controlling the O_2 -OHC ratio, as changes in atmospheric forcing alone can be conductive to very different outcomes.

389

4.2 Interannual variability of the O_2 -OHC ratio

Given the role of the atmospheric forcing, the analysis of the multi-year, three-dimensional 390 (3-D) simulations of the Labrador Sea is important because it is forced with realistic sur-391 face boundary conditions from meteorological reanalysis datasets. Unlike the vertical 1-392 D and non-hydrostatic model, this model uses realistic boundary conditions and simu-393 lates the full seasonal cycle as well as the biogeochemical sources and sinks of oxygen. 394 Fig. 7 shows the seasonal mean surface oxygen flux (F) as a function of the mean cool-395 ing rate Q over the winter months (DJF) over seven convective seasons, from the 2000-396 2001 one to the 2006-2007. Each dot represents the winter oxygen and heat fluxes, sea-397 sonally (DJF) averaged for each of the 7 years. The blue circles are for the CTRL run, 398 and the red circles represent the lessC run. 300

The values of k_T and $k_{\delta O2}$ are the regression coefficients of potential temperature 400 and δO_2 in early December calculated as a function of depth in the CTRL run. The 401 model parameterizes G based on the daily atmospheric winds. In order to make a com-402 parison with the theory /addunder small and large η limits, a representative constant 403 G is estimated from the regression of winter time oxygen diffusive gas exchange and sur-404 face δO_2 . Varying wind speed allows the gas exchange rate G to vary in the model sim-405 ulations, and it may affect the interannul O_2 -OHC ratio. To include the wind impact 406 in the theoretical estimation, we must account for the relation between wind speed and 407 the surface heat flux. As a first order approximation, we assume that the variation of 408 the heat flux is mainly controlled by the change of sensible and latent heat, which are 409 proportional to the surface wind speed. In our model simulation, G is proportional to 410 the square of surface wind speed, and thus a quadratic function of the surface heat flux. 411 After determining the coefficients from the regression between the mean gas exchange 412 coefficient the mean heat flux in each winter in the regional simulations, we can have a 413 large η limit estimation reflecting the varying G. The duration of the event is set to be 414 3 month as DJF is investigated here. 415

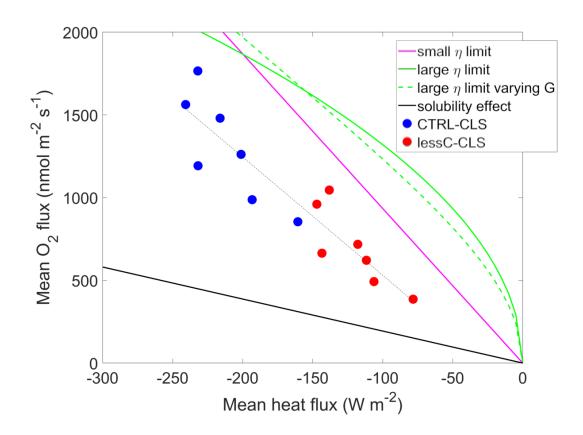


Figure 7. Mean air-sea oxygen flux as a function of mean surface heat flux over 7 different winters (from DJF between 2000 and 2001 to DJF between 2006 and 2007) in the CLS from the regional simulations compared with the theoretical predictions under different assumptions. The thin dashed black line is the linear fitting for all 14 points (CTRL and lessC).

The outcome of the 3-D simulation is bounded by the theoretical predictions for 416 the solubility effect (black) and the large η limit(green, and dashed green for the esti-417 mation with varying G). The oxygen fluxes mostly lie above the lower boundary defined 418 by the solubility effect alone and below the large η limit. The small η limit suggests con-419 stant O_2 -OHC ratio as shown in Eq.6. The large η limit predicts a non-linear relation-420 ship between the heat flux and oxygen flux (Eq.9). A varying G reduces the large η limit 421 estimation of oxygen uptake when the cooling and wind are both weak, and increases 422 the the estimation when the cooling and wind are strong. The stratification and verti-423 cal O₂ distribution vary among different years, so it is difficult to make exact compar-424 ison with the theory, but Fig. 7 shows a quasi-linear relationship between the mean rate 425 of cooling and the oxygen uptake in the CLS region. It is also an open domain, and the 426 lateral transport is clearly important for the regional oxygen budget and the evolution 427 of O_2 concentrations in the mixed layer. Furthermore, in the regional set-up, the strat-428 ification is controlled not only by temperature but also by salinity and freshwater fluxes 429 at the ocean surface. All these factors contribute to the O_2 -OHC ratio interannual dif-430 ferences. 431

For predicting the future evolution of the O_2 inventory, the sensitivity of the to-432 tal oxygen uptake to changes in heat fluxes is most important. Under the weak and large 433 η limits, the interannual O_2 -OHC ratio can be calculated following Eq. 6 and 10. Un-434 der the small η limit, the ratio is independent of the heat flux strength, while it is pro-435 portional to $(-Q)^{-1/2}$ under the large η limit, indicating a smaller ratio for strong cool-436 ing as shown in Fig. 7. Taking the variation of G into consideration overall increases the 437 absolute value of the estimated interannual O_2 -OHC ratio. Another factor to consider 438 is the variability in the initial profiles of temperature and O_2 among cases and years. For 439 the small η limit, larger vertical gradient of oxygen and weaker stratification will result 440 in larger amplitude of O_2 -OHC ratio. For the large η limit, larger k_T also implies larger 441 ratio amplitude for a given $\frac{k_{\delta O2}}{k_T}$. 442

Plugging in the mean $k_{\delta O2}$ and k_T estimated from different simulations, the small η limit slightly overestimates the ratio, while the large η limit always predicts ratios that are too low (Table 2). By including the variation of G in the large η limit, the estimation becomes larger and closer to the model simulation. Relatively, the small η limit fits better the behavior of the regional model, which suggests that the small η limit is a potentially good estimation for the interannual O_2 -OHC ratio. A possible explanation is

-21-

Table 2. Regression coefficient $(nmolO_2 J^{-1})$ between the mean surface oxygen flux and heat flux over DJF in 7 different convective seasons (2001-2007) in the CLS compared with the theoretical prediction under small η (Eq. 6) limit, large η (Eq. 10) limit and large η limit with varying G (Eq. S21) using the mean vertical gradient of potential temperature and δO_2 extrapolated from different regional simulations.

Run	$\frac{d(Ft)}{d(Qt)}$	Eq. 6	Eq. 10	Eq. S21	$k_T \ (^o C \ m^{-1})$	$k_{\delta O2} \ (mmol \ m^{-4})$
CTRL	-9.42	-9.49	-4.55	-7.25	$5.27 imes 10^{-4}$	1.65×10^{-2}
lessC	-8.04	-8.88	-5.89	-7.32	5.77×10^{-4}	1.66×10^{-2}

that, even though a few intense convective events may happen during the winter, the relative strength of surface oxygen flux and entrainment may be closer to the small η limit when averaged for the whole 3-month period, at least in the years considered, all characterized by relatively weak convection in the Labrador Sea (Luo et al., 2014; Yashayaev & Loder, 2016). According to the small η limit, we would expect weaker interannual O_{2} -OHC ratio under a warmer climate (*lessC*), which is also suggested by the model simulations, given that stratification (k_T) increases more than the oxygen gradient ($k_{\delta O2}$).

457 5 Discussion

In this work, we investigated the relationship between the surface oxygen flux and the heat flux during deep convection events. This relationship is fundamental to the O_{2} -OHC ratio in the ocean interior. Our results suggest that both the surface forcing and the vertical gradient of potential density and oxygen can alter the O_2 -OHC ratio during convective events. The relative strength of stratification and the oxygen gradient may be the key factor to estimating the interannual O_2 -OHC ratio.

The O_2 -OHC ratio of calculated from our Labrador Sea simulation is larger than global estimates from ocean climate models (Keeling et al., 2010; Ito et al., 2017), but in broad agreement with the observational estimate of the O₂-OHC ratio for the North Atlantic Deep Water (NADW) in Keeling and Garcia (2002) (7.5 - 10 $nmolO_2 J^{-1}$). When the model is run without bubble injection, the O_2 -OHC ratio is -9.42 $nmolO_2 J^{-1}$. Its magnitude increases to -11.20 $nmolO_2 J^{-1}$ when the bubble (injection) flux is included.

-22-

Including the bubble-mediated flux increases the O_2 -OHC ratio by $\sim 20\%$, in qualitative 470 agreement with Atamanchuk et al. (2020). As the bubble injection contribution can be 471 compensated by the decrease in diffusive gas exchange due to the elevated surface sat-472 uration state when the vertical mixing is weak (Sun et al., 2017), its influence is more 473 significant under stronger cooling conditions (Fig. S1, S2 and S3). Additionally, the bubble-474 mediated flux can alter the vertical gradient of O_2 , so including bubble injection can im-475 prove the simulation of the O_2 -OHC ratio. Nevertheless, adding the bubble related oxy-476 gen flux does not change our conclusions. 477

Despite its simplicity, the small η limit estimates the interannual O_2 -OHC ratio re-478 markably well in comparison to our regional numerical simulations. This suggests that 479 the climatological vertical gradients of potential density and O_2 are important in pre-480 conditioning the interannual variability of the O_2 -OHC ratio. Eq. 6 indicates a possi-481 ble approach to estimate the local O_2 -OHC ratio using the vertical gradients of temper-482 ature and O_2 , without direct measurement of the surface oxygen and heat flux when-483 ever vertical mixing is mainly driven by thermal forcing. Based on the mean gradients 484 of temperature and O_2 from WOA18, the O_2 -OHC ratio is estimated as -9.24 $nmolO_2 J^{-1}$. 485 This value could be smaller if salinity gradient was included in the estimate of stratifi-486 cation. On the other hand, the surface salinity forcing (e.g. brine rejection) will increase 487 the O_2 -OHC ratio by causing more vertical mixing (thus more air-sea oxygen flux) with-488 out changing the OHC. Further studies are needed to explore how the O_2 -OHC ratio will 489 change in the future by taking the haline forcing on stratification into consideration. Our 490 regional simulations of the Labrador Sea show lower interannual O_2 -OHC ratio when sur-491 face cooling is reduced, consistent with the prediction from Plattner et al. (2002). Our 492 theory and model suggest that it is likely due to the stronger vertical gradient of poten-493 tial temperature. These gradients are maintained by the ocean stratification, circulation 494 and the biological pump. In a warming climate, k_T is bound to increase due to the in-495 creasing stratification, leading to a decrease in O₂-OHC ratio holding everything else con-496 stant. However, over multiple decades, $k_{\delta O2}$ will also increase due to greater oxygen uti-497 lization (Keeling et al., 2010; Ito et al., 2017), which can compensate the increase of k_T 498 and it may complicate our projection of the O_2 -OHC ratio. Furthermore, a recent study 499 by Tagklis, Ito, and Bracco (2020) showed that the slowdown of the Atlantic Meridional 500 Overturning Circulation reduces the basin-scale upper ocean nutrient inventory, mod-501

-23-

erating the oxygen loss. Such changes in the large-scale nutrient transport can alter the long-term change in the vertical gradient of O_2 , and further affect the O_2 -OHC ratio.

In a future warming climate, the overall change in the O_2 -OHC ratio will be determined by the competition of changes in stratification and vertical oxygen gradient. Despite the simplicity of the theoretical model and the extreme assumption, the small η limit provides a reasonable first order prediction for the interannual O_2 -OHC ratio. Changes of the stratification and O_2 gradient may be important indicators for the rate of deoxygenation in warming scenarios.

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Supporting Information for "Control of the oxygen to ocean heat content ratio during deep convection events"

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Contents of this file

- 1. Derivation of 1-D convective model
- 2. Figures S1 to S3

Derivation of 1-D convective model

1. Heat budget and mixed layer depth

First, we consider the heat budget and the mixed layer depth (MLD) of the water column where stratification is controlled entirely by the temperature gradient. The initial potential temperature profile is $T_0(z)$ ($z \le 0$, z = 0 is the surface). $T_0(z)$ needs to be monotonically decreasing with depth to remain stably stratified. As the water in the mixed layer cools down, MLD, indicated as H(t), will increase. Potential temperature in the mixed layer is uniform and its value is set equal to the initial profile at the base of the mixed layer, $T(t) = T_0(-H)$. When cooling is applied at the surface, the heat loss at

May 4, 2021, 6:30pm

the surface equals the time rate of change in the heat content so that:

$$Q(t) = \rho_0 C_p \frac{d}{dt} \left\{ T(t)H(t) + \int_{-H_{max}}^{-H(t)} T_0(z)dz \right\}$$
(S1)

where ρ_0 and C_p are the reference density and specific heat of sea water, H_{max} is the total depth of the water column ,and Q(t) is the surface heat flux (Q < 0 for cooling). It can be further simplified as

$$Q(t) = -\rho_0 C_p H(t) \frac{dT_0}{dz} \frac{dH}{dt},$$
(S2)

This leads to an evolution equation for the MLD:

$$\frac{dH^2}{dt} = -\frac{2Q(t)}{\rho_0 C_p} \left(\frac{dT_0}{dz}\right)^{-1}.$$
(S3)

2. Evolution of the oxygen flux

Next we apply similar principle to the evolution of dissolved oxygen. The diffusive oxygen gas flux is parameterized as the product of gas transfer velocity (G) and the air-sea disequilibrium of oxygen,

$$F = -G\delta O_2(t),\tag{S4}$$

where $\delta O_2(t) = O_2(t) - O_{2,sat}(T(t))$ is the oxygen saturation state in the mixed layer assuming constant salinity. We first consider the oxygen budget of the water column where the air-sea oxygen flux equals to the changes in the total oxygen content.

$$F = \frac{d}{dt} \left\{ O_2(t)H(t) + \int_{-H_{max}}^{-H(t)} O_{2,0}(z)dz \right\},$$
(S5)

with $O_{2,0}(z)$ being the initial O_2 profile.

$$F = H(t)\frac{dO_2}{dt} + (O_2(t) - O_{2,0}(-H))\frac{dH}{dt}.$$
(S6)

May 4, 2021, 6:30pm

The first term in the RHS of Eq.S6 is the change in the mixed layer O_2 content, and the second term is the entrainment of subsurface O_2 from below the mixed layer. This model is relevant to the winter-time condition, and the biological O_2 consumption is omitted. The biological effects, however, are implicitly represented through the relative depletion of subsurface O_2 . When the entrainment mixes subsurface O_2 into the surface layer, it can cause undersaturation of the surface water. The oxygen budget can then be transformed into the budget equation for the oxygen saturation, $\delta O_2(t)$. Eq.S2 and S6 can be combined with the temperature dependence of oxygen solubility where $A = \partial O_{2,sat}/\partial T$:

$$H(t)\frac{d\delta O_2}{dt} = -\left\{\delta O_2 - \delta O_{2,0}(-H)\right\}\frac{dH}{dt} + F - \frac{AQ(t)}{\rho_0 C_p}.$$
(S7)

3. Case 1: small η limit

When assuming that the deepening of the mixed layer is relatively slow compared to the air-sea equilibration of the diffusive gas transfer ($\delta O_2 \sim 0$), Eq.S7 is dominated by the diffusive gas exchange. The total heat loss equals the heat content change in the mixed layer:

$$I_Q = \int_0^t Q(t')dt' = \rho_0 C_p \left\{ T_0(-H)H(t) - \int_{-H(t)}^0 T_0(z)dz \right\}.$$
 (S8)

The total oxygen uptake is equal to the change of δO_2 ($\delta O_2 = 0$ in the mixed layer at the end of each time step in this case) plus the change due to the cooling-induced solubility increase.

$$I_{O_2} = \int_0^t F(t')dt' = -\int_{-H(t)}^0 \delta O_{2,0}(z)dz + A \frac{I_Q}{\rho_0 C_p}.$$
 (S9)

The seasonal O_2 -OHC ratio for this convective event is

$$\frac{I_{O_2}}{I_Q} = \frac{1}{\rho_0 C_p} \left\{ \frac{-\int_{-H(t)}^0 \delta O_{2,0}(z) dz}{T_0(-H)H - \int_{-H(t)}^0 T_0(z) dz} + A \right\}.$$
(S10)
May 4, 2021, 6:30pm

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The first term represents DO enrichment in the mixed layer, and is determined by the initial temperature and δO_2 profiles. The second term is the solubility effect. If we further simplify the problem by assuming that these profiles are linear, then,

$$I_Q = \frac{1}{2}\rho_0 C_p k_T H^2,$$
 (S11)

$$I_{O_2} = \frac{1}{2}k_{\delta O2}H^2 + A\frac{I_Q}{\rho_0 C_p},$$
(S12)

where $k_{\delta O2}$ and k_T are the vertical gradient of $\delta O_{2,0}(z)$ (assuming $\delta O_{2,0}(0) = 0$) and $T_0(z)$. The seasonal and interannual O_2 -OHC ratios then share the same form as

$$\frac{I_{O_2}}{I_Q} = \frac{dI_{O_2}}{dI_Q} = -\frac{1}{\rho_0 C_p} \left(\frac{k_{\delta O2}}{k_T} - A\right),$$
(S13)

4. Case 2: large η limit

When δO_2 is dominated by the entrainment of subsurface water, and the effect of air-sea gas exchange does not affect the δO_2 in the mixed layer, the integral δO_2 balance is set by the entrainment of subsurface waters and the cooling-induced solubility increase.

$$\delta O_2 H(t) - \int_{-H}^0 \delta O_{2,0}(z) dz = -\frac{A}{\rho_0 C_p} I_Q.$$
(S14)

This equation can be used to diagnose the air-sea O_2 flux and its relationship to the heat flux. First δO_2 is diagnosed from Eq.S14 driven by the cooling and the deepening of mixed layer. Then, the diagnosed δO_2 can be used to determine the air-sea O_2 flux through Eq. S4.

$$F(t) = -\frac{G}{H(t)} \left\{ \int_{-H(t)}^{0} \delta O_{2,0}(z) dz - \frac{A}{\rho_0 C_p} I_Q \right\}.$$
 (S15)

May 4, 2021, 6:30pm

A simple solution can be obtained by assuming linear initial profiles and a constant heat flux Q ($I_Q = Qt$). Eq. S3 can be solved for H(t) finding that:

$$H(t) = \sqrt{\frac{-2\,Q\,t}{\rho_0\,C_p\,k_T}}.$$
(S16)

By combining Eq.S15 and S16 we obtain the equation for the total oxygen uptake

$$I_{O_2} = \frac{G}{3} \left(\frac{2k_T}{\rho_0 C_p}\right)^{1/2} \left(\frac{k_{\delta O2}}{k_T} - A\right) (-Q)^{1/2} t^{3/2}.$$
 (S17)

The seasonal O_2 -OHC ratio can be written as:

$$\frac{I_{O_2}}{I_Q} = -\frac{G}{3} \left(\frac{-2k_T t}{\rho_0 C_p Q}\right)^{1/2} \left(\frac{k_{\delta O_2}}{k_T} - A\right).$$
(S18)

Assuming the duration of the cooling is constant, the interannual O_2 -OHC ratio simplifies to

$$\frac{dI_{O_2}}{dI_Q} = -\frac{G}{3} \left(\frac{k_T}{2\rho_0 C_p}\right)^{1/2} \left(\frac{k_{\delta O2}}{k_T} - A\right) \frac{t}{(-Qt)^{1/2}}.$$
(S19)

If we assume that the variation of the heat flux is mainly controlled by the change of sensible and latent heat, which are proportional to the surface wind speed, we can write the surface wind speed (U) as a linear function of surface heat flux:

$$U = U_0 + \beta Q, \tag{S19}$$

where U_0 is a constant and β is the linear regression coefficient. In our model simulations, G is proportional to the square surface wind speed, thus is a quadratic function of the surface heat flux. We have

$$G = \alpha (U_0 + \beta Q)^2, \tag{S20}$$

where α is the closure coefficient. Under such assumption, Eq. S19 becomes

$$\frac{dI_{O_2}}{dI_Q} = -\frac{\alpha(U_0 + \beta Q)(U_0 + 5\alpha Q)}{3} (\frac{k_T}{22021}, \frac{k_T}{6:30})^{1/2} (\frac{k_{\delta O2}}{k_T} - A) \frac{t}{(-Qt)^{1/2}}.$$
 (S21)

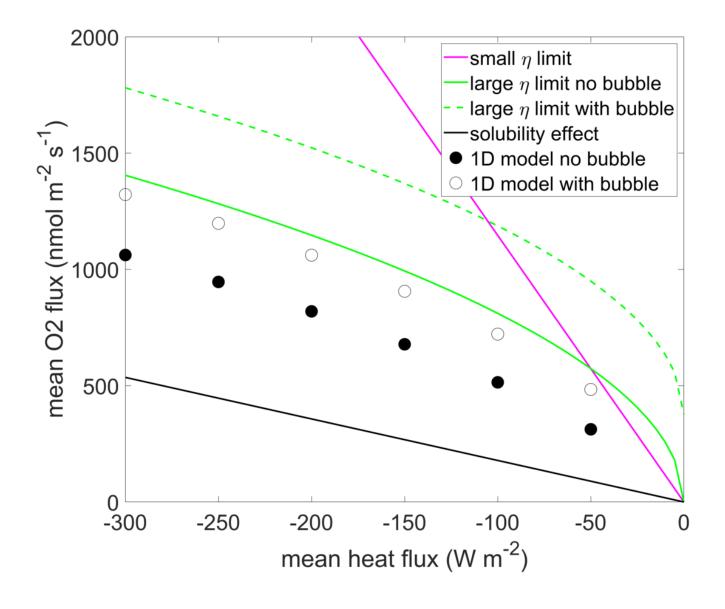


Figure S1. Numerical solution of the 1-D convective adjustment model under different cooling rates and for different extreme cases. Both the runs with bubble injection (open circles) and the runs with (solid circles) are included.

May 4, 2021, 6:30pm

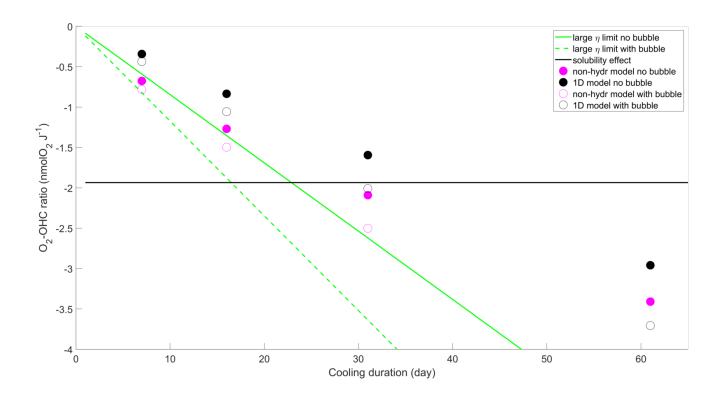


Figure S2. The O_2 -OHC ratio as a function of cooling duration from the non-hydrstatic simulations compared with the solutions of the 1-D convective adjustment model. Both the runs with (open circles) and without (solid circles) bubble injection are included.

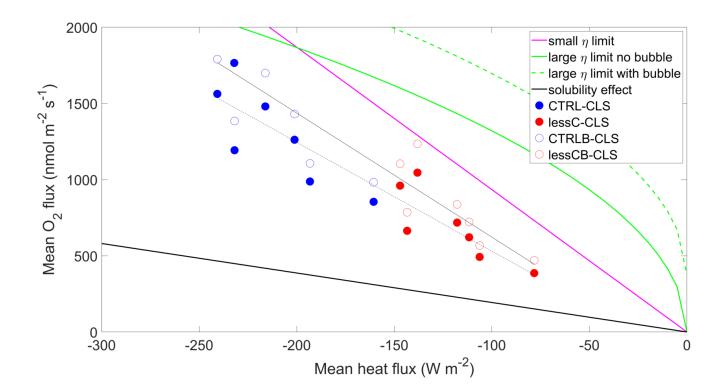


Figure S3. Mean air-sea oxygen flux as a function of mean surface heat flux over 7 different winters (from the 2000-2001 to the 2006-2007 convective seasons) in the CLS from the regional simulations compared with the theoretical predictions under different assumptions. Both the runs with (open circles) and without (solid circles) bubble injection are included. The thin solid and dashed black lines are the linear fittings for the 16 points with (CTRLB and lessCB) and without (CTRL and lessC) bubble injection, respectively.

May 4, 2021, 6:30pm